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## 04/14/1986 - Wellness And The Administrator

University Marketing and Communications

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EASTERN ILLINOIS UNIVERSITY  
Charleston, Illinois

news

April 14, 1986

Local

HARRY READ, Director of Information and Publications (217) 581-2820

FOR IMMEDIATE RELEASE

CHARLESTON, IL.--Wellness and the Administrator is the program theme for the Eastern Illinois University Administrators Round Table meeting at the Mattoon Holiday Inn on Tuesday, May 6.

Area school superintendents and principals interested in attending the evening dinner/meeting should contact Larry Janes, EIU Department of School Service Personnel, at 581-2919.

Speakers include Thomas Woodall on 'Exercise: When, Where, How, Who', Don Arnold and Bill Buckellew on the voluntary coaching certification program for Illinois, John Henderson on financial planning and J.W. Sanderson stress management.