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THE DAILY EASTERN NEWS

APRIL 27, 2012
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Alumni, students reunite at annual banquet

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Zye Booy: man of steel

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PRINCETON REVIEW

Eastern on green college list

By Samantha Bilharz
Managing Editor

Eastern has been featured in the third annual Princeton Review's Guide to 322 Green Colleges as one of the top environmentally responsible colleges.

Out of all the colleges in the United States only 322 made Princeton Review's 2012 list, which was released on April 17.

Ryan Siegel, the campus energy and sustainability coordinator said, in order to make the list a college had to score an 83 or above ranking and answer an extensive list of survey questions.

The 322 schools were chosen by

The Princeton Review by a survey that took place in 2011, which totaled up each college's "Green Rating" scores.

The survey asked colleges more than 50 questions, which involved their sustainability and green practices.

"Many of the questions are asking to describe different green practices that are happening on campus, renewable energy production and procurement, and green education opportunities," Siegel said.

Eastern sits on the green list with Illinois colleges such as: DePaul University, Illinois Institute of Technology, Illinois State University, Loyola University of Chicago,

North Central College, University of Chicago, University of Illinois at Chicago and University of Illinois at Urbana-Champaign.

Siegel said being on The Princeton Review's Guide to 322 Green Colleges is a recognition of Eastern's accomplishments.

"This list recognizes the long term accomplishments of the university and places us in a league with many Ivy league universities and other larger institutions with substantially more resources than Eastern has. This recognizes the fact that Eastern has done more with less," Siegel said.

Siegel said being green has been something Eastern has tried to im-

plement for quite some time.

"Eastern has long been a proponent of going green, because going green often entails using fewer resources which provides a cost savings as you no longer have to purchase those resources," Siegel said.

He said Eastern has cut its consumption of energy by more than 30 percent, its water consumption by more than 50 percent and has invested nearly \$100 million in improving the campus's energy and water efficiency.

Siegel said the \$100 million in utility conservation measures Eastern has installed will eventually have a payback of 20 years or less.

GREEN, page 5

CAMPUS

Proposal replacement for WebCT announced

By Rachel Rodgers
Administration Editor

After about two semesters of searching, Eastern released the proposal request Wednesday for Desire2Learn to replace WebCT after the contract expires in January 2013.

Desire2Learn, based out of Baltimore, Md., competed against Blackboard, Moodlerooms and Instructure for replacing WebCT as Eastern's new learning management system.

Connie Downey, of the Procurement, Disbursements and Contract Services at Eastern, said even though the proposal request was released, the deal with Desire2Learn will not be official until a contract is signed.

According to the proposal, the cost would be about \$570,417.

John Henderson, the assistant vice president for academic affairs for technology, said the cost would be for a two-year contract with Desire2Learn.

"The cost would be lower in the future because this amount includes the initial one-time setup cost, and we may choose not to purchase all of the features," Henderson said.

The proposal states that the two-year contract may be renewed four times and would cost an estimated total of \$2.75 million.

WEBCT, page 5

Bright future



ZACHARY WHITE | THE DAILY EASTERN NEWS

Tyler Johnson spot welds a table in the Doudna Fine Arts Center on Thursday, April 26. Johnson was helping his father, James Johnson the past Dean of the College of Arts and Humanities, with work he needed done.

COUNCIL ON ACADEMIC AFFAIRS

CAA addresses alternative to senior seminar

Members propose study abroad trips to serve as senior seminar

By Rachel Rodgers
Administration Editor

Members of the Council on Academic Affairs tabled the proposal Thursday for study abroad trips to serve as an alternative option for completing a senior seminar.

Wendy Williamson, the direc-

tor of the Study Abroad Office, presented her two-part proposal that consists of creating a course that fulfills the requirements of a senior seminar that students would complete after completing a study-abroad trip and changing the undergraduate catalog to require three hours of an "integrative experience," which could either be a senior seminar or the study abroad course.

After about an hour of debating the proposals and suggesting revisions to the course, Doug Klarup, a council member and chemistry professor, moved to delay voting

on the proposals until their next meeting on May 3.

For the course, students would be required to create a project stemming from their study abroad experience such as a blog or documentary, Williamson said.

The original course proposal stated that students would take the first four class sessions before their study abroad trip to prepare them, and then they would take the remaining 11 or so sessions after the trip.

Until they completed the study abroad experience, they would be on deferred credit.

During the meeting, the members suggested revising the proposal so students would have to reach 75 credit hours before being eligible to take the course, which reflects the policy with senior seminars.

Williamson said that would not be a problem because the majority of students who study abroad are juniors and seniors. If students completed a study abroad trip before they reached 75 credit hours, they would have to wait until they had enough credits to enroll but their trip would still apply.

SEMINAR, page 5

HEALTH

Experts say diet pills not recommended

By Robyn Dexter
Campus Editor

As obesity rates in the United States have risen over the years, people often turn to desperate measures to control their weight.

According to the Center for Disease Control and Prevention National Center for Health Statistics, 35.7 percents of adults, age 20 and older, were obese in the 2009-2010 year.

When there is nowhere else to turn, sometimes people get prescription weight loss pills prescribed to them to help control hunger and keep the weight off.

Michael Ann Kelly, the nutrition education coordinator at the Health Education Resource Center, said most doctors only prescribe weight-loss medications under certain circumstances.

"The dangers of weight-loss pills will always outweigh the benefits, because research has consistently shown that the weight lost while taking diet pills is initially just water weight and most individuals will gain back the weight, if not more, once they stop taking them," she said.

Kelly said she recommends healthy habits as an alternative to the pills.

"There really is no point in taking these pills when eating healthy and becoming physically active are ways to build healthy, lifelong habits for obtaining a healthy weight," she said.

Balanced eating in combination with physical activity is the correct approach for living a healthy life, Kelly said.

DIET, page 5

EIU weather

TODAY

SATURDAY



Partly Cloudy
High: 59°
Low: 48°



Rain
High: 54°
Low: 44°

For more weather visit castle.eiu.edu/weather.

EASTERN NEWS

"Tell the truth and don't be afraid."

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About

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If you tickle us, do we not laugh?



KIMBERLY FOSTER | THE DAILY EASTERN NEWS

Duke Bagger acts as Shylock during dress rehearsal April 18 for the Charleston Alley Theatre's production of William Shakespeare's "The Merchant of Venice" at the company's theatre on Charleston's square. The play will continue its run this weekend with shows at 7 p.m. Friday, Saturday and Monday, with a show at 2 p.m. on Sunday as well. Bagger also directed the play.

RECOGNITION

Eastern employees receive award

By Kathryn Richter
City Editor

Two Eastern employees won an award for their service to the community earlier this month.

Greg Aydt, an academic adviser, and Rachel Fisher, the director of the Student Community Service Office, both received the "20 under 40" award.

The award is given to a community member within Coles County who is under the age of 40 each year, Aydt said.

In order to be eligible for the award, the person must be nominated by someone and Aydt said he still is not sure who nominated him for the award.

"It was not something that I necessarily sought out," Aydt said. "I was very appreciative of the award, even though it was something I did

not expect."

Aydt said he found out he won the award over spring break.

The committee who had selected him called his office during spring break, but he was on a trip with his wife at the time, he said.

Aydt said he had stopped at a McDonald's on his way to Carbon-dale with his wife for breakfast and to check his email, and that was when he received the notification that he had won the award.

"I was actually out of the office the week they called, so I actually saw it in an email," Aydt said. "We were both pretty much shocked."

He attended a reception at the Charleston Country Club where him, alongside the other winners, were presented with plaques.

Aydt said he was not sure exactly why he was picked for the award, but said he believes it has some-

"I was very appreciative of the award, even though it was something I did not expect."

Greg Aydt, academic adviser

thing to do with the community service work he is involved in.

He is involved with the Newman Catholic Center at Eastern, as well as the local Knights of Columbus and the Society of St. Vincent DePaul.

The Society of St. Vincent de Paul is a group that helps those in Charleston who are suffering financially.

The society helps determine needs of a family and the society helps to meet those needs by providing financial assistance.

"In addition to doing those kind of things, we also have a party every December for those of whom we help with kids," Aydt said.

Aydt said he also dressed up as Saint Nicholas for the children who attended the party. The party provides activities for the children and allows time for the parents.

Fisher was not available for comment.

Kathryn Richter can be reached at 581-2812 or kjrichter@eiu.edu



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RESIDENCE HALL ASSOCIATION



Sophomore sociology major Liz Burbatt laughs Thursday during the Residence Hall Association/National Residence Hall Honorary awards banquet in the University Ballroom of the Martin Luther King Jr. University Union.

