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FOR IMMEDIATE RELEASE:

May 10, 1995

DOW RECEIVES NATIONAL RECOGNITION

CHARLESTON -- Eastern Illinois University's Ruth M. Dow, a professor of home economics and coordinator of Eastern's graduate program in home economics and dietetics, recently became a charter Fellow of The American Dietetic Association (ADA).

Fellows are registered dietitians who have demonstrated characteristics of advanced-level practice and exceptional professional abilities and expertise.

Forty-one percent of the charter applicants passed the six-part portfolio application. Criteria for each section were defined empirically through ADA's 1991 "Role Delineation Study."

The six sections included education, work experience, professional achievements, role positions, role contacts and approach to practice.

The ADA is the official organization of the dietetics profession.

Known for her work in the area of home economics and nutrition, Dow also was the recipient of the first annual recognition award by the Hunger & Malnutrition Dietetic Practice

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DOW

Group (DPG) of the ADA for her work in Latin America, as well as her on-going efforts on local, state and national levels to promote good nutrition.

Dow was presented the award, "Leadership in Combating Hunger and Malnutrition," at the ADA's annual meeting held last October in Orlando, Fla.

The award recognizes actions by ADA members that have resulted in decreasing hunger, improving access to food, effecting public policy, promoting nutrition for low-income populations or improving their nutrition and health in general.

Dow spent a month in four South American countries in 1994 presenting nutrition seminars to more than 1260 health professionals, students, teachers and parents. She also serves on the board of Alfalit International, Inc., an international literacy organization.

In 1990, Dow received Eastern's Distinguished Faculty Award, EIU's highest faculty honor.