

1-28-2016

Daily Eastern News: January 28, 2016

Eastern Illinois University

Follow this and additional works at: http://thekeep.eiu.edu/den_2016_jan

Recommended Citation

Eastern Illinois University, "Daily Eastern News: January 28, 2016" (2016). *January*. 13.
http://thekeep.eiu.edu/den_2016_jan/13

This is brought to you for free and open access by the 2016 at The Keep. It has been accepted for inclusion in January by an authorized administrator of The Keep. For more information, please contact tabruns@eiu.edu.



20,000 LEAGUES UNDER THE OVC

Murray State's victory on Wednesday marks Eastern's 20th loss.

PAGE 7



TALK SAFETY TO ME

The Black Student Union hosted a Pillow Talk forum Wednesday evening to talk about safe sex.

PAGE 3

THE DAILY EASTERN NEWS

Thursday, January 28, 2016

"TELL THE TRUTH AND DON'T BE AFRAID"

VOL. 100 | NO. 88

CELEBRATING A CENTURY OF COVERAGE

EST. 1915

WWW.DAILYEASTERNNEWS.COM

Rauner details plan during State of the State Address

By Jason Howell

Online Editor | @thejasonhowell

Education, taxes and jobs were some of the items Gov. Bruce Rauner spoke about during his second State of the State Address on Wednesday in the House Chambers of the Illinois Statehouse.

Despite layoffs and spending cuts that have affected state colleges and universities, Rauner did not directly address state colleges and universities and the mess the budget stalemate has put them in.

Instead, the governor talked about "empowering" higher education to reduce administrative costs and pension liabilities, and offering financial support to those schools that show "real progress in putting more resources in the classroom."

Richard Wandling, chair of the political science department, said that the governor's higher education goals amount to formulaic references of perceived problems in administrative costs and bureaucratic processes.

"He notes these at a time when the very existence of public higher education is in peril due to zero dollars in state funding for our state universities this fiscal year," he said. "So, from



Governor Bruce Rauner delivered the second State of the State address Wednesday.

where I sit, as a department chair in a public university being damaged on a day-by-day basis by a dysfunctional state government, it is difficult to

view the state of the state address as nothing more than a disappointing episode in political theatre."

Paul McCann, interim vice presi-

dent for business affairs, said he was disappointed that the governor did not talk more about a 2016 budget.

Constitutional pension reform was

also an issue addressed by the governor, as he said Illinois has the worst unfunded pension liability in the nation.

As a move toward bipartisan compromise, he said he has agreed to support the pension proposal from Illinois Senate President John Cullerton.

He emphasized the need for common sense in union contracts and also called out the compensation demanded by the American Federation of State, County and Municipal Employees.

Rauner said that the \$3 billion demanded by AFSCME should go to schools and human services, not "government bureaucracy."

Sen. Dale Righter said in a statement that the tone of Rauner's speech was good because both parties can find common ground on the issues set forth.

"The status quo in Springfield must come to an end by moving Illinois forward, creating more opportunity for everyone, and bring more efficiency to Illinois government," he said.

Jason Howell can be reached at 581-2812 or jhowell3@eiu.edu.

Kratochvil retires from Board

12-year member retires from the Eastern Board of Trustees

By Analicia Haynes

Administration Editor | @Haynes1943

Roger Kratochvil, 77, is stepping down from Eastern's Board of Trustees Feb. 1 after serving for 12 years.

"I enjoyed the camaraderie on the board," Kratochvil said. "It was a joy to be with the Board of Trustees for 12 years."

Kratochvil, a Mt. Olive native, was first appointed in 2004 and served multiple positions including the Board chairman for two terms.

"I was the only one from the original Board still on," Kratochvil said. "I had to get to know them (new members)."

Kratochvil said former Sen. Vince DeMuzio, requested he be appointed to the board and died the night Kratochvil was appointed.

"When I got the phone call from Vince (about the appointment), I was thrilled," Kratochvil said. "I didn't know he did this on his death bed."

When he was the chairman, Kratochvil said he had a reputation for short meetings because he kept everyone on topic.

Kratochvil said he was not racing through the meetings; he just wanted to get people back on subject.

Kratochvil said he used a lot of



Roger Kratochvil

humor in his speeches because if people can not laugh, they cry.

"Live life the way you want to live life," Kratochvil said. "Don't let anything stop you."

As the president of the Mt. Olive Academic Foundation and chairman of the Macoupin County Housing Authority, Kratochvil said it was his time to leave the Board.

"I have to cut back," Kratochvil said.

Kratochvil said driving to Eastern, a 129-mile trip both ways, was a long trip and his others positions take up a lot of time.

However, he said he would be keeping these other positions because they are closer to his home.

"There's only so many hours in a day and you need to take the time to stop and smell the roses," Kratochvil said. "Well, I'm smelling the roses but I don't want to be under the gun."

Kratochvil said that attending

games and activities on campus and getting involved with the university was imperative to be a good Board member.

The death of Kratochvil's good friend Robert Webb had an influence in his departure from the Board.

Kratochvil said the key advice for remaining and future board members is to continue to do the very best for Eastern.

"I think they will do that," Kratochvil said.

Kratochvil said everyone is equal on the board and their work is a collective effort rather than an individual one.

Kratochvil graduated with a Bachelor of Arts in education from Eastern in 1960 and was inducted into the Eastern's Athletic Hall of Fame in 1998 for his time playing baseball.

During his time as an undergraduate, Kratochvil said he lived in Douglas Hall in the same room for all four years.

As chairman, he and several other members of the Board visited his old room before a meeting.

"We just wanted to see who lived there," Kratochvil said.

A cancer survivor, Kratochvil said people should not let complications set them back. Instead they have to deal with things, take care and move on.

"Enjoy each year," he said. "Before you know it you'll end up like me, retired."

Analicia Haynes can be reached at 581-2812 or achaynes@eiu.edu.

Union leaders talk potential layoffs

By Cassie Buchman

Associate News Editor | @cjbuchman

Union leaders have already heard concerns from constituents following the announcement Monday regarding hundreds of potential layoffs for non-instructional employees and unpaid furlough days coming in March if the state does not pass a budget.

Besides the layoffs and furloughs, President David Glassman outlined non-instructional equipment purchases, capital projects and supply purchases, the delay of maintenance and repairs unrelated to safety, and a hiring freeze involving funding for fiscal year 2016 in an email Monday.