PERFORMANCE

EIU Jazz Ensemble goes out on high note

By Felicia Darnell
Staff Reporter

The EIU Jazz Ensemble was joined by a guest vocalist for the first time during its final concert on Thursday.

Audience members could hear the practice notes resounding from backstage moments before the EIU Jazz Ensemble took the stage for the last time this semester.

Sam Fagaly, director of the EIU Jazz Ensemble and director of jazz studies, came onto the stage and began conducting the ensemble's first piece "That's What I Thought" by Paul McKee.

The piece is a traditional big band jazz composition that introduced the audience to the acoustics of the theater.

From delicate, soft compositions, like Thad Jones's "To You," to boisterous, big band numbers like Alan Jay Lerner and Fredrick Loew's "Almost Like Being In Love," the audience heard the result of the ensemble's year of hard work.

Chad Mathis, a graduate student and the bass player for the ensemble, said that the concert was a good finish for his time at Eastern.

"It's bittersweet," Mathis said. "It's been a fast two years. Playing in this ensemble has been one of the best experiences I've had; definitely (a success)."

After smoky pieces like "A Country Boy" by Herb Ellis and a big band piece called "Latin Dance" by Bob Mintzer, Fagaly introduced Danielle McKenzie, a senior music major, as the featured vocalist for the evening.

McKenzie was the first vocalist with which the EIU Jazz Ensemble had ever performed, Fagaly said.

The songs in which McKenzie was featured were all big band and swing classics that have been performed by greats, such as Frank Sinatra.

McKenzie said that the experience for her was amazing.

"It's like nothing else. It's a really different experience," McKenzie said. "They're just a really great ensemble."

Audience member Matthew Jacks, a freshman marketing major, thought McKenzie was an enjoyable addition to the ensemble.

"She was really good," Jacks said.

The ensemble played contemporary pieces with improvised solos, which rendered applause every time.

Improvised solos, which are a recognizable element of jazz, were peppered throughout the compositions that were performed.

Fagaly said he was proud of the ensemble and that he thought the hard work done all year paid off.

"(I am) very pleased. I thought the students did a very good job," Fagaly said. "The students all rose to the occasion."

Felicia Darnell can be reached at 581-2812 or fldarnell@eiu.edu.

Alumni, students reunite at annual banquet

By Toni Porter
Staff Reporter

The National Residence Hall Honorary and Residence Hall Association presented awards at an annual banquet to fellow members for their accomplishments on Thursday in the University Ballroom of the Martin Luther King Jr. University Union.

The ballroom was filled with residents, executive board members, alumni, President Perry, Dan Nadler, vice president of student affairs, and president emeritus Louis V Hencken.

Julia Novotny, a senior physics major and president of NRHH, was looking forward to this year's banquet.

"There are different categories rewarding people's involvements through housing and dining and scholarships,"

Novotny said.

Novotny said there will be different awards given to a lot of hall councils such as why their hall is the best and why their program is the best.

Novotny was recognized for all of her accomplishments as being president of the National Residence Hall Honorary.

Jacob Deters, a junior music education major, has been nominated for the Sean R. McKinney Scholarship.

Deters is an active Taylor Hall council member and is the communication coordinator for the National Residence Hall Honorary executive board.

Deters said he was excited to be nominated for an award especially since he was new this year from being a transfer student and happy to be apart of the banquet.

"I love that we have this end of the year to recognize so many people that have done great things on this campus," Deters said. "Looking forward to who wins the awards and the scholarships and no matter who wins the awards they are all great leaders here on campus."

Not only did Deters win the Sean R. McKinney Scholarship award that he was nominated for, but also won Resident Hall Association rookie of the year award.

Deters will be a Resident Assistant in the fall at Weller Hall.

"Looking forward to developing a community at Weller Hall," Deters said.

Katie Bidstrup, a junior communication studies major, is a transfer student this year and wanted to live on campus

to meet new people.

Bidstrup said she is very involved on campus and has been nominated for this year's Louis V. Hencken Scholarship.

"I received an email about being nominated and was at Disney when I received it, it's like it magically happened," Bidstrup said.

Bidstrup said she was very excited to be nominated and did a little research on the award.

"It's a big accomplishment to be nominated from an award that's so prestigious," Bidstrup said.

Bidstrup will be an RA for McKinney Hall and she said she is looking forward to a great year.

Toni Porter can be reached at 581-2812 or tporter@eiu.edu.

RESPECT FOR YOUTH BAGS TOURNAMENT

Saturday, April 28th
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In McAfee Gym
Tickets are \$5 a person

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Nicole Ward	Allison Cramarosso
Emily Gallichio	Sara Cox
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Ava Nozicka	Stephanie Avalos
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STAFF EDITORIAL

Keep your ivy, Panthers have pride aplenty

"Eastern is the Harvard of the Midwest."

This is a punchline that gets thrown around a lot on campus. OK, we know Eastern isn't Harvard. However, we clean up pretty nicely ourselves. As four of the six members of the Editorial Board prepare to face the snarling, jagged-toothed beast that is the real world, we realize how fortunate we were to attend an institution like Eastern.

1) Less Money, Mo' problems ... unless you're Eastern.

We're a remarkably resourceful school, considering with the limited funds we receive. Eastern's total appropriation from the state for Fiscal Year 2012 is \$46.9 million – and the state still owes us \$24 million as of last Friday. Eastern also makes due with the lowest general-revenue funding per full-time-equivalent student, even though the university has the second-highest graduation rate and the highest freshman-to-sophomore retention rate in the state. Our Financial Aid office has even stepped up its game. This semester, the state of Illinois moved up the MAP grant deadline from March 13 to March 25 – causing a number of students to miss out on the need-based grant. Since then, the financial aid office has been working with students to find other sources of funding to offset their grant loss.

2) Our teachers = 2 Legit 2 Quit.

In December, English professor David Raybin was recognized as the 2011 Illinois Professor of the Year by the Carnegie Foundation for the Advancement of Teaching and the Council for Advancement and Support of Education.

Some of our professors even get recognized on an international scale. Last December, biological sciences professor Gary Fritz presented his documentary "Piedra Roja." At IN-EDIT International Film and Music Documentary Festival in Santiago, Chile, Fritz' documentary was chosen to be its inaugural film over Martin Scorsese's film on George Harrison. Eastern > Martin Scorsese. Yeah, we're not going to complain about that.

3) We host influential figures on campus.

This year, the university hosted Holocaust survivor Eva Mozes Kor, Guoqiang Yang, the consul general of the People's Republic of China in Chicago, and Jim Edgar, just to name a few. Not too shabby for one of the smallest universities in the state.

4) Who runs the world? Eastern students (will, soon enough).

Every year, Eastern sends several students to the National Conferences on Undergraduate Research, a yearly multi-disciplinary conference where students have the opportunity to present research topics to other faculty and students in their field. Approximately 2,500 undergraduates present at NCUR each year. Eastern regularly sends an impressively outsized delegation relative to its size, outnumbering larger schools like the University of Illinois.

5) We have a Renewable Energy Center.

No big deal ... oh wait, it is. Eastern is receiving national attention for the Renewable Energy Center, which opened on Oct. 7, 2011. Most recently, Eastern was recognized as a part of The Princeton Review's Guide to 322 Green Colleges.

So we may not be Harvard. But that's OK. We are, quite proudly, EIU.

The DAILY EASTERN NEWS

"Tell the truth and don't be afraid."

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The daily editorial is the majority opinion of the editorial board of The Daily Eastern News.

COLUMN

This is the end of the dance, beginning of the ball

A bittersweet feeling sweeps over me as I finish my last week of classes as a college student. I'm excited to see where this new chapter of my life will take me, but at the same time I am absolutely terrified.

I have been a student at Eastern for five years. Eastern has become more of a home to me than my actual home.

I have made the best of friends during my college career and have learned a wealth of knowledge, not only from my classes, but by working at *The Daily Eastern News*.

Having the steady occupation of "student" is all I have known since I was a little kid. Now that I'm graduating, I can't help but ask myself, "What's next?"

I have been in denial most of the semester that I'm actually graduating and have given myself the occasional anxiety attack over it.

When someone would want to talk to me about graduating, I would just shrug



Samantha Bilharz

it off like it didn't bother me, but inside I was freaking out.

However, I now know that, despite my denial, graduation day is still fast approaching and I have to put on that blue cap and gown and strut my stuff (without falling flat on my face onstage in front of hundreds of people of, course).

So as of now, I'm starting to accept my new-found adulthood and look at all the positives that will come from graduating college.

