

Eastern Illinois University

The Keep

Program Catalogs

Academy of Lifelong Learning

Fall 2012

Fall 2012 Program Guide

Academy of Lifelong Learning

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School of
Continuing Education

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Enjoyable, affordable
educational experiences
for people 50 and older



■ academy of

Lifetime Learning

EASTERN ILLINOIS UNIVERSITY

PROGRAM GUIDE

Fall 2012

Project Coordinator:
Janna Overstreet

Phone:
217-581-5114

E-mail:
academy@eiu.edu

On the Web:
www.eiu.edu/adulted/all.php



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Advisory Council

Special thanks to the advisory council members who donate their time and expertise to the advancement of the Academy.

Martha Brown, Ph.D.	Jayne Ozier, Ph.D.
Lillian Greathouse, Ph.D., Past Chair	Elenor Rentschler
Mary Anne Hanner, Ph.D.	Steve Rich
Mark Hillard	Gene Scholes, Ph.D.
Sharon Kuhns, Chair	Jeanne Snyder, Ph.D.
Jan Little	Colleen Stoner
Jeffrey Lynch	Terry Weidner, Ph.D., Chair Elect
Jill Nilsen, Ph.D.	

Purpose of the Academy

The purpose of the Academy is to provide all community members age 50 and older an outlet for their creative and educational needs. Some of our interests were put on hold while we worked full-time, raised our children and cared for our parents, but now is the time to learn about the subjects we simply did not find time to explore earlier in our lives.

The Academy’s goal is to stimulate your mind and provide you an opportunity to learn new skills, discuss topics of interest, explore new areas of study and simply enjoy learning and sharing. We enjoy each other’s company, whether we are attending a lecture, a workshop, or a social event. Exercising our brains in order to stay emotionally and intellectually healthy is fun. Through the Academy, Eastern is reaching out to our community by sharing the great riches of campus: faculty expertise, fine arts programs and the wonderful gardens and buildings.

Come be a part of EIU. Join the Academy.

You are EIU!

Janna and all the Academy Members

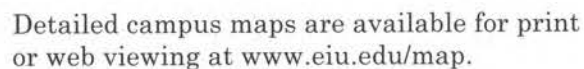
Become a Member

The Academy is a learning community sponsored by the School of Continuing Education at Eastern Illinois University. The Academy is open to anyone who is age 50 and older and who has a curiosity and a desire to learn.

A one-year membership for \$35 includes these benefits:

- Free monthly luncheon lectures
- Coordinated social events
- Reduced fees for Academy events at the Doudna Fine Arts Center
- Reduced registration fees for Academy workshops, courses and tours
- 20% discount (excluding technology purchases) at the EIU University Bookstore
- Complimentary tuition to audit one EIU credit course per semester

The Academy’s mission is to grow and serve the educational needs of community members. We welcome your membership and ideas for future programming.



Janna Overstreet
Project Coordinator, School of Continuing Education
Eastern Illinois University

Multi-Meeting Courses

A multi-meeting course is a series of meetings scheduled for multiple dates, and is designed to investigate an in-depth topic. Each lesson builds upon the previous meeting's content, with the end goal of developing a knowledge base or skill set regarding the topic of study. A one-time registration fee covers all meeting dates in the series, and participants should plan to attend all meetings to receive the full benefit of the course. Please register by the date specified to reserve your space. To register, complete and return the registration form on pages 23–24 or call 217-581-5114.

Dance the Night Away

Date: Tuesdays and Thursdays,
September 11, 13, 18 & 20, 2012

Time: 6–7:30 p.m.

Location: EIU McAfee Gym, Room 1210

Presented by: Antoine Thomas

Cost: Academy Member: \$40; Non-member: \$80

Register by: Wednesday, September 4, 2012

This course will focus on teaching basic ballroom, Latin, and line dancing steps. The rhythms, history and culture of each style will be covered. Bring your newfound confidence to the *Shall We Dance?* Benefit on September 22 and dance the night away.

(limit 25 participants)

Come Learn Tai Chi

Date: Tuesdays and Thursdays,
September 18, 20, 25 & 27, October 2 & 4, 2012

Time: 2–3 p.m.

Location: SBLHS Education Center, Madison/Jefferson Room

Presented by: Bill Feltt

Cost: Academy Member: \$20; Non-member: \$55

Register by: Tuesday, September 11, 2012

Tai Chi originated in China thousands of years ago, and millions of people around the world find its daily practice beneficial in restoring the mind-body balance and improving overall health. Whether you are a beginner or continuing Tai Chi, come on out and join us.

