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### 07/16/1982 - Sheila Tobias to Teach Workshop on Overcoming Math Anxiety

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EASTERN ILLINOIS UNIVERSITY  
Charleston, Illinois

# news

July 16, 1982  
Local (65)

HARRY READ, Director of Information and Publications (217) 581-2820

## FOR IMMEDIATE RELEASE

CHARLESTON, IL--Ms. Sheila Tobias, noted author and lecturer on a variety of subjects including women's studies, occupational segregation, women's history and race relations and the leading authority on the subject of math avoidance and anxiety, will teach a workshop on overcoming math anxiety, July 19-22, at Eastern Illinois University. The workshop, Mathematics, Psychology 4998-023, will be offered Monday through Thursday from 3:30 p.m. to 6:60 p.m. The course will deal with math anxiety, particularly in relation to gender, and how to cope with it in the classroom.

The course may be taken for either upper-division undergraduate or graduate credit for one semester hour. Those interested in registering for the workshop should contact Charles Switzer, Director of Summer School, Eastern Illinois University, Charleston Illinois, telephone, (217) 581-2121.

As part of the Distinguished Visiting Faculty lecture series, Ms. Tobias will deliver two lectures during her week on campus. The first lecture, "Overcoming Math Anxiety," will be given Tuesday, July 20, and the second lecture, "Sex Role Socialization," will be given on Thursday, July 22. Both lectures, scheduled for Booth Library Lecture Hall at 7 p.m., are open to the public and there is no admission charge.

Former Associate Provost at Wesleyan University, Middletown, Connecticut, and Assistant to the Vice President for Academic Affairs, Cornell University, Ms. Tobias is presently Staff Associate with the Washington School of Psychiatry's Institute for Study of Anxiety Learning. Author of numerous articles on women's studies, she is best known for her book, Overcoming Math Anxiety, 1978, in which she analyzes the temperamental and psychological characteristics needed for success in mathematics.