No, I will not be able to see my friends

every day, go to class in sweatpants or eat my weight in Chubby sticks, but I will have a college degree that I worked my butt off for and hopefully a new, bright and shiny job as a reporter (fingers crossed).

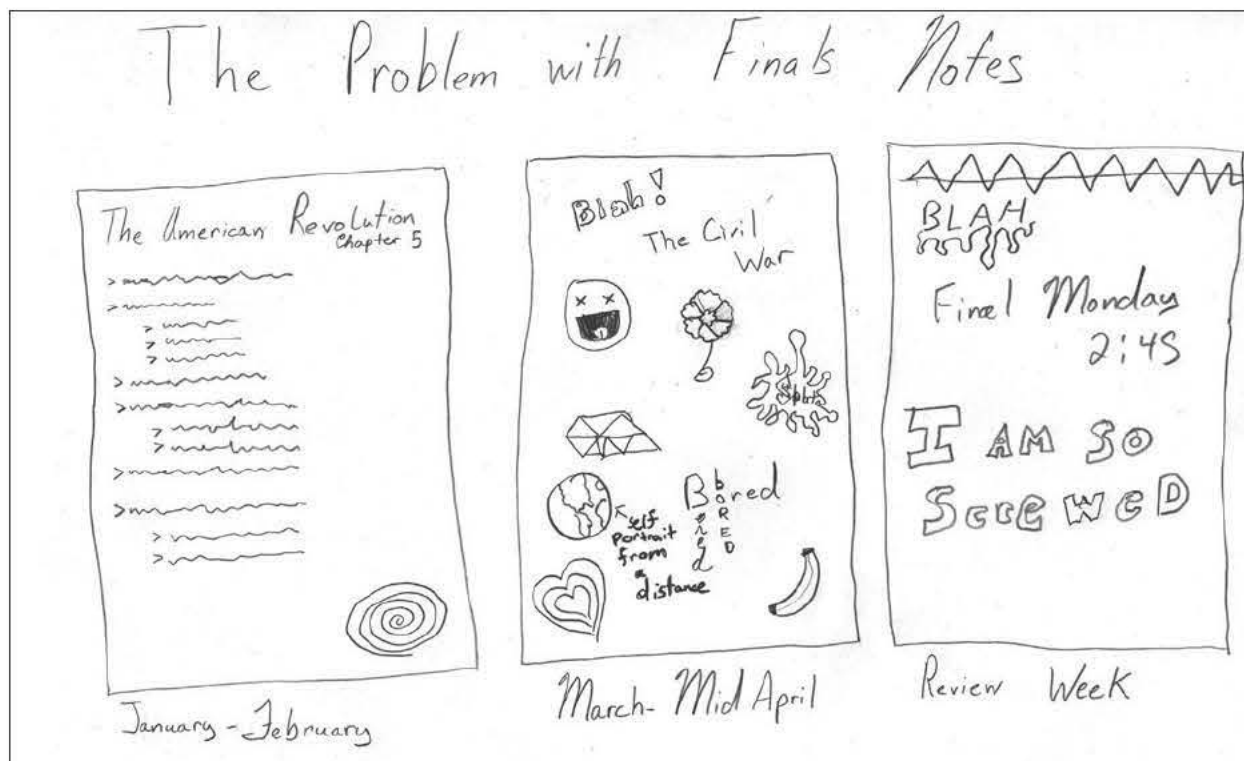
I have friends who have already graduated say that "the real world sucks." But I don't think it has to be that way. Your life is what you make of it and I intend to make my life after college just as memorable as my life was in college.

The fun doesn't have to stop just because you have graduated.

So for all of you who are graduating and feel the same way as I did, stop worrying! Embrace the unknown and dive deep into your future career, just like you once dove deep into the unknown of college.

Samantha Bilharz is a senior journalism major. She can be reached at 581-7942 or DENopinions@gmail.com.

FROM THE EASEL



FELICIA DARNELL | THE DAILY EASTERN NEWS

COLUMN

Media latches on to 'man owns dog,' ignores issues

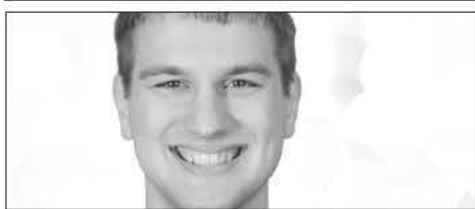
While it's difficult to measure what President Obama thinks about his reelection chances, as I said last week, the art of distraction plays to a certain advantage for his campaign, given the simple fact that the media will jump on just about every story that comes its way.

Anyone remember the story that came out of Sarah Palin's early television interviews and her mention of Alaska's proximity to Russia? Palin, while discussing foreign policy, stated that an Alaskan island sits within view of Russian territory.

It was hardly an instance of lasting importance beyond the 2008 election, except that it gained immortality thanks to Tina Fey's impersonation on Saturday Night Live, when she parodied Palin as saying, "And I can see Russia from my house."

The comedy sketch received enough replay on the television circuit to obtain meme status in relation to Palin's abilities and experience, and likely played a role in forming the public's negative image of Palin. The value this case held in the overall discourse in 2008? Nil.

However, this sideshow played a role in characterizing a candidate, and might not have reached its meme status were it not for media attention. This is not to say that the media attention was a bad thing in of itself, but it is important for sources of information and commentary to differentiate between what is relevant and irrelevant.



Greg Sainer

Take the recent "Dog-gate" stories, as I like to call it, involving both Romney and Obama.

In a 2007 Boston Globe story, the Romneys' dog, Seamus, was described as being placed in his traveling kennel and strapped to the top of the family car. Seamus, however, apparently became either so excited or so distressed that he had an accident, leading to Romney having to make an unscheduled roadside stop to hose down the cage and car.

Although the Romneys' claim this incident only happened once, the story has gotten more traction than one might expect. According to *The Huffington Post*, the *New York Times* opinions page has mentioned the dog "more than a hundred times in the last year," and a Public Policy Polling survey found 35 percent of voters were less likely to vote for Romney because of the incident.

The favorability advantage would seem to go to Obama over this story alone,

were it not for Daily Caller columnist Jim Treacher finding a passage in Obama's own biography, "Dreams from My Father," about being fed dog meat by his stepfather while living in Indonesia. The story gained its own traction among conservatives and for a brief time on Twitter with the hashtag trend "#ObamaDogRecipes" garnering notice from the media and a sudden reaction from Romney-bashing Democrats who questioned the story's relevancy to the campaign.

Surprisingly, I like to think the entire point to Treacher revealing Obama's supposedly cultural experience of eating dog meat was to point out the distracting nature of stories such as this.

What does the treatment of dogs have to do with the fact that our economy is still attempting to fully recover, or that the national debt has increased at a higher rate than during the eight years under George W. Bush?

None whatsoever, except to create a negative characterization of Romney. In the end though, all of this only serves to provide an ADD-esque distraction from the real issues of the election, which is neither beneficial nor helpful to voters and pundits alike.

Greg Sainer is a senior communication studies major. He can be reached at 581-7942 or DENopinions@gmail.com.

Letters to the editor can be submitted at any time on any topic to the Opinions Editor to be published in *The Daily Eastern News*.

The DEN's policy is to run all letters that are not libelous or potentially harmful. They must be less than 250 words.

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Letters may also be submitted electronically from the author's EIU e-mail address to DENopinions@gmail.com.



KIMBERLY FOSTER | THE DAILY EASTERN NEWS

Wendy Williamson, director of Eastern's study abroad program, gives a proposal to the Council on Academic Affairs on making study abroad an option to fulfill students' senior seminar requirement Thursday in the conference room of Booth Library.

SEMINAR, from page 1

"Within the last year of students who studied abroad, we had five freshman, 34 sophomores, 93 juniors and 160 seniors," Williamson said.

Rebecca Throneburg, a council member and professor of communication disorders and sciences, said she was worried about the second proposal to change the graduation requirement from three senior seminar credits to "integrative experience" credits.

"There is no definition of commonality and what it is that the integrative experience makes both senior seminar and study abroad fit in this category," Throneburg said. "I think we need some specifically stated parameters so we would know what else would qualify under this umbrella."

Stephen Canfield, the chairman of the foreign language department and a professor of French, said study abroad opportunities offer a similar but different cross-disciplinary quality that senior seminars do and the trips immerse students into a different place, community, and possibly language.

She said although some of her professors have been against it, the topic often provokes discussions and differing opinions among her classmates.

Brown is also a fitness instructor at the Student Recreation Center, so she sees students working toward their ideal weight every day.

"You have to put forth the effort to see results," she said. "Having events on campus like a fitness awareness week can help spread the word about how obesity is becoming a huge epidemic."

