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Eastern Illinois University

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MAKING DUE

Due to the rain cancelling Tuesday's game at Coaches Stadium, the team moved inside to practice

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DOUBLE DUTY

Sam Kercheval is still coaching both the men and women's tennis teams as Lois Alexis works on finalizing her visa.

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THE DAILY EASTERN NEWS

Friday, March 30, 2018

"TELL THE TRUTH AND DON'T BE AFRAID"

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CELEBRATING A CENTURY OF COVERAGE

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QIAN CHENG | THE DAILY EASTERN NEWS

A resident watches the demolition of Mother's Bar in downtown Charleston Wednesday morning. Mother's Bar, at 506 Monroe Ave., was damaged by arson Feb. 16, 2018. Alex Winkler, the building code official for Charleston, said the bar owners have not decided what they want to do with the property yet. Right now the goal is just to demolish the building that caught fire, he said.

Suspect in Mother's Bar fire arrested

Man taken into custody on two Coles County warrants for arson and battery Wed.

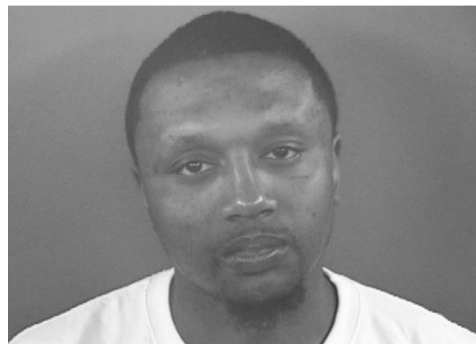
Staff Report | @DEN_news

The man suspected of aggravated arson in the fire that burned down Mother's Bar was taken into custody at around 1:30 p.m. Wednesday.

Brian Griffin was a passenger in a vehicle when he was located and arrested by the Chicago Police Department's Fugitive Apprehension Unit.

He was taken into custody on two Coles County warrants for aggravated arson and battery.

According to a press release from the Charleston Police Department, Chicago po-



SUBMITTED PHOTO | CHARLESTON POLICE DEPARTMENT

Brian T. Griffin was taken into custody by the Chicago Police Department's Fugitive Apprehension Unit. Griffin was a suspect in the aggravated arson case at 506 Monroe Ave.

lice confirmed Griffin will be held "on unknown local charges in Chicago for the time being and should be extradited back to Coles

County soon."

Eight people were displaced from their homes and the building Mother's Bar is located in at 506 Monroe Ave. was gutted during the fire at 1:46 a.m. on Feb. 16.

The displaced residents were assisted by the Red Cross.

Because of the heavy smoke and fire conditions, fire crews evacuated the building and started a defensive attack the day of the fire.

Crews were still on the scene, putting out hot spots, at 9 a.m. that morning.

No firefighter or civilian injuries were reported, but the second floor of Mother's was completely burned away, making the building a total loss, Charleston Fire Chief Steve Bennett said in a previous article in *The Daily Eastern News*.

The News desk can be reached at 581-2812 or dennewsdesk@gmail.com.

Online portal for parking tickets created

By Abbey Sowacke
Contributing Writer | @DEN_News

There is a new way to keep track of and pay parking citations, buy parking permits and update vehicle information online with the new Parking Portal.

The online portal was launched by the parking services division of the University Police Department.

"Faculty, staff and students may purchase permits and day passes, pay citations and update vehicle information through their PAWS account," said UPD chief Kent Martin.

"Visitors and guests may purchase and print a day pass prior to arriving on campus."

The UPD anticipates that the update to the parking system software will make parking on campus more efficient and reduce the number of vehicles parked without a permit.

They hope that the Parking Portal will help to decrease these

numbers by eliminating lines to buy parking permits in the beginning of each semester.

In 2017, the UPD issued 6,075 parking citations, according to Martin.

This number included 579 citations for expired permits and 1,678 citations for parking without a permit.

In the online portal, students are able to view the status of every parking citation they have received, which includes the date, location and amount the ticket was for.

From there, students can add individual citations and permits to a shopping cart and pay either through credit or add it to their student account.

Carlie Cuffle, a junior marketing major, thinks the new system will help students and others who park on campus save time and money.

Parking, page 5

4K to be run in honor of Shannon McNamara

By Adam Shay
Contributing Writer | @DEN_News

As spring approaches, so does the 15th annual Shannon McNamara Memorial Scholarship 4K run at the Panther Trail.

The run is set for 9:30 a.m. April 21 at the Panther Trail and Pavilion.

Every year, this memorial scholarship run takes place to honor the life of Shannon McNamara, a former student in the kinesiology and sports studies department and a member of Alpha Phi who was murdered in June 2001.

This event is run by the department and sorority, who raise scholarship money for the winner of the race. To show the importance of honoring McNamara, preparations for the race have been going on for months.

"The executive board sat down in January and we started planning what we wanted and needed for the event," Caro Lamarque, president of the kinesiology and sports studies club, said.

The goal of the meeting was to inform members on what areas needed the most help and to divide them up into subcommittees.

As the president, Lamarque has overseen surveying all the subcommittees and specifically, she manages registration and T-shirts.

Since the community becomes heavily involved with this event, the largest subcommittee focuses on donations.

Organizers of the 4K walk around the community, asking businesses and going door-to-door for donations.

"All donations go into the scholarship fund, or if the business can't give a monetary amount, (they) give an item, such as a gift card or membership we raffle off," Lamarque said.

For participants, there is a \$20 registration fee to participate, which usually provides fruit and snacks for the runners at the end of the race. Participants can receive a T-shirt if signed up by a certain date.

The process of spreading the word about the run throughout campus is not just the kinesiology and sports studies department's job.

Since McNamara has made such an impact on the Eastern community, other organizations help with spreading the word about the event.

"Another major part is publicity," Lamarque said.

"Besides getting the department involved, Alpha Phi tries to get other Greek life involved while the athletes talk to their teams and other teams as well."

Through social media, there is now a Facebook page to reach out to the community besides from word of mouth.

Senior Alpha Phi member Alex Hinzpeter has contributed to this event by finding organizations to come to the run, as well as making sure all Alpha Phi members are registered. Every year, current and past members join to honor McNamara and her family.

"It is very important to us though because she was a sister and we do everything to support past sisters of our chapter," Hinzpeter said. "I like seeing everyone that comes out and is just there to support her family. You see everyone come together to remember Shannon."

Adam Shay can be reached at 581-2812 or acshay@eiu.edu.

Local weather

FRIDAY SATURDAY



PARTLY CLOUDY
High: 53°
Low: 36°



RAIN
High: 56°
Low: 27°

THE DAILY EASTERN NEWS

"Tell the truth and don't be afraid."

