

Eastern Illinois University

## The Keep

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Program Catalogs

Academy of Lifelong Learning

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Fall 2022

## Fall 2022 Program Guide

Academy of Lifelong Learning

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FALL 2022

# PROGRAM GUIDE

ACADEMY OF  
**LIFELONG  
LEARNING**



EASTERN ILLINOIS UNIVERSITY™

# FALL SEMESTER 2022

A new academic year, and a new semester of learning awaits. Your responses to our survey have helped to shape the programs we are offering – you asked for more health & wellness, arts & crafts, and environment/gardening sessions. We hope you find selections that inspire curiosity and a desire to attend. You can help us continue this largely free programming with your membership, your attendance, and your invitation to a friend.

## EIU ACADEMY PASS

The Academy of Lifelong Learning offers members the opportunity to take a traditional undergraduate course at EIU without tuition through EIU Academy Pass.

This is your opportunity to study most any subject you choose over a semester. Academy members may register for one audited college course per semester without tuition or campus fees. Our ability to place members in each course depends upon open seats, and EIU degree seeking students naturally come first.

### KEY POINTS

Registration is managed by Academy staff during the two weeks prior to each new semester and is based on seat availability.

- Individual instructors determine the level of involvement expected from students who are auditing a course.
- Your insights and observations are generally welcome, understanding there is a diverse group of students in each course.
- As an Academy Pass student, you will have the benefit of an EIU email account, and may be required to use the D2L platform.
- Your requests for specific courses will be accepted throughout the year by emailing us at: [academy@eiu.edu](mailto:academy@eiu.edu) and we will make every effort to accommodate your wishes.

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## ACADEMY ADVISORY COUNCIL

We are most grateful for our partners in learning, who volunteer to serve on the Advisory council. They advise, steer, and support the initiatives of the Academy of Lifelong Learning. The Academy would not be as healthy and active without these members.

Judy Brown  
Brenda Crimmins  
Shelley Crouch  
Lois Dickenson  
Chris Houchens, Past Chair  
Al Joyner  
Amy Lynch

Michael Murphy, Chair  
Deanna Smith  
Terry Smith  
Ann Spear  
Carolyn Stephens  
Rich Wandling  
Luz Whittenbarger

**"What we learn with pleasure  
we never forget."**

– Alfred Mercier

# BECOME A MEMBER

The Academy is a learning community sponsored by the School of Extended Learning at Eastern Illinois University. Learning with The Academy is open to any adult student.

## ACADEMY MEMBERSHIP PRICES

1 YEAR MEMBERSHIP	\$45
2 YEAR MEMBERSHIP	\$80
3 YEAR MEMBERSHIP	\$105

## COMPLIMENTARY BENEFITS

- Academy Pass
- Parking pass (on request) for on campus Academy events
- Doudna Fine Arts Center discount for many music and theatre events
- EIU Bookstore discount of 10% on non-technology purchases

## GIFT MEMBERSHIP

### A ONE-YEAR MEMBERSHIP FOR \$45 INCLUDES THESE BENEFITS

- Numerous free educational events
- Discounted pricing for Doudna Fine Arts Center performances
- Reduced registration price for events with a fee
- 10% discount at the EIU University Bookstore (excluding technology purchases)
- Complimentary tuition to audit one EIU credit course per semester

For more information, visit us online at [eiu.edu/adulted/all.php](http://eiu.edu/adulted/all.php). Contact the School of Extended Learning at 217-581-5114 or email us at [academy@eiu.edu](mailto:academy@eiu.edu).

# DONATIONS

Your donations fund programs with speakers, market new opportunities, and provide needed equipment for presentations. We are grateful for all those who have invested – you help sustain lifelong learning in east-central Illinois.

The pandemic has shown us that continued learning has many benefits, as we saw the need for online courses and programs explode. Personal satisfaction, accomplishment, and reducing loneliness are proven benefits for adults who choose to engage online or in person.

Donations to the EIU Foundation are tax-deductible.

## ACADEMY OF LIFELONG LEARNING EIU FOUNDATION DONATION FORM

I wish to make a donation in support of the EIU Academy of Lifelong Learning.

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Name

---

Home Mailing Address

---

City

State

ZIP

---

Home Phone

Email Address

I WISH TO MAKE A DONATION IN THE AMOUNT OF

\$25    \$50    \$100    Other \$ \_\_\_\_\_

## PAYMENT INFORMATION

**CHECK:** Mail in your completed donation form with a check made payable to the EIU Foundation to the return address listed on the back of the program.