She said she thinks that as more prescription weight loss pills are released onto the market, other companies are always trying to one-up the current pills, so the dangers can increase.

"I do think prescription weight loss pills are a trend, though," Brown said.

Sean Step, the pharmacy manager at the Walgreens in Mattoon, said he supports the use of prescription weight loss when other measures have been exhausted.

"We don't see a lot of younger college-age people (using prescription weight loss pills)," he said.

Many of the people that do use weight loss pills are in their 30s and 40s, including mothers after having children, he said.

Step said weight loss pills have been around as long as he can remember, with different trends in the past dating to now.

"There have been several key doctors in the Charleston/Mattoon area who (are prescribing the pills) and they tend to be a lot more responsible than in years gone by," Step said.

He described how doctors prescribe the pills, do follow-up weigh-ins including checking blood pressure and giving patients goals.

"In my opinion, if someone has weight problems and has been struggling with other methods, I think it's a great idea," he said.

Step said he has seen an increase in people using their phones to track their food intake and to choose healthier habits.

Though obesity has been on the rise for years, Step said he hopes that will change in the coming years.

"Hopefully we're at a turning point where there is a little more knowledge out there and people are choosing healthier habits," he said.

Robyn Dexter can be reached at 581-2812 or redexter@eiu.edu.

Alice Villagomez can be reached at 581-2812 or avillagomez@eiu.edu.

TARBLE ARTS CENTER

Community members of all ages to give concert

By Alice Villagomez
Staff Reporter

Members of the Community Music Program will be performing at 3 p.m. on Saturday in the Atrium of the Tarble Arts Center.

Each semester the Community Music Program provides music lessons to people of all ages.

Magie Smith, a music professor and director of the Community Music Program, said the program is open to 4 to 70-year-olds.

Private lessons are given to members weekly by undergraduate and graduate music majors.

"Students in the program are taught any instrument they'd like, such as the piano, violin, guitar and some can even get vocal lessons," Smith said.

The program has two music recitals each semester.

"There is an informal recital and then there is the final recital, which is the one that they will be performing this Saturday," Smith said.

The parents of the students really

enjoy hearing their children perform, Smith said.

"It is really cute to hear the 6-year-old kids play 'Twinkle Twinkle Little Star,'" Smith said.

Eric Fitts, a senior music major, teaches both children and adults in the Community Music Program.

"It is always very exciting," Fitts said. "Performing can be such a great and rewarding experience."

He has taught students in the program to play the guitar and bass.

Steve Kaiser, a music major and graduate student, has worked with adults and children of varying ages.

"My students range in their interests and goals," Kaiser said. "I strive to help them develop good technique. I also try to nurture each student's sense of creativity."

Kaiser said he teaches students how to play the guitar.

"My student that will be performing has progressed well over the past few years," Kaiser said. "Kaiser's student has written a composition entitled 'Forging the Quest.'"

DIET, from page 1

Kinesiology and sports studies majors also spend time discussing such topics in their classes.

Mollie Brown, a sophomore kinesiology and sports studies major, said she has encountered information about obesity and prescription weight loss in some of her classes.

She said although some of her professors have been against it, the topic often provokes discussions and differing opinions among her classmates.

Brown is also a fitness instructor at the Student Recreation Center, so she sees students working toward their ideal weight every day.

"You have to put forth the effort to see results," she said. "Having events on campus like a fitness awareness week can help spread the word about how obesity is becoming a huge epidemic."

She said she thinks that as more prescription weight loss pills are re-

leased onto the market, other companies are always trying to one-up the current pills, so the dangers can increase.

"I do think prescription weight loss pills are a trend, though," Brown said.

Sean Step, the pharmacy manager at the Walgreens in Mattoon, said he supports the use of prescription weight loss when other measures have been exhausted.

"We don't see a lot of younger college-age people (using prescription weight loss pills)," he said.

Many of the people that do use weight loss pills are in their 30s and 40s, including mothers after having children, he said.

Step said weight loss pills have been around as long as he can remember, with different trends in the past dating to now.

"There have been several key doctors in the Charleston/Mattoon area

who (are prescribing the pills) and they tend to be a lot more responsible than in years gone by," Step said.

He described how doctors prescribe the pills, do follow-up weigh-ins including checking blood pressure and giving patients goals.

"In my opinion, if someone has weight problems and has been struggling with other methods, I think it's a great idea," he said.

Step said he has seen an increase in people using their phones to track their food intake and to choose healthier habits.

Though obesity has been on the rise for years, Step said he hopes that will change in the coming years.

"Hopefully we're at a turning point where there is a little more knowledge out there and people are choosing healthier habits," he said.

Robyn Dexter can be reached at 581-2812 or redexter@eiu.edu.

GREEN, from page 1

He said he thinks all colleges should do their part in being greener.

"Everyone should be good stewards of the resources they are provided. Being more environmentally friendly is often good for the bottom line as well. It is a good use of resources when you are able to

find ways to accomplish a task with fewer resources than previously required. The less resources one uses, the less one has to pay for," Siegel said.

Siegel said it has been an honor 20 years in the making to be featured on The Princeton Review's list of 322 Green Colleges.

"I feel it is a great honor to be recognized as a Green College/University. It has only taken 20 years to become the overnight success we have become," Siegel said.

Samantha Bilharz can be reached at 581-2812 or sbilharz@eiu.edu.

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The New York Times

Edited by Will Shortz
No. 0323

- ACROSS
1 Aunties' sisters
7 Gold medal
15 Fly
16 Prepare to take off, perhaps
17 Evers of civil rights
18 Quick seasonal greeting?
19 Ice cream gobbler's woe
21 A.L. East team, on scoreboards
22 Ear-relevant
23 Old Norse work
24 Orange exterior
25 United entities before 1991: Abbr.
26 "Get Smart" enemy agency
27 2008 Israeli political biography
28 Beater of a full boat in poker
30 Naturally bright
31 Develops
34 C6H6
35 Stilted-sounding "Consider it done"
36 "The Godfather" enforcer who "sleeps with the fishes"

ANSWER TO PREVIOUS PUZZLE
SPRITES GOES MAD
EROTICA RAN WITH
AILERON ATLASES
BELMONT STEAKS
ESTS ITTISI UZI
ETO CONAN TSAR
PARKING BREAKS
POI RAT
CHOPPED STEAKS
OOPS ITTIE HOR
GEM TOGAE NAPA
SERVICE BREAKS
COLLEEN DUELERS
ONALERT GRADUAL
BOWEDITO ELLIPSE

- DOWN
37 "Cheers" alternative, in a letter
38 Providers of inside looks?
39 "Minnie the Moocher" feature
43 Archer of film
44 In a day, say
45 Solving aid
46 End of a line in England
47 Hit MTV series starting in 2009
50 Double grace period?
52 Start operating, datewise
53 Vronsky's love
54 Stoolies, often
55 Like clams during winter
56 1993 rap hit in which Snoop Doggy Dogg popularized the term "bootylicious"

- DOWN
1 Relatives of merengues
2 Heads off
3 Where trapeze artists connect
4 Ancient talisman with mathematical properties
5 ___ advantage
6 One bound to do work
7 Ball wear
8 Popping Prozacs, perhaps
9 Common statue setting
10 Ask
11 Legendary raptor
12 Figure skater Brasseur
13 Directed attention (on)
14 Runs over
20 Goes over
24 Source of false returns
26 Film critic Pauline
27 Magazine articles

15x15 crossword puzzle grid with numbers 1-56.

PUZZLE BY STEVEN RILEY

- 29 E-tailing specifications
30 They can get choppy
31 "Ponyo" writer/director Hayao
32 In unison
33 Booms
34 Pickle
36 Pierce with lines
38 "West Side Story" Oscar winner
40 Like the I.B.M. PC, often
41 Light show?
42 Minute
44 Four enter them, but only two survive
47 Tennis star Novotna
48 Over there, to bards
49 Practice with gloves on
51 Once known as

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Campus clips

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4/27

BASEBALL, from page 8

Although the Panthers have slumped at the plate for the majority of the season, the opposition they will be facing could provide an opportunity to jumpstart the offense and gain momentum heading into the final month of the regular season.

The three-game weekend series is set to begin on Friday with the first pitch scheduled for 6 p.m. Games two and three are scheduled for 2 p.m. and 1 p.m., respectively.

Jordan Pottorff can be reached at 581-7942 or jbpottorff@eiu.edu.

GOLF, from page 8

As for his career after college, everyone will have to wait and see where David Lawrence will ultimately rank among Eastern alumni athletes. Until then, he credits his progress over these past four years to head coach Mike Moncel and said the skills he learned have him poised for success at the next level.

