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EASTERN ILLINOIS UNIVERSITY
Charleston, Illinois

news

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FOR IMMEDIATE RELEASE

AUTHOR, FARM WOMAN TO KICK-OFF EXPO WITH INSPIRATIONAL ADDRESS

CHARLESTON, IL.--"A motivational, humorous, delightful and articulate farm wife who sends her audiences home inspired," is how Pat Leimbach has been described by thousands of women who have heard her "Old Farm Wives Tales."

Leimbach will kick-off the Women's Expo and Health Fair at Eastern Illinois University Saturday, March 5, with a keynote address at 8:35 a.m.

In addition to her many speaking engagements, she writes a "Country Wife" newspaper column and articles for numerous farm publications and has authored "A Thread of Blue Denim" and "All My Meadows."

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Leimbach, her husband and son operate a fifth generation vegetable and grain farm in Vermilion, Ohio. She discusses the rural scene and the need for women to be better informed, more vigilant of the forces which threaten them and more aggressive in their own defense.

"Pat is uniquely qualified and sensitive to the needs of all the women in our area," said Sandy Rives of Charleston, Expo coordinator.

Leimbach has remained active in agriculture most of her life and is a member of the Ohio Agricultural Council, Farm Bureau, and American Agri-Women and has served on the Project for Women of the United States Department of Agriculture.

She received her bachelor's degree from Western Reserve University in Cleveland, Ohio, and did graduate work at McGill University in Montreal.

Leimbach's keynote address will be followed by a series of workshops on topics such as healthy eating, living alone, health insurance, retirement, office politics and understanding peer pressure.

Coupled with the workshops will be more than 80 informational exhibits and free health screenings. Attendees can also opt for a brunch or lunch and style show.

A legal/financial manual containing information about living wills, living trusts, sexual harassment, the court system and a variety of other topics will be distributed, as well as supplemental material to last year's health manual.

Child care is also being offered on a limited basis for the first time this year.