**ONLINE:** Go to [go.eiu.edu/lifelong](http://go.eiu.edu/lifelong) to complete your donation online.

**PHONE:** Complete your donation over the phone by calling (217) 581-5114.

Total Charges: \_\_\_\_\_

# LEARNING OPPORTUNITIES



## HOW IS YOUR CHI?

SUZI COFFMAN

STARTING AUGUST 8, 2022  
ENDING AUGUST 31, 2022  
MONDAYS & WEDNESDAYS  
4:30 - 5:30 PM

KIWANIS PARK AMPHITHEATER  
DIVISION & JACKSON STREETS  
CHARLESTON, IL

MEMBER \$28  
NON-MEMBER \$31

REGISTER BY AUGUST 05

This 8-session class will get your Chi (inner energy) flowing on Mondays and Wednesdays beginning Monday, August 8.

Human beings are an integration of mind, body and spirit but the stresses of everyday living often cause us to become disassociated from our inherent wholeness. Tai Chi aids in re-integrating these pillars of existence through slow, rhythmic movements, deep breathing and visualization. It will give you the same physical benefits of other forms of exercise such as improved balance, flexibility and muscle tone, plus help you develop discipline, stress relief and self-awareness. The Chinese word for “form” in Tai Chi can refer to individual movements or the entire dance of continuous, choreographed movements.

## 5-MILE HOUSE: SARGENT'S MYSTERY

DICK HUMMEL

SUNDAY, AUGUST 21, 2022  
1 - 4 PM

FIVE MILE HOUSE  
4810 IL-130  
CHARLESTON, IL

FREE AND OPEN TO THE PUBLIC

REGISTER BY AUGUST 18



Meet at the Five Mile House for a discussion of Paul Sargent's portrait of a mystery woman, also featuring the bluegrass and gospel sounds of Mackville. Additional family mysteries are promised.



## LITERARY DIVAS

STARTING AUGUST 30, 2022  
ENDING DECEMBER 6, 2022  
TUESDAYS, 3:30 - 5 PM

EIU'S BUZZARD HALL  
ROOM 1103  
1920 9TH STREET  
CHARLESTON, IL

FREE AND OPEN TO THE PUBLIC

MAXIMUM OCCUPANCY 12

Good versus evil? Revenge? Hubris? Justice? Survival? Whodunit mysteries? What book themes are most compelling to you? Our informal group suggests the books for reading and discussion. We meet on alternate Tuesdays, discussing one book each meeting. We are limited to 10 participants - please call if you are interested in joining us.

## HAPPY HACKS FOR MORE POSITIVITY AND IMPROVED WELL-BEING

CHERI BURCHAM

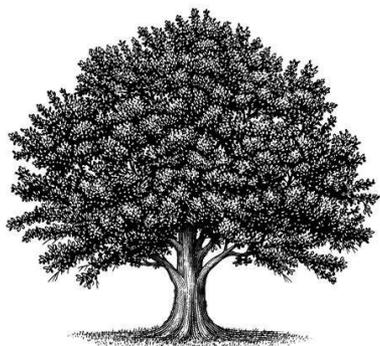
WEDNESDAY, AUGUST 31, 2022  
1 - 2:30 PM

LIFESPAN CENTER  
11021 E CO ROAD 800 N  
CHARLESTON, IL

FREE AND OPEN TO THE PUBLIC

REGISTER BY AUGUST 30

Our lives are bombarded with negativity, stress, and countless threats to our emotional well-being, work, and closest relationships. New research in neuroscience and positive psychology shows that when we experience happiness and positivity, it turns on all the learning centers in the brain and fuels positive outcomes in all aspects of our lives. Participants of this program will learn about the common barriers to positivity and personal well-being and find out more about simple science-backed principles and practices or "happy hacks" to boost both positivity and productivity as well as mood and attitude.



## CHARLESTON TREE COMMISSION

KENT MACY

WEDNESDAY, SEPTEMBER 7, 2022  
1-2:30 PM

CHARLESTON PUBLIC LIBRARY  
6TH ST & VAN BUREN AVE  
CHARLESTON, IL

FREE AND OPEN TO THE PUBLIC

REGISTER BY SEPTEMBER 6

The City of Charleston recognizes that the protection of its natural resources is vital to the aesthetic appreciation of the community. The city feels it is necessary to take an active role in the maintenance of its existing trees, as well as planning for the ongoing addition and replacement of trees within the city. The mission of the Charleston Tree Commission is to advise and consult the City Council in serving the interests of the Charleston community regarding any and all matters pertaining to trees located within the city.

Join us for a discussion of our mission, members, activities, and more. Plus, we'll provide valuable insight into what trees you should be planting (and the ones you should avoid)!



