

Eastern Illinois University

The Keep

Program Catalogs

Academy of Lifelong Learning

Spring 2011

Spring/Summer 2011 Program Guide

Academy of Lifelong Learning

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Enjoyable, affordable
educational experiences
for people 50 and older

PROGRAM GUIDE

Spring/Summer 2011

■ academy of

Lifetime Learning

EASTERN ILLINOIS UNIVERSITY

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On the Web: www.eiu.edu/adulted/all.php



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EASTERN
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School of
Continuing Education

www.eiu.edu/adulted

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Intergenerational
Opportunity

New this issue: Look for our Intergenerational Opportunity icon next to some of our event listings. This icon signifies that an event is appropriate for pint-sized guests. Bring your child, grandchild, or favorite young friend for some intergenerational fun!

Advisory Council

Special thanks to the advisory council members who donate their time and expertise to the advancement of the Academy.

Ken Baker	Jill Nilsen, Ph.D.
Dee Braden	Jayne Ozier, Ph.D.
Martha Brown, Ph.D.	Steve Rich
Betty Coffrin	Gene Scholes, Ph.D.
Lillian Greathouse, Ph.D., Chair	Jeanne Snyder, Ph.D., Past Chair
Mary Anne Hanner, Ph.D.	Colleen Stoner
Sharon Kuhns, Chair Elect	Mike Strader
Jeffrey Lynch	Terry Weidner, Ph.D.
Dr. Gary Mikel	

Purpose of the Academy

The purpose of the Academy is to provide all community members age 50 and older an outlet for their creative and educational needs. Some of our interests were put on hold while we worked full-time, raised our children and cared for our parents, but now is the time to learn about the subjects we simply did not find time to explore earlier in our lives.

The Academy's goal is to stimulate your mind and provide you an opportunity to learn new skills, discuss topics of interest, explore new areas of study and simply enjoy learning and sharing. We enjoy each other's company whether we are attending a lecture, a workshop or a social event. Exercising our brains in order to stay emotionally and intellectually healthy is fun. Through the Academy, Eastern is reaching out to our community by sharing the great riches of campus: faculty expertise, fine arts programs and the wonderful gardens and buildings.

Come be a part of EIU. Join the Academy.

You are EIU!

Janna and all the Academy Members

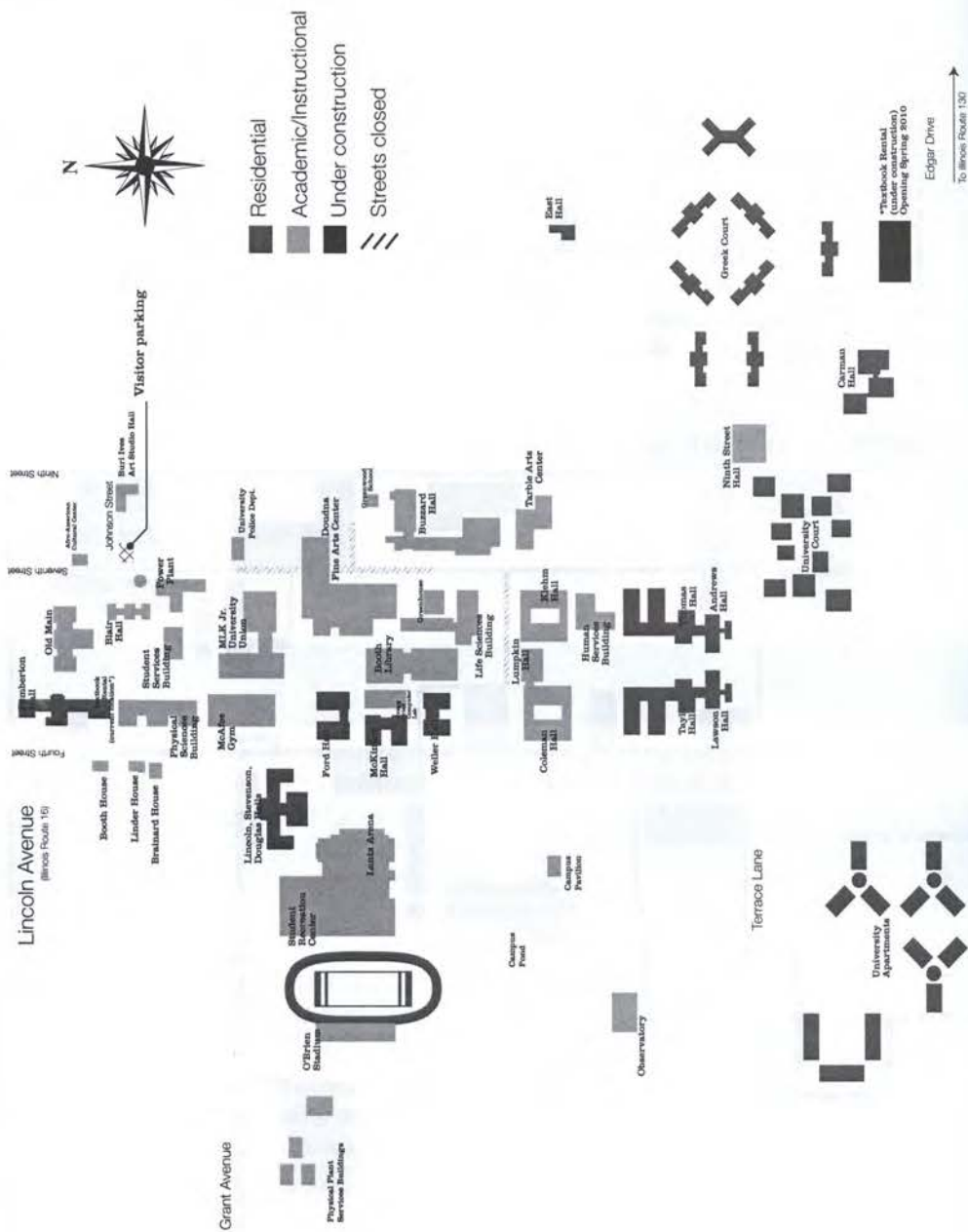
Become a Member

The Academy is a learning community sponsored by the School of Continuing Education at Eastern Illinois University. The Academy is open to anyone who is age 50 or older and who has a curiosity and a desire to learn.

A one-year membership for \$35 includes these benefits:

- Free monthly luncheon lectures
- Coordinated social events
- Reduced fees for Academy events at the Doudna Fine Arts Center
- Reduced registration fees for Academy workshops, courses and tours
- Option to purchase an EIU Recreation Center membership at EIU Student rate
- Complimentary tuition to audit one EIU credit course per semester

The Academy's mission is to grow and serve the educational needs of community members age 50 and older. We welcome your membership and ideas for future programming.



Detailed campus maps are available for print or web viewing at www.eiu.edu/map.

Hello,

As we prepare for the Holiday Season I want to be certain that you all know that I am grateful for each and every one of you.

The Academy has seen great growth over the past year. Academy services have fostered new interests and new friendships, all thanks to each of you. We have over 250 active memberships. This number will grow as you share your experiences and as we continue to develop cooperative relationships with many area agencies and businesses. The growth potential is tremendous, and that growth will bring more course and workshop offerings. This Spring and Summer program guide is a reflection of that growth providing you more opportunities to learn than ever before.

