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FOR IMMEDIATE RELEASE

CHARLESTON, IL--Elizabeth Podesta Hickman, Associate Dean of Counseling and Residence Life, Emeritus, Marymount College of Virginia, has been named a 1984 recipient of the Distinguished Alumnus Award at Eastern Illinois University.

A plaque will be presented to Mrs. Hickman by Eastern's president, Dr. Stanley Rives, at a ceremonial luncheon at Homecoming on Oct. 13.

Mrs. Hickman is a 1943 graduate, majoring in speech. She holds the M.A. in guidance and counseling and the Ed. D. in counselor education from George Washington University.

Mrs. Hickman has taught at Prince George's Community College in Maryland; the Far East Division (Japan) of the University of Maryland; Advanced English School for Officer's of the Japanese Defense Force, Tokyo; and English conversation in the Person-to-Person program in Japan.

In 1983 the National Association of Women Deans, Administrators and counselors honored her for service to the President's Committee on the Employment of the Handicapped.

In 1973 she was Chairman of Volunteers, Far East Area, American Red Cross in Japan and she has served as American curriculum adviser, International Quaker School in the Netherlands. Mrs. Hickman currently is a member of the Arlington County (Va.) Youth Sub-Committee.