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## 02/18/1993 - EIU To Host Health Fair Symposium.pdf

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February 18, 1993

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FOR IMMEDIATE RELEASE:

EIU TO HOST HEALTH FAIR/SYMPOSIUM

CHARLESTON, IL--Phill Wilson, international researcher on HIV/AIDS, will be the keynote speaker for a Health Fair/Symposium on the Eastern Illinois University campus Feb. 25-26.

Wilson will discuss "AIDS in the African-American Community: Do the Right Thing" at 8 p.m. Thursday, Feb. 25, in the University Union's Charleston/Mattoon Room. His talk is free and open to the public.

He is co-chair of the Los Angeles HIV/AIDS Planning Council, the Afro-American Leadership Forum and Gay/Lesbian Leadership Forum. He is also a resource consultant on HIV/AIDS for minorities and for Hospice of Los Angeles.

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HEALTH FAIR/SYMPOSIUM

Eastern President David Jorns will speak prior to Wilson at 7 p.m., also in the Charleston/Mattoon Room. His topic will be "HIV/AIDS: Administration and its Perspective on Health and Safety of Employees in the 1990s."

Following Wilson's talk, the public is invited to meet informally with both speakers during a reception in the Union's Alumni Lounge.

On Friday, Feb. 26, a series of 50-minute workshops are scheduled from 8 a.m. to 6 p.m. in the Union. Persons interested in attending a workshop(s) can register beginning at 7:15 a.m. outside the Union Grand Ballroom and Charleston/Mattoon Room. Admission to all workshops is free.

The symposium will begin at 8 a.m. in the Charleston/Mattoon Room with opening remarks by Ollie Mae Ray, professor of health studies at Eastern and event coordinator.

Morning workshop sessions include "Cancer Surveillance, Diagnosis and Treatment-Maintaining Control (Breast, Colorectal, Prostate and Ovary)" presented by Edward Hoppins, M.D., regional director of the American Cancer Society; "Geological Health" by Alan Baharlou, chairman of Eastern's geology-geography department; "AIDS in Coles County and the State of Illinois" by Catherine Reynolds, R.N.; "HIV/STDs/AIDS on College Campus" by Laurie Schierer, health educator with the Illinois Post-Secondary HIV Prevention Project; and "Food Labels of Today - Changes for Tomorrow" by Jennifer Kaspelski, registered dietitian with the Southern Illinois University School of Medicine Diabetes Research Treatment Center.

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Completing the morning program will be "A Complicated Question: What is a Healthy Body Weight" by Robert Ferraro, M.D., assistant professor in the Department of Internal Medicine, Division of Endocrinology, Metabolism and Nutrition at SIU; and "Teenagers: Prevention and Consequences" by Barbara Madison, L.P.N., with the Eastside Health District Community/Family Health Services in East St. Louis.

The afternoon sessions will begin at noon with "Safe Sex and Sexually Active Adults" by Bruce Ragon, assistant professor in the Department of Applied Health Science at Indiana University; "Nutrition Advice for a Healthy Life: How to Eat Right in the 1990s" by Jan Johnson Shane, registered dietitian and assistant dean for research in the College of Applied Sciences and Technology at Illinois State University.

Other afternoon workshops will include "Sexual Assault and the Illinois Law" by Bonnie Buckley, executive director of the Sexual Assault Counseling and Information Service in Charleston; "Respect Yourself and Protect Yourself and Your Partner" by Anthony Vinson, health educator with the Eastside Health District, East St. Louis; and "Sexually Transmitted Diseases in Illinois: Trends, Complications and Impact on Women" by Alice Studzinski, health scientist with the Illinois Department of Public Health Sexually Transmitted Disease Section.

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HEALTH FAIR/SYMPOSIUM

Rounding out the afternoon program will be "Diabetes Research 1990s and Beyond" by Jackie Hussinga, registered dietitian with the Illinois Diabetes Research Center in Peoria; "Preparing and Participating in Safe Sex" by Lynette Drake, director of orientation and AIDS, alcohol and drug information at Eastern; "Dental Health" by Carla Lewis, an East St. Louis dentist; "HIV/AIDS in the Workplace" by Jim Irwin, employment specialist at Eastern; and "The Effects of HIV/AIDS on the Family and Community" by Yvonne Webb, health educator with the Eastside Health District, East St. Louis.

In addition to the symposium, more than 25 health care organizations will have informational exhibits in the Grand Ballroom. The faculty and staff of Eastern's Human Performance Lab in the physical education department will offer a variety of health screenings for participants from 9 a.m. to 3 p.m., also in the Grand Ballroom. Screenings offered will include vital capacity, reaction time, recovery pulse, skin fold, grip strength, flexibility and explosive power.

The Health Fair/Symposium is being coordinated by Eastern's College of Health, Physical Education and Recreation and Minority Affairs office, with assistance from more than a dozen university departments/offices.

For more information, call Eastern's College of Health, Physical Education and Recreation at (217) 581-3412 or 581-5218; Minority Affairs at (217) 581-6690; or Afro-American Studies Programs at (217) 581-5719.