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(limit 30 participants)

Multi-Meeting Courses

Meditation for Stress Relief and Positive Living

Date: Wednesdays, September 19, 26, October 3 & 10, 2012

Time: 5–6 p.m. on September 19, 26, & October 3;
11 a.m.–noon on October 10

Location: SBLHS Education Center, Madison/Jefferson Room

Presented by: Jay Shinde

Cost: Academy Member: \$40; Non-member: \$80

Register by: Wednesday, September 12, 2012

Meditation is entirely non-denominational and can be tailored to participants regardless of their spiritual path. Many studies suggest that meditation has a positive impact on health and well-being. Learn to lead a calmer, richer, and quite possibly more meaningful life.

(limit 25 participants)

Exploring the Globe: International Food/Culture

Date: Tuesday and Wednesday, October 2 & 3, 2012

Time: 1–2:30 p.m. on October 2; 9 a.m.–3 p.m. on October 3

Location: EIU Blair Hall, Room 2116 on October 2;
October 3 meeting place to be decided
in October 2 class.

Presented by: Gordon Tucker

Cost: Academy Member: \$40; Non-member: \$80

Register by: Tuesday, September 25, 2012

The Champaign area has a diverse variety of international food stores, representing Asia, Europe, the Middle East, and Latin America. We will discuss the culinary traditions and unique foods of these parts of the world, and take a trip to Champaign to visit several stores, including: Amko International food store, Far East Asian Foods, and World Harvest International Foods. We will stop for lunch at an Asian restaurant in Champaign. The location to meet for carpooling will be decided during our class meeting on October 2. Bring extra cash for lunch and any items you may wish to purchase.

(limit 20 participants)

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Multi-Meeting Courses

Weaving Without a Loom

Date:	Tuesdays and Thursdays, October 9, 11, 16, 18, 23 & 25, 2012
Time:	3:30–5 p.m.
Location:	Heritage Woods of Charleston, Activity Room 480 West Polk St., Charleston
Presented by:	Kathy Bryant
Cost:	Academy Member: \$120; Non-member: \$240
Register by:	Tuesday, October 2, 2012

Our lives are surrounded by woven materials, from clothing to upholstery to fine art. This course will take you through a brief history of the woven art and basic steps of creating woven samples using common materials. The first and second class will cover the basic steps, incorporating color and texture to create the pattern. Subsequent classes will incorporate additional techniques and patterns, as well as finishing techniques. The materials list will be emailed to class participants, and will cost approximately \$20 per student.

(limit 15 participants)

The Art of the Found Object

Date:	Wednesdays, October 17, 24, 31 & November 7, 2012
Time:	5–6:30 p.m.
Location:	EIU Doudna Fine Arts Center, Room 1920
Presented by:	Karenlee Spencer
Cost:	Academy Member: \$80; Non-member: \$160
Register by:	Wednesday, October 10, 2012

Participants will have the opportunity to learn about found object art, sometimes called assemblage. Pablo Picasso first publicly utilized the idea when he pasted a printed image of chair caning onto his painting, titled *Still Life with Chair Caning* (1912). Participants will create one or two pieces of found object art, using common, everyday materials.

(limit 20 participants)

Multi-Meeting Courses

Exploring 20th Century Drama through Film – *Who's Afraid of Virginia Woolf*

Date:	Tuesdays, October 30, November 6 & 13, 2012
Time:	5–7 p.m.
Location:	EIU Blair Hall, Room 2116
Presented by:	Nicholas Shaw
Cost:	Academy Member: \$60; Non-member: \$120
Register by:	Tuesday, October 23, 2012

Edward Albee's 1962 drama depicts a bitter aging couple who use a young couple to fuel anguish and emotional pain toward each other. Course participants will analyze and discuss the written play and view the 1966 film version.

(limit 15 participants)

Status of Women in America

Date:	Thursdays, November 1, 8 & 15, 2012
Time:	1–2:30 p.m.
Location:	EIU Blair Hall, Room 2116
Presented by:	Alan Baharlou & Janna Overstreet
Cost:	Academy Member: \$20; Non-member: \$40
Register by:	Thursday, October 25, 2012

A critical and timely topic, as we approach many State and National elections, is the status of women in America. American women hold fewer important political and managerial positions compared with the rest of the advanced countries in the world. Women make up 51% of the U.S. population, yet hold only 16.8% of the seats in the current US Congress. Classes will focus on Aspects in Inequality in Modern America, Causation & Effects, Both Nationally and Internationally, and Solutions & Plan of Action.