"When I came here to Eastern I was very lucky to get a spot on the team," Lawrence said. "I hadn't been playing golf very long competitively and I have to thank coach Moncel for giving me the chance. These four years have been a huge improvement for me. At that time, I loved the game of golf but playing professionally wasn't even an option and now I feel like my four years here have prepared me to be successful at the next level."

Anthony Catezone can be reached at 581-7942 or at ajcatezone@eiu.edu.

TEAM, from page 8

"I think that atmosphere that the coaching staff creates and that our leaders understand and fall in line with, it's sort of an extended family," Akers said. "It makes your successes more enjoyable because you have friends around, cheering you on, and No. 2, it helps you when

you fail because you've got people there to pick you up, dust you off and get you going again and give you support when you need it."

Dominic Renzetti can be reached at 581-7942 or dcrenzetti@eiu.edu.

CORRECTION

In the April 15 edition of *The Daily Eastern News*, head women's basketball coach Brady Saltee's initial salary was incorrect. Saltee had previously been given a raise from

\$86,000 to \$100,000. The salary increase that was approved by the Board of Trustees increased his salary from \$100,000 to \$130,000. *The News* regrets the error.



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MALE ATHLETE OF THE YEAR

Zye Boey: man of steel

By Dominic Renzetti
Sports Editor

Even Superman had his kryptonite, but what's Zye Boey's kryptonite? Tough to say. Boey's had his fair share of injuries, but he's bounced back to secure himself as a prominent figure on the national stage. An All-American, a school record holder, a multiple winner of the Ohio Valley Conference Male Track Athlete of the Year Award, and now Boey can add three-time *Daily Eastern News* Male Athlete of the Year to his long list of accomplishments.

"It's been a great journey," Boey said. "The last five years have been great. I've done a lot, and hopefully in the future I can continue to do more, I just can't believe it's over."

Though he may seem like Superman, Boey admits that he hasn't done it alone.

"Thanks to all the administration, the coaches, teammates, athletic trainers, and just thanks to everybody for putting up with my attitude, and pushing me to be the best I can be," Boey said.

As far as his struggles, Boey said it's all part of the game.

"It's part of the game," he said. "It's like, you have to pay taxes right? There are going to be times where you have bad times, you just have to make sure that as an athlete you surround yourself with a group of individuals that can pull



MIRANDA PLOSS | THE DAILY EASTERN NEWS

Zye Boey, a red shirt senior, is *The Daily Eastern News*' Male Athlete of the Year for 2011-2012 because of his numerous track accolades.

you through the hard times."

Boey said it was the coaches and athletes on the team's staff that pushed him through his times of difficulty.

For Boey, a big part of his success came by not only performing

well on the track, but off it as well.

"You do whatever you gotta do, but there just comes a time where you have to grow up and say, 'hey, I've got something good going, why not keep going?'"

Boey attributes that part of his

success not only to himself, but the same coaches and teammates that helped him succeed on the track.

"I give myself a lot of credit, but also, I have to give them just as much credit as I give myself, because they help me succeed," he said. "I mean, I'm 23 years old, I'm grown, but they still give me advice so you can push through any barriers that you got on the outside of the track."

Boey said his journey has been long and hard, but at the end of the road, he's still standing and still running well.

What's next for Boey? Only time will tell, but he still has some unfinished business at Eastern.

"I qualified for the Olympic trials last week," he said. "But the first thing in my intimate future is win another OVC title, obviously."

After that, Boey wants to be back at the NCAA championships, and try and again earn All-American status. He said after Eastern, he hopes to possibly get sponsored, or find a job coaching. However, he said if those things don't work out, he's still content with what he has.

"If not, I have a degree, I have a daughter, I have a fiancée," he said. "Live my life, work, take care of my family like anybody else. It's a win-win situation."

Dominic Renzetti can be reached at 581-7942 or dcrenzetti@eiu.edu.

BASEBALL

Panthers set for crucial matchup

By Jordan Pottorff
Assistant Sports Editor

With just four Ohio Valley Conference series remaining, Eastern's baseball team is set to travel to Cookeville, Tenn., to take on Tennessee Tech in the most crucial series of the season. The Panthers enter the weekend series with an Ohio Valley Conference record of 6-8 and will need to win eight of their next 13 games to qualify for the conference tournament.

Eastern will turn to its trio of weekend arms to notch an all-important series win over the Golden Eagles (7-8 OVC) as red-shirt senior Mike Hoekstra, sophomore Christian Slazinik and Junior Troy Barton will start against its OVC rivals.

"Our approach this weekend is to take two-of-three games," Redshirt senior T.J. McManus said. "On the road they are a good opponent and they are right in front of us in the standing. We need to take two-of-three."

The Panther pitching staff will be faced with the tough task of keeping Tennessee Tech's Zach Stephens off the base paths. Stephens leads the OVC in batting average (.425), slugging percentage (.810), home runs (16) and ranks second in RBI with 45.

In game one, Eastern will turn to Hoekstra to keep Tennessee Tech's offense in check. Hoekstra has been on

top of his game this year, posting a team-leading 2.41 ERA in a team-high 71 innings pitched. He also leads all Panther starters in strikeouts and walks allowed. In the OVC, Hoekstra leads all pitchers in innings pitched and ranks second in ERA and strikeouts. He trails only Austin Peay's Tyler Rogers in ERA as he has posted a 1.69 ERA in 42.2 innings pitched this season.

In game two, the Panthers are set to turn to left-hander Christian Slazinik. Slazinik has been solid this season, recording four wins and posting a 3.53 ERA in 58.2 innings pitched. He has also recorded 45 strikeouts and has issued 25 walks while toeing the rubber.

In the series finale, Eastern will turn to six-foot-six-inch right-hander Troy Barton. Barton has impressed this season, totaling a team-leading five wins to go a long with a 3.00 ERA in 45 innings of work. In the OVC, Barton's 3.00 ERA ranks fifth among all pitchers, and his .226 batting average against ranks third among pitchers who qualify for the conference lead.

Offensively, the Panthers will be facing a trio of starters who each have ERA's over 4.80. Eastern will see junior Tristian Archer (4.84 ERA), senior Matthew Shepherd (5.40 ERA) and freshman David Hess (6.07 ERA) over the weekend.

BASEBALL, page 7

GOLF

All-access: Lawrence looks to go pro

By Anthony Catezone
Staff Reporter

Eastern golfer David Lawrence plans to go professional this summer after his senior season.

The leading scorer in the Ohio Valley Conference this season, Lawrence said that after a summer full of hard work he will compete in the PGA Tour Qualifying School in Florida.

"This summer is going to be another one full of practice and a lot of hard work, getting better in every aspect of the game," Lawrence said. "Then come September I'm going to go down to Florida and get a few weeks of practice in and then play at the PGA Tour Qualifying School and from there depending on what kind of status I get that will depend on what my schedule is like for the rest of the year."

Lawrence, a marketing major from Moline said his decision is influenced by his love for the game ever since high school, when he gave up baseball to play golf.

Lawrence said he chose golf because there is always room for improvement and that each round holds something different.

"It's the fact that you will always have something that you feel like you can do better at the end of the round," Lawrence said. "There is no such thing as the perfect round of golf. That's what makes the chal-

lenge so interesting to me. You will never go out and play one round that's exactly the same as the next. It's always something new."

Lawrence said his greatest moment of his career is finishing first individually in both the MSU Wasioho Winds Fall Kickoff and the SIU Edwardsville Invitational of the fall season this year.

However, he said that the team's greatest moment is yet to come, and the chemistry will help them feed off of each other in the conference tournament, which Lawrence and the Panthers are currently in Nashville for April 25-28. When it comes to expectations, he said they are in the hunt to bring home a conference championship, going on to say that this is by far the best team he has ever played on.

With much appreciation, Lawrence said that it is his dad who is his biggest role model. Lawrence's dad taught him to respect the game, but instilled a competitive attitude at same time.

When away from the links, if Lawrence isn't doing anything competitive, he can be found rapping. Lawrence raps as a fun hobby that allows him to exploit his writing talents. Lawrence enjoys rapping about issues that actually matter and said he hopes that people get the message or even inspire them to think of something he wasn't able to.

GOLF, page 7

TEAM OF THE YEAR

Team of the year: Track and Field

By Dominic Renzetti
Sports Editor

It's no secret that one of the most dominant Eastern sports teams in recent years has been the Panther track and field team, which is why it has been named *The Daily Eastern News* Team of the Year. It's not surprising that the man behind it all, head coach Tom Akers, is *The Daily Eastern News* Coach of the Year.