As of now the state owes Eastern \$40 million in appropriations, with another \$9 million owed for Monetary Award Program grant reimbursements.

Jonathan Blitz, president of the University Professionals of Illinois, said come hell or high water, the school would be open through the spring semester, but the question is how much pain the university will go through trying to make that happen.

One concern Blitz heard about is from annually contracted faculty members about the hiring freeze.

Since ACFs are contracted yearly, Blitz was asked if the freeze meant they would not be hired for the following year.

Blitz said he did not have the answer but as of now he does not think he would interpret the news that way.

"Of course, people get scared," Blitz said. "Everybody's scared."

Another concern that came up was the furlough days and who would be subject to them.

Because they are not written in their contracts, the members of the UPI are not subject to furlough days unless the school were to declare financial exigency, meaning the university can not meet certain contractual obligations, in which case furlough days would be negotiated.

Blitz said Eastern is not looking into declaring exigency at this point.

Having a spring semester means most members of the UPI will be safe from layoffs since they will be teaching classes.

However, some Academic Support Professionals, who do not teach, are concerned about being targeted in March, though Blitz said they do not have to worry about that.

In their contract, ASPs are guaranteed three, six or nine months notice depending on how long they worked, so they would not be affected by the potential layoffs in March.

ASPs include academic advisers, stockroom personnel and others.

Blitz said they would remain until the spring semester, but after that, all bets are off.

Derek Light, the president of the Eastern chapter of the American Federation of State, County and Municipal Employees, said his membership is always getting worried, especially since they do not know the total number of layoffs that could happen.

UNION, page 5

Local weather

THURSDAY

FRIDAY



Partly Cloudy
High: 40°
Low: 25°



Sunny
High: 39°
Low: 34°

For more weather visit dailyeasternnews.com



The Daily Eastern News
1802 Buzzard Hall
Eastern Illinois University
Charleston, IL 61920
217-581-2812
217-581-2923 (fax)

News Staff

Editor-in-Chief

Stephanie Markham
DENeic@gmail.com

Managing Editor

Lauren McQueen

News Editor

Luis Martinez

DENnewsdesk@gmail.com

Associate News Editor

Cassie Buchman

Opinions Editor

Chris Picazo

DENopinions@gmail.com

Online Editor

Jason Howell

DENnews.com@gmail.com

Online Producer

Mackenzie Freund

Photo Editor

Josh Saxton

DENphotodesk@gmail.com

Assistant Photo Editor

Molly Dotson

Sports Editor

Sean Hastings

DENSportsdesk@gmail.com

Assistant Sports Editor

Maria Baldwin

Administration Editor

Analia Haynes

Multicultural Editor

T'Nerra Butler

City Editor

Lynnsey Veach

Verge Editor

Kalyn Hayslett

Verge Designer

Travis White

Faculty Advisers

Editorial Adviser

Lola Burnham

Photo Adviser

Brian Poulter

Online Adviser

Bryan Murley

Publisher

Sally Renaud

Business Manager

Betsy Jewell

Press Supervisor

Tom Roberts

Night Staff for this issue

Night Chief

Lauren McQueen

Lead Designer

Shelby Niehaus

Copy Editor/Designer

Liz Dowell

Get social with The Daily Eastern News

The Daily Eastern News

dailyeasternnews

@DEN_News

Visit our website: dailyeasternnews.com

About

The Daily Eastern News is produced by the students of Eastern Illinois University. It is published daily Monday through Friday, in Charleston, Ill., during fall and spring semesters and twice weekly during the summer term except during university vacations or examinations. One copy per day is free to students and faculty. Additional copies can be obtained for 50 cents each in the Student Publications Office in Buzzard Hall.

Advertising

To place an advertisement or classified ad in The Daily Eastern News, call the ads office at 581-2812 or fax 581-2923. Visit our online advertisements at dailyeasternnews.com/classifieds.

Comments / Tips

Contact any of the above staff members if you believe your information is relevant.

Corrections

The Daily Eastern News is committed to accuracy in its coverage of the news. Any factual error the staff finds, or is made aware of by its readers, will be corrected as promptly as possible. Please report any factual error you find to Editor-in-Chief Stephanie Markham at 581-2812.

Employment

If you would like to work for The Daily Eastern News as a reporter, photographer, columnist, cartoonist, copy editor, designer or videographer, please visit at the newsroom at 1802 Buzzard Hall.



Printed by Eastern Illinois University on soy ink and recycled paper.

Attention postmaster: Send address changes to:

The Daily Eastern News
1802 Buzzard Hall
Eastern Illinois University
Charleston, IL 61920

Murders portrayed on the Square

By Mackenzie Freund

Online Producer | @mgfreund_news

An almost two-year dispute between a father and son-in-law ended in both of them being killed in what is now known as the Ellington-Monroe murders. The murders were portrayed at Bob's Bookstore Wednesday afternoon.

The portrayal was put on by the Academy of Lifelong Learning and planned by Marita Metzke, project coordinator for the academy, and Dick Hummel, a vice president for the Five Mile House.

Metzke said she and Hummel had talked about putting on the event because Hummel had done research on the murders.

"Bob's Bookstore was on the site of the murders," Metzke said. "Between the two of us we decided to cook up this Academy of Lifelong Learning event."

Hummel dressed and spoke as Nathan Ellington and told the audience what the events were leading up to and after his murder.

Adolphus Monroe and Nathan Ellington had gotten into a confrontation outside Monroe's business.

The argument had continued after the two men moved inside, where the argument got physical and ended with two shots being fired.

Hummel said the first shot had just grazed Ellington's head, which made him angrier and he lunged for Monroe and both men ended up on the floor.

"Someone did come and grab me and pulled me from my position on top of him," Hummel said as Ellington. "In doing so, Adolphus' arm was free and he managed to pull out the second pistol and shoot."

The second bullet hit Ellington in the chest and he was taken home, while



LIZ DOWELL | THE DAILY EASTERN NEWS

Dick Hummel, vice president of the Five Mile House Foundation, and his wife Kathy Hummel portray Nathan Ellington and Frannie Yokum Ellington in the murder reenactment at Bob's Bookstore on Wednesday. Nathan Ellington died in a store where Bob's Bookstore stands today.