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State and Nation

THE ASSOCIATED PRESS

Trump tweets for no repeal

WASHINGTON (AP) — President Donald Trump tweeted Wednesday that the Second Amendment "WILL NEVER BE REPEALED" and called on voters to elect more Republicans in this fall's congressional elections because the GOP "must ALWAYS hold the Supreme Court."

Trump's statements came a day after retired Supreme Court Justice John Paul Stevens wrote in an essay in *The New York Times* that repealing the amendment would make it easier for Congress to enact gun control legislation.

Last month's shootings that killed 17 people at a high school in Parkland, Florida, have galvanized young people, liberals and Democrats for a renewed push to curb firearms. That has included demonstrations that have drawn hundreds of thousands of marchers in cities across the country.

"THE SECOND AMENDMENT WILL NEVER BE REPEALED!"

Trump tweeted early Wednesday. "As much as Democrats would like to see this happen, and despite the words yesterday of former Supreme Court Justice Stevens, NO WAY. We need more Republicans in 2018 and must ALWAYS hold the Supreme Court!"

As with many issues, Trump's stated position on guns has been inconsistent. In a televised meeting after the Parkland massacre with shooting survivors, lawmakers and others, he suggested letting authorities confiscate guns from people considered dangerous even without court permission and expanding required background checks to also cover private gun sales. He has since abandoned those views.

There is no current major push to repeal the Second Amendment. Any effort to do so would be unlikely to succeed in today's divisive political climate. Under the most common way to amend the Constitution, the House and Senate would both need to ap-

prove the proposal by two-thirds majorities. It would then need to be ratified by three-fourths of the states.

Political parties do not technically "hold" the Supreme Court like they control Congress.

Justices are nominated by presidents and must be confirmed by the Senate. It is true justices often reflect the political views of presidents who select them, but that is not always the case.

Of the current nine justices, the four considered to comprise the court's conservative wing were appointed by GOP presidents and the four more liberal judges were selected by Democratic presidents. The ninth, often considered the crucial swing vote, is Anthony Kennedy, who was nominated by Republican President Ronald Reagan.

Trump would have an easier time filling the next Supreme Court vacancy if Republicans can expand their current 51-49 Senate majority in November's elections.

Trump might freeze SKorea trade

RICHFIELD, Ohio (AP) — President Donald Trump on Thursday threatened to hold up the trade agreement his administration finalized this week with South Korea in an effort to gain more leverage in potential talks with North Korea.

Speaking on infrastructure in Ohio, Trump highlighted the recently completed renegotiation of the Korea-U.S. free trade agreement. But he warned, "I may hold it up until after a deal is made with North Korea." The remark comes as the two Koreas have announced plans to hold bilateral meetings next month in advance of a possible meeting between Trump and North Korea's Kim Jong Un by the end of May.

Trump did not explain what leverage the U.S. would achieve by holding up the trade deal with South Korea. The South Korean embassy in Washington declined to comment.

The liberal government in Seoul wants Washington to engage with Pyongyang to help foster inter-Korean relations and reduce nuclear tensions. Trump may be suggesting that a prospective nuclear deal with North Korea is desired by South Korea, so by delaying it the U.S. could extract better trade terms

with the South. But chances of a nuclear deal remain deeply uncertain.

Typically, the U.S. has sought solidarity with South Korea to resist attempts by North Korea to divide the allies. Resurrecting the complex and politically charged issue of trade could prove distracting just as the U.S. is pursuing high-stakes diplomacy with Pyongyang.

The president's visit to Ohio was meant to be a push for upgrades to the nation's aging roads and bridges. Instead, Trump turned what was billed as a "major speech" on infrastructure into 53-minute campaign-style rally, with talk of defeating the Islamic State and caring for veterans — not to mention a plug for the television reboot of "Roseanne."

He highlighted his plan deploying \$200 billion in federal money to spur at least \$1.5 trillion in spending over a decade to repair or replace highways, bridges, ports, airports and other infrastructure.

But in a concession to political realities in Washington, where lawmakers are increasingly focused on their re-elections in what is set to be a difficult campaign cycle for Republicans, Trump said, "You're probably going to have to wait

until after the election."

Trump said Democrats do not want to work with him on infrastructure because they don't want to give him any additional "wins" after his tax bill passed in December.

Trump unveiled the sweeping infrastructure proposal in February and cast it as one that could garner bipartisan support. But the plan relies heavily on state and local governments for the bulk of the spending, raising concerns among members of Congress about the possibility of higher commuter tolls and the sale of assets to raise the money.

There is little expectation that Congress will take up a sweeping infrastructure proposal along the lines of what Trump envisions — or that Republicans in control of the House and Senate will write their own legislation — as lawmakers begin to shift their focus to the challenge of getting re-elected in November.

Instead, Congress plans to package a series of related measures, including beefed-up spending in the big budget bill Trump signed into law last week. That bill, which funds the government through Sept. 30, included more money for transportation projects, rural broadband and other investments.

Weekend shootings were not all during march in D.C

CHICAGO (AP) — Chicago police say shootings that left one man dead and 18 other people wounded during the past weekend did not all happen during the March for Our Lives protest against gun violence.

Police spokeswoman Jessica Rocco says the reported shootings took place across the city between last Friday and Sunday.

Several online sites incorrectly claimed in headlines that the shootings all happened during the Saturday protests that were held nationwide.

In the single death, 23-year-old La'Dell Barnett was found with a gunshot wound to his head in Chicago's Back of the Yards neighborhood.

The previous weekend, seven people were killed and 13 were wounded in Chicago shootings.

Rocco says Chicago had seen 106 homicides this year through Sunday, compared to 128 homicides for the same period in 2017.

Aurora raises age to 21 for buying tobacco, vaping

AURORA, Ill. (AP) — The city of Aurora is the latest Illinois municipality to raise the age to buy tobacco to 21.

The (Aurora) Beacon-News reports that this week's City Council vote was unanimous to raise the age and came after months of research by city staff. The ordinance includes vaping materials. Eighteen other municipalities also require patrons to be age 21 or older to purchase tobacco or vaping-related products. Other cities include Chicago, Evanston, Naperville and Bolingbrook.

Mayor Richard Irvin said in a statement that Aurora's City Council has "once again made the health and future of our children a top priority."

Officials became involved after hearing about how tobacco and vaping issues were growing in local schools.

Illinois state law prevents anyone 17 and younger from buying tobacco products.

TODAY ON CAMPUS

Deadline for James Jones Fund Scholarship Submissions | 7:00 AM - 4:00 PM

Open to History, Literature, Theatre, Film, or Music majors/minors. Must submit a written or creative work (or images with narrative summary) that indicates awareness of the experience and impact of war. Send submissions to npsmall@eiu.edu.

Spring 2018 Discarded Textbook Sale | 9:00 AM - 4:00 PM | Textbook Rental

Paperbacks cost \$2.00 and hardbacks cost \$5.00.

