

Eastern Illinois University

The Keep

January

2010

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Daily Eastern News: January 20, 2010

Eastern Illinois University

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THE DAILY EASTERN NEWS

JANUARY 20, 2010
VOLUME 94 | NO. 81

EASTERN ILLINOIS UNIVERSITY
CHARLESTON, ILL.

DENNEWS.COM



Kickin' the habit; quit smoking

Page 6



Cross country coach Masanet leaves team

Page 12

HEALTH

H1N1 virus slowly declining

Influenza activity decreases in U.S., vaccine available until next spring

By Jason Hardimon
Campus Editor

During the first week of January, influenza activity continued to decrease in the U.S., according to the Centers for Disease Control. 20 percent of Americans have

been vaccinated against H1N1, according to the government's first detailed estimates of vaccination rates against the new pandemic.

Sheila Baker, the medical director of Health Service, said that Eastern has witnessed similar trends.

"Our last cases of H1N1 were diagnosed during the first week of December 2009," Baker said. "We have not had any cases of H1N1 in 2010."

Despite evidence that this virus is declining, Baker asserted that we should remain conscientious.

"We should not become compla-

cent, but remain diligent in our efforts to stay healthy and not spread infections, Baker said. "We want students to continue their educational pursuits and this is best accomplished when students are healthy."

The wave of H1N1 outbreaks at Eastern occurred at the same time most of the country experienced the pandemic.

The CDC estimates that through mid-November, the pandemic had affected 50 million Americans and killed 10,000.

"We diagnosed or were informed of 430 cases," Baker said. "Most

likely, many more students had the infection, but the symptoms were mild so they did not seek care or treatment."

Baker said that it would be difficult to determine exactly how effective measures such as sending ill students home, increasing the frequency high touch surfaces are cleaned, placing hand sanitizers throughout campus and putting soap dispensers in residence hall bathrooms have been, but that Health Service does plan to continue the same operational measures as last year.

H1N1, page 7

CITY

Council audit present highs, lows for city's budget

By Kayleigh Zyskowski
City Editor

Charleston's annual audit report was given during Tuesday's city council meeting.

Joyce Madigan, from the accounting firm of Gilbert, Metzger and Madigan, gave the report, which had both high and low points. The report highlighted items pertaining to the financial standings and changes made to the original report submitted by the city.

There were no significant problems with the city's report, Madigan said.

"The city is in good financial shape; it has a strong balance sheet," Madigan said. "However, in hard economic times like now, it is important to keep it that way."

This year, Charleston's net assets total \$40 million, \$36 million of this being capital assets. The depreciation of capital assets is also included.

This is \$1 million positive change, Madigan said.

The various capital assets of the city sit on a total of 12 acres and include the infrastructures and roads and bridges.

"One thing to look at is the total net change in what you need to increase capital growth in a city," Madigan said.

This \$1 million is used to pay loans and reinvest into the city, not to turn into cash, she said.

However, the waste and sewer fund for the city does have a negative sum balance.

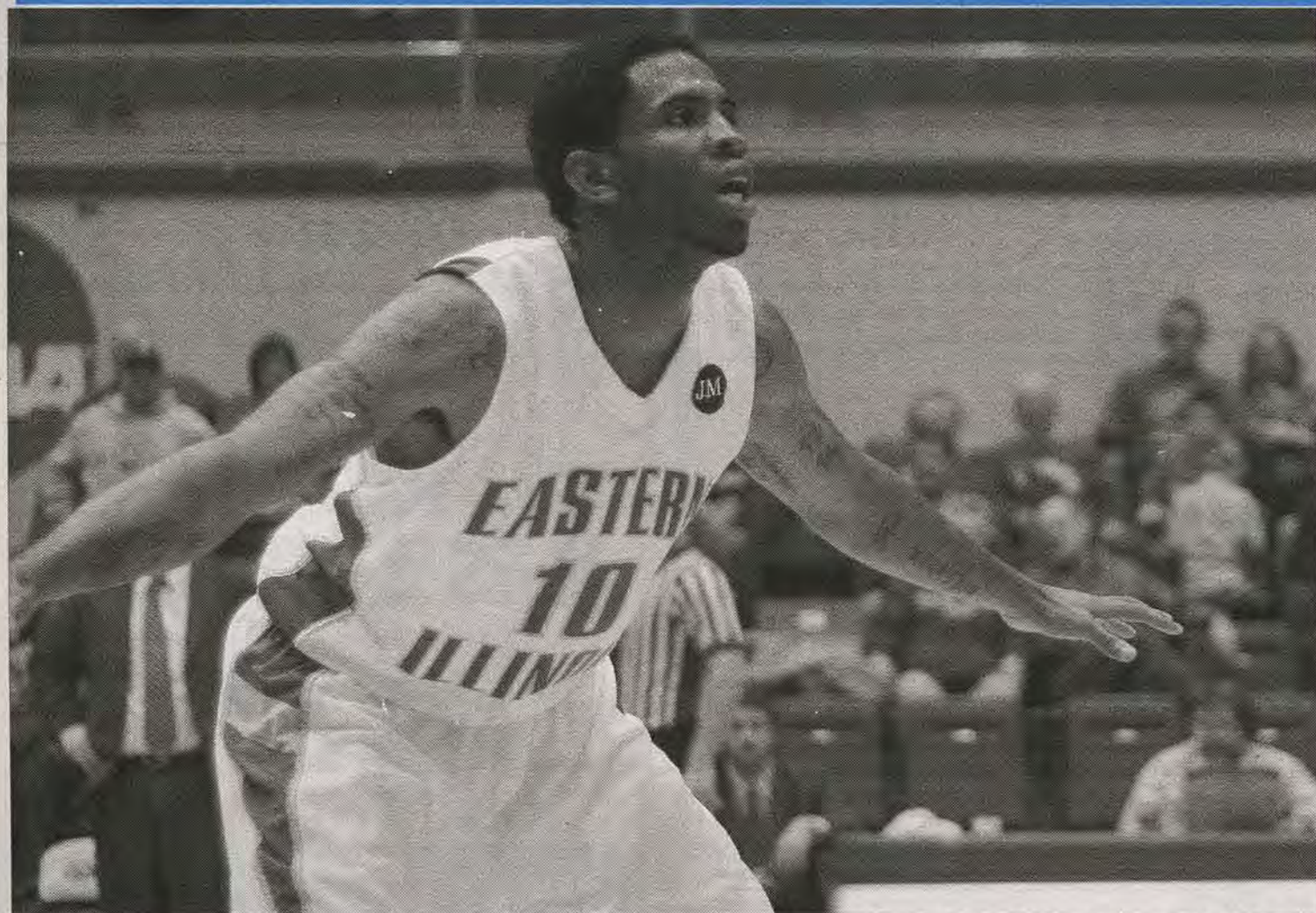
"The important thing is to keep a strong general fund to help out as (the city) tries to improve the structure with the given terms," Madigan said.