Monroe was immediately arrested.

Lisa Judd, one of the owners of Bob's Bookstore, said she did not know the murder had happened and they did not originally know the story behind the murder.

"It was a great way for us to be able to stay at work but also learn the whole story of the murder," Judd said.

Eight days after Ellington was shot, he died from infection after saying his last words to his family.

"I managed to croak out the words 'I hit him, I struck him, I'm sure he was in fear of his life. He shot me in self-defense,'" Hummel said.

Monroe had a four-day trial in January 1856 and was convicted and was sent to be hanged on Feb. 15.

Monroe's wife and mother were able to get the execution day postponed for three months by the governor two days before Monroe was to be hanged, but the people who came to watch the execution would not have the delay.

"Some of the mob went down and pounded through the wall of the jail because they were determined to hang Adolphus that day," Metzke said.

After getting Monroe out of the jail they realized they could not hang him on the Square because the trees were

too young so they took him to what is now Kiwanis Park to hang him.

"There was an established tree there and they did the deed there," Metzke said. "They then put the body in the back of a truck and drove it around the Square a couple of times so everyone could see that the deed was done."

A song called "The Ballad of the Sweet Willow Tree" with words by Gaye Harrison followed the story of the Ellington-Monroe murders.

Mackenzie Freund can be reached at 581-2812 or at mgfreund@eiu.edu.

CAA prepares to nominate for Laureate

By Analia Haynes

Administration Editor | @Haynes1943

The Council on Academic Affairs will review the Faculty Laureate Award Nomination process and discuss proposals for five revised courses at their 2 p.m. meeting Thursday in room 4440 of Booth Library.

Marita Gronnvoll, chair of the CAA, said every year a faculty member who teaches general education courses is nominated for an award highlighting their success in teaching.

It is rare that Unit B faculty members, who are hired annually or are on a three-year contract are nominated, Gronnvoll said.

Gronnvoll said the council wants

to make sure the nomination process for the award is fair enough and inviting to all faculty members who qualify.

"Our call for nominees is to encourage them to apply," Gronnvoll said.

On average there are about 10 to 12 nominations.

Gronnvoll said many faculty members who qualify for the award do not think about nominating themselves.

"They are a really important part of the university," Gronnvoll said.

Gronnvoll said when a faculty member wins the award, they have the opportunity to lead the faculty during convocation ceremonies in the fall and receive a \$500 stipend.

According to the Faculty Laureate link on the Eastern website, the Faculty Laureate will also present an address during the convocation ceremony, welcoming Eastern's incoming students to the concept of general education.

The Faculty Laureate will be profiled in student publications and have the opportunity to represent the faculty on student committees.

Gronnvoll said the proposals for revising the five courses do not address changes in content.

According to the rationale for the four English course proposals, ENG 1001G/1091G and ENG 1002G/1092G need to be revised to make the courses reflect model programs, practices and policies in the

profession.

According to the rationale, the Composition Committee, which is the committee conducting the revisions, tried to make sure the courses "cohere with Illinois Articulation Initiative expectations."

The rationale said the revised courses are intended to support undergraduate learning goals that are beyond just critical thinking, reading and writing and reflect the best practices of college writing.

Gronnvoll said course ESC/GEL 2450G, Oceanography will be revised so it can be taught online.

Analia Haynes can be reached at 581-2812 or achaynes@eiu.edu.

January 28th, 2016

What's Happening on Campus?

Dust, Drought & Dreams Gone Dry Exhibit | All Day
Booth Library

Cover Letters 101 | 4:00 PM - 5:00 PM
Call 581-2412 for information and reservations.

Kim Krause: The Nature of All Things | 10:00 AM - 5:00 PM
Tarble Arts Center

Check out more upcoming events at www.eiu.edu/eiu360/

Black Student Union talks sex at forum

By T'Nerra Butler
Multicultural | @DEN_News

A packed house came to hear a few tips and tricks about sex from members of the Black Student Union Wednesday night.

"Pillow talk," was an interactive forum where hosts Tiarra "Mello" Webb, the social affairs chair for the BSU, and Jahlil Rider, a senior applied engineering & technology major, showed statistics as well as clips to students.

Each table was given a name with different sexual innuendos.

Those sitting at the same table were teammates.

Along with these statistics came games where the Webb and Rider asked the tables to come onstage and participate.

One pie contest and condom challenge later, students were enthusiastic to play the games.

During the condom challenge, students battled to see who could put a condom on a banana the fastest.

The host duo discussed different topics ranging from hygiene, one-night stands, practicing safe sex and Planned Parenthood.

One statistic said by the hosts was that half of all pregnancies are unintended, and 4 in 10 pregnancies end in abortions.

Throughout the night the hosts incorporated polls as a way to keep topics flowing.

In a poll asking if partners can have sex with no strings attached, the results showed that 62 percent of the room agreed.



JOSH SAXTON | THE DAILY EASTERN NEWS

Tiarra "Mello" Webb, a senior kinesiology and sports studies major, and Jahlil Rider, an applied engineering & technology major, talk about the importance of safe sex during the BSU Pillow Talk forum Wednesday at 7th Street Underground.

"You think that it can't happen to you, but then it happens to you. It's one of the biggest issues we have. We think that we're invincible."

-Tiarra Webb, social affairs chair for BSU

The night quickly took on a more serious tone when the topic of STIs came up.

Webb said that topic is talked about on campus, but not emphasized. She said people have to make it

a habit to go and get tested for diseases.

"Yes, it's a touchy subject but there are things on campus that we need to utilize and we need to have at our advantage," Webb said. "Among our

community we need to stress this a lot, because we are the highest in HIV, we are the highest in STDs."

Webb said often people wait until it is too late to go checked out and some diseases are not easily detectable.

"You think that it can't happen to you but it then it happens to you," Webb said. "It's one of the biggest issues we have. We think that we're invincible."

Donovan Gatling, a freshman biology major, said the forum was entertaining and although he knew most of the information, it was a good refresher.

"What I took from the event was to always ask people questions and get tested regularly," Gatling said. "It's also good to hear a certain thing over and over so it'll get stuck in your head."

Lindsay Moorer, a freshman pre-nursing major, said something surprising at the forum was the amount of individuals who contracted HIV.