## MASTER GARDENERS: TERRARIUMS

DARLA CHOUINARD

WEDNESDAY, SEPTEMBER 14, 2022  
1:30 - 2:30 PM

COLES COUNTY FAIR GROUNDS  
4H BUILDING 603 W. MADISON  
CHARLESTON, IL

\$15

REGISTER BY SEPTEMBER 6 AT  
[GO.ILLINOIS.EDU/MGTW](http://GO.ILLINOIS.EDU/MGTW)

Do you consider yourself plant-challenged? A terrarium might be the key to having success with houseplants. Terrariums are indoor miniature gardens contained within glass that allow heat and light to enter and confine moisture. You can make a basic terrarium in less than an hour with just a few materials. Join Master Gardener Darla Chouinard to create a wonderful terrarium and learn more about this fascinating process.



## MINDFULNESS THROUGH YOGA

KAREN REED

STARTING SEPTEMBER 14, 2022  
ENDING OCTOBER 5, 2022  
MONDAYS AND WEDNESDAYS,  
4:30 - 5:30 PM

CHARLESTON CITY HALL  
LOWER LEVEL  
520 JACKSON AVE  
CHARLESTON, IL

MEMBER \$28  
NON-MEMBER \$31

MAXIMUM OCCUPANCY 24  
REGISTER BY SEPTEMBER 9

Yoga is known to provide such physical benefits as increased muscle tone, improved mobility and flexibility of the joints, and enhanced balance and coordination. This course will also explore yoga as a method of practicing mindful awareness to further enrich well-being. As a form of meditation, mindfulness helps us manage how we react to the stress, uncertainty,

anxiety, and difficulties that surround us. Participants will be invited to slow down and pay close attention to their minds and bodies as they are guided through a series of gentle movements, breathing exercises, and relaxation techniques. Please wear comfortable clothing that is easy to move in, and bring a mat, rug or blanket, and drinking water.

# COMMUNITY LEADERS FOR SAFETY

LT. JORDAN PHILPOTT

THURSDAY, SEPTEMBER 15, 2022  
2 - 3 PM

CHARLESTON FIRE STATION #2  
1510 A ST  
CHARLESTON, IL

FREE AND OPEN TO THE PUBLIC

MAXIMUM OCCUPANCY 25

REGISTER BY SEPTEMBER 14

The Charleston Fire Department is proud to welcome the Academy of Lifelong Learning to Charleston Fire Station 2. The goal is to provide a more in-depth conversation about what exactly firefighters and paramedics do in our community. Topics covered will include firefighting, EMS, rescue, hazardous material and technical rescue duties, as well as other roles we hold in the community. We'll also be providing further education on prevention, and how to properly handle emergencies before help arrives.



## CASA KIM CARMEAN

WEDNESDAY, SEPTEMBER 21, 2022  
1 - 2:30 PM

CASA OF EAST CENTRAL ILLINOIS  
604 JACKSON AVE.  
CHARLESTON, IL

FREE AND OPEN TO THE PUBLIC

REGISTER BY SEPTEMBER 20

CASA is a not-for-profit organization of community volunteers who advocate for child victims of abuse and neglect in Coles and Cumberland Counties. Kim Carmean will educate us on their background, and provide local, state, and national statistics. We'll learn the difference between a Guardian ad Litem (GAL) and a Friend of the Court, as well as how CASA gets involved. Stories will be shared, along with current needs.



## HISTORY, THE TIME CAPSULE AND ARCHIVES AT THE COURTHOUSE & LIBRARY

JUDGE MITCH SCHICK,  
KIRSTEN BAYS, DONNA  
STEWART

SATURDAY, SEPTEMBER 24, 2022  
9 AM

COLES COUNTY COURTHOUSE  
651 JACKSON AVE  
CHARLESTON, IL

CHARLESTON PUBLIC LIBRARY  
712 6TH ST  
CHARLESTON, IL

FREE AND OPEN TO THE PUBLIC

REGISTER BY SEPTEMBER 21

Start at the Courthouse (south side, lower entrance) to tour the historic archives and local time-capsule documents with Judge Mitch Schick and Kirsten Bays. A basic courthouse tour will be available on request.

Follow that up with a tour of the Coles County Genealogical Society's holdings at the Charleston Public Library with the society's Corresponding Secretary Donna Stewart. Learn how you can access these vast resources for your own curiosity research.