Mayor John Inyart asked Madigan if there has been a negative trend within the organizations and municipalities she has worked with.

"Most organizations' revenue streams are tighter; the state revenue is shrinking but expenses are not decreasing," she said. "Municipalities are having to take a hard look at their budgets and make some hard decisions."

CITY COUNCIL, page 7

Martin quits basketball team, page 12



AMIR PRELLBERG | THE DAILY EASTERN NEWS

Senior guard Romain Martin defends Tennessee Tech sophomore forward Kevin Murphy on Jan. 4 in Lantz Arena. Head coach Mike Miller said Tuesday that Martin left the team because of personal reasons. SEE STORY ON PAGE 12.

UNIVERSITY

Study abroad offers life-changing experiences

Fair offers chance for students to ask questions, concerns

By Heather Holm
Activities Editor

Kristen Schaibly went to Costa Rica in fall 2008 as part of her Spanish minor.

She was able to do things such as

bungee jumping and white-water rafting during her trip.

Her trip was the same cost as if she would have stayed at Eastern for the semester.

Schaibly, a junior English and foreign language major, said seeing the vast scenery of rainforests and mountains was a really great experience.

Schaibly also said the people in Costa Rica changed her views on things because they do not focus as much as the U.S. on money, but more on

spending time with people they love.

Betsy Pardo, a senior special education major, went to the University of Winchester in England the summer of 2007 and became more confident with herself through the experience.

"I really changed who I am," Pardo said. "Before I left, I was really shy and timid."

Students at Eastern have the chance to go to every single continent, with the exception of Antarctica, through either Eastern's study abroad programs

or a third-party provider.

The study abroad program at Eastern will have a fair today discussing the different study abroad options.

Lisa Brown, the coordinator of study abroad, said studying abroad is beneficial because it teaches people to become more open-minded and independent.

She also mentioned that it helps employers look favorably upon someone who has studied abroad.

Brown said some things students usually ask at the fair are about health,

financial aid and continuing education.

Other questions include what kind of programs are offered, what credits the program offer, how much the program costs and if the person applying needs to speak the language of the country.

Brown said the fair is beneficial because students can have all their questions answered by representatives in one place.

STUDY ABROAD, page 7

WEATHER TODAY



Scattered Showers

HIGH
37°

LOW
28°

Scattered showers remain in the area through the early afternoon today. The showers should come to an end by the early evening, but expect light showers on and off for tonight into tomorrow. The rain ends by Friday, with mostly cloudy skies expected for Friday and Saturday. Temperatures for the weekend up near 50.

WEATHER TOMORROW



Thursday
Light Rain
High: 39°
Low: 34°



Friday
Mostly Cloudy
High: 41°
Low: 35°

For more weather information: www.eiu.edu/~weather

STUDENT GOVERNMENT

Student senate to vote on committee chair spots

By Erica Whelan
Student Government Editor

The student senate will vote on the approval of senate members to various committee chair positions at 7 p.m. today in the Arcola/Tuscola Room of the Martin Luther King Jr. University Union.

Those who served as committee chairs in the fall will retain their positions pending approval, except in the cases of the housing and tuition and fee review committees, which are set to gain new leadership. The student senate will also consider two new resolutions, one of which requires line-item transfers in the amount of \$398 to cover travel and lodging expenses.

Both Eastern's voting delegate and the public sector chair will partake in the monthly Illinois Board of Higher Education conference held at Southern Illinois University-Carbondale the weekend of Jan. 23.

The other resolution would establish a senate judiciary committee, which will be responsible for reviewing and evaluating Student Body President Michelle Murphy's nominees to serve on Eastern's supreme court.

Erica Whelan can be reached at 581-7942 or elwhelan@eiu.edu.

THE DAILY EASTERN NEWS

"Tell the truth and don't be afraid."

Contact

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Cheer up

Online Editor Sam Sottosanto offers a few mental health boosters in her health blog at DENnews.com.