We are adding a new twist this Spring and Summer by offering an opportunity for you to bring a visitor to an Academy Brown Bag Luncheon Lecture. This opportunity allows you to share with your friends and family the enjoyment you experience as a learner in the Academy. We have also planned a trip to take a trolley tour of Chicago and attend the Chicago Flower and Garden Show at Navy Pier. We will be traveling by Amtrak to Chicago and using mass transit transportation during our visit, so no minimum or maximum number of participants will be required. Also, Pam Collins, Director of EIU's Office of Academic and Professional Development, and Dr. Bill Kirk, Professor Emeritus of Psychology, will lead a group of adult learners on a Study Abroad trip to the Netherlands, an opportunity we are excited to offer to Academy members.

It is my hope that you will spend some time reviewing the Program Guide and commit to attending at least one workshop or course this season. Learning is Fun!

Respectfully,

Janna

A multi-meeting course is a series of meetings scheduled for multiple dates, and is designed to investigate a topic in-depth. Each lesson builds upon the previous meeting's content, with the end goal of developing a knowledge base or skill set regarding the topic of study. A one-time registration fee covers all meeting dates in the series, and participants should plan to attend all meetings to receive the full benefit of the course. Please register by the date specified to reserve your space. To register, complete and return the registration form on page 35-36 or call 217-581-5114.

What Really is Islam? An Introduction to Islam

Date: Mondays, January 3, 10 & 24, 2011
 Time: 6-7:30 PM
 Location: EIU Blair Hall, Room 2116
 Presented by: Shaukat Sheikh
 Cost: Academy Member: \$15; Non-member: \$30
 Register by: December 28, 2010

A three-part series of workshops unveiling the basics about Islamic faith. We will highlight and discuss the most common myths about Islam.

- Week One: Introduction to Islam
- Week Two: What Islam Says About Other Religions
- Week Three: Islam and Terrorism: What is True?

(limit 15 participants)

Small groups of aspiring adults who desire to keep their minds fresh and vigorous; who begin to learn by confronting pertinent situations; who dig down into the reservoirs of their secondary facts; who are led in the discussion by teachers who are also seekers after wisdom and not oracles; this constitutes the setting for adult education, the modern quest for life's meaning.

~Edward Lindeman

Great Decisions

Date: Thursdays, January 13, 20 & 27,
 February 3, 10, 17 & 24, and March 3, 2011
 Time: 10-11:30 AM
 Location: EIU Blair Hall, Room 2116
 Presented by: Janna Overstreet
 Cost: Academy Member: \$15; Non-member: \$30
 Register by: January 6, 2011

Enjoy an eight-week conversation on foreign policy issues. Review **Great Decisions**, the Foreign Policy Association's annual briefing book highlighting eight of the most thought-provoking foreign policy challenges facing Americans today, and discuss the issues. Join in a review of important decisions that affect our lives and shape our world. Janna Overstreet will facilitate the discussion.

- Week One: Special Envoys in American Foreign Policy: George Mitchell - Israel/Palestine Peace Talks and Richard Holbrooke - Reintegration of Taliban into Afghan Society
- Week Two: Halting Atrocities in Kenya, Sudan, and Republic of Congo
- Week Three: TransNational Crime: Passport Fraud, the greatest threat to Global Security; incidences of Human Trafficking in America; Mexican Drug Cartel members as Border Patrol Agents
- Week Four: US-China Security Relations: United States selling arms to Taiwan; depression of China currency and its effect on the trade deficit
- Week Five: Global Financial Crisis: Double-dip recession for Europe; the debacle in Greece; US unemployment
- Week Six: Russia and Its Neighbors: Ukraine's new leader; reduction of nuclear stockpiles by both Russia and US
- Week Seven: Persian Gulf: Iran's policy of executing those who seek to oppose the current administration; blaming Germany for inciting protests among Iranians; Iran's nuclear power development
- Week Eight: Peacekeeping: Withdrawal of peacekeeping troops from Haiti; Democratic Republic of Congo; recruitment of more women into peacekeeping forces

(limit 10 participants)

Should I Retire? Can I Retire?

Date: Tuesdays, March 1, 8, 22 & 29, 2011
Time: 6-7:30 PM
Location: EIU Blair Hall, Room 3132
Presented by: Gary Quast
Cost: Academy Member: \$15; Non-member: \$45
Register by: February 22, 2011

Following a 20-year career in banking and higher education, and planning and execution of his own retirement, Gary Quast offers information, tips and clarity on the questions you're asking about your own retirement: How much income will I have? How much will I need? What about my taxes? Mr. Quast offers a guideline for the years leading up to retirement, your retirement process, and what to expect as a result.

(limit 15 participants)

Computer Basics

Date: Thursdays, March 10, 17 & 24, 2011
Time: 9:30-11:30 AM
Location: EIU Blair Hall, Room 3132
Presented by: Beth Kastl
Cost: Academy Member: \$15; Non-member: \$45
Register by: March 3, 2011

Learn beginning computer user techniques, including turning the computer on and off; opening basic programs; setting up an e-mail account and a Facebook account, and how to use both. Get tips on setting up a basic spreadsheet for finances and/or home inventory use.

(limit 15 participants)

I am learning all the time.
The tombstone will be my diploma.

~Eartha Kitt

Making Family Videos from Digital Pictures

Date: Wednesdays, April 6 & 13, 2011
Time: 7-8:30 PM
Location: EIU Blair Hall, Room 3132
Presented by: Shaukat Sheikh
Cost: Academy Member: \$15; Non-member: \$30
Register by: March 30, 2011

Enjoy a two-part workshop exploring ways to preserve and share your family photos by converting them to video. Learn the technique and best practices, then get hands-on and begin making your own videos.

(limit 15 participants)

Cholesterol Won't Kill You, But Trans Fat Could

Date: Fridays, April 8, 15, 22 & 29, 2011
Time: 2-3:30 PM
Location: EIU Blair Hall, Room 2116
Presented by: Roger G. Perkins, Ph.D.
Cost: Academy Member: \$15; Non-member: \$45
Register by: April 1, 2011

Explore the possibility that trans fats, more than cholesterol, may play a significant role in the development of coronary heart disease. Review the evidence with a toxicologist and food scientist.

(limit 15 participants)

The purpose of learning is growth,
and our minds, unlike our bodies,
can continue growing as long as we live.

~Mortimer Adler

Spaceship Earth: A Two-Part Study

Date: Wednesdays, May 4 & 11, 2011
 Time: 1-2:30 PM
 Location: EIU Blair Hall, Room 2116
 Presented by: Dr. Alan Baharlou
 Cost: Academy Member: \$15; Non-member: \$45
 Register by: April 27, 2011

Spaceship Earth: What does the future hold for Earth and its inhabitants, if current trends continue? How can each passenger of Spaceship Earth help sustain the environment now and for future generations? Take a journey from the past into the future. Experience the world from a new perspective.

Week One: A Manual for Passengers
 Week Two: The Present State

(limit 15 participants)

Intergenerational Etiquette Class



Intergenerational Opportunity

Date: Tuesday, May 31, 2011 and dinner engagement (date/time/location to be determined by participants)
 Time: 6-7:30 PM
 Location: EIU Klehm Hall, Room 1418
 Presented by: Kathy Rhodes
 Cost: Academy Member: \$15; Non-member: \$30
 Register by: May 19, 2011

Practice and share your knowledge of good table manners and all-around etiquette with the younger generation. Bring your youngster to learn table etiquette and polite behavior in social situations. Enjoy dinner and test your skill level! Registration fee covers one adult and one child.

(limit 15 participants)

Beginning Pottery

Date: Mondays, July 11, 18 & 25, 2011
 Time: 1-3 PM
 Location: Brookstone Estates, Charleston
 Presented by: Laura Seiles
 Cost: Academy Member: \$15; Non-member: \$45
 Register by: July 1, 2011

Create functional or decorative art using clay and your imagination. All skill levels are welcome.