"Listening to things again and again makes you think about it more because sex is serious," Moorer said.

Moorer said some students go to college and overindulge with the thought of sex and often are not aware of what they are getting themselves into.

The last poll asked students if they have every contracted a STI or know someone who has.

For a long time the poll contained no votes.

Gatling said that result probably occurred because people were not comfortable with saying yes, or did not want to be asked about the topic by those next to them.

T'Nerra Butler can be reached at 581-2812 or tabutler@eiu.edu.

PAECE to begin hoodie collection for homeless

By T'Nerra Butler
Multicultural Editor | @DEN_News

Hoodies for Homeless is a collection led by members of Performing Arts for Effective Civic Education and it is making way to campus.

The idea of having a hoodie collection came from Tiyaji Williams, the president of PAECE, who saw a post on Instagram.

She said after seeing someone post about Hoodies for Homeless, she went straight to her executive board with a plan.

The hoodie collection starts Monday and will continue throughout

the month of February.

"I hope that this promotes awareness," Williams said. "A lot of people are walking around the streets without jackets."

PAECE tries to keep up with current events, Williams said.

She said this collection shows that PAECE not only talks about the things that are going on in the world but also tries to do something about some societal issues.

"I hope that somebody else will let this idea inspire them to start something else that will make a difference in the community," Williams said. "There is never enough ideas that

contribute to making a difference."

Williams said instead of donating the items to an agency, members will be handing the clothes out to people on the streets.

She said sometimes agencies take donations and then resell them instead of distributing them to those who are in need.

"A lot of times those in need don't want to ask for handouts," Williams said. "I would rather give them the sweater directly so I know it went where it was supposed to go."

Cydne Garrett, the parliamentary and community service chair for PAECE, said giving back shows that

the organization cares.

She said the idea to not give the hoodies to an agency says something about the organization itself.

"I think it makes it more personal," Garrett said. "When you create a relationship with those who you're helping, it can open doors for them and open doors for you."

Garrett said Eastern offers a lot of opportunities for students to get involved with community service. She said the university is good about keeping the students conscious of their community.

"Life is not about you, it's about giving back to your community,"

Garrett said. "That's how you create unity."

Baskets to collect the hoodies can be found at Pemberton Hall, Lawson Hall, Andrews Hall and at PAECE's meetings, which are at 6 p.m. Tuesdays in the Arcola-Tuscola Room in the Martin Luther King Jr. University Union.

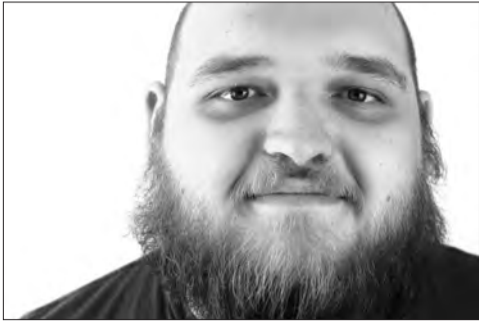
Williams said they will try to include sweaters, gloves and scarves when they distribute the items to those in need.

T'Nerra Butler can be reached at 581-2812 or tabutler@eiu.edu.

The Vehicle
SPRING 2016 PRINT ISSUE

Now accepting fiction, nonfiction, poetry,
drama, and art through February 5th

THEVEHICLEMAGAZINE.COM/SUBMIT



Mace Mackiewicz

Ignorance is your new best friend

The earth is not flat. You may think that this phrase is a given, but recently the rapper B.o.B went to Twitter to exclaim that we've all been duped by NASA and the governments of world and that we actually live on a flat planet.

I know past columns I have done have centered around the invalidity of conspiracies such as vaccines and people thinking certain tragedies were made by the government, but the idea that there are people in this world who still believe the earth is flat is completely baffling to me.

We have several photos taken of Earth from space. We are almost in a time where venturing into space will be a luxury for the richest of people yet somehow there are still people who think that the world stops at Antarctica.

The most ridiculous thing to come of this is after astrophysicist Neil DeGrasse Tyson systematically debunked B.o.B's assertions on Twitter, the rapper went ahead and made a song just to rebuke Tyson.

The song not only asserts the earth is flat but also has a line that says "Stalin was way worse than Hitler" as well as name dropping David Irving, a well-known holocaust denier, as support for the flat earth.

I personally haven't heard anything from B.o.B since that song he did with Hayley Williams like 7 years ago, but I certainly didn't expect this level of ignorance from him. I recently looked at his Twitter after what happened with Neil DeGrasse Tyson and the guy also believes we have human clones roaming around.

To be frank, people can have opinions on whatever and that is their choice. But saying the earth is flat isn't opinion, it's factually wrong on every level and such a thought should be mocked, or at least many people need to take an astronomy class.

Honestly I hope B.o.B sits down with Tyson so they can hash things out face to face. It's rare that a conspiracy theorist goes back on their beliefs, but I honestly believe is he had a conversation with an expert he would either change his mind or completely block out all that was being told to him.

I guess at this point I should really learn to ignore this kind of thing but I really can't. I honestly can't wrap my mind around the fact that there are still people in 2016 who think the earth is flat. I thought we got over this centuries, if not millennia ago.

Don't take this article as me thinking the world is getting dumber, by the way. It's just a vocal minority that wants to spread their ignorance.

Mace Mackiewicz is a senior journalism major. He can be reached at 581-2812 or mmmackiewicz@eiu.edu.

Stay Tuned

Starting tomorrow, be sure to check *The Daily Eastern News* every Friday for a new weekly column series from Sports Editor Sean Hastings.

Sean will be guiding you through life with his weekly lessons on how to survive by telling stories of personal experience.

Disappearing Act



IRVING COLEMAN | THE DAILY EASTERN NEWS

Staff Editorial

Confidence is a major key to success

The women who competed in the recent Miss Black and Gold 2016 pageant represented a common theme through their performances—confidence.

This Sunday, Angela Davis, a senior sociology and African American studies major, was bestowed the title of Miss Black and Gold, but all of the contestants' participation proved the importance of believing in yourself and having the courage to put yourself out there.

For example, pageant contestant Ariana Moore, a senior kinesiology and sports studies major, shared words of inspiration during the pageant.

"You gain strength, courage and confidence with every fear you face," Moore said in an article in Monday's edition of *The Daily Eastern News*.