Help to survive the spring semester

Do you have good study skills? Are you thinking seriously about your grades? Do you wonder if you're going to survive the semester? Take this quiz at DENnews.com to find out.

CORRECTION

The name and title of the leaving personnel from WEIU was incorrect in Tuesday's edition of *The Daily Eastern News*. The station is search-

ing for a new general manager to replace Denis Roche. There currently is no interim general manager. *The DEN* regrets the error.

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.....Samantha Bilharz
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About

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Comments / Tips

Contact any of the above staff members you believe your information is relevant.

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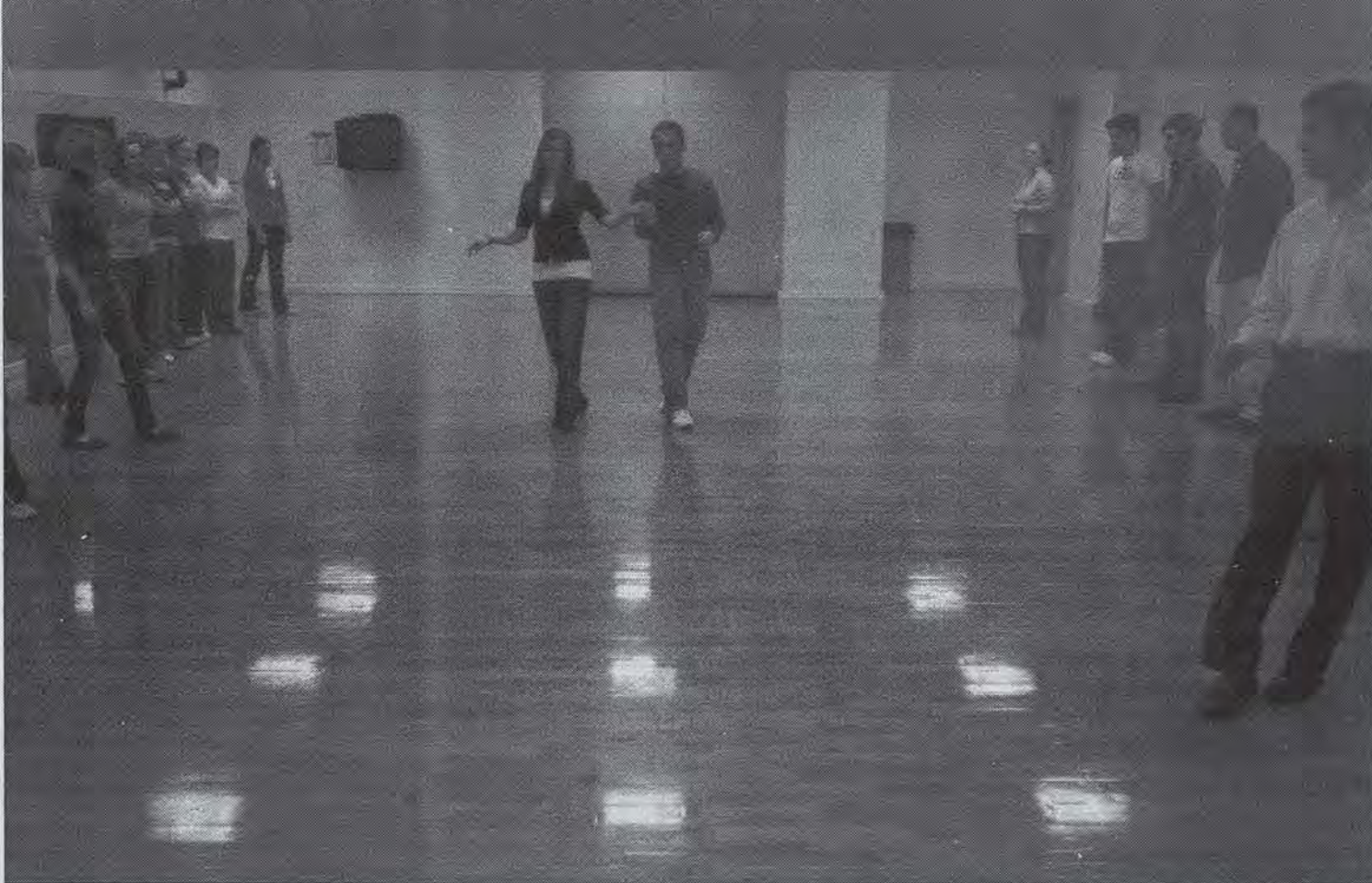
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Please report any factual error you find by e-mail, phone, campus mail or in person. 1811 Buzzard Hall
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Learning the elegance of ballroom dance



AMIR PRELLBERG | THE DAILY EASTERN NEWS

Junior early childhood development major Molly Hussey and senior kinesiology major Eric Sutor instruct the ballroom dancing class Tuesday in the Student Recreation Center. The class meets every Tuesday from 7 to 9:30 p.m. in the Rec.

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TODAY

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Concerts
Lectures
Comedy
PR
Marketing
Movies
Special Events
Cultural Arts

WEATHER

Wind dangerous to students on campus

Keep textbooks in waterproof bag

By James Roedl
Staff Reporter

Being prepared for bad weather can help students survive mother nature's cold temper.

"During the winter months, winds in the atmosphere tend to become more organized," said Kevin Jeanes, on-air meteorologist for WEIU-TV's "News Watch."