Student Rec Center | Open 5:30 AM - 8:00 PM

MLK Jr. Student Union | Open 7:00 AM - 10:00 PM

Booth Library | Open 8:00 AM - 5:00 PM

Tips on interviewing to be given at workshop

By Andrew Paisley
Campus Reporter | @Andrew_Paisley

Tips on how to overcome many people's fears during job interviews will be one of the main topics explored at the "Building Interview Confidence" workshop from 4 to 5 p.m. Tuesday, April 3 at the Career Services office in the Human Services Center.

Bobbi Kingery, director of Career Services, said the biggest challenge for people during interviews is being prepared and comfortable speaking about skills that match to the position that they are applying for.

"The workshop will cover appropriate interview preparation—how to research the position and company to determine if it is a match," Kingery said. "We will also discuss workplace culture and how important it is to understand that and use that information in the interview process."

Kingery said another topic to be discussed is how to prepare for behavioral interview questions.

Diane Smith, marketing specialist and career adviser at Career Services, said the workshop can help

participants learn how to handle the interview process effectively and appropriately.

"Sending off your resume to a prospective employer is just the first hurdle," Smith said. "The interview process is the most critical part of your search and should be given a significant amount of preparation and practice, rather than just trying to wing it."

Smith said employers have indicated that practicing for interviews is a key skill that applicants need to work on.

Students can practice their news skills during mock interviews held by Career Services on April 5.

"Students can take the skills they have learned and apply them in a practice interview at our Career Center," Smith said. "Maybe they are unaware that they are saying 'um' for the 20th time, or fidgeting in their chair. Perhaps they did not expect a certain type of interview question to be asked. Isn't now the time to find out?"

Andrew Paisley can be reached at 581-2812 or at abpaisley@eiu.edu.

Taking down tables



JORDAN BOYER | THE DAILY EASTERN NEWS

Ashley Shamhart, a senior music education and psychology major, helps take down tables and displays Thursday night in the Doudna Fine arts Center after a "Handshaking Night" where students could meet with English department alumni and staff.

Missoula Children's Theatre holding open auditions

Staff Report | @DEN_news

Students from kindergarten through 12th grade are being sought to be a part of a production of "Gulliver's Travels" when it comes to the Doudna Fine Arts Center.

The group putting this play on, Missoula Children's Theatre, is the nation's largest touring children's theatre, according to a press release.

Two Missoula Children's Theatre actor-directors will hold open auditions at 4 p.m. Monday, April 9 in the Dvorak Concert Hall located in the Doudna

Fine Arts Center.

The directors will select between 50 and 60 students to perform in the play, which will take place on April 13 and April 14.

No previous experience is necessary to be part of the production and there is no cost to participate, the press release states.

Children can be registered by calling (217) 581-8513, email decrews@eiu.edu or sending a message through the Doudna's Facebook page.

The Missoula Children's Theatre tour team is coming to Charleston with a set, lights, costumes, props

and make-up. Rehearsals will take place throughout the week and public performances will be presented at 7:30 Friday, April 13 and 2 p.m. and 7:30 p.m. Saturday, April 14.

The mission of the theater tour team is the development of life skills in children through participation in the performing arts, according to a press release.

"EIU's Doudna is excited to offer this unique opportunity that provides great arts education and team building experience," said Dan Crews, programming director at the Doudna Fine Art Center, in the release. "If parents have questions about the production, I

would encourage them to get in contact with me. I think it will be a wonderful experience for the children in our community."

The Missoula Children's Theatre has been touring for more than 40 years. It has gone from Montana to Japan, and will visit nearly 1,200 communities this year.

All of its shows are original adaptations of classic children's stories and fairytales.

The News desk can be reached at 581-2812 or denewsdesk@gmail.com

EIU CHEMISTRY TUTORING HOURS:

Tuesday
5 - 6 PM
General Chemistry and World of Chemistry

Wednesday
3 - 6 PM
General Chemistry and Organic

Thursday
6 - 7 PM
General Chemistry and Organic

Tutoring will take place in room 4020 of the Physical Science Building.
Tutoring is free and is available on a first-come, first-served basis.

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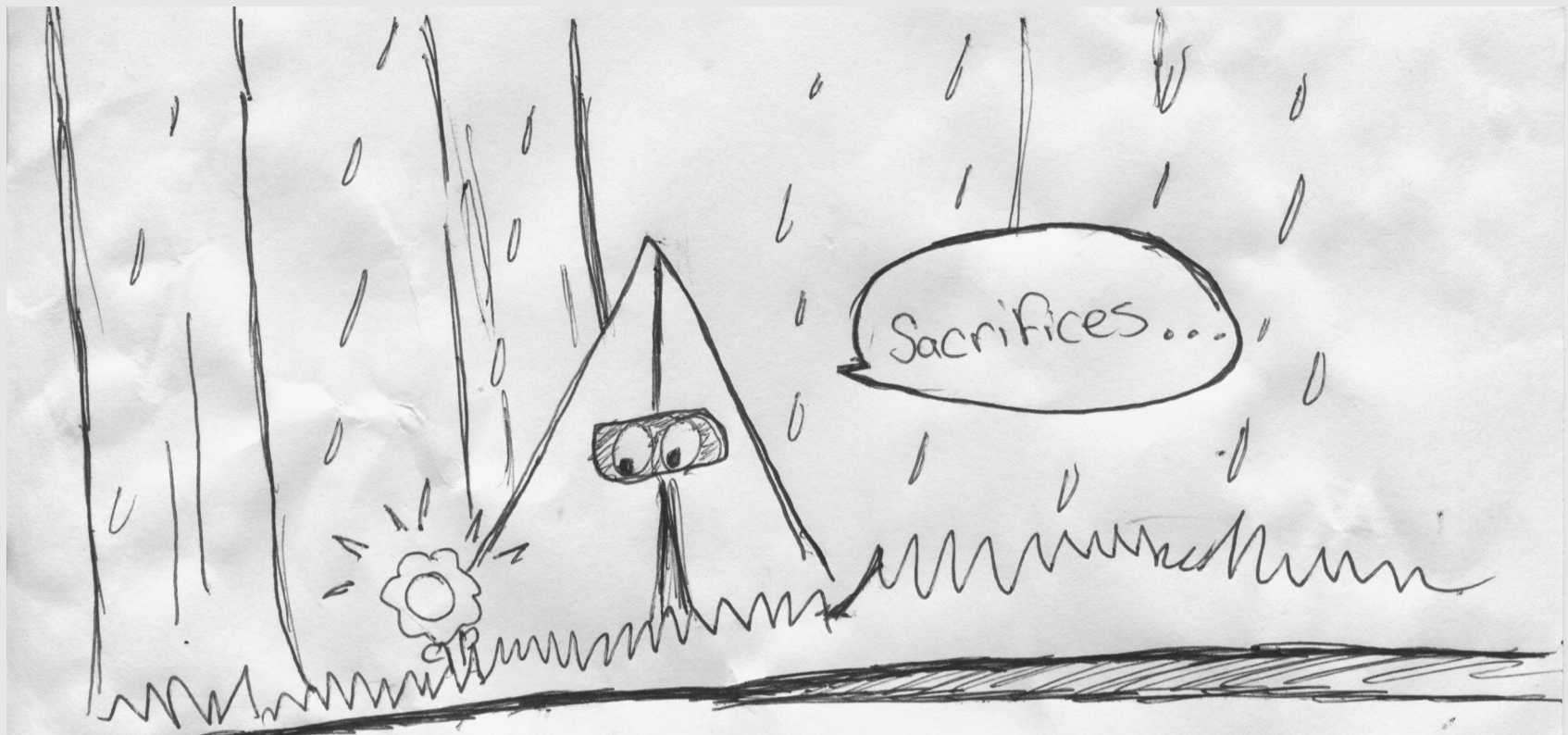
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Rain, rain go away