(limit 25 participants)

Improved Teamwork Through Improved Communication

Date: Thursdays, July 21 & 28, 2011
 Time: 1-2:30 PM
 Location: SBLHC Education Center, Lincoln Room
 Presented by: Laura Bollan, Performance Consultant
 Cost: Academy Member: \$15; Non-member: \$35
 Register by: July 14, 2011

Experience teambuilding activities that will demonstrate how each of us responds to the frequent "stresses" found in working as a team. Learn how improved communication skills can improve our teamwork. We will explore communication tips, communication styles, listening skills, and blocks to communication.

(limit 40 participants)

Learning is not compulsory;
 neither is survival.

~W. Edwards Deming

A workshop is a single-meeting event lasting one to three hours, which serves as an introduction to a topic of interest. A workshop topic may be offered multiple times on the Academy schedule. Participants pay a per-meeting registration fee and may attend a single meeting, or may register to attend multiple times. Please register by the date specified to reserve your space. To register, complete and return the registration form on page 35-36 or call 217-581-5114.

Research & Aging: A Four-Part Gerontology Series

Date: Wednesday, January 12, 2011
 Time: 7–8:30 PM
 Location: EIU Blair Hall, Room 2165
 Presented by: Christopher Wellin, Ph.D.
 Cost: Academy Member: Free; Non-member: Free
 Register by: January 4, 2011

Integrating Cohort Analysis and Narrative Interviewing: The Case of the G.I. Bill and its Role in Fostering Academic Careers
 Dr. Christopher Wellin, Coordinator, Gerontology Programs, Illinois State University, will discuss and celebrate the concept of cohort analysis, its effectiveness in narrative/interview research and quantitative and demographic study, and explore the potential of this integration of concept and method in connection with an empirical project currently in its early stages: a study of the impact of the G.I. Bill of Rights on the lives of WWII and Korean War veterans, as well as on academic social science during the critical post-war expansion era.

(limit 25 participants)

All of the top achievers I know are lifelong learners.
 Looking for new skills, insights and ideas.
 If they're not learning, they're not growing...
 not moving toward excellence.

~Denis Waitley

The Evolution of Brass

Date: Tuesday, January 25, 2011
 Time: 7–9 PM
 Location: EIU Doudna Fine Arts Center, Recital Hall
 Presented by: Dr. Jemmie Robertson
 Cost: Academy Member: \$15; Non-member: \$30
 Register by: January 18, 2011

Dr. Jemmie Robertson (Trombone and Euphonium) and Dr. Andrew Cheetham (Tuba), will introduce the historical development of, and play samples of, each of their instrument families. Featured samples may include music by Gabrielle, Bach, Mozart, Mendelssohn, Wagner, Ewald and many others. Explore the Evolution of Brass, American musical styles from the Civil War Era Brass Band tradition and its evolution into New Orleans style Early Jazz, the swing jazz and bebop eras, and beyond. Music samples will be performed by EIU music faculty and students.

(limit 50 participants)

Making the Internet Work for You

Date: Monday, February 7, 2011
 Time: 6–7:30 PM
 Location: EIU Blair Hall, Room 3132
 Presented by: Shaukat Sheikh
 Cost: Academy Member: \$15; Non-member: \$30
 Register by: January 31, 2011

A one-evening workshop exploring some of the most useful Internet applications and tools, including Picasa™, Google Docs®, and DropBox®. Get tips on Internet security concerns and how to stay safe on the Internet.

(limit 15 participants)

Got Goals?

Date:	Tuesday, February 8, 2011
Time:	7-8:30 PM
Location:	EIU Klehm Hall 2030
Presented by:	Dr. Linda Simpson
Cost:	Academy Member: \$15; Non-member: \$30
Register by:	February 1, 2011

To do list: lose ten pounds, save for retirement, go on a cruise, put a new roof on the house, learn to speak Italian, reconnect with old friends. How would you rate your goal-setting initiatives? Why do we need goals? Goals give your life direction, so no matter your age or your goals, you will benefit from this entertaining, hands-on goal-setting presentation. Develop a plan to set and reach your goals in all areas of your life.

(limit 25 participants)

Research & Aging: A Four-Part Gerontology Series

Date:	Wednesday, February 9, 2011
Time:	7-8:30 PM
Location:	EIU Blair Hall, Room 2165
Presented by:	Kathleen O'Rourke, Ph.D.
Cost:	Academy Member: Free; Non-member: Free
Register by:	January 26, 2011

Yesterday's Memories, Today's Moments and Tomorrow's Hopes: Intergenerational Programming Involving Older Adults with Dementia and Preschool Children A discussion on the trend of intergenerational programs for participants at both ends of the age spectrum. Developmentally appropriate intergenerational programs bring older adults and young children together for activities that provide opportunities to cooperate and interact with the specific intent of meeting mutually beneficial needs.

(limit 25 participants)

Natural Valentines



Intergenerational
Opportunity

Date:	Friday, February 11, 2011
Time:	4-5:30 PM
Location:	Douglas-Hart Nature Center 2204 DeWitt Ave. East Mattoon, IL 61938
Presented by:	Jennifer Tariq
Cost:	Academy Member: \$15; Non-member: \$30
Register by:	February 4, 2011

Team up with your youngster to create personal, handmade valentines for your loved ones. Use natural materials and recyclable paper to construct original keepsakes for your special valentines. Registration fee covers one adult and one child.

(limit 25 participants)

Fraud: Don't Become a Victim

Date:	Tuesday, February 22, 2011
Time:	7-8:30 PM
Location:	EIU Klehm Hall 2030
Presented by:	Dr. Linda Simpson
Cost:	Academy Member: \$15; Non-member: \$30
Register by:	February 15, 2011

Did you know that the majority of fraud victims are financially knowledgeable, highly educated, and self-reliant? Fraudsters are looking for victims just like you. Knowledge is your key to reduce the chances of becoming a victim of fraud. Learn techniques used by con artists and popular fraudulent schemes, get tips to reduce your chances of becoming a victim, and find out important steps you can take to recover from such an attack.

(limit 25 participants)

Chicago Flower Show

Date:	Monday, March 7, 2011
Time:	5 AM departure
Location:	Navy Pier, Chicago, IL
Cost:	Academy Member: \$50 plus Amtrak ticket & meals; Non-member: \$80 plus Amtrak ticket & meals
Register by:	February 7, 2011

Visit the world-famous Chicago Flower Show, with feature gardens, tabl-escapes, garden and gourmet culinary demonstrations three times daily featuring 36 top chefs, educational seminars, kid's activity garden and more for your enjoyment. Registration fee includes Garden Show admission and trolley tour of Chicago Architecture.

(limit 50 participants)

Research & Aging: A Four-Part Gerontology Series

Date:	Wednesday, March 9, 2011
Time:	7-8:30 PM
Location:	EIU Blair Hall, Room 2165
Presented by:	Ellen W. Miller, Ph.D., P.T.
Cost:	Academy Member: Free; Non-member: Free
Register by:	February 23, 2011

Dr. Miller is the Executive Director of the Center for Aging & Communications and a Professor of Physiology Therapy at the University of Indianapolis. Research topic to be announced.

(limit 25 participants)

Learning is not attained by chance,
it must be sought for with ardor and
attended to with diligence.

~Abigail Adams

Tenets of Islam and Pilgrimage to Mecca

Date:	Monday, April 4, 2011
Time:	6-7:30 PM
Location:	EIU Blair Hall, Room 2116
Presented by:	Dr. Belayet Khan
Cost:	Academy Member: \$15; Non-member: \$45
Register by:	March 28, 2011

Explore the fundamentals of faith and belief in Islam. Discover the rites and rituals of the pilgrimage to Mecca, one of the pillars of Islam.