(limit 15 participants)

Water Conservation and Stewardship in the Home, Landscape and Watershed

Date: Tuesday and Thursday, November 6 & 8, 2012
 Time: 10 a.m.–noon
 Location: SBLHS Education Center,
 Madison/Jefferson Room on November 6;
 Lincoln Room on November 8
 Presented by: David Shiley
 Cost: Academy Member: \$40; Non-member: \$80
 Register by: Tuesday, October 30, 2012

Water resources in Illinois are often taken for granted, until a dry spell requires us to conserve water to meet local demands. Participants will learn about water resources in Illinois and best practices for your home and landscaping needs. The course will include hands-on activities to understand sources of water pollution and best practices that can be used to protect groundwater and surface water resources.

(limit 10 participants)

The purpose of learning is growth,
 and our minds, unlike our bodies,
 can continue growing as we continue to live.

~Mortimer Adler

A workshop is a single-meeting event lasting one to three hours, which serves as an introduction to a topic of interest. A workshop topic may be offered multiple times on the Academy schedule. Participants pay a per-meeting registration fee and may attend a single meeting, or may register to attend multiple times. Please register by the date specified to reserve your space. To register, complete and return the registration form on pages 23–24 or call 217-581-5114.

How Are Happiness, Health & Longevity Related?

Date: Tuesday, September 11, 2012
 Time: 9–11 a.m.
 Location: EIU Blair Hall, Room 2116
 Presented by: Sally Ryan
 Cost: Academy Member: \$20; Non-member: \$40
 Register by: Tuesday, September 4, 2012

Research is supporting the idea that how you *think* you feel actually affects whether you have better health and longevity. This course invites an overview of this evidence and how subjective well-being is defined and measured.

(limit 15 participants)

Scrapbook Your Life

Date: Tuesday, September 18, 2012
 Time: 1–4 p.m.
 Location: Daisy Lane, 2619 Lake Land Blvd., Mattoon
 Presented by: Karen Boyer
 Cost: Academy Member: \$20; Non-member: \$40
 Register by: Tuesday, September 11, 2012

Join us for a fun-filled class on the hobby of scrapbooking. Whether you want to organize your family history, create an album for the kids, or document your travels, this will be the perfect start. Bring 4-6 photos of one theme and you will leave with a completed scrapbook page and plans for others.

(limit 30 participants)

SHOW: Four Guides for a Journey to Joy & Peace Through Prayer

Date:	Wednesday, September 19, 2012
Time:	10 a.m.–Noon
Location:	EIU Blair Hall, Room 2116
Presented by:	William Hine
Cost:	Academy Member: \$20; Non-member: \$40
Register by:	Wednesday, September 12, 2012

SHOW = Surrender, Humility, Obedience and Wonder. Participants are encouraged to read *SHOW: Four Guides for a Journey to Joy & Peace Through Prayer*, by Dr. William Hine. Peace and joy are goals we all have on our spiritual journey of the Christian faith. This workbook focuses on using the SHOW principles along with dedicated prayer in one's life to obtain peace and joy. God is always knocking and we must learn how to listen and see. Exercises are provided to deepen your understanding of the SHOW principles and different types of prayer approaches.

(limit 15 participants)

The President and the Players

Date:	Thursday, October 4, 2012
Time:	4–5:30 p.m.
Location:	EIU Blair Hall, Room 3108
Presented by:	David Jorns
Cost:	Academy Member: \$20; Non-member: \$40
Register by:	Thursday, September 27, 2012

In many ways, the lives of Edwin Booth, the greatest actor of his day; Abraham Lincoln; and John Wilkes Booth—Lincoln's assassin and the brother of Edwin—crossed paths. Lincoln admired Edwin, John Wilkes hated Lincoln, and all three venerated Shakespeare. This course will discuss the many actual (and surprising) contacts between the Booth brothers and the president, as well as the deep chords of emotion Shakespeare evoked in all of them—the only thing they had in common.

(limit 20 participants)

Hospice 101: Dispelling Myths

Date:	Wednesday, October 24, 2012
Time:	9:30–11 a.m.
Location:	EIU Blair Hall, Room 2116
Presented by:	Nancy Pankonen
Cost:	Academy Member: \$20; Non-member: \$40
Register by:	Wednesday, October 17, 2012

Many people aren't sure what hospice really is, or when someone should consider it. You may know someone who can benefit from this care, but don't know if they are eligible for hospice services. There are many misconceptions about end of life care in a society that doesn't like to discuss failing health conditions. Come and learn about these valuable, meaningful services and have your questions answered.

