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12/18/1986 - Tom Woodall Hall Of Fame

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Panther Sports News

EASTERN ILLINOIS UNIVERSITY - Charleston, IL 61920
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Local Sports

FOR IMMEDIATE RELEASE (Dec. 18)

CHARLESTON, IL.--Dr. Thomas Woodall, director of Eastern Illinois University's Adult Fitness Program and Human Performance Laboratory, has been selected for induction in the Illinois Track and Cross Country Coaches Association Hall of Fame.

Woodall will officially be inducted at a luncheon ceremony on January 10 at Oak Park-River Forest High School.

From 1974-81, Woodall was head cross country coach directing EIU to the 1977 NCAA Division II National Championship. In eight years as head coach four other teams finished third, one was fifth and one seventh in the national finals.

His dual meet record was 48-5 (90.4%) and twice was named national 'Coach of the Year' (1975 & 1977). He served as the assistant under Pat O'Brien from 1965-74 and was an assistant track coach for 15 years with major responsibility for the distance runners.

Since 1981 Woodall has directed a cardiovascular fitness and rehabilitation program for area adults. He also organizes each summer the 2nd oldest Illinois road race, the 12 1/2 mile Panther Pant, plus an EIU Triathlon.