## TRAGIC MARY LINCOLN

ANN BRUEHLER

SATURDAY, OCTOBER 1, 2022  
2 PM

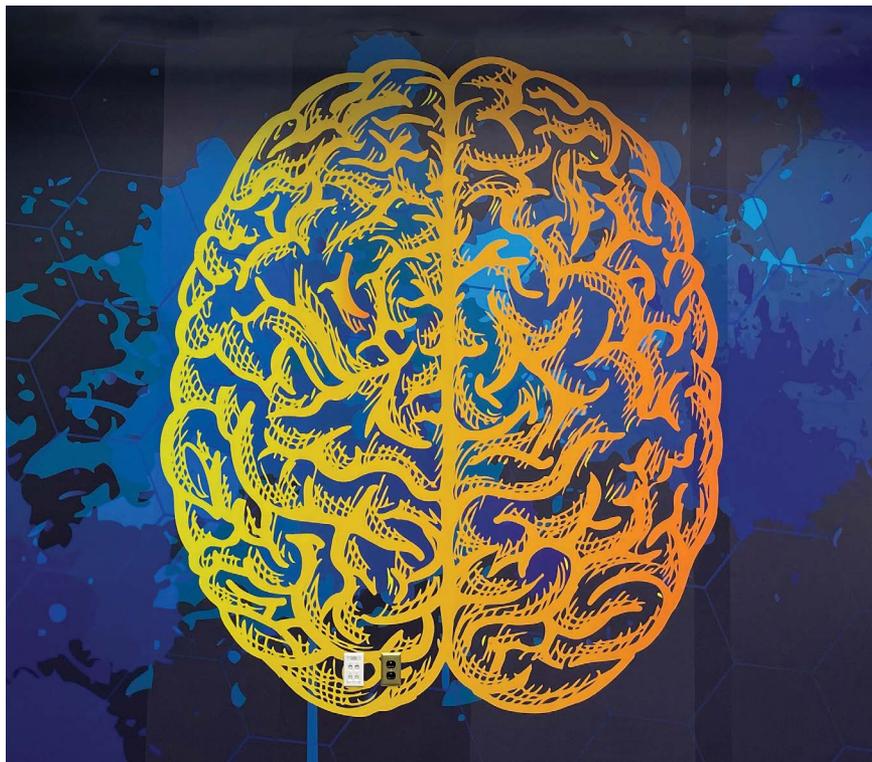
LINCOLN LOG CABIN  
402 SOUTH LINCOLN HIGHWAY  
LERNA, IL

FREE AND OPEN TO THE PUBLIC

REGISTER BY SEPTEMBER 30

Join Mary Todd Lincoln in her 1876 parlor as she shares some of the remarkable events of her life – particularly in the ten years following President Lincoln’s assassination. Learn about her financial woes, the Old Clothes Scandal, her insanity trial, and her time spent in a mental institution.

This is a first-person historical performance written and performed by Ann Morris Bruehler. Ann holds a BS in journalism from the University of Illinois at Urbana-Champaign, and has an extensive background in writing and education. She is also active in several community theatre groups and organizations.



## CENTER FOR STUDENT INNOVATION

JEFF CRANSTOUN

FRIDAY, OCTOBER 7, 2022  
9 - 11 AM

EIU CAMPUS 1220 BOOTH LIBRARY  
(LOWER LEVEL) CHARLESTON, IL

FREE AND OPEN TO THE PUBLIC

REGISTER BY OCTOBER 6

Don't miss this opportunity to learn about EIU's Center for Student Innovation, including the center's beginning, the funding needed to make it a reality, and its offered technologies including 3D printers, virtual reality, podcasting, and computer controlled cutting plotters for home crafters (i.e., the Cricut!), among their other intriguing, applied sciences.

Plus, we'll get the chance (depending on student projects and staffing) to get some hands-on experience with some of their tools.



# WITHOUT WATER: A DANGEROUS FUTURE

CAMERON CRAIG

TUESDAY, OCTOBER 18 & 25, 2022  
6:30 - 7:30 PM

EIU BOOTH LIBRARY  
WEST READING ROOM  
CHARLESTON, IL

FREE AND OPEN TO THE PUBLIC

REGISTER BY OCTOBER 17

Since the major drought of 2012, water resource availability has been a serious concern among environmentalists, farmers, science educators, and concerned citizens here in the Midwest and throughout the world.

Cameron Craig, a geographer in EIU's Department of Geology and Geography, likes to ask his classes a question at the start of the year that gets to the essence of the situation, "How will we all endure as water resources dwindle with a changing climate?" There are many that respond with puzzled expression and a belief that we have plenty of water.

This concerns him as an educator, as there are many examples to the contrary: stories of people standing in line with a five-gallon bucket to get a day's water supply; satellite images of Russia's shrinking Aral Sea; news of the Colorado River no longer reaching the Gulf of California; and the reality of aquifers in the Southwest and Midwest drying up.

Join Craig for two enthusiastic evenings to learn about the dangers of plundering our water supply and learn how we can protect it for future generations.