(limit 15 participants)

Research & Aging: A Four-Part Gerontology Series

Date:	Wednesday, April 20, 2011
Time:	7-8:30 PM
Location:	EIU Blair Hall, Room 2165
Presented by:	Gerontology Students Thesis Showcase
Cost:	Academy Member: Free; Non-member: Free
Register by:	April 6, 2011

Gerontology Thesis Showcase: The Gerontology Program at EIU is proud to host for its final presentation of the 2010-11 academic year, an extended two-hour research presentation by four of our Gerontology Master's Degree students. Each student will give an abbreviated presentation on his/her current thesis research, highlighting the study framework, methodology and major findings. Each presentation will be followed by a five-minute Q&A opportunity for the audience. Please join the Gerontology faculty and students in this exciting evening of new research.

(limit 25 participants)

Teachers open the door. You enter by yourself.

~Chinese Proverb

Fit-to-Serve: Saved by Grace

Date: Thursday, April 21, 2011
 Time: 1-2:30 PM
 Location: EIU Blair Hall, Room 2116
 Presented by: Dr. Bill Duey
 Cost: Academy Member: \$15; Non-member: \$30
 Register by: April 14, 2011

Use cues from the Bible to develop your intellectual, physical and spiritual wellness. The Bible serves as a wonderful blueprint to guide us in loving God and serving our neighbor. www.Fit-2-Serve.net

(limit 15 participants)

Social Networking

Date: Monday, April 25, 2011
 Time: 6-7:30 PM
 Location: EIU Blair Hall, Room 3132
 Presented by: Shaukat Sheikh
 Cost: Academy Member: \$15; Non-member: \$30
 Register by: April 18, 2011

Discover methods for using social networking sites to find friends and people with similar interests. Stay in touch using Facebook, Google Buzz, Linked In and Twitter.

(limit 15 participants)

Whatever you can do or dream you can, begin it.
 Boldness has genius, power, and magic in it.
 Begin it now.

~Goethe

First Ladies as Activists

Date: Thursday, April 28, 2011
 Time: 2 PM
 Location: Tarble Arts Center
 Presented by: Sharon Alter
 Cost: Academy Member: Free; Non-member: Free
 Register by: April 22, 2011

First Ladies in modern times have never been a homogenous group. This presentation compares and contrasts the roles, trials and tribulations, and accomplishments of Betty Ford, Rosalynn Carter, Nancy Reagan, Barbara Bush, and Hilary Rodham Clinton as First Ladies.

Sharon Alter, Professor Emeritus of History and Political Science at William Rainey Harper College, holds an MA in History, has taught History and Political Science for more than 30 years, and is active in promoting the history of women and women in politics in the United States. She has won numerous awards for her teaching and research interests.

Sponsored in part by the Illinois Humanities Council, this event is free and open to the public.

(limit 50 participants)



Heart Disease: What Is It and Am I at Risk?

Date: Tuesday, June 14, 2011
 Time: 1-2:30 PM
 Location: SBLHC Education Center, Washington Room
 Presented by: Lori Richardson, Exercise Physiologist
 Cost: Academy Member: \$15; Non-member: \$30
 Register by: June 7, 2011

Heart disease is the number one worldwide killer of men and women. For example, heart disease is responsible for 40% of all the deaths in the United States, more than all forms of cancer combined. Many forms of heart disease can be prevented or treated with healthy lifestyle choices and diet and exercise. In this workshop, you will learn what heart disease is and where you can get more information, as well as treatment and prevention options.

(limit 40 participants)

Glass Blowing Techniques & Demonstration

Date:	Saturday, June 18, 2011
Time:	9:30–11:30 AM
Location:	8780 E. 1200 Road Paris, Illinois
Presented by:	Joy and Randy Turner
Cost:	Academy Member: \$15; Non-member: \$30
Register by:	June 10, 2011

Get acquainted with Larkfield Glass and the art of glassblowing, including materials, equipment, and techniques. Watch a professional glassblower at work. Randy will demonstrate techniques for different shapes, color effects, and processes. Pictures and questions are welcome. Come watch and learn how glass is shaped into wonderful, useful objects. Specific directions will be provided to registered participants.

(limit 15 participants)

Wii Fit™ Fun

Date:	Wednesday, July 6, 2011
Time:	10:30–11:30 AM
Location:	Brookstone Estates, Charleston
Presented by:	Pam Collins, Kathy Grant
Cost:	Academy Member: \$5; Non-member: \$20
Register by:	June 29, 2011

Join the fun as we explore the games and challenges available on the Wii Fit™ system, a popular electronic gaming system. Wii Fit™ is being used across the nation as a fun way to maintain balance, tone muscles and get our hearts pumping with fun and excitement. Join us and have a good time while you do something good for your body. Tournaments may be involved, so bring your game face!

(limit 40 participants)

Wii Fit™ Fun

Date:	Wednesday, July 13, 2011
Time:	10:30–11:30 AM
Location:	Brookstone Estates, Charleston
Presented by:	Pam Collins, Kathy Grant
Cost:	Academy Member: \$5; Non-member: \$20
Register by:	June 29, 2011

Join the fun as we explore the games and challenges available on the Wii Fit™ system, a popular electronic gaming system. Wii Fit™ is being used across the nation as a fun way to maintain balance, tone muscles and get our hearts pumping with fun and excitement. Join us and have a good time while you do something good for your body. Tournaments may be involved, so bring your game face!

(limit 40 participants)

Gettysburg: Turning Point in the Civil War

Date:	Thursday, July 14, 2011
Time:	2–3:30 PM
Location:	EIU Blair Hall, Room 2116
Presented by:	Robert Sterling
Cost:	Academy Member: \$15; Non-member: \$30
Register by:	July 7, 2011

Explore the historical events that escalated into the Civil War, the shifts of power during the struggle, and the battle which led to the ultimate victory.

(limit 15 participants)

What is important is to keep learning,
to enjoy challenge,
and to tolerate ambiguity.
In the end there are no certain answers.

~Martina Horner

Workshops

Wii Fit™ Fun

Date:	Wednesday, July 20, 2011
Time:	10:30-11:30 AM
Location:	Brookstone Estates, Charleston
Presented by:	Pam Collins, Kathy Grant
Cost:	Academy Member: \$5; Non-member: \$20
Register by:	July 11, 2011

Join the fun as we explore the games and challenges available on the Wii Fit™ system, a popular electronic gaming system. Wii Fit™ is being used across the nation as a fun way to maintain balance, tone muscles and get our hearts pumping with fun and excitement. Join us and have a good time while you do something good for your body. Tournaments may be involved, so bring your game face!

(limit 40 participants)

Wii Fit™ Fun

Date:	Wednesday, July 27, 2011
Time:	10:30-11:30 AM
Location:	Brookstone Estates, Charleston
Presented by:	Pam Collins, Kathy Grant
Cost:	Academy Member: \$5; Non-member: \$20
Register by:	July 18, 2011

Join the fun as we explore the games and challenges available on the Wii Fit™ system, a popular electronic gaming system. Wii Fit™ is being used across the nation as a fun way to maintain balance, tone muscles and get our hearts pumping with fun and excitement. Join us and have a good time while you do something good for your body. Tournaments may be involved, so bring your game face!

(limit 40 participants)

I don't think much of a man
who is not wiser today than he was yesterday.