The Eastern track and field team, since Akers has arrived, has won 13 of the last 15 Ohio Valley Conference Indoor championships and 12 of the last 15 OVC Outdoor Championships on the men's side. On the women's side, he's led the team to three straight OVC Indoor Championship from 2009-11.

However, it's not Akers doing it alone. Akers said it all starts with a good staff.

Akers, along with coaches Jessica Sommerfeld, Erin Howarth, Brad Butler, Kyle Ellis, and Brenton Emanuel have built the Eastern program into what it is today: the most dominant team in the OVC.

"I'm definitely not doing it on my own," Akers said.

But good coaching only goes so far. Akers said the athletes that the team has brought in over the years have good leadership qualities.

"Having our athletes come in, we've had good leadership over the last six or eight years that have helped," he said.

Akers said those athletes have helped each other make good decisions, while also supplying a good work ethic and the right mindset.

Red-shirt senior Zye Boey said Akers has done a great job of bringing in quality athletes.

"Coach Akers knows how to recruit the right breed of athlete," Boey said. "He doesn't go for the best, and he doesn't go for the worst. He goes for the athlete that still has potential. He doesn't want to go for the high school athlete that peaked out after high school. He goes right for the athletes that are going to peak."

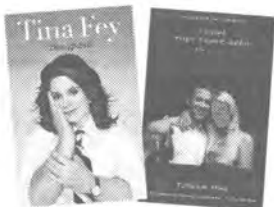
The Eastern track and field team made history in the most recent indoor season, sending its first ever female athlete to the national championship. Red-shirt sophomore Jade Riebold became the first woman to represent the Panthers in her first year on the team. A transfer from the University of Georgia, Riebold has already broken both the indoor and outdoor records.

So what's Eastern's secret?

"No. 1 is we're all on the same page, and I think that's important for a staff," Akers said. "We all have the same philosophy. Our athletes are here, they're all human beings. They're not just here to perform like circus animals or anything like that. We're here to help them get their degree first and to perform is a secondary thing."

Akers said he and his staff treat their athletes like they would treat their own sons or daughters. Akers also said his staff coaches the whole individual, unlike some of the larger programs in the country that will simply bring in the next best athlete as a replacement if an athlete is underperforming.

TEAM, page 7



SUMMER READS
PAGE 2

20 songs that scream summer

- 1) "Summer Breeze" - Seals & Crofts
- 2) "National Anthem" - Lana Del Rey
- 3) "Firework" - Katy Perry
- 4) "Summer Girls" - LFO
- 5) "Peaches" - Presidents of the United States
- 6) "Here Comes the Sun" - The Beatles
- 7) "Waterfalls" - TLC
- 8) "Summer in the City" - The Lovin' Spoonful
- 9) "Gotta Say It Was a Good Day" - Ice Cube
- 10) "California Gurls" - Katy Perry feat. Snoop Dogg
- 11) "School's Out" - Alice Cooper
- 12) "Starships" - Nicki Minaj
- 13) "Summer Nights" - John Travolta and Olivia Newton-John
- 14) "California Girls" - The Beach Boys
- 15) "Deadbeat Summer" - Neon Indian
- 16) "Another Sunny Day" - Belle and Sebastian
- 17) "California Dreamin'" - The Mamas and the Papas
- 18) "Who Loves the Sun" - The Velvet Underground
- 19) "California Love" - Tupac and Dr. Dre
- 20) "Call Me Maybe" - Carly Rae Jepsen

SUMMER TRACKS PAGE 3

The Verge wants to wish everyone good luck on finals and congratulations to all graduating seniors! Have a great summer!

VERGE

APRIL 27, 2012

The Daily Eastern News' weekly arts and entertainment section

Trahey ready to take on internship at Red Frog

By Sara Hall
Verge Editor

What could be better than working for a place that has tree houses and slides in their office and serves coffee, beer and Monster energy drinks to employees whenever they want?

Not much, Tim Trahey, a senior communication studies major, said. Luckily for him, Trahey will be interning for this business, Red Frog, an events planning company, over the summer.

Trahey said while this company may seem like all play and no work, it really is just the opposite.

"It's a very laid back atmosphere, but at the same time, it's very structured," he said. "You're constantly doing something."

However, Trahey said because the work environment is so enjoyable, employees barely even notice they're doing work.

"It's not a place where you punch in and punch out," he said. "It makes the day go by faster."

Trahey first got involved in this atypical company through a previous internship with St. Jude Research Hospital, one of Red Frog's partners.

"I was able to work a Red Frog event with St. Jude," he said. "Then when I finished, I got a recommendation from my boss at St. Jude, and he sent it to the Red Frog owners."

A phone interview followed, and a week later, Trahey was given a call back inviting him to intern for the company.

Trahey's internship is formally as an event coordinator, but he will most likely work in a few of the 50 other "teams," ranging from marketing to public relations to volunteer work.

With so many work possibilities, Trahey said he never expects to be bored at his internship.

"There's always something going on," he said. "They do a very good job of keeping the environment they make you want



KIMBERLY FOSTER | THE DAILY EASTERN NEWS

Tim Trahey, a senior communication studies major, will be interning for Red Frog, an events planning company, over the summer. Trahey first got involved in this atypical company through a previous internship with St. Jude Research Hospital.

to stay there."

Although he's not sure what tasks he expects to be performing at his internship, Trahey said he's ready to take on whatever he is given.

"I know that you get thrown in head first into everything (at Red Frog)," he said. "There's not really much of a learning curve beforehand get there, but you work with people already there to get the ground running."

Trahey said he will be traveling one out of the three months of his internship, with the possibility to even travel overseas.

With such a busy traveling schedule, Trahey said he will gain better time management skills.

"You have to learn to take travel time into account," he said. "With things like jet lag,

you have to stay focused and get everything done."

After his internship, Trahey said he has a strong chance of getting a full-time position with the company.

"You can only get a full-time job with them by interning them," he said. "I don't know necessarily if they'll hire, but they've been growing exponentially."

Trahey said during his internship, he hopes to meet new people. He said he has had the same group of friends since he was 12 years old, so being surrounded by a different set of people will be a new experience for him.

"We're finally moving away," he said. "I've never had to meet new people before, so it will be an exciting thing."

Still, Trahey said he is sad to

"You've spent your whole life as a student, and everything gets flipped upside down. I love this place. It's been the greatest four years of my life, and I will miss it so much, but it did its job. It got me a degree and everything I needed to know prepared me to go into the work force."

Tim Trahey, a senior communication studies major

leave his college years, one of the biggest parts of his life, behind.

"You've spent your whole life as a student, and everything gets flipped upside down," he said. "I love this place. It's been the greatest four years of my life, and I will miss it so much, but it did its job. It got me a degree and everything I needed to know prepared me to go into the work force."

Even though this phase in his life is currently a bittersweet ex-

perience for him, Trahey said he is ready to take the next step into a company that seems to match his enthusiasm for life.

"I'm really excited to have a job with a company that has the same amount of passion that I do," he said. "I've always wanted a career not a job. I think this is the one niche place, and I was just lucky to find that and get it."

Sara Hall can be reached at 581-2812 or smhall3@eiu.edu.

Bittersweet goodbyes



By Colleen Harrigan
Verge Designer

As I part ways with Eastern, I have plenty of achievements and memories to look back on.

Not only has EIU broadened my future and opened my eyes, it showed me just what I love to do.

Designing for *The Warbler*, *The Daily Eastern News*, and here at *The Verge* has been an amazing experience for me.

It has allowed me to expand my resume, advance my knowledge and learn new skills — not to mention meet wonderful people whom I will forever keep in my heart.

So, as I design this last issue it is very, very bittersweet to me. (I feel a tear coming on.) Each issue my goal was to relate to the students. I made it my goal to find every event occurring and make

"So, whether you're a senior ready to stroll down the aisle and grab your degree or a freshman just beginning your journey, never forget the memories you've made here."

students aware of what was going on each weekend.

Yeah, we may be in Charleston, a town which some people may consider, "in the middle of nowhere," truth is, there is TONS going on.

Whether you're like me and enjoy a good 4 o'clock club at Stix (who doesn't like free appetizers?), or you attend every Doudna event, there are events happening left and right.

Here's my advice to you: take advantage of every opportunity you can.

I know, looking back, I will not regret the time I spent. I made the most of my time, and I laugh while I reminisce.

Oftentimes my parents wondered what the hell I was doing on the weekends, but I knew deep

down that each weekend was allowing me to meet new people and develop myself as an individual.