## **CHILDPROOFING IS NOT JUST FOR KIDS: SAFE STORAGE OF MEDICATIONS AND FIREARMS TO PROTECT SENIORS**

**BONNIE LAUGHLIN-  
SCHULTZ**

**THURSDAY, OCTOBER 20, 2022  
1 - 2:30 PM**

**LIFESPAN CENTER  
11021 E CO RD 800 N  
CHARLESTON, IL**

**FREE AND OPEN TO THE PUBLIC**

**REGISTER BY OCTOBER 18**

Parents of babies and toddlers often talk about “childproofing” a home, but statistics tell us that home safety is not just a matter for parents of small children. It is instead something we should all consider – perhaps especially those in the senior population. This presentation will focus on the particular dangers that unsecured firearms and prescription medications pose in the homes of seniors, with dementia or other issues. The importance of safe storage of medication and firearms for seniors will be highlighted with practical tips on how both can be secured. This presentation draws on material from Veterans’ Affairs, Doctors for America, and the public education Be SMART campaign which focuses on the importance of safe storage of firearms in homes with children.



Past~Forward  
Memoir Writers



**WRITING YOUR  
LIFE: THE CRAFT  
OF MEMOIR**

LETITIA MOFFITT

SATURDAY, OCTOBER 29, 2022  
10 AM - 2:30 PM

MATTOON TRAIN DEPOT  
LONE ELM ROOM  
1718 BROADWAY AVE  
MATTOON, IL

**FINDING YOUR  
GET UP AND  
GO**

CHERI BURCHAM

TUESDAY, NOVEMBER 1, 2022  
1 - 2:30 PM

LIFESPAN CENTER  
11021 E CO RD 800 N,  
CHARLESTON, IL

FREE AND OPEN TO THE PUBLIC  
REGISTER BY OCTOBER 30

Calling all writers! No matter what your life or writing experiences are, structuring a memoir can be as challenging as it is satisfying. Various writing exercises during the workshop will help you discover different ways to tell your own story and develop skills to make these stories come alive on the page. Letitia invites you to “Bring your memories and your favorite writing medium” and join us for the journey.

Be sure to mark your calendar and look for registration details on the CCAC website and Facebook page in August.

Lunch included with fee.

Most people find that there are some days when it’s hard to find the motivation to accomplish what needs to be done, even those things that are important. Will Rogers once said, “Even if you’re on the right track, you’ll get run over if you just sit there.” Learning what accounts for the ebb and flow of levels of motivation in life and how to respond can help individuals be more productive. This session is for those times when it just seems hard to “get going” and will help you learn how to give your enthusiasm a boost.



# CHANGE OUR LANGUAGE, CHANGE OUR POLITICS

TED WILLIAMS

WEDNESDAY, NOVEMBER 9, 2022  
1 - 2 PM

ZOOM MEETING

FREE AND OPEN TO THE PUBLIC

REGISTER BY NOVEMBER 8

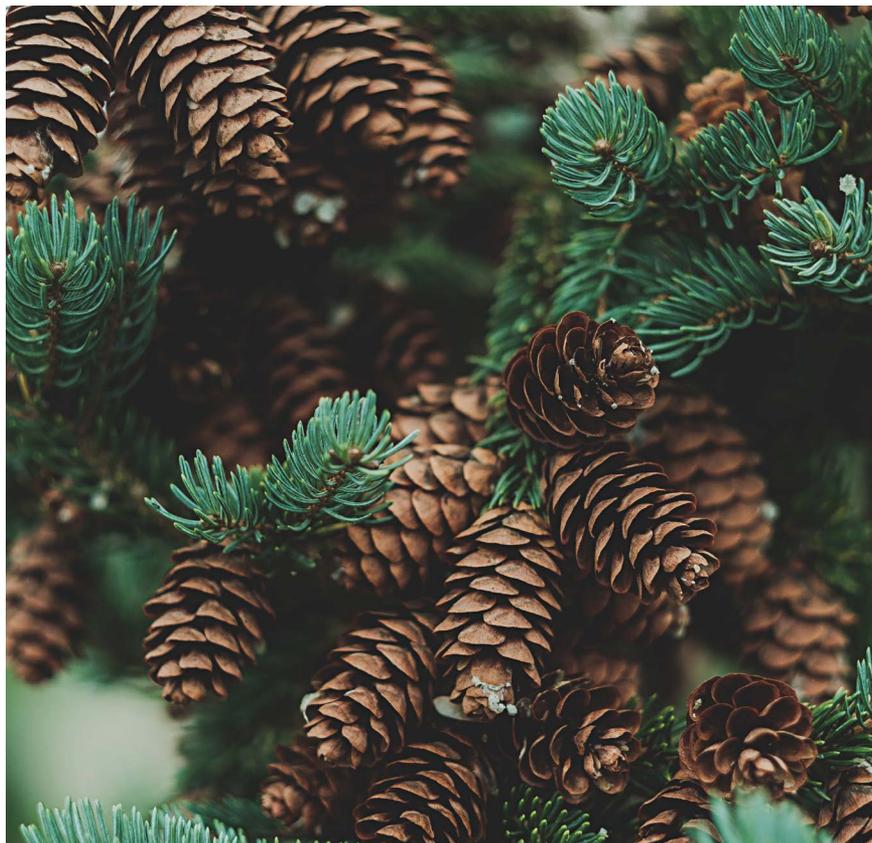
The current American political climate is notoriously full of acrimony and vitriol. Research suggests that the partisan division in the US electorate is widening as Americans increasingly segregate by class, geography, and ideology.