Most of the contestants shared very personal stories during the pageant.

Letting others in on your personal experiences can be daunting to do even in front of close friends and family, and to do it in front of a crowd and a panel of judges

takes boldness and strength.

Not everyone may be the pageant type or wish to be judged by their appearances; however, everyone can learn from the example the Miss Black and Gold contestants set.

Telling something personal for others to hear is not the easiest thing, and being able to express yourself in such a personal way is difficult thing to do.

Doing so can inspire others to feel like they are not alone and that they can be honest about who they are and what they've been through in life.

Being able to muster the confidence to do something that may seem nerve wracking does not just involve being in a pageant.

People gain confidence to do many different things, from public speaking to sharing your feelings to preparing for a job interview.

Confidence allows you to put yourself out there to accomplish something you thought you could not do.

But getting confidence to do something is one of the most difficult things to do.

Everyone is nervous about doing something intimidating, especially if you are doing something for the first time.

It's natural to be.

You just have to fake confidence until you truly feel comfortable, and this is also a natural thing.

Very few people feel like they have all the confidence in the world when taking on an uneasy task.

Real confidence does not come from out of nowhere; it comes from doing what you are afraid to do regardless of your apprehensions and learning from your experiences.

The second time you do something is never as bad.

If you want to accomplish something, you just have to have to do what you set out to do.

The daily editorial is the majority opinion of the editorial board of *The Daily Eastern News*.

Students should take time to exercise

Every student on Eastern's campus should exercise.

Yes, I know, it's nothing you haven't heard before. "Exercising increases endorphins, it makes you happier!" "Exercising can help you cut the freshman fifteen!" "Exercising can decrease your stress levels!" Yes, you've heard all this, but I'm here to tell you that it can do all those things and more and guess what.

You definitely have time to do it.

Let me put it this way.

There are 168 hours in a week; 40 hours are spent at work or school, 56 hours are spent sleeping, and there are 72 hours left over.

Are you seriously saying you can't find three hours a week to go work out?

Better yet, just 30 minutes a day to hit the treadmill in our nice recreation center can make all the difference.

Not to mention, the Rec Center is absolutely free to students and they have a whole slew of classes from abs, yoga, or even dance exercising and more!

I may be biased because I spend hours on end working out every day at track practice, but after a long day of class I can't wait to hit the pavement or the weights and sweat out my stress.

The life-long health benefits only enhance my reasoning for wanting to get outside.

The cold can be grueling, but one can



Maria Baldwin

always work out inside.

The weather is no excuse to not workout!

I've seen so many students out and about running or in workout clothes headed to the rec, and it's contagious!

As students we lead by example, and when one student looks happy and fit when they head to the gym other students notice and get curious about it and want to try it themselves.

Working out becomes a habit.

To make yourself get into this habit, schedule a time that works best for you and write it down.

Seeing it in your planner every day that you have to workout will make it easier to not dip out on going when you are too tired to go later.

Create goals for yourself for short-term and long-term so that you can feel a sense

of fulfillment once you achieve them, the best feeling in the entire world.

Not to mention that when you start to see results you will only want to continue exercising.

The goals you create can be linked to your weight-loss goals, fitness goals or even strength goals you wish to achieve.

The moment when one finishes a work out is a feeling like no other.

The sense of accomplishment mixed with exhaustion becomes a habit and soon, and addiction.

You will get addicted to the endorphins, addicted to the feeling, and addicted to the achievement.

Consistency is key, and only you are in charge of the way you spend your time.

You have the time to make yourself fitter, stress-free, and healthy, but will you take that time for yourself?

It doesn't have to hurt; all you have to do is get moving.

Use the resources on campus and go crazy. Thirty minutes is only two percent of your day.

In that two percent every day, you can make yourself the best possible version of yourself.

Maria Baldwin is a sophomore communication studies major. She can be reached at 581-2812 or mjbaldwin@eiu.edu.