(limit 15 participants)

Mother Mary Newcomb: Local War Volunteer Nurse

Date:	Wednesday, November 7, 2012
Time:	1–3:30 p.m.
Location:	EIU Blair Hall, Room 3108
Presented by:	Linda Ruholl
Cost:	Academy Member: \$20; Non-member: \$40
Register by:	Wednesday, October 31, 2012

Mary Newcomb was 41 when she began four years of service to the Union. After burying her husband in Effingham, she cared for the "boys" on the western front. In the beginning, the Union Army was largely unprepared for mass casualties, and Newcomb struggled to meet soldiers' needs in a military structure that resented her presence. She prevailed, and became a potent advocate for "the common man" in the ranks. Come learn about a local female war hero.

(limit 20 participants)

Workshops

Yes! Sleep & Feel Good, Even When Stressed

Date: Tuesday, December 4, 2012
Time: 9–11 a.m.
Location: EIU Blair Hall, Room 2116
Presented by: Sally Ryan
Cost: Academy Member: \$20; Non-member: \$40
Register by: Tuesday, November 27, 2012

This course describes sleep across the lifespan and how it changes as we age. It summarizes what is known about the relationship between stress and sleep. Participants will learn practical solutions to this problem.

(limit 15 participants)

EIU Resources for Fun and Learning

Business Solutions Center

Whether you are an existing business looking to expand or a person who needs specialized assistance with a new business idea, we may be the resource for you. For more information, contact us at 581-2913 or jedau@eiu.edu.

Caregiver Workshop Series

Free workshops to teach and support those who are in a caregiving role with parents or other family members. For more information, contact Julie Benedict at 581-8415 or jabenedict@eiu.edu.

EIU Booth Library

Become a library patron! EIU Booth Library offers Community Borrower cards to Illinois residents over age 18. For more information, contact Circulation at 581-6071 or visit www.library.eiu.edu/circ/communityborrowers.html.

The Daily Eastern News

Find out about what is happening on campus and upcoming events. To read the DEN online, go to www.dennews.com. For more information, call 217-581-2812

Doudna Fine Arts Center

Find out what is happening at the new Doudna Fine Arts Center at www.eiu.edu/doudna. For more information, contact the Doudna Box Office at 581-3110 or doudnatix@eiu.edu.

Tarble Arts Center

A gem of a gallery right here in central Illinois. For exhibit or event information, contact Tarble Arts at 581-2787 or tarble@eiu.edu.

Fall 2012 PROGRAM SHOWCASE Open House

August 16, 2012
4–6 p.m.

SBLHS Education Center,
Adams-Washington Rooms

Join us for a preview of the Fall 2012 Academy of Lifetime Learning programs and activities. Instructors will be on hand in a relaxed, vendor-fair setting to answer questions and provide information on the programs they offer, giving you a great opportunity to preview classes before you commit financially. Do you have a great idea for a class? Is there a subject you've always wanted to study? This is your chance to make recommendations and requests to help shape our programming to your needs and desires!

Enjoy:

- Refreshments (provided by Sarah Bush Lincoln Health Services)
- Raffles (including a chance to win a complimentary workshop registration)
- Giveaways
- \$5 dollar discount coupon to renew or purchase your membership, just for attending this event!

Doors open at 4 p.m. Come for a few minutes, or stay until the event ends! No registration is necessary. We hope to see you there!

Member-Only Social Events

A Member-Only social event is reserved for Academy members only (and their guests in the case of Intergenerational Opportunities). A registration fee covers the cost of your ticket and event coordination. Please register by the date specified to reserve your space. To register, complete and return the registration form on pages 23–24 or call 217-581-5114.

Skirting Convention: Illinois Women Artists, 1840-1940

Date: Monday, September 10, 2012
Time: 11 a.m.
Location: EIU Tarble Arts Center, Main Galleries
Cost: FREE
Register by: Monday, September 3, 2012

Gallery talk provided by Caroline Simpson. This exhibition provides a look at American art history as it was influenced by political and cultural events from the Civil War to World War I, and a look at the opportunities open to women during that same time period. Styles and approaches include Midwest Impressionism, Expressionism, Modernism, Surrealism, abstraction, portraiture and still life, with variations of academic realism and the American Scene. There is a predominance of paintings, with some sculpture, drawings and prints. Most of the artists represented in this exhibition were trained or lived in Chicago, but women living outside the Chicago metropolitan area are also included. This exhibition was organized by Channy Lyons and Lakeview Museum of Arts and Sciences, Peoria, IL.

(unlimited participants)



Find out what we are doing and explore the many resource links on our Fan Page!