JALEN MASSIE | THE DAILY EASTERN NEWS

Sean Says: Confidence comes and goes

Getting your confidence crushed can be a demoralizing thing. Like for me, studying really hard for a test and spending hours in the library just to bomb the exam.

I think a lot of people will agree— there is nothing that is really more crushing than getting to the first question on that test and not knowing the answer.

I have dealt with that one too many times this year, especially in my State and Local Government class.

The reason I bring this up is because today, I watched Ian Happ, the Chicago Cubs' centerfielder, take the first pitch he saw this season deep over the right field wall.

As a Cubs fan, seeing that made my day. What a start to the 2018 season and the Cubs' World Series run.

But I am here to mostly talk about the pitcher who gave up the home run, Jose Urena. I am not here to talk trash about him, I am just here to talk about that situation and relate it to a college kid taking an exam.

He had all spring training and the off-season, preparing for this year and getting the Opening Day start for the Miami Marlins.

Confidence has to be high as he was named



Sean Hastings

Miami's Opening Day starter, a big deal in baseball. He is happy about getting this season off on a high note and then he winds up to fire his first pitch of the 2018 campaign.

Then, WHAM.

Happ takes him deep on the first pitch he threw this season. I know if that was me, I would be emotionally drained after watching that ball sail over the fence.

All the lead up to this big game and before you know it, you and your teammates are down 1-0 after one pitch.

To me, at least, this is just like studying

for that exam and bombing it. You study for hours the night before, then boom, that first question hits you out of the park.

The Cubs ended up winning the game 8-4 and Urena gave up a few more runs here and there, but the first pitch of the season getting sent deep is brutal.

Eventually, I am going to forget about this home run and it will not be as big of a deal as it was made today, but for now let us Cubs fans enjoy it.

I will forget about it just like I will get over the bad test grade and come back strong on the next one. That is all you can do on a test and that is all Urena can do to get past the Opening Day loss.

I am sure he will come out next time and probably not give up the first pitch dinger and pick up some wins for the Marlins this season.

I just hope that they do not come up against the Cubs.

Confidence can come and go just like that.

Sean Hastings is a senior journalism major. He can be reached at 581-2812 or smhastings@eiu.edu

STAFF EDITORIAL

All holidays have value

As usual, Friday signals the beginning of another weekend. This Friday, however, many students will leave campus to spend time with their family and friends for Easter Sunday.

While this may be the primary reason students are going home as well as the main religion they identify with, it is important to remember that it is not the only holiday or only religion that is celebrated and worshipped.

Often times, we catch ourselves forgetting about other beliefs our peers hold sacred in their lives and religions. Forgetting does not make us bad people. But it does not hurt to open up our eyes and minds to the other events going on at this time, and during every holiday time, even though it may not be the one that receives the most attention.

We are not expecting you to become experts on every religion in the world. We do, however, encourage you to follow this simple solution: simply ask. Instead of asking questions tailored toward only your own religion, ask, "What are your plans this weekend?" If you are feeling really ambitious, you can even ask someone what their religious preference is in a polite and casual manner. People do not mind talking about themselves when they feel like someone is genuinely interested. It will not only make them feel comfortable with sharing a part of themselves that they hold dearly, but it will also make you more aware of the rituals that take place in this world.

On a college campus, we are exposed to so much more diversity than most of us have been our entire lives. Religion falls under this category, and it deserves the same respect and curiosity that we give other aspects.

The daily editorial is the majority opinion of the editorial board of *The Daily Eastern News*.

Those interested can inquire at opinions.DEN@gmail.com for all opinion questions, submissions and letters to the editor.

10 things to be grateful for this season

Lately I've been trying not to let the weather define my mood, but the past week has been nothing but rainy, cold weather and has made me feel slightly gloomy myself.

To make myself feel a little better, I made a list of some little things I'm grateful for.

Hopefully it makes you feel a little bit better on this rainy week, too.

Sunrises: The simple fact of knowing you're awake before the rest of the world has this weird ability to make you feel some type of way. Pure bliss stems from the chilly morning air and warm colors that greet you.

Drives: Whether it's in the middle of the night and your hometown streets are dead and quiet, or the middle of the afternoon with the windows rolled down and your favorite songs are being played, cruising around helps any situation.

Hugs: I think this one's pretty self explanatory. Sometimes you just need a good, long hug.



Natalee Reynolds

Travels: I've walked the streets of New York, surrounded by hundreds of strangers. I've stood on top of a mountain in Colorado. I've surfed in Costa Rica, and swam neck deep in the ocean countless times. I hope everyone gets to travel as far as they can in life.

Concerts: I've been recently trying to learn to spend more money on experiences, rather than tangible items, and concerts definitely bring some of the best

experiences.

Fresh sheets: There are a lot of smells in the world, but one of the best by far is clean linen. Being wrapped up in freshly washed sheets always gives you a warm feeling.

Morning coffee: My savior, my hero—the ultimate picker-upper. Thank you, coffee.

Art: No matter what kind of art it is—it is appreciated. Local artists, keep painting, drawing, making, and creating. You're a masterpiece & so are your creations.

A new jar of peanut butter: There's not much else in life better than a new jar of peanut butter to dip into.

College friendships: To Jessica, Lucy, Tristen and all of my sisters, thank you. I sincerely love all of you and don't know what I would do without you.

Natalee Reynolds is freshman English language arts major. She can be reached at 581-2812 or at nrreynolds@eiu.edu.

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Students smash symbolic plates at RHA program

By Brooke Schwartz
Administration Reporter | @brookesch_wartz

Editor's Note: This story contains some sensitive language that may offend some readers.

Social Justice and Diversity week was smashed into its final day at Thursday's Break the Hate program that took place in Lawson Hall.