~Abraham Lincoln

Member-Only Social Events

A Member-Only social event is reserved for Academy members only (and their guests in the case of Intergenerational Opportunities). A registration fee covers the cost of coordinating the event. Please register by the date specified to reserve your space. To register, complete and return the registration form on page 35-36 or call 217-581-5114.

Hot Club of San Francisco: Silent Surrealism

Date:	Friday, January 21, 2011
Time:	6:30 PM
Location:	EIU Doudna Fine Arts Center, Dvorak Concert Hall
Cost:	\$7
Register by:	January 4, 2011

Enjoy an evening of silent films accompanied by a live ensemble musical performance of original gypsy jazz scores celebrating the music of Django Reinhardt and Steven Grappelli. *(limit 50 participants)*

Pantera

Date:	Tuesday, February 15, 2011
Time:	5:45 PM
Location:	EIU Klehm Hall, Room 1418
Cost:	\$10
Register by:	January 18, 2011

Experience wonderful company and themed-menu cuisine for only \$10 (includes meal, drink, tax and tip). *Pantera* is a full-service restaurant operated by students in EIU's Commercial Quantity Food Production Class. This theory-practice model lab gives students hands-on experience to develop the skills and knowledge they will need to enter the workplace, while providing a unique, high-quality restaurant setting for patrons in the EIU Community.

(limit 20 participants)

The Ahn Trio: An Ahn-Core World Premiere

Date:	Friday, February 18, 2011
Time:	7:30 PM
Location:	EIU Doudna Fine Arts Center, Dvorak Concert Hall
Cost:	\$5
Register by:	February 1, 2011

Attend the world-premiere performance of a new work commissioned by the Doudna Fine Arts Center from the Ahn Trio and Russian composer Nikolai Kapustin. Born in Seoul, Korea, and educated at the Juilliard School in New York City, Maria (cellist), Lucia (pianist), and Angella (violinist) are constantly redefining chamber music. This trio possesses an enviable combination of talent and style.

(limit 50 participants)

EIU Wind Symphony: The Art of the Wind Band

Date:	Sunday, February 27, 2011
Time:	4 PM
Location:	EIU Doudna Fine Arts Center, Dvorak Concert Hall
Cost:	\$3
Register by:	February 4, 2011

Enjoy the modern musical and performance possibilities of the EIU Wind Symphony.

(limit 50 participants)

Never regard study as a duty but as an enviable opportunity to learn to know the liberating influence of beauty in the realm of the spirit for your own personal joy and to the profit of the community to which your later works belong.

~Albert Einstein

Pantera

Date:	Tuesday, March 22, 2011
Time:	5:45 PM
Location:	EIU Klehm Hall, Room 1418
Cost:	\$10
Register by:	February 22, 2011

Experience wonderful company and themed-menu cuisine for only \$10 (includes meal, drink, tax and tip). *Pantera* is a full-service restaurant operated by students in EIU's Commercial Quantity Food Production Class. This theory-practice model lab gives students hands-on experience to develop the skills and knowledge they will need to enter the workplace, while providing a unique, high-quality restaurant setting for patrons in the EIU Community.

(limit 20 participants)

Matthew Polenzani, Tenor

Date:	Thursday, March 31, 2011
Time:	7:30 PM
Location:	EIU Doudna Fine Arts Center, Dvorak Concert Hall
Cost:	\$7
Register by:	March 1, 2011

Internationally-recognized lyric tenor and EIU alumnus Matthew Polenzani returns to his home stage for this memorable recital. One of the most gifted and distinguished lyric tenors of his generation and winner of the Metropolitan Opera's 2008 Beverly Sills Artist Award, Matthew Polenzani has been praised for the artistic versatility and fresh lyricism that he brings to concert and operatic appearances on leading international stages.

(limit 50 participants)

Never stop learning;
knowledge doubles every fourteen months.

~Anthony D'Angelo

Member-Only Social Events

Pantera

Date: Tuesday, April 5, 2011
Time: 5:45 PM
Location: EIU Klehm Hall, Room 1418
Cost: \$10
Register by: March 4, 2011

Experience wonderful company and themed-menu cuisine for only \$10 (includes meal, drink, tax and tip). *Pantera* is a full-service restaurant operated by students in EIU's Commercial Quantity Food Production Class. This theory-practice model lab gives students hands-on experience to develop the skills and knowledge they will need to enter the workplace, while providing a unique, high-quality restaurant setting for patrons in the EIU Community.

(limit 20 participants)

Noises Off by Michael Frayn

Date: Tuesday, April 19, 2011
Time: 7 PM
Location: EIU Doudna Fine Arts Center, The Theatre
Cost: \$5
Register by: April 4, 2011

One of the funniest plays of the 20th century, this classic backstage farce, complete with slamming doors, sexual dalliances, confusions and errant plates of sardines, follows a hapless acting troupe during the course of a disastrous provincial tour.

(limit 50 participants)

You must learn day by day , year by year to broaden your horizon. The more things you love, the more you are interested in, the more you enjoy, the more you are indignant about, the more you have left when anything happens.

~Ethel Barrymore

Member-Only Social Events

Twin Lakes Park



Intergenerational
Opportunity

Date: Tuesday, June 7, 2011
Time: all day event
Location: North Route 1, Paris, IL
Cost: Optional activity fees
Register by: May 2, 2011

Explore a local gem, Twin Lakes Park in Paris, IL! Enjoy boating rentals and tours, commercial amusement rides, horseshoe courts and miniature golf. Pack a picnic lunch, bring your children and grandchildren, and enjoy a day at the park! Assemble at 10 AM, in the **Charleston** Rural King parking lot to caravan to Paris. Park amenities include:

Concession Stand - hot and cold food and refreshments. Open 3-9 PM
Miniature Golf - 18 holes of handicapped-accessible fun
Adults, \$3
Children 6 & under, \$2
10-game punch card, \$20
Batting Cages - \$1 per token
East Lake Beach - lifeguard-supervised beach on a clear, freshwater lake with volleyball, music and swimming. Open 11 AM-4:45 PM

(limit 50 participants)

Terre Haute Children's Museum



Intergenerational
Opportunity

Date: Thursday, June 23, 2011
Time: all day event
Location: 727 Wabash Ave., Terre Haute, IN
Cost: General Admission: \$2
Children Under 2: Free
Plus optional activity fees

Register by: June 2, 2011

Explore the Terre Haute Children's Science Museum with your youngster! Help your little one investigate his/her future as a TV weatherman or veterinarian. Dig for dinosaur bones, use a body scanner, or compete in a soapbox derby. Assemble at 8 AM, in the **Charleston** Rural King parking lot to caravan to Terre Haute.

(limit 50 participants)

Member-Only Social Events

The Producers by Mel Brooks

Date: Thursday, July 14, 2011
Time: 8 PM
Location: Little Theatre on the Square, Sullivan, IL
Cost: \$30 ticket ; \$28 for seniors (62+) and children (under 12)
Register by: June 16, 2011

Outrageous, hilarious, off-the-wall, and the winner of a record 12 Tony Awards are just a few things that describe **THE PRODUCERS**, written by Mel Brooks. But it is never boring and you will find yourself holding your sides with laughter as Max Bialystock and Leo Bloom sing and dance their way through the greatest show biz scam that there ever was! Enjoy the local talent offered at the Little Theatre on the Square. Assemble at 7 PM in the **Mattoon** Rural King parking lot to caravan to Sullivan.

(limit 15 participants)

Lunch & Learn Luncheon Lectures

Lunch & Learn Luncheon Lectures are free events scheduled monthly during lunch hours. These events are special opportunities for Academy members to socialize and to learn about services and resources in the Coles County community or to be entertained or informed on a topic of interest. Introduce a friend to the Academy by bringing them along to a Lunch & Learn lecture. No preregistration is required; bring your lunch in your green Academy lunch bag and join us!