So, go out, have fun and live it up. Because rest assured, the years will fly by. And like me, soon enough you will be graduating and off to the real world...EEK.

And whatever your future brings, you will know one thing: everything you have done here has made you a better, stronger and more well-balanced person.

The rough Sunday mornings and the long study nights at Booth Library developed you, whether you realize the impact of them or not.

So, whether you're a senior ready to stroll down the aisle and grab your degree or a freshman just beginning your journey, never forget the memories you've made here. Chucktown will forever be embedded in each of your hearts.

So farewell, my loyal readers. I wish you all the best. I know I will miss everything about EIU. Later, Panthers!

Colleen Harrigan can be reached at cmharrigan@eiu.edu.

Summer readin', had me a blast



By Ashley Holstrom
Verge Columnist

Ah, sweet, sweet summer time. That beautiful time of year with a seemingly infinite amount of time to read the books you actually want to read, not the ones you're obligated to read for class.

I've been looking forward to this glorious time since December. I've been making mental lists of the books I need to read to have a well-rounded literary summer, and I've conveniently sorted them into nifty little sections.

First, to cleanse my numbed brain from the books I've been dissecting and analyzing for the last nine months: a whole bunch of young-adult and/or chick lit.

This will be things like *The Hunger Games* (Yeah, I'm late in the game. Give me a break.) and *The Book Thief* by Markus Zusak. These are the top two books I've been hearing about for ages, and apparently they're more than just the bomb diggity.

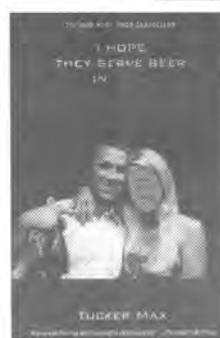
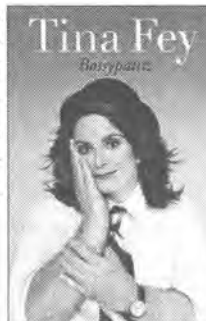
After that comes the books for the angst that arose from reading about too many whiney and swoony teenagers — books about seriously messed up people, like *The Virgin Suicides* by Jeffrey Eugenides or *Dry* by Augusten Burroughs. The more drugs and mental disorders, the better.

To perk myself up again, I'll dive into the books that have been getting dusty on my to-read shelf. A whole bunch of Jane Austen, *Extremely Loud and Incredibly Close* by Jonathan Safran Foer (You may have seen commercials for the movie based on the book. Looks good, right?) and the biography of the magnificent Steve Jobs are included here.

Oh, and I can't forget all those books I was supposed to read in high school but was too cool at the time to read (I know, I know — don't retrospectively fail me, dearest high school English teachers). These are the books every literate human being is supposed to have read before death: *To Kill a Mockingbird*, *Fahrenheit 451* and *The Great Gatsby* (Hey, I at least skimmed the last one).

Going along with that, I have to give good ol' J.D. Salinger another try. *Franny and Zooey*, here I come. I've heard it's his second best to *Catcher in the Rye* — we'll see about that, Mr. Sa-

Tina Fey's *Bossypants* is a good read if you're looking for a good comedic read.



I Hope They Serve Beer in Hell by Tucker Max is also a good read if you're looking for a good laugh.

linger.

And maybe, just maybe, I should read some adult fiction. Neil Gaiman, anyone?

To end the summer, some comedy will be necessary: *Bossypants* by Tina Fey, one of those ridiculous "memoirs" by Chelsea Handler, *I Hope They Serve Beer in Hell* by Tucker Max, etc.

Now, recommendation time: *Looking for Alaska* by John Green, a tale of kids at a boarding school in Alabama and their pranks, friendships and awkward blow job instructions. I think this is the number one book I recommend to people. Don't let the young-adult genre dissuade you; it's brilliant. I promise.

The Bell Jar by Sylvia Plath is another must. What's better than a semi-autobiography about electroshock therapy and time spent in a psych ward? (For the record, I'm not hating on Sylvia. Love you, home girl.)

Lastly, if you didn't have to read *Brave New World* by Aldous Huxley in high school, do it this summer. If that's the only book you read during your three months away from the Chuck, I'll be happy. It's about a nifty futuristic world in which there is no individuality or emotion, only social stability.

Apparently an emotional roller coaster is the way to go when it comes to choosing books to read. I've found the best way to do it is to pick a book from every genre and have at it.

And hey, you can even get a dreamy tan while you're doing it. Happy reading, y'all.

Ashley Holstrom can be reached at 581-2812 or aholstrom@eiu.edu.

Summer: what to avoid and what to do

By Geoffery ZuHone
Verge Columnist

I could be writing right now, telling you how much fun and exciting study abroad is during the summer. How it is fun to be in another country for weeks, but you already knew about study abroad. What I will tell you is how to make your summer memorable.

Do something. Whether you're going to be stuck in the suburbs, working for most of the summer or taking classes, there is always something to do.

Set out goals for yourself and friends. Choose projects that you do not have enough time to do dur-

ing the school year, or make as much money as possible so that you can have a great time once you get back from summer break.

Even if you can, do not sleep until noon everyday. Get out, walk around your city, read or write, or even start that exercise routine you did not have time for because of school. The important thing is to be doing things and always set the deadline realistically at the end of summer.

Though I am not going to say, "study abroad," do travel. Traveling is so simple and so rewarding, but people seem to forget about it.

Take a weekend roadtrip to another state for a music festival, a birthday or for no reason at all. But get out, put

some miles on that Chevy and have a blast. Canada is only a couple hours away!

Of all the adventurous things to do, do not start a relationship. Summer flings will end poorly and will leave a bitter taste in your mouth. Looking back after coming to school, and realizing your spent it with someone that is now not with you, is rough. Go out, have fun, but keep it at that.

Don't let anything or anyone hold you back in summer. Summer is for you and whatever you can find time to do.

Geoffery ZuHone can be reached at 581-2812 or gwzuhone@eiu.edu.

weekend

events what's going on around town

Friday

Saturday

Sunday

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Community Music Program

Tarble Arts Center (Atrium)
3 p.m.

Where's the Sculpture

contest
continued
All day event

Where's the Sculpture

contest
continued
All day event

STAFF

Verge Editor | Sara Hall
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Summer in the Chuck: Group provides outlet to meet people

By Jaime Lopez
Verge reporter

The school year is coming to an end, and while some students look forward to tanning on the beach or traveling to another country, some Eastern students are staying in Charleston over the summer.

Peter Andrew, a sophomore undecided major, will stay in Charleston during the summer.

Andrew is a Debut Leader, and his job requires that he stay in Charleston over the summer.

Hoping to find people to do hang out with, Andrew started the "Stuck in the Chuck" Facebook group.

During his last stay in Charleston over the summer, Andrew usually hung around the same people and said it became boring.

"I usually only hung around with the same people, and the (Facebook) group was created for people who want to find something to do," Andrew said.

As a debut leader, he worked over the summer from 7 a.m. to 6 p.m., guiding students around the campus during Debut days.

"I like working for students and teaching them about Eastern," Andrew said.

When Andrew first transferred to Eastern, he figured out how to get around campus on his own.

Andrew said he enjoys staying in Charleston over the summer for his job because he helps

provide answers to the questions of incoming students.

Andrew said his job allows him to act as a social network for incoming students looking to get involved on campus.

"I have connections around campus that allow me to help build friendships among students," Andrew said.

During his first two weeks, Andrew stayed in his room and barely talked to anyone. He said he even thought about transferring again because he wasn't sure if he would be able to make any friends or have fun on campus.

Andrew said he enjoys putting in long hours at his job, because he acts as a "role model" to incoming students.

"It's always nice to walk around the campus and get a hello from students," Andrew said. I feel like I had something to do with their transition into college"

Usually, most of the buildings on campus are open during the summer, and because of his job, Andrew says he has access to them.

"If I'm bored, I can go to Dounda and play music," Andrew said.

He also said he is working towards starting a running club at Eastern over the summer.

"It's an opportunity for people staying here to work out together," Andrew said.

Jaime Lopez can be reached
581-2812 or smhall3@eiu.edu.