As part of the program, students wrote hateful or oppressive words, quotes or situations they have experienced in their life and smash the plate, and symbolically smash the hate at the same time.

Katelyn Olsem, a junior special education major, wrote the word 'retarded' on her plate.

"I have a disability and I have been called that many times," Olsem said. "Also, I'm a special education major, so I'm very much against that word. I don't see the point in using (it)."

Yarely Robledo, a freshman accounting major, wrote the words 'dumbass Mexican' on her plate.

"A lot of people that I've met, they're kind of (trying) to bring me down, (so) they would call me that and ... I hated it every time," Robledo said. "Every time I think of it, I just get really mad."

Khaheem Hill, a senior family and consumer sciences major, wrote fears he has for his future on his plate, such as not having stability, not being happy or not connecting with people. Everyone said they left feeling good after smashing their plate.

Hill said he felt happier after the exercise.

Lauren Bergholz, a housing and dining complex director as well as one of the organizers of this week's events, said she likes having this event close out the Social Justice and Diversity programs.

"Letting out that aggression at the end of the week, anything bad that ever happened, this is the day to (let it go)," Bergholz said.

Ashley Wheaton, a senior biological sciences major as well as another organizer of this week's events, said she hopes people went through this week and came out with a better understanding of diversity.

"Over the week, I feel like we covered a lot of different topics, such as socio-economic class (or) various rooms in the Tunnel of Oppression like racism or ableism or gender issues," Wheaton said. "We tried to cover the whole spectrum of what diversity is and how that's represented at EIU."



BROOKE SCHWARTZ | THE DAILY EASTERN NEWS

Khaheem Hill, a senior family and consumer sciences major, participates in "Break the Hate" Thursday afternoon. He wrote his fears for his future on his plate at the program.

Brooke Schwartz can be reached at 581-2812 or at bsschwartz@eiu.edu.

» Parking

CONTINUED FROM PAGE 1

"I know a lot of people and myself always forget to pay parking tickets on time, so then the fine doubles which is annoying," Cuffle said.

"I think the Parking Portal will make it easier to remember to pay your tickets since you can do it from anywhere, anytime on your phone instead of having to go into the campus police station to pay your tickets."

Campus visitors are also able to take advantage of the new Parking Portal.

Kari Newberry, a parent of an Eastern student and a frequent visitor to campus, said the Parking Portal is a great idea, especially for campus visitors.

"Being able to buy guest parking passes is a great idea," Newberry said. "A lot of campus visitors are frequent and it's a hassle to go buy individual day passes from the police station. Having your parking taken care of before arriving on campus makes the trip easier."

Abbey Sowacke can be reached at 581-2812 or aesowacke@eiu.edu.

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SKIN CARE TIPS:

Treat your skin before bed by doing this 5 minute routine

By **Abiola Alafe**
Fashion columnist | @DEN_News

After enduring makeup, oil, weather and pollution all day, your skin needs some tender, loving care at night.

Even when you're tired, it's worth it to take a few minutes to follow some nighttime tips.

This pre-slumber plan will let you hit the sheets with the skin of your dreams and wake up to a flawless complexion.

Step 1: Wash Your Face at Night

Do not go to bed until you have cleaned the makeup off your face.

If you leave it on, your makeup grinds into your skin all night, causing breakouts and even stretching out the pores, which makes your skin look older.

It is recommended to use an oil-based makeup remover, which can handle even waterproof mascara without tugging delicate skin.

Use a cotton pad to sweep the makeup remover over your skin. Follow up with a gentle face cleanser.

Step 2: Apply Eye Cream

The skin around your eyes is thinner than elsewhere on your body, and it becomes even thinner as you age.

That can lead to circles under your eyes and hollowing. You should look for an eye cream or serum with vitamin A, C, E or K, which can help repair the skin and lighten dark circles.

If you use a serum, you will need a light eye cream on top of that to keep the skin hydrated.