Charleston Library Tour

Date: Wednesday, January 12, 2011
Time: Noon
Location: Charleston Carnegie Public Library, Rotary Room B
Presented by: Library Adult Services Staff

Join us to learn about the myriad services offered at your local library. Services are available to assist with your travel plans, find your long-lost relatives, and reconnect with old friends through social networking sites.

Lunch & Learn Luncheon Lectures

Charleston Architecture Exhibit

Date: Wednesday, February 23, 2011
Time: Noon
Location: EIU Tarble Arts Center
Presented by: Kit Morice

Explore the Charleston Architecture exhibit in the modern setting of the Tarble Arts Center. Kit Morice, Tarble's Curator of Education and Study Collections, and a member of the Charleston Historical Preservation Commission, will lead the tour.

Estate Planning - Not Just for Millionaires!

Date: Wednesday, March 9, 2011
Time: Noon
Location: Charleston Carnegie Public Library, Rotary Room B
Presented by: Chuck LeFebvre

Chuck LeFebvre, Director of the Trust and Wealth Management Division at First Mid-Illinois Bank & Trust, will discuss Estate Planning and the benefits of planning ahead, no matter what your current financial status.

Travel Opportunities for Coles County Residents

Date: Wednesday, April 13, 2011
Time: Noon
Location: Brookstone Estates, Charleston
Presented by: Panel of area leisure trip providers, US and abroad
Investigate upcoming travel opportunities organized by Tarble Arts Center, Advantage 50 Club of Sarah Bush Lincoln Health Center, and First Mid-Illinois Bank & Trust's Club 50.

You can never learn less, you can only learn more.

~Richard Buckminster Fuller

Gallery Talk: Paul T. Sargent in Coles County

Date: Friday, May 6, 2011
Time: Noon
Location: EIU Tarble Arts Center
Presented by: Michael Watts

Tarble Arts Center's Director, Michael Watts, will lead participants on a tour of the exhibition Bridging the Past: Paul Sargent in Coles County. The exhibition explores how Coles County has changed, and how it has remained the same, using paintings by Charleston painter Paul T. Sargent (1880-1946) as points of reference. The exhibition will also include period and contemporary photographs, maps, artifacts and other objects to help tell the story of the history of Coles County. The exhibition was created by the 2010-11 EIU Historical Administration graduate students.

Legislative Issues and Healthcare Reform's Impact on Older Adults

Date: Wednesday, June 8, 2011
Time: Noon
Location: Brookstone Estates, Charleston
Presented by: Jennifer Creasey, AARP

Jennifer Creasey, of the Illinois Office of AARP, will provide us with an update on this year's legislation at the State and Federal levels which will have an impact on older adults. She will also discuss Healthcare Reform legislation.

Tour WEIU Radio/TV Station

Date: Wednesday, July 13, 2011
Time: Noon
Location: EIU Buzzard Hall, East Entrance
Presented by: Ke'an Armstrong

Are you curious to see the behind-the-scenes operation of a radio and network TV station? Join us for a tour of Charleston's very own public television and radio station, WEIU.

Degenerative Joint Disease: Causes, Prevention and Treatment Alternatives

Date: Thursday, August 11, 2011
Time: Noon
Location: SBLHC Education Center, Lincoln Room
Presented by: Roger Osthoff

Degenerative joint disease - better known as osteoarthritis or "wear-and-tear" arthritis - is the most common form of arthritis in the U.S, affecting approximately 20 million people, mostly after age 45. Osteoarthritis can range from mild to severe, affecting hands and weight-bearing joints, such as the knees, hips, and feet. Roger Osthoff, Sarah Bush Lincoln Health Services, will explore its causes, prevention and treatment alternatives. In addition, attendees will have the opportunity to tour the new Sarah Bush Lincoln Prairie Pavilion 2 Physical Therapy building.

Resources for Fun and Learning

Business Solutions Center

Whether you are an existing business looking to expand or a person who needs specialized assistance with a new business idea, we may be the resource for you. For more information, contact us at 581-2913 or jedau@eiu.edu.

Caregiver Workshop Series

Free workshops to teach and support those who are in a caregiving role with parents or other family members. For further information, contact Julie Benedict: 581-8415 or jabenedict@eiu.edu.

Computer Workshops

Free computer workshops for every level of learner, offered in wonderful Booth Library. For further information, contact Technology Services: 581-6091 or register at www.library.eiu.edu/workshops/welcome.asp.

The Daily Eastern News

Find out about what is happening on campus and upcoming events. To read the DEN online, go to www.dennews.com.

Doudna Fine Arts Center

Find out what is happening at the new Doudna Fine Arts Center at www.eiu.edu/doudna. For further information, contact the Doudna Box Office: 581-3110 or doudnatix@eiu.edu.

Tarble Arts Center

A gem of a gallery right here in central Illinois. For exhibit or event information, contact Tarble Arts: 581-2787 or tarble@eiu.edu.



Image courtesy of Zack Turner. Used with permission.

Shall We Dance?

Alzheimer Benefit Dance

Saturday,
March 26, 2011
7 PM

Admission:

\$10 per person,
\$5 for students and
Academy members

Eastern Illinois University
Martin Luther King, Jr. University Union
Grand Ballroom

Join us for an Alzheimer Benefit Dance and silent auction, co-hosted by Gowin Parc Alzheimer's Facility and the Academy of Lifetime Learning, with support from Brookstone Estates, Charleston. Music and hors d'oeuvres will be provided, and wine will be served from a cash bar. Bid for your favorite silent auction items, support Alzheimer research and dance the night away. Proceeds from the event will benefit the Alzheimer Association, a national organization helping to fund and promote Alzheimer research and provide awareness of issues related to Alzheimer Disease.

Date	Workshop Name	Time	Event Type	Page
January				
3	What Really is Islam?	6-7:30 PM	Multi-Meeting Course	4
10	What Really is Islam?	6-7:30 PM	Multi-Meeting Course	4
12	Charleston Library Tour	Noon	Lunch & Learn	26
12	Research & Aging	7-8:30 PM	Workshop	10
13	Great Decisions	10-11:30 AM	Multi-Meeting Course	5
20	Great Decisions	10-11:30 AM	Multi-Meeting Course	5
21	Hot Club of San Francisco	6:30 PM	Social Event	21
24	What Really is Islam?	6-7:30 PM	Multi-Meeting Course	4
25	Evolution of Brass	7-9 PM	Workshop	11
27	Great Decisions	10-11:30 AM	Multi-Meeting Course	5
February				
3	Great Decisions	10-11:30 AM	Multi-Meeting Course	5
7	Making the Internet Work...	6-7:30 PM	Workshop	11
8	Got Goals?	7-8:30 PM	Workshop	12
9	Research & Aging	7-8:30 PM	Workshop	12
10	Great Decisions	10-11:30 AM	Multi-Meeting Course	5
11	Natural Valentines	4-5:30 PM	Workshop	13
15	<i>Pantera</i>	5:45 PM	Social Event	21
17	Great Decisions	10-11:30 AM	Multi-Meeting Course	5
18	The Ahn Trio	7:30 PM	Social Event	22
22	Fraud: Don't Become a Victim	7-8:30 PM	Workshop	13
23	Charleston Architecture Exhibit	Noon	Lunch & Learn	27
24	Great Decisions	10-11:30 AM	Multi-Meeting Course	5
27	EIU Wind Symphony	4:00 PM	Social Event	22
March				
1	Should I Retire? Can I Retire?	6-7:30 PM	Multi-Meeting Course	6
3	Great Decisions	10-11:30 AM	Multi-Meeting Course	5
7	Chicago Flower Show	5 AM departure	Workshop	14
8	Should I Retire? Can I Retire?	6-7:30 PM	Multi-Meeting Course	6
9	Estate Planning...	Noon	Lunch & Learn	27
9	Research & Aging	7-8:30 PM	Workshop	14
10	Computer Basics	9:30-11:30 AM	Multi-Meeting Course	6
17	Computer Basics	9:30-11:30 AM	Multi-Meeting Course	6
22	Should I Retire? Can I Retire?	6-7:30 PM	Multi-Meeting Course	6
22	<i>Pantera</i>	5:45 PM	Social Event	23
24	Computer Basics	9:30-11:30 AM	Multi-Meeting Course	6
29	Should I Retire? Can I Retire?	6-7:30 PM	Multi-Meeting Course	6
31	Matthew Polenzani, Tenor	7:30 PM	Social Event	23