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Member-Only Social Events

Art Faculty Exhibition

Date: Tuesday, October 2, 2012
Time: 2 p.m.
Location: EIU Tarble Arts Center, Main Galleries
Cost: FREE
Register by: Tuesday, August 25, 2012

This exhibition presents recent works by practicing artists who are members of the EIU Art Faculty and Emeritus Faculty. Typically the exhibition features paintings, sculpture, ceramics, metals, fibers, graphic design, digital animation, printmaking, and mixed media in a variety of styles and approaches. The Gallery Talk is presented in cooperation with the Tarble Arts Center.

(unlimited participants)

The Hallelujah Girls

Date: Thursday, October 25, 2012
Time: 7:30 p.m.
Location: EIU Tarble Arts Center
Cost: \$5
Register by: Tuesday, September 25, 2012

A Charleston Community Theatre performance: Hilarity abounds when the feisty females of Eden Falls, Georgia, decide to shake up their lives. The action in this rollicking Southern comedy takes place in SPA-DEE-DAH!, the abandoned church-turned-day-spa where this group of friends gathers every Friday afternoon. After the loss of a dear friend, the women realize time is precious, and if they're going to change their lives and achieve their dreams, they have to get on it now! By the time the women rally together to overcome these obstacles and launch their new, improved lives, you've got a side-splitting, joyful comedy that will make you laugh out loud and shout "Hallelujah!"



(unlimited participants)

Member-Only Social Events

The Lena Horne Project

Date: Friday, November 16, 2012
Time: 7:30 p.m.
Location: EIU Doudna Fine Arts Center, Dvorak Concert Hall
Cost: \$15
Register by: Monday, October 15, 2012

Starring Mary Wilson of the Supremes, *STORMY WEATHER: The Lena Horne Project* is about Hollywood's first African-American goddess, from her reign at MGM's 'dream factory' to a fabled night club seductress and civil rights icon. *STORMY WEATHER* is a living, breathing biography featuring rare audio clips, video footage, true stories, and thrilling performances. *STORMY WEATHER* is based on the celebrated book entitled *STORMY WEATHER: The Life of Lena Horne* (Simon & Schuster 2009) written by James Gavin, who also narrates this multimedia theatrical experience. Mike Renzi (seven-time Emmy Award Winner), who served as the musical director for Lena Horne's show *THE LADY AND HER MUSIC* on Broadway in 1981, created the orchestrations for this show. Sponsored by WCIA-TV and the Consolidated Communications Artists Series

(unlimited participants)



Always walk through life as if you have
something new to learn and you will

~Vernon Howard

Join us for a Community Reception

The Academy of Lifetime Learning and Sarah Bush Lincoln Health Services invite all community members age 50 and over to attend a Community Reception.

November 16, 2012
Doudna Fine Arts Center Gallery Hall
5:30-7 p.m. (prior to the evening's performance of
The Lena Horne Project)

Register to attend this free event **by October 22nd** through the Academy of Lifetime Learning to receive:

- **Discounts on Tickets!**
 - Regular ticket \$20 **Now only \$15**
 - VIP ticket \$35 **Now only \$30**
- **A Chance to WIN!**
 - One of 15 VIP Tickets
 - valued at \$35
 - includes a pass to the post-performance backstage meet-and-greet with performers
 - includes Valet Parking for the evening
- **Discounted Academy Memberships** (new and renewals)
 - One Year membership (from date of purchase)
 - Regular price \$35 **Now only \$30**

Admission to the reception is free. Hors d'Ouvres and Drinks will be served. Registration for the reception does not include admission to the performance. Separate registration is required to reserve your performance tickets; see page 16 for additional details.

This event is co-sponsored by the School of Continuing Education's Academy of Lifetime Learning and Sarah Bush Lincoln Health Services.

Lunch & Learn Lectures

Lunch & Learn Lectures are free events scheduled monthly during lunch hours. These events are special opportunities for Academy members to socialize and to learn about services and resources in the Coles County community or to be entertained or informed on a topic of interest. Introduce a friend to the Academy by bringing them along to a Lunch & Learn lecture. No pre-registration is required; bring your lunch in your green Academy lunch bag and join us!

On the Road as a Road Scholar

Date: Wednesday, September 12, 2012
Time: Noon–1:30 p.m.
Location: EIU Blair Hall, Room 2116
Presented by: David Maurer

Learn about the many topics that distinguish Road Scholar domestic and foreign travel opportunities and the value of the not-for-profit Road Scholar program.

