

*NCA Self Study*  
*Criterion 1 Documents*

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Eastern Illinois University

*Year 2013*

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Academy of Lifelong Learning Program  
Offerings, 2007–2013

School of Continuing Education

1. Between 2005–2013, how many Lifelong (formerly *Lifetime*) Learning Academy courses were offered each year, and how many area residents have participated in one or more programs?

Note: Course and attendance information is incomplete or not reliable, unless listed below.

Fall 2007: 5 classes offered

**Total for 2007: 5 classes offered**

Spring 2008: 26 courses offered

Summer 2008: 9 courses offered

Fall 2008: 12 courses

**Total for 2008: 47 classes offered**

Spring/Summer 2009: 12 courses offered

Fall 2009: 13 courses offered

**Total for 2009: 25 courses**

Spring/Summer 2010: 16 courses offered

Fall 2010: 12 courses offered

**Total for 2010: 28 courses offered/43 individuals participated**

Spring/Summer 2011: 25 courses offered

Fall 2011: about 31 courses offered

**Total for 2011: 56 courses were offered/100 individuals participated**

Spring 2012: 30 courses offered

Summer 2012: 11 courses offered

Fall 2012: 17 courses offered

**Total for 2012: 58 courses offered/190 individuals participated**

Spring 2013 16 courses offered

Summer 2013: 15 courses offered

(Fall 2013: 30 courses offered)

**Total for 2013: 61 courses offered through summer; 267 individuals participated**

2. Can you provide us with one or two examples of Lifelong Learning Academy courses or programs that you believe made a big impact on participants and/or the community as a whole?

In June, 2013, the Academy partnered with Sarah Bush Lincoln Health Center to offer to the community the program *Master Class: Living Longer, Stronger, and Happier*. The book's author, Peter Spiers, presented his motivation for the book, the research and testimonies of people living long lives of engagement and fulfillment. The group of approximately 50 attendees was a blend of Academy members, Sarah Bush hospital employees, and community members. The group was clearly engaged, asked insightful questions and many purchased the book.