Editorial Board

Editor-in-Chief
Stephanie Markham

Managing Editor
Lauren McQueen

News Editor
Luis Martinez

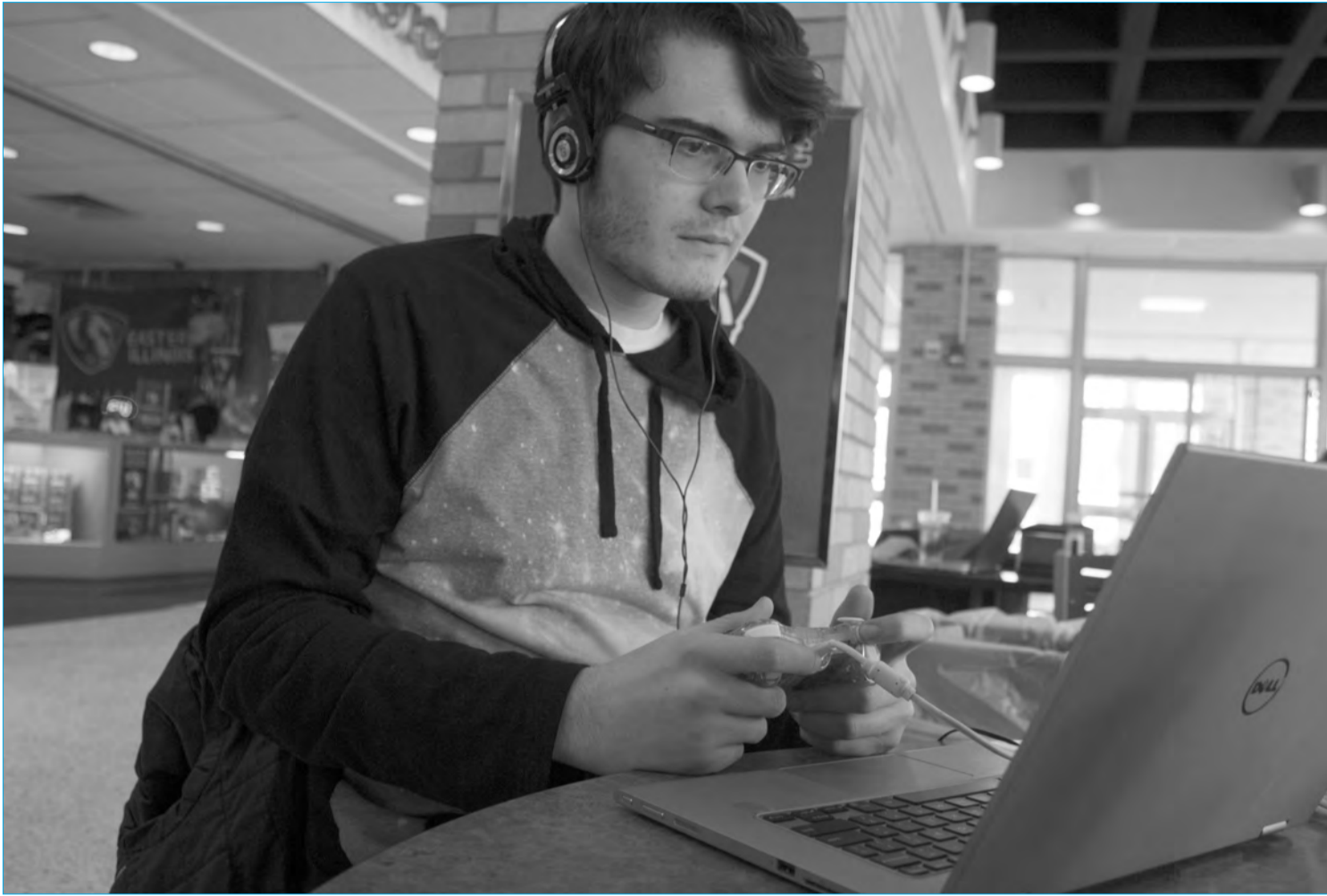
Associate News Editor
Cassie Buchman

Photo Editor
Josh Saxton

Online Editor
Jason Howell

Opinions Editor
Chris Picazo

Work Hard, Play Hard



JOSH SAXTON | THE DAILY EASTERN NEWS

Dan Preradovic, a senior English major, plays "Warframe" between classes at Java Beanery & Bakery on Wednesday in the Martin Luther King Jr. University Union.

» UNION, CONTINUED FROM PAGE 1

AFSCME can negotiate the impact of the layoffs with Eastern's vice presidents and labor relations people once the numbers are released, but until they come out there is not much they can do save making sure Eastern follows the contracts and civil service rules.

"We're hoping to find out, hoping for a budget, but we know that's not going to happen any time soon," Light said.

Light said back in September, the university had some hiccups where they did not follow all the rules, but they did fix that.

This time, if there are layoffs, Light said he does not think there will be issues, although because of the number of layoffs that could happen, there could be some inherent mistakes. Light said he has faith Eastern will fix these, though.

Civil service workers will have bumping rights, where they are able to take the job of an employee with less seniority. If an employee does not have enough seniority, they will be laid off.

Light said the fact that everyone he works with is pretty close knit from working together makes news of the potential layoffs harder.

Once people are laid off, it will cause civil service workers, who are already doing more work as a result of past layoffs, to take on additional work.

Light said he hopes the university makes sure, in the event of layoffs, they are trying not to affect the same people they affected during the last round of layoffs.

He said he did not know if they could lose more office staff without hurting students and potentially lowering enrollment.

"They deal with students everyday," Light said.

Light said civil service workers provide services on campus, such as cleaning the residence halls and offices and cooking meals, and office staff workers help students with their classes.

Another result of the layoffs is that some employees will go without insurance.

Many who would be laid off if there is no budget in March would get unemployment and would have to pay for their own insurance, which could get expensive, Light said.

Some have asked if those in athletics would count as non-instructional staff.

Blitz said in his opinion, most of them were non-instructional.

He said he did not know what people could do to prepare for potential layoffs besides saving some money and start looking at their options.

"My membership, UPI, shouldn't be too concerned about their personal situation during the spring semester," Blitz said. "But what happens at the end of the spring semester is anybody's guess. None of us have any control."

While Blitz said there is always a chance Eastern could get funding by March, he was not terribly optimistic.

The UPI will have at a general body meeting Wednesday Feb. 3.

Tournament to 'knock out' sexual assault

By **Analia Haynes**
Administration Editor | @Haynes1943

Students will compete in a dodge ball tournament to raise awareness for sexual assault 6 p.m. Thursday in the McAfee North Gym.

The tournament, hosted by the student government, is an event supporting the "It's On Us" campaign.

According to an email from Student Body President Shirmeen Ahmad, the aim of the campaign is to create sexual assault and violence awareness and create a positive culture change.

Ahmad said the idea came from the on campus "It's On Us" committee.

The committee is comprised of members from different areas of campus life such as Greeks, student athletes, the Residence Hall Association, EIU Pride, EIU Fem, the Black Student Union, faculty and staff.

Students will have the opportunity to sign

"This tournament is meant to be a fun way to start dealing with this issue on campus."

-*Shirmeen Ahmad, student body president*

an "It's On Us" pledge and talk about the campaign before the tournament begins, Ahmad said.

Ahmad said there will be activities for the teams that are not playing such as sexual assault trivia.

"It will educate the people who come out," Ahmad said. "People showing up will prove that we all want to participate (the campaign)." The tournament will be based off a bracket system and the team with the most members left wins gift card to Union Bookstore at the Martin Luther King Jr. University Union.

Ahmad said there are four teams signed up for sure, but people can also show up last minute and either join a team or create one.

"I think we will have a good turnout," Ahmad said.

Ahmad said students and organizations will also have the opportunity to earn points for attending "It's On Us" events throughout the semester.

Prizes will be given to the organizations and individuals who accumulate the most points by the end of the semester.

"This tournament is meant to be a fun way to start dealing with this issue on campus," Ahmad said. "The amount of people wanting to come out shows the potential we have in bringing culture change to campus."

Analia Haynes can be reached at 581-2812 or ahaynes@eiu.edu.

Cassie Buchman can be reached at 581-2812 or cbuchman@eiu.edu.

**WARBLER
YEARBOOK**

**240 glossy full color pages!
Order today for only \$40!**

Online: <https://commerce.cashnet.com/eiuspub>

In person: Buzzard 1802

Yearbooks are available for pickup on the first week of May or for an additional fee of \$10, you can choose to ship directly to the address you list when you order.