Jeanes is a senior communication studies and geography double major with minors in broadcast meteorology and earth science.

In general, more weather systems move through per-week and temperatures can be different day-to-day, he said. While this week has been warm and mild, Jeanes expects a return to colder temperatures in the next couple weeks.

"We are on our way into an El Nino event," Jeanes said. "This generally means less precipitation during the winter months and more precipitation in the summer and fall months."

While the coldest time of day generally occurs before sunrise, Jeanes warned how dangerous the wind can be to students.

"During the winter months, it's usually the wind that will be dangerous for college students," he said. "The wind chill can make walking to class in 20 degree weather feel like minus 5 degrees."

While Jeanes said it takes all the right variables at the right time and place for an ice storm to occur, it can lead to dangerous road conditions, falling power lines or tree branches.

"A more dangerous weather event during the winter months is an ice storm," Jeanes said. "If there is a layer of warmer air aloft in the atmosphere, and below-freezing temperatures at the surface, the precipitation falls as super-cooled rain droplets and freezes on contact."

Keep your books protected

How is a college kid supposed to get by with all this cold weather?



PHOTO ILLUSTRATION BY MEGAN MÁTHY | THE DAILY EASTERN NEWS
Junior biology major Meghan Strange portrays the bitter cold and the affects on her outside while standing outside Booth Library Tuesday afternoon.

Wearing warm coats, hats, scarves and gloves is how the human body is protected from a harsh winter, but how do you protect books?

Samantha Richter, a junior elementary education major and an employee at Textbook Rental said to keep textbooks in a waterproof bag.

"Don't use it (your book) as an umbrella," Richter said.

She said rain and snow are an issue for books, and that is why students are given plastic bags to carry them in.

Richter warned that if a student were to walk out of Textbook Rental and drop a book in the snow, and it received water damage they would be responsible for the book.

If a textbook does receive damage, students have to go to the Student Accounts Office and pay full price for the book.

Books are not the only things that need extra care this time of year.

Winter on two wheels

Students who ride bikes in the winter need do some extra maintenance.

"If you care at all about your bike, you must wash the salt off of it," said Ed Thomas, an Eastern alumni who owns Bike and Hike, a local bike shop.

If the bike is not cleaned regularly, the buildup of salt and gravel put on the roads during bad weather can

cause significant damage to the bike. Since bikes generally are not allowed in the bathtub, Thomas said to use a bucket of warm water with mild soap and a soft brush to scrub off the grime.

"Be sure to rinse thoroughly," Thomas said.

Bike riders need to take special care of themselves in the winter, too.

The physical excursion, combined with the extra wind created by riding makes clothing choices essential compared to other forms of transportation.

New riders can under-dress or over-dress, both of which can cause problems.

"For cold weather riding, I recom-

mend synthetic fiber or wool clothing," Thomas said. "Avoid cotton."

Thomas rides with a long sleeve jersey and an insulating layer, normally of fleece, with a wind-breaking layer on top. He also uses special cycling gloves that are a cross between a glove and a mitten. These gloves combine the fingers for more warmth, but allow riders to use their hands freely.

Under his helmet Thomas wears a balaclava, which is similar to an open-faced ski mask, to keep his head and neck warm.

Thomas uses padded cycling shorts both summer and winter, but wears thermal winter cycling tights over the shorts in the winter to keep his legs warm. Even with a smooth running bike and a warm body, cyclists still have to keep an eye on the road.

The risks to riders are higher because of speed, interaction with vehicles, road conditions and the fact that two wheels are less stable than four on ice.

"I pay special attention to road surfaces in the winter and spring months," Thomas said. "Ice and snow are not fun for most cyclists to ride on."

Err on the side of caution, break early and never during turns, Thomas recommended.

Since most cyclists ride on the side of the road, it can be hard to find somewhere to ride if the roads have snow piled on them it can make riding less safe, Thomas said.

"Cyclists do have the right of way and are permitted and encouraged to use as much of the lane as necessary," he said.

While a good tune up will help your bike ride well, other factors can make roads hard to navigate.

The shorter days during winter can catch cyclist off guard, leaving them in the dark.

"Always ride with lights in the winter," Thomas said. "It's easy to get caught after dark, and with already sketchy road conditions, the last thing you want is to be invisible to drivers."

James Roedl can be reached at 581-7942 or at jmroedl@eiu.edu.

CAMPUS

Mentorship to help new student senate members

By Erica Whelan
Student Government Editor

Since commencing his second term as student speaker of the senate, Isaac Sandidge has implemented an improved student senate member mentorship program that begins today.

"We've had really young senates before, but now we have even more senators who are either brand new or beginning their second semester on the senate," he said.

Though the student senate bylaws state that it is the job of the student speaker to oversee a mentorship program, Sandidge said one was not implemented for the fall semester and has not been enforced in past years.

"We had one when I started on the senate in the fall of '05, but it was really kind of weak," Sandidge said. "It's really, really hard to get this thing working and to find something that works effectively, but we've improved the program and we'll be pushing it this semester."

For the next eight weeks, the 11 new student senate members will be paired with veteran members in or-

"We want them to be ready to jump up and speak out on legislation, which may be a bit of a struggle, especially with the fee increases."

Isaac Sandidge, speaker of the senate

der to get acquainted with the political process.

Sandidge described the initiative as an opportunity for seasoned senate members to share their experiences with structuring resolutions and representing the student body.