A Sentimental Journey through Colombia, South America

Date: Wednesday, October 17, 2012
Time: Noon–1:30 p.m.
Location: EIU Blair Hall, Room 2116
Presented by: Luz Whittenbarger

Visit Colombia. Discover its origin and what makes the nation beautiful and progressive. Learn about traditions that bind Colombians together, and view personal and professional photographs of the country.

Make the Difference. Volunteer!

Date: Wednesday, November 14, 2012
Time: Noon–1:30 p.m.
Location: EIU Blair Hall, Room 2116
Presented by: Rachel Fisher

Come and learn about the dynamic ways EIU students and community are participating in service and volunteering. Learn more about our local community needs and share ideas! We truly can be the difference!

Benefit Dance



Shall We Dance?

Alzheimer Benefit Dance

- Food & Drinks
- Music
- Quilt Raffle
- Silent Auction

Saturday,
September 22, 2012
7-11 p.m.

Martin Luther King, Jr. University Union
University Ballroom
Eastern Illinois University

Event co-sponsored by
Gowin Parc
The comfort of a PROMISE kept

Admission:
\$5 Academy Members/Students,
\$10 General Public

Join us for an Alzheimer Benefit Dance and silent auction, co-hosted by Gowin Parc Alzheimer's Facility and the Academy of Lifetime Learning. Music and hors d'oeuvres will be provided. Bid for your favorite silent auction items, support Alzheimer research and dance the night away. Proceeds from the event will benefit the Greater Illinois Chapter of the Alzheimer Association, a national organization helping to fund and promote Alzheimer research and provide awareness of issues related to Alzheimer Disease.

Drawing will be held at the dance on September 22. Proceeds will benefit the Alzheimer Association. You need not be present to win. To purchase dance or quilt raffle tickets, call 581-5114.

WIN THIS
QUILT!
Get your tickets now!
Call 217-581-5114

\$1 each
or
\$5 for 6

ANNA MARIA ISLAND, FLORIDA

Enjoy 5 days and 4 nights of EIU Academy Lifelong Learning events in the Gulf Coast of Florida. Your itinerary will include:

- Salvador Dali Museum, St. Petersburg
- Ringling Museum of Art, Sarasota
- Marie Selby Botanical Gardens, Sarasota
- Mote Marine Laboratory, Long Boat Key

We will join Marie Hussey and the University of South Florida's Academy of Lifelong Learning group at a reception and numerous learning events including their popular Einstein Group. Marie Hussey is an EIU Alumna, and directs the University of South Florida's Academy of Lifelong Learning.

Enjoy breakfasts and dinners on the beautiful white sand beaches of Anna Maria Island. Walk, collect seashells and observe the sea life and waterfowl. Learn and relax. Free trolley services enable you to explore the island at your leisure. Overlooking the Sunshine Skyway Bridge, Anna Maria takes you back to Old Florida, with no fast-food restaurants, no carnivals, and an abundance of sun, sand and surf.

This field experience is tentatively scheduled for January or February, 2013, and will be hosted by Dean William Hine and Janna Overstreet. Final dates and expenses are still being calculated, but if you would like more information about the trip as plans solidify, let us know at academy@eiu.edu. Final details will be available soon!



i am
eiu

Are you still waiting for the right time to finish your bachelor's degree?

It may be easier than you think!

EIU offers two degree completion programs specifically designed for busy adults, that can be completed in online or face-to-face classes.

The Bachelor of Arts in General Studies [BGS] helps meet the educational goals of mature adults, who can develop a portfolio for the assessment of college-level knowledge earned outside the traditional classroom.

The Bachelor of Science in Organizational & Professional Development [OPD] provides a broader conceptual and theoretical framework for understanding organizations, individual professional development and the interaction between the two.

Don't wait any longer to get that diploma! See if one of our degree programs is for you.

For more information, call 217-581-5114, or e-mail offcampus@eiu.edu

Are you dreaming of a second career or wanting to increase your skills for pleasure?