**BE INSPIRED
BE CREATIVE
BE CHALLENGED**

@ THE TARBLE
2010 9TH STREET, CHARLESTON, IL

OPEN: 10AM-5PM TUESDAY-FRIDAY | 1-4PM SATURDAY-SUNDAY | CLOSED MONDAYS AND HOLIDAYS
(217) 581-2787 | EIU.EDU/TARBLE | TARBLE@EIU.EDU | FACEBOOK.COM/TARBLEARTS
FREE ADMISSION AND VISITOR PARKING

Women's basketball team handed 20th loss

By Mark Shanahan
Staff Reporter | @DEN_Sports

The Eastern women's basketball team showed some fight against Murray State, but could not prevail, resulting in its 20th-straight loss.

Eastern stuck around the whole game despite never actually leading in the 66-56 loss.

Murray State pulled away in the fourth quarter to win the game by double digits.

The starters against Murray State were Phylcia Johnson, Grace Lennox, Erica Brown, Shakita Cox and Jalisha Smith.

At the first media timeout of the game, Eastern trailed just 4-2 with 4:55 remaining, but were failing to jump ahead of Murray State who went almost four minutes without scoring a basket.

The Panthers trailed after the first quarter, 13-10.

They shot just 30 percent from the field, while Murray State only shot 38 percent.

The main area Murray State was beating them was in the paint where they were outscoring Eastern, 10-4.

The shooting did not get much better in the second quarter for either team although Murray State came out on a 5-0 run.

They then went over five minutes without scoring a basket, but Eastern was unable to capitalize once again as they just went on an answering 5-0 run during that time.

Murray State took a 29-23 lead into half-time.

Kyra Gullidge was the leading scorer at the half with nine points and was a perfect 3-3 from the field.

Eastern shot just 27 percent in the first half, but Murray State was not shooting much better at 38 percent.

The turnover battle was close as Eastern had nine takeaways as they had five steals in the first half.

The Panthers were outscored, 16-8, in the paint during the first half.

The third quarter featured more scoring by each team as Eastern fought back to tie it at 39 4:25 into the second half with a three from freshman Carmen Tellez.

Eastern outscored Murray State in the third quarter, 23-19, and trailed 48-46 going into the fourth.

Cox hit a buzzer beater at the end of the quarter to make it a one-possession game.



JASON HOWELL | THE DAILY EASTERN NEWS

Sophomore guard Grace Lennox scored 12 points in the Panthers' 66-56 loss to Murray State on Wednesday in Murray, Ky.

A late turnover in the fourth quarter hurt the Panthers as they were within six points.

There were multiple clock issues that dragged out the fourth quarter, but Eastern was outscored, 18-10.

Murray State went on a 6-0 run to finish out the game.

Lennox talked about what fell off at the end of the game.

"Just a few silly decisions at the end, throwing unforced turnovers and missing easy layups," she said.

Gullidge and Ke'Shunan James were the

games top scores with 17 points a piece for Murray State.

Gullidge also led the team in rebounds with nine and James handed out the most assists with four.

Brown had a strong performance for the Panthers as she fell just short of a double-double with 11 points and eight rebounds.

Lennox led the team in points with 12 and Smith led the team in rebounds with nine.

Turnovers hurt Eastern once again as Murray State was able to get 21 points off of turnovers.

Both teams ended up shooting 39 percent from the field in the game.

Lennox took away some positives from this game.

"We played good defense tonight and matched them in rebounding for the first game in awhile," she said.

Eastern still has one game remaining on the road trip against Edwardsville on Saturday.

Mark Shanahan can be reached at 581-2812 or mmshanahan@eiu.edu.

Tennis team heads to Northern this weekend

By Tyler McCluskey
Staff Reporter | @DEN_Sports

After a close loss to Saint Louis last weekend, the Eastern men's tennis team will have a chance to bounce back at Northern Saturday.

Wright State was supposed to compete as well, but dropped out.

Last week, the Panthers took a tough loss of 4-3 against Saint Louis.

The Panthers won the crucial doubles point and gained momentum, it just was not enough.

"So it really is like any other match. We won the doubles point at SLU last week and we need to take that to show that we can win the point and compete with the strategies we have in place," coach Sam Kercheval said.

Winning the doubles points for the Panthers were seniors Rui Silva and Robert Skolik 6-4 over SLU's Juan Calero and John Nogalski, while sophomores Trent and Grant Reiman

defeated SLU's Paarth Dodhiawala and Oscar Pachon 6-1.

"We know what our strengths and strategies are and we need to start the matches the same way," Kercheval said. "Our strengths are our strengths and we need to play using those as much as possible."

Freshman Ognjen Jevtic won his first career match as a Panther in three sets 6-4, 1-6, 6-4 over Dodhiawala.

"He had to play a different style than he normally prefers in order to get the win," Kercheval said. "That was a great win for Ognjen."

The Panthers have been working on the defensive side of the ball and are focused on getting more balls in play.

Shot selection will be key to this victory, Kercheval said.

"Doing that is important because it means we are making more balls in play and making things easier on us from tough positions,"

Kercheval said.

With their first look at Northern, the Panthers will have to adjust to the different play styles of the individuals and the team itself.

"It is hard to switch to play different types of players anyway, but that's what makes the game fun and interesting," Kercheval said. "Every match is a bit different and that is why we need to be smart on the court and think about what works and what doesn't."

Northern (2-1) has won two matches in a row, sweeping UW-Whitewater 7-0 and defeating Detroit 4-3.

Northern faces UIC the day before they face the Panthers.

Northern's Carlos Manzanos defeated UWW's Michael Treis 6-1, 6-1.

Louis-Phillippe Hamel beat Rithwik Rajsekhar Raman 6-3, 6-1.

Tom Hjertonnsson won over Zane Navratil 6-3, 6-0. Georg Lundkvist defeated Matt Bisbee 6-4, 6-0.

Kevin Daun beat Rory Calabria 6-2, 7-6. Erich Schuette won against Michael Schnarr 7-5, 6-1.

Northern won the doubles matches over Detroit, taking two of the three matches.

Daun and Lundkvist defeated Patryk Koscielski and Nathan Ponton 7-6. Hamel and Hjertonnsson beat Ismail Kadyrov and Rafael Orantes 6-2.

Mabzanas and Schuette lost their doubles match to Griffin Mertz and Chance Conley 6-3.

Hamel, Lundkvist and Hjertonnsson took away singles victories.