Are we hopelessly destined for a future of political combat in which Americans are unable to even hear the other side?



What if bringing us a little closer was as simple as changing the political language we use?

From issues of race to the role of government, language plays a significant role in fueling political division. For the sake of simplicity and expediency, we often reduce controversial conversations to sound bites, hashtags, and the language of marketing campaigns. Terms like conservative and liberal, black and white, pro-choice and pro-life, gun control, and illegal immigrant all are loaded with a set of definitions and often erroneous assumptions that drive intense emotion. Zoom link to be provided.



## DIY PINECONE WREATH

Keegan Payne

THURSDAY, NOVEMBER 10 & 17, 2022  
9 - 11 AM

DOUGLAS-HART NATURE CENTER  
2204 DEWITT AVE E  
MATTOON, IL

MEMBER \$14  
NON-MEMBER \$17

REGISTER BY NOVEMBER 4

It's back...the beloved pinecone wreath workshop. Participants will stuff and fill their wire wreaths with pinecones in the first class and decorate them in the second class. Decorative items include fall and winter items, year-round decorative options, and more! All materials are provided but participants are welcome to bring in their own decorative items as well. Join us for the fun - leave with a beautiful handmade treasure.



## SWEET GREEKS: IMMIGRATION TO THE MIDWEST

ANN BECK

WEDNESDAY, NOVEMBER 16, 2022  
1 - 2:30 PM

CHARLESTON CARNEGIE  
PUBLIC LIBRARY  
6TH ST & VAN BUREN AVE  
CHARLESTON, IL

FREE AND OPEN TO THE PUBLIC

REGISTER BY NOVEMBER 15

Ann Flesor Beck's family embodied the Midwest émigré experience of chain migration, immigrant networking, resistance and outright threats by local townspeople, food-related entrepreneurship, and tensions over whether later generations would take over the business. Sweet Greeks, her book, tells the story of Ann's grandfather, Gus Flesor, and his life as an immigrant in a small town within the larger history of Greek migration. Her personal account re-creates the atmosphere of her grandfather's candy kitchen with its aromas of chocolate, popcorn, and the activity of family members. Ann is a third-generation Greek confectioner and independent scholar.



## ANTIQUE THIMBLES

JULENE SHAFFNER

THURSDAY, DECEMBER 1, 2022  
10 - 11 AM

VILLAS OF HOLLYBROOK  
738 18TH STREET  
CHARLESTON, IL

FREE AND OPEN TO THE PUBLIC

REGISTER BY NOVEMBER 20

You probably remember a family member using a thimble to darn socks, quilt or embroider. Julene Shaffner has been collecting thimbles for years, and loves to share. Many are antiques and come with stories and history. Some are made of gold, some silver, others are made from vegetable ivory. She will share part of her collection with us and talk about some of the most expensive and rare thimbles she owns. Did you know that gentlemen used to buy thimbles from jewelry stores as a gift for his beloved? It may also have symbolized his intention to marry her. Join us for coffee and fun, reminiscing about these impressive little tools.

# DOUDNA PREMIER EVENTS

## TUSK: THE ULTIMATE FLEETWOOD MAC TRIBUTE

SATURDAY, AUGUST 27, 2022  
7:30 PM

DOUDNA DVORAK CONCERT HALL  
1860 7TH STREET  
CHARLESTON, IL

MEMBER \$15  
SENIOR \$18  
NON-MEMBER \$25

REGISTER BY AUGUST 16, 2022



**THE NUMBER ONE TRIBUTE TO FLEETWOOD MAC IN THE WORLD, BAR NONE.**

No fancy tricks, no gimmicks, just five musicians recreating the music of Fleetwood Mac to perfection with note for note renditions that no other Fleetwood Mac tribute on the touring scene today can come close to duplicating.

These five seasoned, well-respected musicians have been making music together in various combinations and bands for over twenty-five years. It seemed only fitting that they should come together to form the Ultimate Fleetwood Mac Tribute, and pay homage to a group that dominated the charts during the band members' formative years. Authentic-sounding and always respectful, Tusk leaves no stone unturned in replicating the sounds of one of the world's best-loved, top-selling bands.