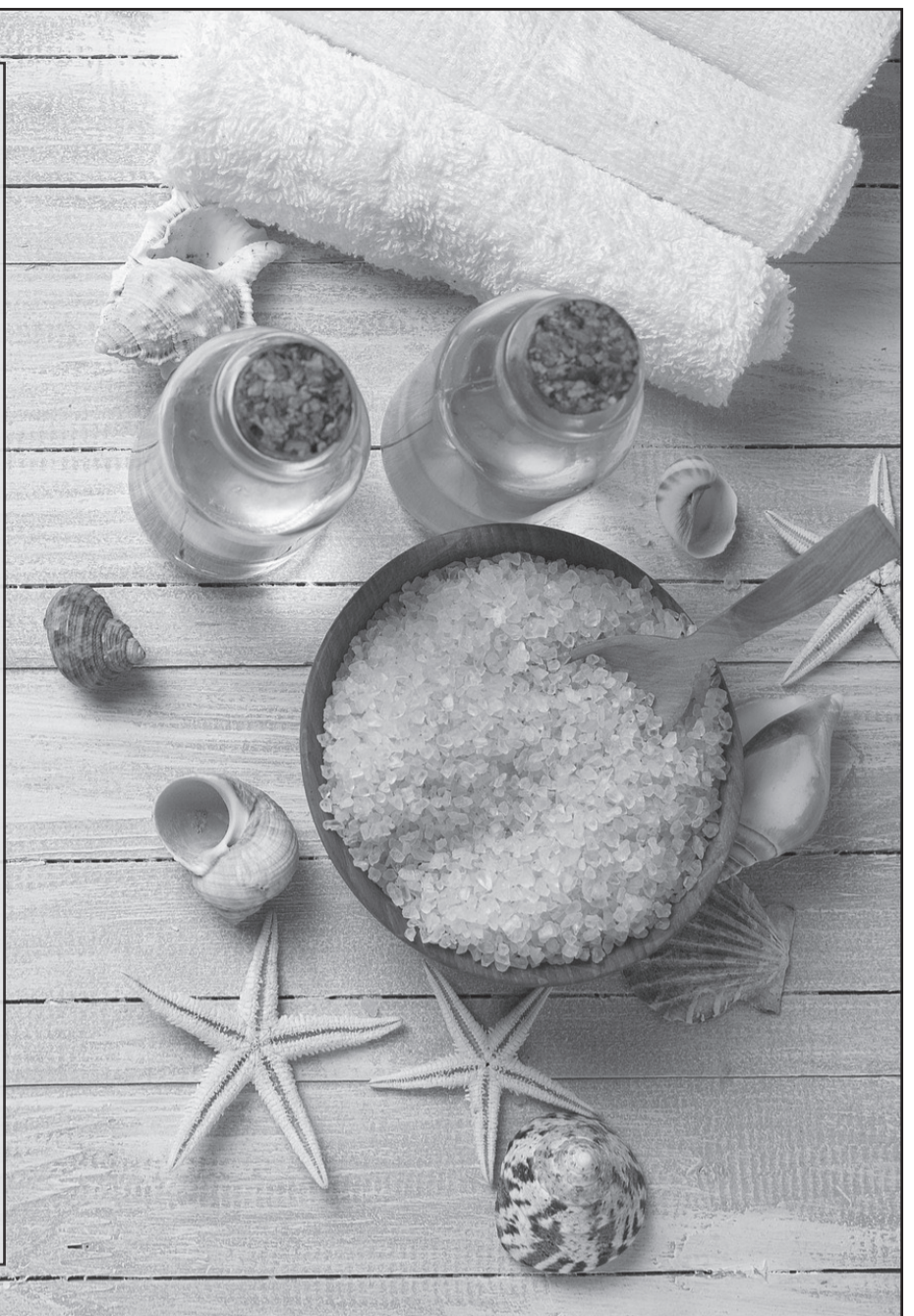
Step 3: Change Your Sleep Sides

According to experts, you can tell what side a person sleeps on because that half of their face has more fine lines.

To avoid this, you can use anti-wrinkle pillows or switch sides to the side you don't usually sleep on.

Even if you end up flipping over in your sleep, which you probably will, you will spend less time with one side of your face smushed into the pillow. Or you could try sleeping on your back.

Abiola Alafe can be reached at 581-2812 or aalafe@eiu.edu.



Note: All photos are provided courtesy of Creative Commons.com

The New York Times Crossword

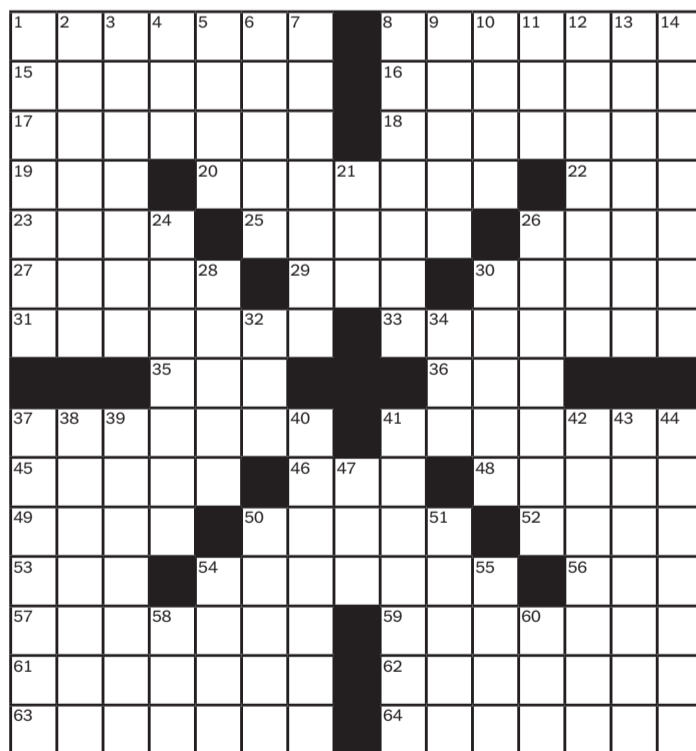
Edited by Will Shortz

No. 0223

- ACROSS**
- 1 Matchmaking services?
 - 8 Co-star of "The Office" who played Ryan Howard
 - 15 In a classic form of diamond
 - 16 Victor's gloating cry
 - 17 Rust
 - 18 Technophobe
 - 19 They may be fluid: Abbr.
 - 20 Banished
 - 22 Smidgen
 - 23 Shepherd's pie ingredients
 - 25 Venture a view
 - 26 Miss
 - 27 Radiates
 - 29 "No ___ can live forever": Martin Luther King Jr.
 - 30 Street hustler's game
 - 31 Many a corny pun
 - 33 Bravado
 - 35 Lord Tennyson's "The Eagle," e.g.
 - 36 Shaker's cry?
 - 37 Speed of sound
 - 41 Baker's shortcut
 - 45 Certain Bedouin
 - 46 Aladdin's simian sidekick
 - 48 Looks
 - 49 Defeats by a hair
 - 50 Dumps
 - 52 Auto parts giant
 - 53 "The enemy of ___ is the absence of limitations": Orson Welles
 - 54 Vehicle used by the police to catch thieves
 - 56 "Delta of Venus" author
 - 57 Mob law?
 - 59 Like many screenplays
 - 61 "The Call of ___" (short story by H. P. Lovecraft)
 - 62 Creamy Italian dish
 - 63 Colorful display in a weather report
 - 64 Places in the field

DOWN

- 1 Slumped
- 2 Cream in a cobalt blue jar
- 3 "Once again ..."
- 4 Trailblazed
- 5 Four-letter fruit pronounced in three syllables
- 6 "Au contraire ..."
- 7 The point of church above all?
- 8 Ghostwriters lack them
- 9 Unit of energy
- 10 Like Rodin's "The Thinker"
- 11 Dated
- 12 Rendering useless
- 13 Phoenician goddess of fertility



PUZZLE BY TRENTON CHARLSON

- 14 Snack company that's a subsidiary of Kellogg's
- 21 Top part of a face
- 24 Capital of Newfoundland and Labrador
- 26 Reduce one's carbon footprint
- 28 Copycat's comment
- 30 Targets
- 32 Comprehension
- 34 Ring letters
- 37 One referred to as "the crown"
- 38 "You all agree with me, yes?," in one word
- 39 Modern screen test
- 40 Savor the praise
- 41 Stage holdup?
- 42 Had it in mind
- 43 Sacrilege
- 44 Tic-tac-toe plays
- 47 Smidgen
- 50 ___ Baron Cohen, player of Borat
- 51 Title woman of a Beatles song
- 54 Lip ___
- 55 Scrape
- 58 Published
- 60 Party person, for short

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ANSWER TO PREVIOUS PUZZLE



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Panthers to test Redhawks in home opener

By Sean Hastings
Sports Editor | @DEN_Sports

Eastern's softball team is going to get in Friday's doubleheader against Southeast Missouri, but the tarp has been on Williams Field's infield since Tuesday, getting pelted with rain.

And a bare outfield is being drenched in rain as well.

The Panthers are set to host the Redhawks starting a 1 p.m. for their home opener. It has been a long wait for Eastern to get this home opener played as the first six weeks were played on the road.

Eastern has also had its game with Butler canceled twice this week due to rain.

The Panthers have started the OVC portion of the schedule 4-0 after sweeping Belmont and Tennessee State last weekend.

Junior infielder Mady Poulter has started all 32 games for the Panthers this season and leads the team with five triples.

Poulter said Eastern is excited to finally be able to play again after having rainouts this week.