EIU's School of Continuing Education offers a wide selection of non-credit online training courses at reasonable prices. Courses include but are not limited to:

Business Courses

- Certificate in Customer Service
- Media Buying Strategies
- Photoshop

Courses for K-12 Teachers

- Social Media and Online Tools for K-12 Teachers
- Students with Aspergers

eMarketing & Social Media for Business

- Google Analytics
- Video Marketing Certificate

Leadership

- Certified Virtual Meeting Planner
- Management Boot Camp
- Supervisory and Leadership Certificate

To see the full array of courses and pricing, visit <http://www.yougotclass.org/catalog.cfm/EIU>

For further information, call 217-581-5114 or email learn@eiu.edu



Schedule of Events

Date	Workshop Name	Time	Event Type	Page
September				
10	Skirting Convention...	11 AM	Social Event	14
11	Happiness, Health & Longevity...	9-11 AM	Workshop	9
11	Dance the Night Away	6-7:30 PM	Multi-Meeting Course	4
12	On the Road as a Road Scholar	Noon-1:30 PM	Lunch & Learn	18
18	Scrapbook Your Life	1-4 PM	Workshop	9
18	Come Learn Tai Chi	2-3 PM	Multi-Meeting Course	4
19	SHOW: Four Guides to Joy & Peace...	10AM-Noon	Workshop	10
19	Meditation for Stress Relief...	5-6 PM	Multi-Meeting Course	5
22	Shall We Dance	7-11 PM	Public Event	19
October				
2	Exploring the Globe	1-2:30 PM	Multi-Meeting Course	5
2	Art Faculty Exhibition	2 PM	Social Event	15
4	The President and the Players	4-5:30 PM	Workshop	10
9	Weaving Without a Loom	3:30-5 PM	Multi-Meeting Course	6
17	Sentimental Journey: Columbia...	Noon-1:30 PM	Lunch & Learn	18
17	The Art of the Found Object	5-6:30 PM	Multi-Meeting Course	6
24	Hospice 101: Dispelling Myths	9:30-11 AM	Workshop	11
25	<i>The Hallelujah Girls</i>	7:30 PM	Social Event	15
30	Exploring 20th Century Drama...	5-7 PM	Multi-Meeting Course	7
November				
1	Status of Women in America	1-2:30 PM	Multi-Meeting Course	7
6	Water Conservation and Stewardship...	10AM-Noon	Multi-Meeting Course	8
7	Mother Mary Newcomb...	1-3:30 PM	Workshop	11
14	Make the Difference. Volunteer!	Noon-1:30 PM	Lunch & Learn	18
16	Community Reception	5:30 PM	Public Event	17
16	<i>The Lena Horne Project</i>	7:30 PM	Social Event	16
December				
4	Sleep & Feel Good...	9-11 AM	Workshop	12

You don't understand anything
until you learn it more than one way.

~Marvin Minsky

Membership/Course Registration Form

	# to attend	Event Name	Member \$	Non-Member \$
Multi-Meeting Courses	<input type="checkbox"/> ___	Dance the Night Away	\$40	\$80
	<input type="checkbox"/> ___	Come Learn Tai Chi	\$20	\$55
	<input type="checkbox"/> ___	Meditation for Stress Relief...	\$40	\$80
	<input type="checkbox"/> ___	Exploring the Globe...	\$40	\$80
	<input type="checkbox"/> ___	Weaving Without a Loom	\$120	\$240
	<input type="checkbox"/> ___	The Art of the Found Object	\$80	\$160
	<input type="checkbox"/> ___	Exploring 20 th Century Drama Through Film...	\$60	\$120
	<input type="checkbox"/> ___	Status of Women in America	\$20	\$40
	<input type="checkbox"/> ___	Water Conservation and Stewardship...	\$40	\$80
	<input type="checkbox"/> ___	...Happiness, Health & Longevity...	\$20	\$40
Workshops	<input type="checkbox"/> ___	Scrapbook Your Life	\$20	\$40
	<input type="checkbox"/> ___	SHOW: Four Guides...to Joy & Peace...	\$20	\$40
	<input type="checkbox"/> ___	The President and the Players	\$20	\$40
	<input type="checkbox"/> ___	Hospice 101/Dispelling Myths	\$20	\$40
	<input type="checkbox"/> ___	Mother Mary Newcomb...	\$20	\$40
	<input type="checkbox"/> ___	Yes! Sleep & Feel Good, Even When Stressed	\$20	\$40
	<input type="checkbox"/> ___	Skirting Convention: Illinois Women Artists...	FREE	
	<input type="checkbox"/> ___	Art Faculty Exhibition	FREE	
	<input type="checkbox"/> ___	<i>The Hallelujah Girls</i>	\$5	
	<input type="checkbox"/> ___	<i>The Lena Horne Project</i>	\$15	
Member-Only Social Events	<input type="checkbox"/> ___	Shall We Dance Alzheimer's Benefit Dance	\$5	\$10
	<input type="checkbox"/> ___	Community Reception	FREE	
Public Events				

Please complete both sides of this form.

Membership/Course Registration Form

Please complete both sides of this form.