## TWIN FLAMES

SATURDAY, SEPTEMBER 17, 2022  
7:30 PM

DOUDNA FINE ARTS CENTER  
RECITAL HALL  
1860 7TH STREET  
CHARLESTON, IL

MEMBER \$15  
SENIOR \$18  
NON-MEMBER \$25

REGISTER BY SEPTEMBER 6, 2022

Indie rock, synth rock, and folk-pop are just a few of the ways critics have tried to label the music of Twin Flames.

From the beginning, husband and wife duo Chelsey June and Jaaji have chosen to let their music (and the nearly 30 music awards and nominations they have accumulated over the past six years as Twin Flames) speak for itself.

# AILEY II

THURSDAY, OCTOBER 13, 2022  
7:30 PM

DOUDNA FINE ARTS CENTER  
THE THEATRE  
1860 7TH STREET  
CHARLESTON, IL

MEMBER \$15  
SENIOR \$18  
NON-MEMBER \$25

REGISTER BY OCTOBER 3, 2022

Ailey II is universally renowned for merging the spirit and energy of the best young dance talent with the passion and creative vision of today's most outstanding emerging choreographers.

Founded in 1974 as the Alvin Ailey Repertory Ensemble, Ailey II embodies its founder's mission to establish an extended cultural community that provides dance performances, training, and community programs for all people.

Francesca Harper, Artistic Director of Ailey II, brings a fresh perspective to Mr. Ailey's legacy, while nurturing new creative voices and propelling the company forward.

**"There's nothing like an evening spent with Ailey II, the younger version of Alvin Ailey American Dance Theater."**

**- New York Times**

**"Second to none."**

**- Dance Magazine**





## THE AMERICAN SOLDIER: STARRING DOUGLAS TAUREL

THURSDAY, NOVEMBER 3, 2022  
7:30 PM

DOUDNA FINE ARTS CENTER  
BLACK BOX THEATRE  
1860 7TH STREET  
CHARLESTON, IL

MEMBER \$15  
SENIOR \$18  
NON-MEMBER \$25

REGISTER BY OCTOBER 24, 2022

The American Soldier is a one-man dramatic production that reveals the struggles American soldiers face at war and explores the bravery our veterans and their families face when they try to come back home and re-enter civilian life.

Featured in The Huffington Post, Broadway World, Playbill, The Washington Post, Military Times, Washington Times and Time Out to name a few.

# MEMBERSHIP/COURSE REGISTRATION

Please complete both sides of this form if printed.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Home Mailing Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
ZIP

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Email Address

## MEMBERSHIP DUES

(Non-Refundable) Memberships run from Sept. 1 through Aug. 31.

**Member 1**  1 Year - \$45  2 Year - \$80  3 Year - \$105

**Member 2**  1 Year - \$45  2 Year - \$80  3 Year - \$105

\_\_\_\_\_  
Please make your workshop selections using the checklist on the reverse of this form. When registering multiple persons, add the number of attendees for each event you've selected and list their names below:

## ADDITIONAL ATTENDEES

Guest #1 Name: \_\_\_\_\_

Guest #2 Name: \_\_\_\_\_

Guest #3 Name: \_\_\_\_\_

## PAYMENT INFORMATION

(Total Cost for My Workshop Choices)

**CHECK:** Mail in your completed registration form with a check made payable to EIU to the return address listed on the back of the program.

**ONLINE:** Go to [go.eiu.edu/lifelong](http://go.eiu.edu/lifelong) to complete your registration online.

**PHONE:** Contact us by phone to complete your registration by calling (217) 581-5114.

Total Charges:



# FALL 2022 OPPORTUNITIES & PRICES

(X)	# ATTENDING	DATE	EVENT NAME	MEMBER	NON-MEMBER
		8/8/2022 - 8/31/22 +	How is Your Chi?	\$28	\$31
		8/21/22	5-Mile House: Paul Sargent's Mystery Woman		
		8/30/2022 12/6/22 +	Literary Divas		
		8/31/22	Happy Hacks for More Positivity and Improved Well-Being		
		9/7/22	Charleston Tree Commission		
		9/14/22	Master Gardeners: Terrariums	*	*
		9/14/2022 - 10/5/22 +	Mindfulness through Yoga	\$28	\$31
		9/15/22	Community Leaders for Safety		
		9/21/22	CASA		
		9/24/22	Genealogy at the Courthouse		
		10/1/22	Tragic Mary Lincoln		
		10/7/22	Center for Student Innovation		
		10/18/22 & 10/25/22 +	Without Water: A Dangerous Future		
		10/20/22	Childproofing Is Not Just for Kids!: Safe Storage of Medications and Firearms to Protect Seniors		
		10/29/22	Writing Your Life: The Craft of Memoir	*	*
		11/1/22	Finding Your Get Up and Go		
		11/9/22	Change our Language, Change our Politics		
		11/10/22 & 11/17/22 +	DIY Pinecone Wreath	\$14	\$17
		11/16/22	Sweet Greeks: Immigration to the Midwest		
		12/1/22	Antique Thimbles		
<b>DOUDNA PREMIER EVENTS</b>					
		8/27/22	TUSK: The Ultimate Fleetwood Mac Tribute	\$15	\$25 (\$18 SR)
		9/17/22	Twin Flames	\$15	\$25 (\$18 SR)
		10/13/22	Ailey II	\$15	\$25 (\$18 SR)
		11/3/22	The American Soldier	\$15	\$25 (\$18 SR)