"Everyone loves to play games. That beats practices every time, so this weekend is definitely what we have been looking forward to," Poulter said. "But with that being said,



FILE PHOTO | THE DAILY EASTERN NEWS
Junior Mady Poulter catches the throw from second base to a catch Gabby Zizzi is stealing. The Panthers host Southeast Missouri in a doubleheader Friday afternoon at Williams Field.

practice is what has gotten us to this point and we got to get some of those quality hours in this week with the cancellations."

The Panthers found ways to pick up 24 road wins this year, but being able to come

back home is a good feeling, Poulter said.

"I think everyone is pretty excited for (Friday)," Poulter said. "It's great to step on your home field in front of your fans and show them what you've got and how hard you've

been working."

The Redhawks have started OVC play 3-1 to add to their 19-11 overall record.

Southeast Missouri has four hitters batting over .300. Danina Marton technically has the highest batting average, but she has only had two at bats this season.

Otherwise, Mykaela Arellanes leads the Redhawks at .360. She has started every game for the Redhawks.

One thing that stands out for Southeast Missouri is its ability to hit the ball out of the park. The Redhawks have tallied 26 home runs this season with Abby Tillotson, Addison Barnouski, Ashley Ellis and Sarah Messex hitting five each.

For Eastern, it has been one of the top teams in hitting and pitching. Poulter attributes that to the Panthers finding ways to play hard for each other.

"If someone is having a bad day, there are two or three people right there ready to pick it up for them and that's one of the best things you can ask for," she said. "Everyone has their eye on the same goal this season and that's definitely what is motivating everyone and that is what is keeping us focused."

Sean Hastings can be reached at 581-2812 or smhastings@eiu.edu.

Men's tennis gears up for conference matches

By Vince Lovergine
Men's Tennis Reporter | @DEN_Sports

A double header looms for the Eastern men's tennis team, who face Belmont and Tennessee State this weekend at the Darling Courts.

Any matches that need to be moved due to weather, will be played at the Danville Tennis Center.

"Tomorrow's match will start at 12 p.m. and will be here on campus," Eastern coach Sam Kercheval said. "Pushed back a little to let the temperature warm up enough. Saturday is (to be determined) but does look to be headed indoors."

With the possibility of playing at the Danville courts, Kercheval said Danville is a home facility for the Panthers, so there is nothing to worry about from a location standpoint.

Conference play has not been all too kind for the Panthers standing at 0-3. But those fortunes could change against Tennessee State.

Prior to 2016, Eastern won nine straight matches against the Tigers, with two wins coming in 2013.

In most of those matches, Eastern swept the match, or won 6-1.

Belmont on the other hand has given the Panthers some trouble. Since 2013, Eastern has lost each match against the Bruins.

Even though each match has resulted in a loss, Eastern has put up points against Belmont, with the most coming in 2016, where Belmont defeated Eastern 4-3.

Belmont has struggled as well this season, posting an 8-10 record, but it has won its last three matches.

Something that stands out is the Bruins' road record of 1-9, which gives Eastern hope to earn its first conference win.

Belmont has leaned on its top performers in conference play, with freshman Marko Ilic and sophomore Hendrik Inno both having 11 wins in different singles positions.

The wins keep piling up for senior Stephen Goldman and sophomore Vincent Sterkens who both have notched eight wins a piece.

As for doubles competition, Ilic and Inno also have the most wins in doubles, having all 10 wins coming from the No 1. Doubles position.

For Eastern, sophomore Freddie O'Brien has been the leader for the Panthers with eight wins at the No. 1 singles position, and sophomore Braden Davis has four wins in different singles positions.

Rounding it out is senior Grant Reiman and sophomore Gage Kingsmith, who each have three wins on their resumes this spring.

In doubles competition senior Jared Woodson and sophomore Gage Kingsmith are 4-3 in doubles play in the spring. Sophomore Freddie O'Brien and senior Trent Reiman have nine doubles win overall this year and four on the spring campaign. Senior Grant Reiman and freshman Logan Charbonneau are 3-0 in doubles play this season.

With Tennessee State coming to town Saturday, its record is better than both Eastern and Belmont, sitting at 9-6 on the year.

Tennessee State had its earlier season win over Austin Peay voided by the OVC office, so the Tigers enter at 0-0 in the conference.

The wins are also a common theme for Tennessee State, with three players all having nine wins to this point; freshman Stefan Koruga, senior Shashank Nautiyal and freshman Pav-

le Popovic. All of these individuals won their last matches against the Governors.

Sophomores Kato Richardson and Larry Sloan are also tied this spring with six wins each. But for Sloan, he's on a four-match losing streak.

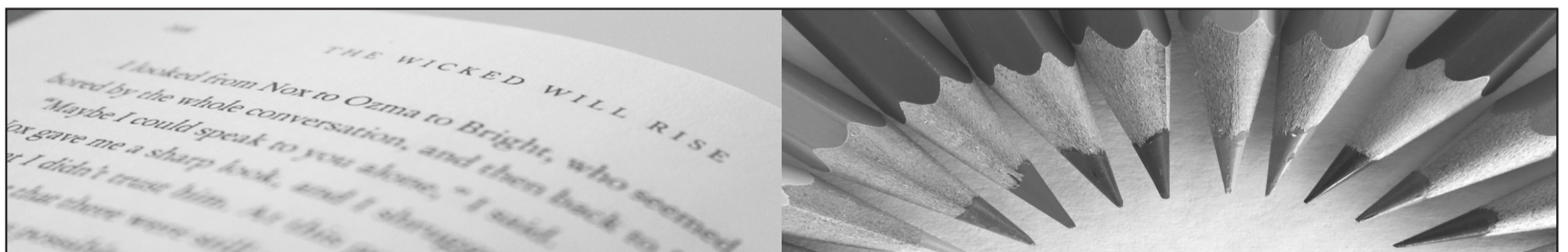
In doubles competition, Richardson and Sloan lead doubles teams with six wins this spring, with four of them coming at the No 1. Doubles.

"You slow the opponent down by playing well yourself first of all," Kercheval said. "Go execute your game plan and that's the best starting scenario. Then if you can find specific strategies to make the opponent struggle, you add that in."

Kercheval added that it is the players' job to make the opponent as uncomfortable as possible and best thing they can do is play well.

Eastern kicks off the conference weekend with Belmont Friday at 10 a.m. and Tennessee State Saturday also at 10 a.m.

Vince Lovergine can be reached at 581-2812 or vplovergine@eiu.edu.



THE VEHICLE

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Panthers make most of inside practice

By Adam Shay
Baseball Reporter | @DEN_Sports

Loud echoes, screeches off metal bats, and the pop of catcher's gloves filled the fieldhouse as the Eastern baseball team had an unorthodox practice Tuesday night.