The program will conclude with an evaluation that will enable Sandidge to garner feedback and make revisions.

He said the program is already off to a good start since every member of the senate attended orientation on Sunday, which has not happened since he first joined in the fall of 2005.

Sandidge intends for the effort to instill an understanding of elections rules, proper senate behavior, parlia-

mentary procedure and adherence to the dress code.

"I'm hoping to get new senators up to the level where they're comfortable representing students on the senate floor while skipping the semester transitional phase where they try to adjust on their own," Sandidge said. "We want them to be ready to jump up and speak out on legislation, which may be a bit of a struggle, especially with the fee increases."

Every year around the end of March, the student senate tuition and fee review committee receives notifications of proposed fee increases that, if approved, will take effect on students' bills the following semester.

Once the committee determines an

opinion on the proposals, they present a resolution to the student senate, which then debates the approval of the increases, before taking a vote.

If the senate disapproves of the fee increases, Eastern's Board of Trustees can ultimately override the decision.

"We scrutinize these proposals when they come to the senate," Sandidge said. "If they want to take our money, they have to prove that it's worth it."

In the event that a fee increase receives insufficient support on the senate, Eric Wilber, student senate executive vice president, who is also a member of the Board of Trustees, can choose to defend the decision in the final vote.

Aside from working to prepare new senate members for the obligations ahead, Sandidge has declared his only goal to be helping senate members to achieve their own goals.

Sandidge reflected on a shift in the amount of people who apply for senate positions over the years, as well as the quality of servitude to the student body.

"We've had some really, really good

senates in the past, and we've had some really, really bad ones," he said. "The senate members are only going to get out what they put into it."

He has also witnessed a reduction in the number of students who appeal to the senate for progressive change on campus over the years.

"It feels like apathy is getting a lot greater," Sandidge said. "It's now a whole different cohort of people."

Sandidge hopes that the senate will see an increase in student interest regarding the issues the senate addresses, and says that the members will continue to reach out, whether conducting surveys at Coleman Hall, conversing with students in the Martin Luther King Jr. University Union Food Court, or using Facebook as a means of communication.

"We want to give students something they care about," Sandidge said. "I think we should hear more from students about their issues. The university is really receptive to listening to students' needs."

Erica Whelan can be reached at 581-7942 or at etwhelan@eiu.edu.

VIEWS



Joe Astrouski

Haitian trip leaves grim memories

We arrived in Port-au-Prince early in the afternoon. Dozens of shouting men crowded around us as we pushed our way from the airport terminal to the rental car office. They begged for money, food or anything we had to give.

As we drove through the crumbled streets past falling buildings and burning piles of waste, we saw children pushing one another aside as they tried to draw water from an opened water main in the street.

It was Dec. 31, 2008, and I was on a service trip with about 10 other Eastern students. Most of us were members of the Haiti Connection, a group of students sponsored by and operated through the Newman Catholic Center.

Over the next nine days, as we traveled through the Haitian countryside and the crowded streets of Port-au-Prince, we were confronted with a level of poverty unimaginable in the United States.

Staring into the human faces of that poverty, we learned lessons about life in the poorest country in this hemisphere. As the people of Haiti now dig out of the rubble and scramble to bury their dead, those lessons seem more relevant than ever.

Traveling to the northern city of Gwo Mon, we saw homes that had been torn apart by a series of deadly hurricanes. Thousands died around the country during the storms. But it was clear the real killers weren't gale-force winds or tidal sprays.

More than victims of hurricanes, these people were victims of extreme poverty. Many lived in tiny, weak houses, often with only cinderblock walls and thatched roofs for shelter.

Visiting the tiny village of Barasa in Haiti's mountainous south, we encountered families who, until partnering with the Haiti Connection, had no choice but to give their children dirty water from a distant trickling spring.

Many children still died of malnourishment and disease, victims of desperate poverty.

The hundreds of thousands dead and the millions displaced after Jan. 12's earthquake may have been victims of a geological process, but they are more the victims of Haiti's struggling economy.

With an almost nonexistent infrastructure, crowded and poorly built slums, and widespread hunger and disease, this earthquake was infinitely more deadly than it needed to be.

The Haitian government recognizes this. So does ours.

Before the earthquake, President Bill Clinton was working as U.S. Envoy to Haiti with Haitian Prime Minister Rene Preval to create a strategic plan for economic growth there.

Preval has said that plan will continue despite the earthquake.

The U.S. and its friends in the international community must follow Preval's example and take the long view in dealing with Haiti. That means providing aid with the ultimate goal of Haitian self-sufficiency. Researchers must work to make clean water, medical help and food-independence available in the third world.

On a personal level, Americans must remember that the people grieving in Haiti and the victims buried under the rubble aren't that different from us. They are mothers and fathers, boyfriends and girlfriends, college students and senior citizens. They are artistic people, colorful people, hard working people.

They are people with a deep faith in God and faith in their own strength and ability to pull through.

Don't forget them.

THE DAILY EASTERN NEWS

"Tell the truth and don't be afraid"

DAILY EDITORIAL

The daily editorial is the majority opinion of the editorial board of The Daily Eastern News.

Volunteer work shouldn't end after one day is complete

The National Day of Service was Monday — Martin Luther King Jr. Day. Participation in the King Day of Service has grown every year since 1994, when Congress designated King's holiday a National Day of Service.

However, students should want to volunteer every day, instead of just one day out of a given year.

