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10-23-1991

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Recommended Citation

University Marketing and Communications, "10/23/1991 - Delta Taus to Raise Money for Peace Meal" (1991). *Press Releases*. 1766. https://thekeep.eiu.edu/press_releases/1766

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FOR IMMEDIATE RELEASE:

DELTA TAUS TO RAISE MONEY FOR PEACE MEAL

CHARLESTON, IL--Members of Eastern Illinois University's Delta Tau Delta fraternity will hold their third annual walk for Eastern's Peace Meal Senior Nutrition Program on Sunday, Oct. 27. They will be canvassing the Charleston area to offer residents the opportunity to contribute to the senior meal program.

Due to stagnant funding levels for the past several years, local fundraising is required to continue present levels of service, according to Michael Strader, director of the Peace Meal Senior Nutrition Program. The funding grant for Peace Meal is administered by Eastern's School of Home Economics. Information sheets will be available from Delta Tau Delta members.

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PEACE MEAL

Contributions will help provide over 17,000 meals during the upcoming year, providing service to over 200 senior citizens, Strader said.

The Peace Meal Senior Nutrition Program provides the noon meal to persons age 60 and older, Monday through Friday at the Charleston Area Senior Center located at 720 Sixth Street. The meals provide a minimum one-third of the recommended dietary allowance for adults.

Funding for the program is provided in part by a federal grant from the Older Americans Act, through the East Central Illinois Area Agency on Aging. Transportation is available through the Charleston Senior Van Program.

For more information about the van and to make reservations, call 348-8410 or 345-7208. The Senior Center and the Van Program are sponsored by the Coles County Council on Aging.

Menus on Monday and Tuesday of each week contain less than 100 milligrams of cholesterol (excluding the milk). No added salt is used in meal preparation. Carryout meals are available to qualified seniors and are delivered to their homes each day. The Delta Taus provide meal delivery one day each week as well as providing the fundraising canvas each fall.

For more information about the activities on Oct. 27, or about the Peace Meal Senior Nutrition Program, call 581-3612.

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