Due to the rain cancelling Tuesday's game at Coaches Stadium, the team moved inside from 7 p.m. to 11 p.m. to practice working on hitting mechanics. Once the team stretches and warms up, the players migrate to two batting cages, carrying buckets of baseballs and two tees.

Through an organized and specific routine, the first group of hitters begin with the simplest, yet important, mechanic drill: tee-work. While pitchers warm up their arms and catchers take groundballs to their chest, baseball practice is underway.

Assistant coach Blake Beemer squats down on a bucket, examining the mechanics of each player's swing, making comments and providing tips. During this make-shift practice, the coaches can work on more specific drills compared to normal team practices.

"It gives us a chance to get a little more individual with the guys and to work on specific things," Beemer said. "It kind of slows the game down. It's a chance for us to take out the excess noise from outside and get particular with the guys' approach and mechanics."

Once players have taken their reps on the tee, a couple players at a time take a few steps to the left to phase two of batting practice: soft toss. Throwing cages are set up where players sit on buckets, lightly throwing batting practice while protected.

Soft toss practice is used to slow down a batter's swing, emphasizing the fluidity of the bat as it drives through the ball without expecting change-ups or curveballs. Players on the team use this opportunity to fix anything they have not had the chance to during games.

At 7:30 p.m., pitchers and catchers head over to the third and final batting cage where they make due with an arti-



SEAN HASTINGS | THE DAILY EASTERN NEWS

Senior Matt Albert backs out of the way of the pitch from Indiana State's pitcher. Eastern is set to start a three-game series with Tennessee Tech Friday with a doubleheader starting at 11 a.m.

ficial mound. The final step of their batting routine ends with live batting practice, treating it as if it is a game situation.

After 10 minutes of warming up, situation hitting begins. To make it feel like a game, two pitchers, simulating an opposing team's pitcher, throw 15 pitches each, and batters get a single at-bat.

The pitchers treat practice as if it is a live game, throwing 100 percent and working in their arsenal of pitches. As for the batters, this is a perfect opportunity to work on hitting off-speed pitches and adjusting to them.

"Being on time with the pitcher, focusing on the controlled stuff because when we're outside, we focus on de-

fense," redshirt junior outfielder Jack Holden said. "For me, it's getting my hands back in a loaded position and working on my struggling time."

Behind the cages is assistant coach Julio Godinez, clocking each pitch's speed and encouraging pitchers to dominate the strike zone. On a sheet of paper attached to a clipboard, Godinez tallies the count and which pitches are thrown; fastballs or off-speed.

Senior pitcher Logan Beaman, winds up and throws a fastball past the high-leg kicking redshirt senior Frankie Perrone. During this drill, the catchers call the balls and strikes, bringing in mixed signals and questionable facial expressions

from Perrone.

Next to Godinez and sitting relaxed on a fold-out chair is head coach Jason Anderson, assessing the pitcher's mechanics and pulling them aside once their 15 pitches is up.

"Everybody that hasn't been in games, the guys who haven't dressed and things like that," Anderson said. "We have to keep those guys going and practicing."

During practice, there is never a moment when a player is not working on something specific. Across the fieldhouse, players are jogging, lining up the pitcher, or off to the side stretching out their bodies with leg rollers and elastic bands.

As the first group of batters and pitchers begin to wind down, the rest of the team begins to trickle in at 8:30 p.m., going for light jogs and doing arm stretches. Players usually stay for three hours; however, players could leave after two hours at this practice.

As a team, the Panthers are a tight-knit group, always providing tips to one another on their swing, pitching mechanics, while laughing and having a laid-back practice. At the end of the day, they all practice for one goal: to move up in the OVC standings and prove their worth.

Adam Shay can be reached at 581-2812 or acshay@eiu.edu.

Kercheval taking on tennis director challenges

By Dillan Schorfheide
Women's Tennis Reporter | @DEN_Sports

Sam Kercheval has twice now stepped in to help coach the women's tennis team, both times after the team's coach left, but he likes the challenge it presents him to manage both.

Kercheval, the interim director of tennis, has been the coach of the men's tennis team at Eastern since being named to the position in August 2015. His first experience with helping the women's team came in the fall season of 2017.

Emily Wang was named as the head coach the same time as Kercheval, but she was announced as the head coach of the New Mexico State women's tennis team on Aug. 4, 2017.

"When she first left, the plan was to obviously hire a new coach right away," Kercheval said. "So I wasn't actually going to be doing anything with the women's team, other than what I normally do which is be cordial and help where needed."

The women's team then got a head coach when Lois Alexis was announced as the coach on Nov. 7, 2017, but before she got the chance to actually coach the team for any matches this spring season, it was announced on Jan. 17 that she took a leave of absence to finalize a new work visa.

Associate athletic director Rich Moser said Alexis is still finalizing her work visa.

Since Alexis' leave of absence, Kercheval said he has been balancing running



FILE PHOTO | THE DAILY EASTERN NEWS

Coach Sam Kercheval talks with Emily Pugachevsky and Srishti Slaria during a match in March 2017. Kercheval is still handling coaching duties for both the men's and women's tennis teams while Lois Alexis, who was hired as the women's coach, is still going through the process of finalizing her work visa.

practices for both teams and going to as many matches as possible for both teams. He has also been managing recruitment for the women's team.

"For me, it's been a good learning experience," he said. "Figuring out how to balance even more—I think I'm pretty organized and I communicate well and when

you add another nine players and another system, it's forced me to look at things differently and be better. So I think it's been a good challenge for me."

But the hardest thing for Kercheval to do was be on the court with both teams.

"As a coach, I love to be on the court, that's where we make our players better

from a technical and strategic standpoint," he said. "There are so many hours I can be out there between what I'm physically capable of and just scheduling when are our practice slots in the field house, what's the weather like outside, when are they out of class."

Kercheval said since then, he believes

the players have done a remarkable job handling the situation. He added that the players like him for the most part and that the team is in a "good spot."

And much to Kercheval's delight, Kevin Hussey, former Charleston High School tennis coach, has helped out with the women's team.

"I can't say enough about how much Kevin has helped me," Kercheval said. "I didn't know really anything about his background, didn't know what he knew, but he has come in and has great passion for coaching and he's extremely positive."

Although Kercheval did not know Hussey too well, he had met him before when Hussey would come to outdoor practices during bike rides. Kercheval would run into him when Hussey was teaching in the field house.

Kercheval said the program would not have the success it has had without Hussey, who has coached matches and even driven the players to matches. Kercheval believes the players love Hussey and have great respect for the job he has done for the program.

As far as the possibility of Alexis returning goes, Kercheval does not have a timetable of a possible return.

The women's team will get its second chance to have its first home match at the Darling Courts Friday, where the Panthers are scheduled to host Belmont and Tennessee State at 2 p.m. Saturday.

Dillan Schorfheide can be reached at 581-2812 or dtschorfheide@eiu.edu.