While in college, students tend to get caught up in homework, papers, work and so on, and get caught up in the hustle and bustle of their everyday lives.

We at *The Daily Eastern News* think Eastern students should try to take a little extra time and more initiative to help others out from day to day. The gesture could be a simple one, such as helping an elderly person across the street or tipping the delivery guy a little bit more.

They could also be bigger acts, like signing up for Alternative Spring Break options that Eastern offers.

Some different things students can do at Alternative Spring Break trips is help out at an orphanage, visit the poor, restore the environment or help out people with AIDS and mental disabilities.

Students can also become involved in programs such as Habitat for Humanity or the Haiti Connection, especially with the extreme state of disrepair Haiti is in at the moment following Jan. 12's earthquake.

The total sum of money raised was \$4,402 over the course of two days on campus.

Students can send in further donations to the Haiti Connection at Eastern or text Haiti to the number 90999 and donate \$10 to the cause.

"Students can send in donations to the Haiti Connection at Eastern or text Haiti to the number 90999 and donate \$10 to the cause."

Plus, because of the delicate state of the U.S. economy at the moment, people should be more inclined to want to volunteer and donate money to different causes.

"Through volunteer, you can get insight into the lives and stories of others," said Doris Nordin, coordinator for the Student Volunteer Center. "People should not be mad because of things they don't have; they should recognize that some people are worse off and appreciate what they do have."

However, Nordin hopes people will not forget about volunteering once a disaster has passed or after they think they should, such as during a National Service Day.

Whether it's a disaster such as Hurricane Katrina, the earthquake in Haiti or any other event, it is good that students want to help out, but that fire to give should not die out a week after a disaster occurs.

Nordin said people care for that small period of time, but then forget about helping out soon after.

We at *The DEN* agree and think that big events should not trigger students to want to help and that they should want to help all year round.

"I hope this is just the beginning of people wanting to volunteer," Nordin said, "I hope people wanting to help out in Haiti will jumpstart people wanting to help out and give up their time for others."

Also, Nordin thinks volunteering helps students grow as people and they should want to make a difference.

We at *The DEN* agree with this notion — volunteering can help students expand their horizons and open their minds to new experiences.

FROM THE EASEL



ILLUSTRATION BY DAVID THILL | THE DAILY EASTERN NEWS

LETTER TO THE EDITOR

An open letter to sophomore class

If you are one of the 1,830 students who arrived on Eastern's campus as first-year students in August 2008, you were required to read "Mountains Beyond Mountains" by Tracy Kidder.

It tells the true story of Paul Farmer, who has devoted his life to providing medical care for people in impoverished areas of the world, including Haiti, Peru and Russia. One of the goals of the EIU Reads program, which assigns a book for each beginning class to read, is to help students make connections between classroom and out-of-classroom experiences.

In the process of reading and discussing this book, you became aware of the history of political upheaval and extreme poverty that has plagued Haiti. Many of you would have had difficulty finding Haiti on a map before reading this book and may not have realized that Haiti is one of the United States' closest neighbors. None of us had any idea this tiny nation would be subject to a devastating earthquake a year and a half later.

From reading this book, you learned how a handful of dedicated and compassionate people were able to reach out to people in need and took extraordinary measures to improve the public health. The organization they founded, Partners in Health, is now actively providing medical care in nine countries around the world. In medical school, Farmer was not content to read about disease in his textbooks. He was a man of action who chose to get involved right then.

Many of you were inspired by his drive and his ability to mobilize to respond to a problem involving human suffering. This week we are witnessing on the news a country in crisis. Tens of thousands (perhaps more) have died and the physical, medical and spiritual needs of the people of Port-au-Prince and surrounding areas are overwhelming. After the immediate crisis is over, the cities and villages affected by the earthquake will need to be cleaned up and rebuilt. Through EIU Reads, Eastern's sophomore class has an increased knowledge of and sensitivity

toward the problems facing the Haitian people.

I want to encourage you to get involved, to take the lead in organizing, fundraising and encouraging volunteer efforts to help in Haiti.

If you believe in the power of prayer, pray for those who are suffering as well as those who are helping.

There are ample opportunities to donate money, for example, Partners in Health (www.pih.org) or Newman Catholic Center's Haiti Connection (www.eiunewman.org/haiticonnection). The Haiti Connection meets Tuesdays at 8:00 p.m. in the Newman Center Lounge.

Attend its next meeting to learn about volunteer opportunities and mission trips.

Your immediate action will help save lives in Haiti and your continued involvement in an organization such as Haiti Connection may very well change your life.

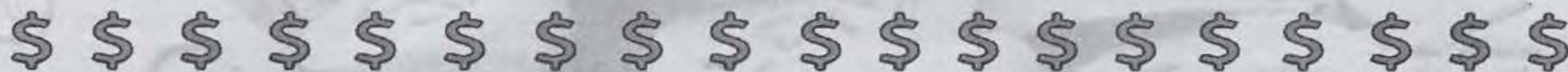
Kip McGilliard is an associate professor in biological sciences and is a member of the EIU Reads Committee.

Joe Astrouski is a senior journalism major and can be reached at 581-7942 or DENopinions@gmail.com.

Three new plays to be read, reviewed

New, emerging artist series to be displayed

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No butts about it

By Nike Ogunbodede
Staff Reporter

When the clock struck midnight on New Year's, most people wondered what their resolution would be.