Summer fashion essentials



WOMEN

- 1) Versatile skirt
- 2) Sundresses – short and maxi
- 3) Cardigan or blazer for cooler nights
- 4) Neon anything
- 5) Tribal print
- 6) Sailor-style shorts
- 7) Sunglasses
- 8) Crop tops
- 9) Floppy hat for those days at the beach
- 10) Animal print

MEN

- 1) V-necks
- 2) Nice khaki shorts
- 3) Sunglasses
- 4) Hat – whatever fits your style
- 5) Nice flip-flops
- 6) Blazer or jacket for cooler nights
- 7) Linen button-down
- 8) Skinny tie
- 9) A leather wallet
- 10) Cutoff cord shorts

Simple salad, delicious cocktails perfect for summer

Caprese Salad

Ingredients

- 2 large red or yellow tomatoes, sliced
- 1/2 pound POLLY-O Fresh Mozzarella Cheese, drained, sliced
- 1 bunch fresh basil leaves
- 3 tablespoons olive oil
- 2 tablespoons red wine or balsamic vinegar
- salt and freshly ground black pepper

Directions

Arrange tomato, cheese slices and basil alternately overlapping on platter. Whisk oil and vinegar together. Pour over tomatoes. Season to taste with salt and pepper.



Lemonade Cocktail

Ingredients

- 1 1/2 oz. Absolut Citron Vodka (more Absolut Citron Vodka drinks)
- 1 Lemon (more Lemon drinks)
- Lemonade (more Lemonade drinks)

Instructions

Pour Absolut in a cocktail shaker over ice. Fill with lemonade. Cut the lemon in 4 wedges and squeeze the juice into the mixture. Mix well and garnish with the lemon wedges.

20 songs that scream summer

- 1) "Summer Breeze" – Seals & Crofts
- 2) "National Anthem" – Lana Del Rey
- 3) "Firework" – Katy Perry
- 4) "Summer Girls" – LFO
- 5) "Peaches" – Presidents of the United States
- 6) "Here Comes the Sun" – The Beatles
- 7) "Waterfalls" – TLC
- 8) "Summer in the City" – The Lovin' Spoonful
- 9) "Gotta Say It Was a Good Day" – Ice Cube
- 10) "California Gurls" – Katy Perry feat. Snoop Dogg
- 11) "School's Out" – Alice Cooper
- 12) "Starships" – Nicki Minaj
- 13) "Summer Nights" – John Travolta and Olivia Newton-John
- 14) "California Girls" – The Beach Boys
- 15) "Deadbeat Summer" – Neon Indian
- 16) "Another Sunny Day" – Belle and Sebastian
- 17) "California Dreamin'" – The Mamas and the Papas
- 18) "Who Loves the Sun" – The Velvet Underground
- 19) "California Love" – Tupac and Dr. Dre
- 20) "Call Me Maybe" – Carly Rae Jepsen

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Summertime in the city:

How I plan to take Chicago's concert scene by storm (and go broke in the process)

By Sara Hall
Verge Editor

Going to concerts is probably one of my favorite things to do in the world, but I cringe any time one of my favorite bands announces their tour line up.

You would think I'd be happy that I finally have a chance to see them perform up close and personal, but no.

More often than not, I don't even have the opportunity to do so.

My name is Sara Hall, and I suffer from concert deprivation.

You see, being from a small town in southern Illinois (yuck), I have been concert deprived for almost my entire life.

This is probably the definition of a "first world problem," but for a music lover like myself, it's a very real issue.

Sure, I've made plenty of efforts to get my show fix. I've made some road trips to see concerts, and some dedicated ones at that.

There's everything from the mild trips to Chicago to see The Decemberists and Passion Pit to the 16-hour trek (as the antsy person you'll ever meet, I don't even know how I survived) to Denver to see Muse.

But this summer is going to be different. This summer, I will have endless concert options at my disposal, quenching my live music thirst. Starting in late May, I will be interning in Chicago.

Ahh, Chicago. Not only do I love the city itself and am excited to just live there in general, but now I *finally* have the chance to see so many more shows.

To me, Chicago is the land of concert opportunity. A regular mecca of music for this small-town girl. And I plan to take complete advantage of any and all shows that I can.

While this probably won't be the best course of action for my

internship salary, whatever. I deserve this.

After spending my musically formative high school years yearning for my favorite bands to make a stop at The Pageant in St. Louis (the closest place around for a decent show) only to usually be disappointed, my time has come.

But I'm not going into this concert adventure casually; I'm getting professional with this.

After combining the shows I have mapped out with Red Eye Chicago's list of all the summer concerts and music festivals, I'm ready to go.

First, I have the regular shows. I haven't decided which ones exactly I'm going to yet, but I have plenty from which I can choose. With artists like Best Coast, Marina & the Diamonds, Eisley and Fiona Apple, I can't go wrong.

Then I'll move onto the festivals.

I'm going to start the summer off with The Antlers, a band I've been dying to see for about a year now, on June 2 at the Do-Division Street Fest. And at a suggested \$5 donation, it looks like Christmas is coming early for me this year.

Then there's Wavefront Music Festival on June 30 that will feature my beloved James Murphy of the now-broken up LCD Soundsystem. I'm pretty sure that's the closest thing I'll ever experience to their reunion, so I might as well take advantage of it.

Then there are the other random festivals that don't feature my favorite artists but seem equally as promising.

I'll probably step outside my music box and go to the Chicago Blues Festival.

Hell, if the lineup is right, this vegetarian might even drag her ass out to the Ribfest.

Next I'll make my way on to the more pricy festivals...

Pitchfork's Festival, hosted by

the website I've come to know and love (and, as an aspiring music reviewer, worship), will be held at Union Park.

I've already dropped the \$45 for a single day pass (the three-day bargain passes sold out almost instantly) for Sat., July 14.

For me, the price of the ticket seems almost like a steal. Getting to see Sleigh Bells, Grimes, Hot Chip, Cults and Cloud Nothings for a mere \$45? Count me in.

Finally, I can't forget about the ultimate coveted concert experience (aside from Coachella...let's not even imagine it, I might cry).

Behold: Lollapalooza.

Yes, I'll admit, when this year's lineup was first announced, I was a little sad. Compared to previous years, I was a little underwhelmed.

But after taking a second look, I've decided it's probably worth it to drop the \$95 (my bank account has been crying for a while now at this point) for a one-day pass.

If I'm given the chance to see two of my favorite artists of all time, Florence Welch and Jack White, perform along with a slew of others, I think I should take it. (Here's hoping their show times don't conflict.)

But more than just the music itself, it's the concert experience.

When else in my life will I be able to dance and scream and fully immerse myself in the atmosphere that I love? This time next year I'll have to be worrying about entering the scary adult world and will have less time to be so carefree.

So this summer is my music time.

Sure, my internship is what will bring me to Chicago, and I plan to work hard at it.

But a close second on my priorities list are these concerts.

See you in the mosh pit.

Sara Hall can be reached at 581-2812 or smhall3@eiu.edu.

Summer will be what you make it



Nike Ogunbodede
Associate News Editor

This summer while students are gallivanting across the country and backpacking across Europe, I will be here...in Charleston.

Truth be told, I am really, really excited. If you could see me, I would be doing a *Bewitched*-inspired jig. And my happy dance is because this summer I will be a Debut Leader—something I've wanted to be since I saw the bright smiling face of my Debut Leader, Courtney. She was awesome, and I remember thinking "Some day I could be that awesome and confident." And this summer is that "day."

My main concern was getting bored or wanting Panera or Jamba Juice. The horror of not having a pick-two combo of a turkey artichoke sandwich with a creamy tomato soup is almost unfathomable to me.

The suburbs have always been a shelter to me, and when I came to Eastern freshman year, my mother said I wouldn't make it without a Forever21, Marshalls or Chipotle. She was wrong. I have complained immensely about the unreasonable amount of Subways in Charleston.

There are three: one in the Union, second street and Walmart. I don't know how many \$5 foot-longs a town of 21,000 needs, but apparently for every 7,000 people,

we need one low-cal sandwich. It's weird, but I digress.

I think this summer is looking up, especially because I am going to be with a group of Eastern's finest, who are just as passionate (sometimes annoyingly so) about Eastern. You want to know the teacher to student ratio? It's 1:15. You think Livingston C. Lord was Eastern's first president? Well, you're wrong, and so was Wikipedia!

Samuel M. Inglis was named Eastern's president, but died before taking office.

The point is that Eastern is full of so much history, and that history doesn't stop just because the students go home. *The Daily Eastern News* keeps printing, classes still happen and professors are never too far away.

Tons of students and their guests will be flooding the campus, gearing up for the rest of their lives away from home. But even if you aren't a part of Debut and you are all by yourself—feeling pathetic—there will still be tons of stuff to do.

Go to thrifting. Bowling. Have a movie night. This summer will be what you make it.

I'll be working two jobs this summer, moving into Greek Court, taking my senior seminar and turning 21.

And I'll be here with a smile on my face.

I'll be 'stuck in the Chuck' and I wouldn't have it any other way.

Nike Ogunbodede can be reached at 581-2812 or dennews@gmail.com

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