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EASTERN ILLINOIS UNIVERSITY
Charleston, Illinois

news

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FOR IMMEDIATE RELEASE:

ATHLETIC TRAINING PROGRAM REACCREDITED

CHARLESTON, IL.--"An extremely strong injury prevention and therapeutic exercise component," "varied clinical experiences for student trainers," and an "influential learning environment," were among the key factors cited by the National Athletic Trainers Association in announcing its decision to continue accreditation of Eastern Illinois University's Athletic Training Education Program.

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According to Phoebe Church, Chair of EIU's Department of Physical Education, the continued accreditation is well-earned recognition of an exemplary program.

Eastern's Athletic Training Program is one of approximately 65 programs nationwide that is NATA accredited, Church noted.

Almost 90 student athletic trainers have graduated from the program since 1976, with 60 of them becoming NATA certified, she added. They hold positions as head trainer with the Kansas City Royals baseball club, Arizona State University, Bradley University and Creighton University football programs, as well as numerous high schools and sports medicine clinics throughout Illinois.

Plans are underway to expand and update Eastern's athletic training program curriculum as recommended by the Illinois Board of Governors of State Colleges and Universities.

The Athletic Training Option at Eastern consists of course work from a number of disciplines ranging from Anatomy, Physiology, Injury Evaluation, Therapeutic Exercise and Modalities (therapeutic apparatus) to Nutrition and First Aid.

"The Athletic Trainer of the 90's must have excellent knowledge of Anatomy, the ability to evaluate injuries and the understanding of the proper application of Therapeutic Modalities/Exercise to promote the healing of tissue to rehabilitate the injured athlete," Church said.