Would it be to study more for tests or to call their parents more often? But on the list of most common resolutions, smoking is one of the top 10.

Brad Tribble works as the tobacco specialist at the Health Education Resource Center, and it's his job to help students kick their smoking addiction.

"One of the most important steps that anyone can take with any addiction is admitting that you need to change," Tribble said.

The HERC offers ongoing one-on-one counseling that follows a checklist, keeping a record of how a student is doing throughout the process of quitting. The checklist is then included in the student's medical file.

A free "quit kit," consisting of informational brochures, Web sites, chewing gum, suckers, rubber bands, stress balls and toothpicks, is also offered for students.

Another resource on campus is Health Service, which can prescribe students medication to break the habit. The Health Service pharmacy does not carry medication specifically to quit smoking, but it can be ordered after consultation with a doctor and prescription is written.

The drugs used to quit smoking are cheaper than the price of three packs per week, according to the American Cancer Society.

In Illinois, a pack of cigarettes cost \$5.60 on average, according to smokefree.gov.

The American Cancer Society estimates

HERC quit kits

Items found inside the Health Education Resource Center's quit-smoking quit kit:

- informational brochures
- Web sites to help
- chewing gum
- suckers
- rubber bands
- stress balls
- toothpicks

that about 46 million adults in America currently smoke cigarettes.

While this number may seem high, smoking has decreased among adults in America, with 42 percent of Americans smoking cigarettes in 1965 to about 21 percent in 2008.

"I only smoke around friends or when I'm stressed and I've tried to quit twice, but I always start up again," said Clinton Hall, a freshman theatre major. "I definitely feel the side effects of smoking when I try to hold a (music) note for a long time."

The declining consumption of cigarettes may be partially because of the knowledge of the side effects that not only affect the smoker, but also those around them.

Andy Cook, a junior kinesiology major, has tried to quit smoking three or four times.

"I have smoked since I was 17, and (currently) smoke three to four cigarettes a day," Cook said. "It's hard to quit because I wouldn't be willing to stop hanging out with the friends I hang out with."

Nike Ogunbodede can be reached at 581-7942 or ovogunbodede@eiu.edu.



PHOTO ILLUSTRATION BY BREANN PLEASANT | THE DAILY EASTERN NEWS

The American Cancer Society estimates that about 46 million American adults currently smoke. This number is down about 50 percent from 1965.

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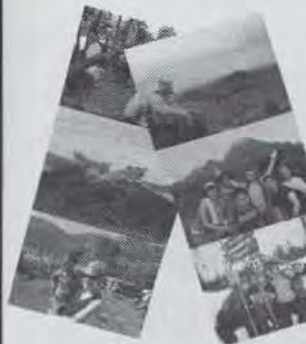
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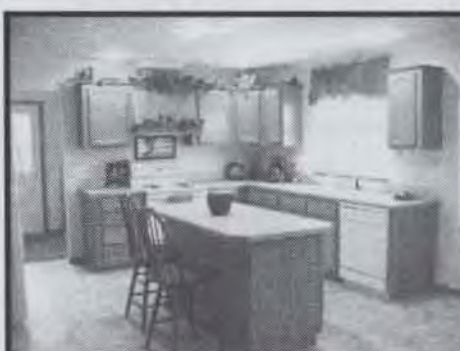
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CHELSEA GRADY | THE DAILY EASTERN NEWS

Joyce Madigan reports the annual city audit review to members of the city council at Tuesday's city council meeting.

CITY COUNCIL, from page 1

Madigan said it is a continued struggle.

"Every one is having to justify every line item at times," she said.

When asked about a possible light at the end of the tunnel for the economy as a whole, Madigan said she had no crystal ball and could not tell the future for certain.

"The economy looks like it is stabilized for now, but I don't know when it will trickle down to Charleston," Madigan said. "Sometimes it takes a long time for the downturn to hit the smaller communities and longer to see the turn around as well."

However, Madigan and Inyart both said the maintenance and construction happening at Sarah Bush

Lincoln Health Center and at Eastern would benefit the area.

There may be no immediate property taxes from the new structures being built, but there are still jobs being produced and opportunities for the county, Madigan said.

"I am confident we have the right people on our end of the budget," Inyart said. "However, I'm afraid things will get worse before they get better."

Kayleigh Zyskowski can be reached at 581-7943 or kzyskowski@eiu.edu.



This story continues on
DENnews.com

STUDY ABROAD, from page 1

Students at the fair will learn about how they need to get a travel consultation in the health department telling the student about possible immunizations along with a packet on the country.

They will also learn about the process of turning in an application to the continuing education department and what financial aid is offered through study abroad, said Brown.

Brown said Eastern gives out \$100,000 in study abroad scholarships each year, which is vastly more than any other public master's institution in Illinois.

The study abroad program usually offers up to \$5,000 to any one person who applies.

"One of the key questions is can I afford study abroad and how it applies to a person specific situation," Brown said.

"One of the key questions is can I afford study abroad and how it applies to a person specific situation."

Lisa Brown, study abroad coordinator

When applying, students need a 2.0 GPA and they should be in good academic standing.

The programs usually range in price from \$3,000 to \$7,000, depending on the program and some programs are even cheaper than staying at Eastern.

"I think it is a good opportunity for students to have different experiences and a great resume builder,"

said Farhan Aziz, another coordinator for study abroad.

Prizes, such as gift cards and free T-shirts, will also be handed out at the event.