Schedule of Events

Date	Workshop Name	Time	Event Type	Page
April				
4	Tenets of Islam/Pilgrimage to Mecca	6-7:30 PM	Workshop	15
5	<i>Pantera</i>	5:45 PM	Social Event	24
6	Making Family Videos	7-8:30 PM	Multi-Meeting Course	7
8	Cholesterol Won't Kill You...	2-3:30 PM	Multi-Meeting Course	7
13	Travel Opportunities	Noon	Lunch & Learn	27
13	Making Family Videos	7-8:30 PM	Multi-Meeting Course	7
15	Cholesterol Won't Kill You...	2-3:30 PM	Multi-Meeting Course	7
19	<i>Noises Off</i>	7 PM	Social Event	24
20	Research & Aging	7-8:30 PM	Workshop	15
21	Fit-to-Serve: Saved by Grace	1-2:30 PM	Workshop	16
22	Cholesterol Won't Kill You...	2-3:30 PM	Multi-Meeting Course	7
25	Social Networking	6-7:30 PM	Workshop	16
28	First Ladies as Activists	2 PM	Workshop	17
29	Cholesterol Won't Kill You...	2-3:30 PM	Multi-Meeting Course	7

May

4	Spaceship Earth	1-2:30 PM	Multi-Meeting Course	8
6	Paul T. Sargent in Coles County	Noon	Lunch & Learn	28
11	Spaceship Earth	1-2:30 PM	Multi-Meeting Course	8
31	Intergenerational Etiquette Class	6-7:30 PM	Multi-Meeting Course	8

June

7	Twin Lakes Park	10 AM Departure	Social Event	25
8	Legislative Issues...	Noon	Lunch & Learn	28
14	Heart Disease	1-2:30 PM	Workshop	17
18	Glass Blowing Techniques	9:30-11:30 AM	Workshop	18
23	Terre Haute Children's Museum	8 AM Departure	Social Event	25

July

6	Wii Fit™ Fun	10:30-11:30 AM	Workshop	18
11	Beginning Pottery	1-3 PM	Multi-Meeting Course	9
13	Wii Fit™ Fun	10:30-11:30 AM	Workshop	19
13	Tour WEIU Radio/TV Station	Noon	Lunch & Learn	28
14	Gettysburg: Turning Point...	2-3:30 PM	Workshop	19
14	<i>The Producers</i>	7 PM Departure	Social Event	26
18	Beginning Pottery	1-3 PM	Multi-Meeting Course	9
20	Wii Fit™ Fun	10:30-11:30 AM	Workshop	20
21	Improved Teamwork	1-2:30 PM	Multi-Meeting Course	9
25	Beginning Pottery	1-3 PM	Multi-Meeting Course	9
27	Wii Fit™ Fun	10:30-11:30 AM	Workshop	20
28	Improved Teamwork	1-2:30 PM	Multi-Meeting Course	9

August

11	Degenerative Joint Disease	Noon	Lunch & Learn	29
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Reminder List: What I Registered For

Workshop Name	Date	Time	Location
<input type="checkbox"/> What Really is Islam?	1/3, 10 & 24	6 PM	EIU Blair Hall, Room 2116
<input type="checkbox"/> Research & Aging	1/12	7 PM	EIU Blair Hall, Room 2165
<input type="checkbox"/> Great Decisions	1/13, 20 & 27, 2/3, 10, 17, 24 & 3/3	10 AM	EIU Blair Hall, Room 2116
<input type="checkbox"/> Hot Club of San Francisco	1/21	6:30 PM	EIU Doudna Fine Arts, Dvorak Concert Hall
<input type="checkbox"/> Evolution of Brass	1/25	7 PM	EIU Doudna Fine Arts, Recital Hall
<input type="checkbox"/> Making the Internet Work For You	2/7	6 PM	EIU Blair Hall, Room 3132
<input type="checkbox"/> Got Goals?	2/8	7 PM	EIU Klehm Hall, Room 2030
<input type="checkbox"/> Research & Aging	2/9	7 PM	EIU Blair Hall, Room 2165
<input type="checkbox"/> Natural Valentines	2/11	4 PM	Douglas-Hart Nature Center 2204 DeWitt Ave. East Mattoon IL 61938
<input type="checkbox"/> <i>Pantera</i>	2/15	5:45 PM	EIU Klehm Hall, Room 1418
<input type="checkbox"/> The Ahn Trio	2/18	7:30 PM	EIU Doudna Fine Arts, Dvorak Concert Hall
<input type="checkbox"/> Fraud: Don't Become A Victim	2/22	7 PM	EIU Klehm Hall, Room 2030
<input type="checkbox"/> EIU Wind Symphony	2/27	4 PM	EIU Doudna Fine Arts, Dvorak Concert Hall
<input type="checkbox"/> Should I Retire?	3/1, 8, 22 & 29	6 PM	EIU Blair Hall, Room 3132
<input type="checkbox"/> Chicago Flower Show	3/7	5 AM Departure	Navy Pier, Chicago
<input type="checkbox"/> Research & Aging	3/9	7 PM	EIU Blair Hall, Room 2165
<input type="checkbox"/> Computer Basics	3/10, 17 & 24	9:30 AM	EIU Blair Hall, Room 3132
<input type="checkbox"/> <i>Pantera</i>	3/22	5:45 PM	EIU Klehm Hall, Room 1418
<input type="checkbox"/> Matthew Polenzani, Tenor	3/31	7:30 PM	EIU Doudna Fine Arts, Dvorak Concert Hall
<input type="checkbox"/> Tenets of Islam and Pilgrimage to Mecca	4/4	6 PM	EIU Blair Hall, Room 2116