Daun lost in three sets to Nicholas Solarewicz 4-6, 6-3, 10-6.

Schuette lost to Adam Zychowicz 6-1, 7-5 and Manzanos lost to Koscielski 7-6, 6-4.

Tyler McCluskey can be reached at 581-2812 or trmccluskey@eiu.edu.

The DEN RUN WITH US

217-581-2816



Basketball team aims to pass .500 in OVC

By Maher Kawash
Staff Reporter | @DEN_Sports

The Eastern men's basketball team is preparing to take on Tennessee-Martin in Lantz Arena on Thursday night.

The Panthers are trying to break the .500 mark in the Ohio Valley Conference, as they are 4-4 against conference opponents this season.

Eastern is 7-13 overall on the season, and coming off a buzzer-beating 87-86 win over Austin Peay on Saturday.

The Panthers went on a quick two game road trip ahead of the matchup against Tennessee-Martin, and went 1-1 in those games.

"When you win a road game like we did last week, it makes it even more important to follow up by protecting your home court," Eastern coach Jay Spoonhour said. "I am expecting a really good effort to come out of Tennessee-Martin."

Eastern will take on the Skyhawks who come into play sitting at 2-4 in OVC play as well as 10-11 overall.

This will be the first of two games between these teams this season, as the series is all knotted up at 20.

It should be a competitive matchup as the last time these two teams faced off, it ended in a two point overtime victory for the Skyhawks.

"Tennessee-Martin is a really talented team, and that is why they were picked to win our side of the conference ahead of this season," Spoonhour said. "They have good players and just like us,

"I think we are playing well now, even though it has taken a little longer than I expected."

Jay Spoonhour,
basketball head coach

it has taken them some time to figure it out."

The Panthers will be excited to play the game on their home court as they are 5-3 when playing at Lantz Arena this season.

After winning three of the last four games, the Panthers are confident going into the next game.

"I think we are playing well now, even though it has taken a little longer than I expected," Spoonhour said.

Eastern has seen an improvement in scoring and Spoonhour credits that to turnovers.

"I think one adjustment we have made is being able to take care of the ball better," Spoonhour said. "The reason our numbers have fallen off in some games is because we have turned the ball over more."

The Panthers will need as many wins as they can get with how the other side of the OVC has stacked up.

"Every one of our next few games will be very important since the records in the East are better than our side," Spoonhour said.

With only eight teams able to qualify for the conference tournament, the Panthers may need to end the season in the top two or three in the West.

"We've known for a while that



JASON HOWELL | THE DAILY EASTERN NEWS

Freshman wing Marshawn Blackmon scored four points during the Panthers' 97-85 win over Eastern Kentucky on Jan. 14 in Lantz Arena.

we have to finish in at least the top three in the West, and that makes these games very impor-

tant," Spoonhour said.

The game will start at 7 p.m. in Lantz Arena.

Maher Kawash can be reached at 581-2812 or mwkawash@eiu.edu.

Eastern softball team picked to finish 6th in OVC

By Sean Hastings
Sports Editor | @DEN_Sports

The Eastern softball team is set to start its season Feb. 12 after being ranked sixth in the Ohio Valley Conference pre-season rankings.

Tennessee Tech is picked to win the conference with Jacksonville State, Murray State, Southern Illinois Edwardsville and Eastern Kentucky rounding out the top five.

"I think it's a fair ranking," coach Angie Nicholson said. "I don't sit there and say 'we should be No. 1.'"

She said if they can do what they have to do as a team, other teams will wonder "where did EIU come from."

The Panthers have been limited to only practicing inside for the last couple of months.

Nicholson said the team is starting to get excited to finally get back on real dirt.

The Panthers finished the 2015 season with a 21-27 overall record and a 14-11 record in OVC play.

Eastern's season came to an end after a first round loss in the OVC tournament.

Bailey O'Dell and Hannah Cole were two of the top hitters for Eastern's offense last year but were lost to graduation.

O'Dell hit .338 on the year and Cole posted a .361 batting average.

Even though the Panthers lost two of their top players, they have brought in five freshmen and re-

turned 13 players from last year's roster.

Freshman outfielder Kayla Bear was one of the freshmen that stood out in the fall.

Bear had a batting average close to .700 in the fall.

She was able to hit a few home runs and also get a few triples.

"She is going to do fantastic," Nicholson said. "I don't want to jinx it, but she's going to do a great job for us."

Freshman Jennifer Ames also stood out at the plate, hitting homeruns and doubles just like Bear.

Cole was the team's starting catcher last year and with her graduating, sophomore Andrea Roberts and junior Ashlyne Paul will fill the role at catcher.

Also returning for the Panthers this year will be sophomore pitchers, Jessica Wireman and Michelle Rogers.

Wireman and Rogers picked up a majority of the innings for the Panthers last year.

The two pitched a combined 289 innings out of 315.1.

"I think our two pitchers have grown tremendously," Nicholson said.

Sophomore pitcher and first baseman Taylor Miokovic spent most of last year battling a knee injury and is still getting through it, but Nicholson said she hopes to possibly have her as an option as a pitcher.

Senior outfielders April Mar-



FILE PHOTO | THE DAILY EASTERN NEWS

Sophomore pitcher Michelle Rogers throws out a pitch during the Panthers' 6-1 win against Illinois Central College on Sept. 27, 2014, at Williams Field.

kowski and Jennette Isaac are back for the Panthers.

Markowski had the second highest batting average on the team last year at .349.

Senior third baseman Haylee Beck, second baseman Katie Watson and first baseman Kylie Bennett will also be returning for Eastern this year.

Even though the Panthers have returned most of last year's roster, Nicholson said the five freshmen

have fit in with the rest of the team since day one.

"Our freshman have fit in since day one. It's been fantastic," Nicholson said. "It is a totally different dynamic and it's a good feeling, it's good vibes right now. Our freshmen are workers and so that has made the older kids work even harder."

The upperclassmen have been acting as role models for the younger players, and everyone is

on the same page.

Eastern will open its season in Ames, Iowa for the Iowa State Cyclone Invitational Feb. 12-14.

The Panthers will take on Indiana-Purdue University Indianapolis, Iowa State and North Dakota.

Conference play will not start until March. 19.

Sean Hastings can be reached at 581-2812 or smhastings@eiu.edu.