Name _____		
Home Mailing Address _____		
City _____	State _____	ZIP _____
Home Phone _____	E-mail Address _____	
Emergency Contact Name _____	Phone _____	

Membership Fees *(Membership dues are non-refundable.)*

- ☐ New Annual Membership \$35
 ☐ Renew Annual Membership \$35

Please make your workshop selections using the checklist on the reverse of this form. **When registering multiple persons**, please use one form per person, or write in the number of attendees for each event in the blank next to the check boxes for your selected events.

Record your selections on the Reminder List, page 25.

CANCELLATION POLICY

To cancel a registration, call 217-581-5114. Cancellations received prior to the published registration deadline for an event will be eligible for a full refund of registration fees paid for the event.

Payment Information: Total Cost for My Workshop Choices: _____

- ☐ Cash
 ☐ Check *(payable to Eastern Illinois University)*
☐ Charge Card:
 ☐ M/C
 ☐ Visa
 ☐ Discover

Card # _____	Exp. Date _____	Total Charges _____
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I authorize Eastern Illinois University to charge my credit card:

Cardholder Signature

Please mail your completed registration form with payment to the return address on the back cover.

Reminder List: What I Registered For

Workshop Name	Date	Time	Location
<input type="checkbox"/> Skirting Convention....	9/10	11 AM	EIU Tarble Arts Center, Main Galleries
<input type="checkbox"/> Happiness, Health & ...	9/11	9 AM	EIU Blair Hall, Room 2116
<input type="checkbox"/> Dance the Night Away	9/11, 13, 18 & 20	6-7:30 PM	EIU McAfee Gym, Room 1210
<input type="checkbox"/> Come Learn Tai Chi	9/18, 20, 25, 27, 10/2 & 4	2-3 PM	SBLHS Education Center, Madison/Jefferson Room
<input type="checkbox"/> On the Road...Road Scholar	9/12	Noon-1:30 PM	EIU Blair Hall, Room 2116
<input type="checkbox"/> Scrapbook Your Life	9/18	1-4 PM	Daisy Lane, Mattoon
<input type="checkbox"/> SHOW: Four Guides...	9/19	10 AM-Noon	EIU Blair Hall, Room 2116
<input type="checkbox"/> Meditation for Stress Relief...	9/19, 26, 10/3 & 10	5-6 PM	SBLHS Education Center, Madison/Jefferson Room
<input type="checkbox"/> Shall We Dance?	9/22	7-11 PM	EIU MLK Univ. Union, University Ballroom
<input type="checkbox"/> Exploring the Globe	10/2 & 3	1-2:30 PM	EIU Blair Hall, Room 2116
<input type="checkbox"/> Art Faculty Exhibition	10/2	2 PM	EIU Tarble Arts Center
<input type="checkbox"/> The President & the Players	10/4	4-5:30 PM	EIU Blair Hall, Room 3108
<input type="checkbox"/> Weaving Without a Loom	10/9, 11, 16, 18, 23 & 25	3:30-5 PM	Heritage Woods, Charleston
<input type="checkbox"/> ...Columbia, South America	10/17	Noon-1:30 PM	EIU Blair Hall, Room 2116
<input type="checkbox"/> The Art of the Found Object	10/17, 24, 31 & 11/7	5-6:30 PM	EIU Doudna Fine Arts Center, Room 1920
<input type="checkbox"/> Hospice 101...	10/24	9:30-11 AM	EIU Blair Hall, Room 2116
<input type="checkbox"/> Hallelujah Girls	10/25	7:30 PM	Charleston Community Theatre
<input type="checkbox"/> Exploring 20th Century...	10/30, 11/6 & 13	5-7 PM	EIU Blair Hall, Room 2116
<input type="checkbox"/> ...Women in America	11/1, 8 & 15	1-2:30 PM	EIU Blair Hall, Room 2116
<input type="checkbox"/> Water Conservation...	11/6 & 8	10 AM-Noon	SBLHS Education Center, Madison/Jefferson Room
<input type="checkbox"/> Mother Mary Newcomb...	11/7	1-3:30 PM	EIU Blair Hall, Room 3108
<input type="checkbox"/> ...Volunteer!	11/14	Noon-1:30 PM	EIU Blair Hall, Room 2116
<input type="checkbox"/> Community Reception	11/16	5:30 PM	EIU Doudna Fine Arts Center, Gallery Hall
<input type="checkbox"/> The Lena Horne Project	11/16	7:30 PM	EIU Doudna Fine Arts Center, Dvorak Concert Hall
<input type="checkbox"/> Sleep & Feel Good...	12/4	9-11 AM	EIU Blair Hall, Room 2116



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