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02/05/1987 - Woman Make A Difference

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EASTERN ILLINOIS UNIVERSITY
 Charleston, Illinois

news

February 5, 1987

L/A/M/S

HARRY READ, Director of Information and Publications (217) 581-5981

FOR IMMEDIATE RELEASE

CHARLESTON, IL--"Women Make a Difference . . . to themselves and to others in the home, church, workplace and the community!"

This theme will be reflected in workshops, exhibits and other events, Saturday, March 7 during the second annual Women's Expo & Health Fair on the Eastern Illinois University campus. Preparations are underway to make the day memorable for more than 1,400 women, a goal set by Sandy Rives, Chair of the Expo.

Betty Siegel, president of Kennesaw College in Marietta, Ga., will give the keynote address, "Invitation to Growth," following registration from 7:00 to 8:30 a.m.

Registrants may attend a brunch prior to attending workshops, or they may choose to attend two morning workshops before a scheduled luncheon. Workshops will be held from 9:45 a.m. to 5 p.m. giving women an opportunity to attend as many as five during the day.

The brunch is an added attraction this year "so that we can serve a larger crowd," Rives says.

Some of the more popular workshops from last year will be repeated, and new ones, which deal with concerns women have mentioned to Rives during the past year, have been added.

Workshop topics will address health concerns, financial planning, business information and community involvement, and a number of exhibitors will provide information in a variety of fields of interest to women.

Each registrant will receive a Guidelines to Women's Health Concerns, a loose leaf health care manual dealing with social, mental and emotional, physical and nutritional concerns with an addendum containing a glossary, patient's bill of rights and a comprehensive bibliography of current materials on identified health concerns available through public libraries.

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Developed by Rives and Becky Dole, director of public relations at the Sarah Bush Lincoln Health Center, the manual will be updated each year during future Expos.

On the lighter side, style shows will be presented at both the brunch and the luncheon which will feature soup, a salad and dessert developed by the Illinois Pork Producers Association and the women's counterpart of IPPA, the St. Louis Area Dairy Council and the Illinois Corn Marketing Board.

Women interested in attending are asked to register early to assure their choice of meal and workshops. Complete information may be obtained by calling (217) 581-5984.