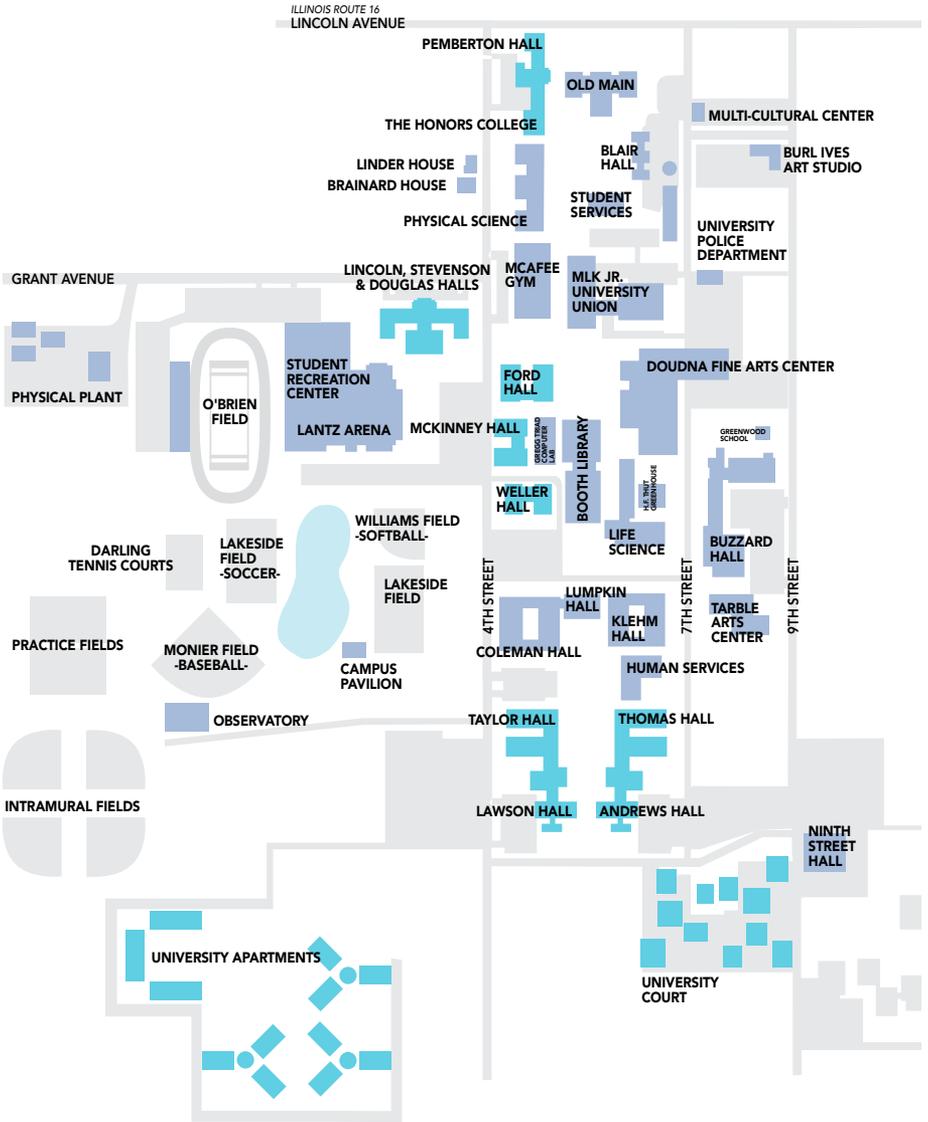
+ MULTIPLE DATES \* REGISTER ON SPEAKER'S WEBSITE (SEE EVENT DESCRIPTION FOR DETAILS.)

Workshop Choices \$ \_\_\_\_\_

Tax Deductible Donation \$ \_\_\_\_\_

Grand Total \$ \_\_\_\_\_

# EIU CAMPUS MAP



- Parking/Streets
- Residential
- Academic/Instructional

Detailed campus maps are available for print or web viewing at [eiu.edu/map](http://eiu.edu/map).



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