Reminder List: What I Registered For

Workshop Name	Date	Time	Location
<input type="checkbox"/> Pantera	4/5	5:45 PM	EIU Klehm Hall, Room 1418
<input type="checkbox"/> Making Family Videos	4/6 & 13	7 PM	EIU Blair Hall, Room 3132
<input type="checkbox"/> Cholesterol Won't Kill You	4/8, 15, 22 & 29	2 PM	EIU Blair Hall, Room 2116
<input type="checkbox"/> Noises Off	4/19	7 PM	EIU Doudna Fine Arts, The Theatre
<input type="checkbox"/> Research & Aging	4/20	7 PM	EIU Blair Hall, Room 2165
<input type="checkbox"/> Fit-to-Serve: Saved By Grace	4/21	1 PM	EIU Blair Hall, Room 2116
<input type="checkbox"/> Social Networking	4/25	6 PM	EIU Blair Hall, Room 3132
<input type="checkbox"/> First Ladies as Activists	4/28	2 PM	EIU Tarble Arts Center
<input type="checkbox"/> Spaceship Earth	5/4 & 11	1 PM	EIU Blair Hall, Room 2116
<input type="checkbox"/> Intergenerational Etiquette	5/31	6 PM	EIU Klehm Hall, Room 1418
<input type="checkbox"/> Twin Lakes Park	6/7	10 AM Departure	Paris, IL
<input type="checkbox"/> Heart Disease: What Is It and Am I at Risk?	6/14	1 PM	SBLHC Education Center, Washington Room
<input type="checkbox"/> Glass Blowing Techniques	6/18	9:30 AM	Larkfield Glass, Paris, IL
<input type="checkbox"/> Terre Haute Children's Museum	6/23	8 AM Departure	Terre Haute, IN
<input type="checkbox"/> Wii Fit™ Fun	7/6	10:30 AM	Brookstone Estates, Charleston
<input type="checkbox"/> Beginning Pottery	7/11, 18 & 25	1 PM	Brookstone Estates, Charleston
<input type="checkbox"/> Wii Fit™ Fun	7/13	10:30 AM	Brookstone Estates, Charleston
<input type="checkbox"/> Gettysburg: Turning Point In the Civil War	7/14	2 PM	EIU Blair Hall, Room 2116
<input type="checkbox"/> The Producers	7/14	7 PM Departure	Little Theatre on the Square, Sullivan, IL
<input type="checkbox"/> Wii Fit™ Fun	7/20	10:30 AM	Brookstone Estates, Charleston
<input type="checkbox"/> Improved Teamwork	7/21 & 28	1 PM	SBLHC Education Center, Lincoln Room
<input type="checkbox"/> Wii Fit™ Fun	7/27	10:30 AM	Brookstone Estates, Charleston

Membership/Course Registration Form

Please complete both sides of this form.

Name _____

Home Mailing Address _____

City _____

State _____

ZIP _____

Home Phone _____

E-mail Address _____

Emergency Contact Name _____

Phone _____

Membership Fees (Membership dues are non-refundable.)

New Annual Membership \$35

Renew Annual Membership \$35

Please make your workshop selections using the checklist on the reverse of this form. **When registering multiple persons**, please use one form per person, or write in the number of attendees for each event in the blank next to the check boxes for your selected events.

Record your selections on the Reminder List, pages 33-34.

CANCELLATION POLICY

To cancel a registration, call 217-581-5114. Cancellations received prior to the published registration deadline for an event will be eligible for a full refund of registration fees paid for the event.

Payment Information: Total Cost for My Workshop Choices: _____

Cash

Check (payable to Eastern Illinois University)

Charge Card:

M/C

Visa

Discover

Card # _____

Exp. Date _____

Total Charges _____

I authorize Eastern Illinois University to charge my credit card:

Cardholder Signature

Please mail your completed registration form with payment to the return address on the back cover. **35**

Membership/Course Registration Form

	# to attend	Event Name	Member \$	Non-Member \$
Multi-Meeting Courses	<input type="checkbox"/>	What Really Is Islam?	\$15	\$30
	<input type="checkbox"/>	Great Decisions	\$15	\$30
	<input type="checkbox"/>	Should I Retire? Can I Retire?	\$15	\$45
	<input type="checkbox"/>	Computer Basics	\$15	\$45
	<input type="checkbox"/>	Making Family Videos...	\$15	\$30
	<input type="checkbox"/>	Cholesterol Won't Kill You...	\$15	\$45
	<input type="checkbox"/>	Spaceship Earth	\$15	\$45
	<input type="checkbox"/>	Intergenerational Etiquette	\$15	\$30
	<input type="checkbox"/>	Beginning Pottery	\$15	\$45
	<input type="checkbox"/>	Improved Teamwork	\$15	\$35
Workshops	<input type="checkbox"/>	Research & Aging	FREE	FREE
	<input type="checkbox"/>	<input type="checkbox"/> January 12 <input type="checkbox"/> February 9 <input type="checkbox"/> March 9 <input type="checkbox"/> April 20		
	<input type="checkbox"/>	Evolution of Brass	\$15	\$30
	<input type="checkbox"/>	Making the Internet Work for You	\$15	\$30
	<input type="checkbox"/>	Got Goals?	\$15	\$30
	<input type="checkbox"/>	Natural Valentines	\$15	\$30
	<input type="checkbox"/>	Fraud: Don't Become a Victim	\$15	\$30
	<input type="checkbox"/>	Chicago Flower Show	\$50	\$80
	<input type="checkbox"/>	Tenets of Islam/Pilgrimage to Mecca	\$15	\$45
	<input type="checkbox"/>	Fit-to-Serve: Saved by Grace	\$15	\$30
	<input type="checkbox"/>	Social Networking	\$15	\$30
	<input type="checkbox"/>	First Ladies as Activists	FREE	FREE
	<input type="checkbox"/>	Heart Disease: What Is It...	\$15	\$30
	<input type="checkbox"/>	Glass Blowing Techniques/Demo	\$15	\$30
	<input type="checkbox"/>	Wii Fit™ Fun		
<input type="checkbox"/>	<input type="checkbox"/> July 6	\$5	\$20	
<input type="checkbox"/>	<input type="checkbox"/> July 13	\$5	\$20	
<input type="checkbox"/>	<input type="checkbox"/> July 20	\$5	\$20	
<input type="checkbox"/>	<input type="checkbox"/> July 27	\$5	\$20	
<input type="checkbox"/>	Gettysburg: Turning Point...	\$15	\$30	
Member-Only Social Events	<input type="checkbox"/>	Hot Club of San Francisco	\$7	
	<input type="checkbox"/>	Pantera	\$10	
	<input type="checkbox"/>	The Ahn Trio	\$5	
	<input type="checkbox"/>	EIU Wind Symphony	\$3	
	<input type="checkbox"/>	Pantera	\$10	
	<input type="checkbox"/>	Matthew Polenzani, Tenor	\$7	
	<input type="checkbox"/>	Pantera	\$10	
	<input type="checkbox"/>	Noises Off	\$5	
	<input type="checkbox"/>	Twin Lakes Park	Optional Activity Fees	
	<input type="checkbox"/>	Terre Haute Children's Museum	Optional Activity Fees	
<input type="checkbox"/>	The Producers	Adult \$30; Under 12/Over 62, \$28		

Please complete both sides of this form.

Study Abroad Opportunity



study abroad with Eastern Illinois University

visit

MAASTRICHT, THE NETHERLANDS

Enjoy a one- or two-week course of study in Maastricht with other adult learners, led by William Kirk, Professor Emeritus, Psychology, and Pamela Collins, Director of EIU's Office of Academic and Professional Development. Immerse yourself in the cultural dynamics and components of life in a European city.

One-Week Tour

May 20-26, 2011

\$600 plus tuition, airfare and misc. expenses (estimated \$2067)

Two-Week Tour

May 20-June 6, 2011

\$925 plus tuition, airfare and misc. expenses (estimated \$2989)

Program cost includes lodging (private rooms), most meals, and course excursions. Airfare cost will be finalized at booking. Optional miscellaneous expenses are estimated at \$1350/\$1555 and may include: additional meals, passport fee and photo, spending money and souvenirs/optional purchases.

Application deadline: **January 31, 2011**. For more information, please visit castle.eiu.edu/edabroad/programs/facultyled/kirk.php or call the Office of Academic and Professional Development at 217-581-5114.



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What sculpture is to a
block of marble,
education is to the
human soul.
~Joseph Addison