The event will take place in the Martin Luther King Jr. University Ballroom from 10 a.m. to 3 p.m.

Heather Holm can be reached at 581-7942 or haholm@eiu.edu.

H1N1, from page 1

"We will continue with sick and well waiting areas," said Baker. "We will treat students with symptoms consistent with influenza as H1N1 or seasonal flu until we have proven otherwise. Health Service staff will still wear personal protective equipment when evaluating students with flu-like symptoms."

Students with cough and fever will be asked to wear a mask Baker said that students should follow the recommendations from the CDC and IDPH, which Health Service has been distributing and posting on Eastern's campus since April—wash or sanitize hands frequently, over your cough and avoid contact with others if you

become ill.

Baker also said that Health Service is still administering the H1N1 vaccine free of charge to students, employees and friends of Eastern.

"Immunization is the best way to protect yourself from this infection," Baker said.

Walgreens' nationwide are also administering vaccinations.

"The state just provided regional pharmacies with vaccines two weeks ago," said Tim King, the pharmacy manager at Walgreens.

King estimates that the pharmacists at Walgreens, located at 411 W. Lincoln Ave., have administered 50 to 60 vaccines since the state provid-

ed them.

"The vaccines don't expire till next spring," King said. "So I imagine that we'll be providing them for as long as there is a demand."

Demand has increased since word has gotten out regarding the vaccines' availability, King said.

Health Service will continue to monitor the CDC and the Illinois Department of Public Health Web sites to see if H1N1 makes a resurgence or when seasonal flu arrives, in order to be prepared.

Jason Hardimon can be reached at 581-7942 or jrhardimon2@eiu.edu.

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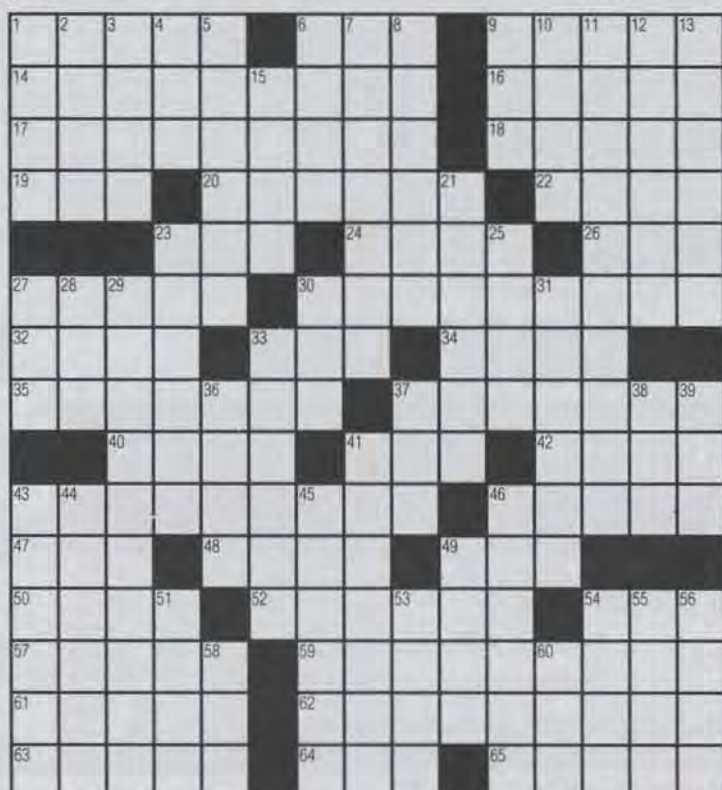
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The New York Times Crossword

Edited by Will Shortz

No. 1216

- ACROSS
- Fish tank buildup
 - Go off
 - It flows through Turin
 - Othello, for one
 - Leggy wader
 - Help for a pioneer
 - French first lady ____ Bruni-Sarkozy
 - H.S. course
 - More unearthly
 - Real looker
 - Alan Paton's "____ the Beloved Country"
 - Thin nail
 - Milne hopper
 - Symbols of goodness
 - Experiment subject
 - Fall site
 - Flier to Stockholm
 - "Dumb and Dumber" actress
 - Offering from the front desk
 - Classic Steinbeck story, with "The"
 - First-time driver, often
 - United
 - Geraint's love, in Arthurian legend
- DOWN
- Unable to hear
 - Answers in court
 - Frog predator
 - Influence
 - ____ Palmas, capital of the Canary Islands
 - Boundless
 - Paris's ____ Garnier
 - Four-time platinum album of 2001
 - Foundation abbr.
 - T-shaped pullover
 - Do a lube job on
 - Animated TV character with buck teeth
 - How an April fool may be done
 - Guinness suffix
 - Important signs



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S I M P A N A L O G A D Z
E S S O M A R I N A F R A
E A G E R B E A V E R I O N
M O R T A R L I F T C I I
I C O N N O H I D E
P L A C E S T O G O B O S S
R A F W E S T T M A N
O S T I A B T U I M A G E
E L Y S O S A S D O G
S O R E T H I N G S T O D O
E N S L O O A R E S
A S H A R N O E N T I T Y
M I A P E O P L E T O S E E
A T V P U R I S T P E A T
N E E S P B E D O S E M I

- Volume of reprints
- Half brother of Ivan V
- Active ingredient in marijuana: Abbr.
- Apt attachment to the starts of 14-, 17-, 35- and 43-Across
- Likely to slip
- Hoi ____
- How a bump may appear
- Dull, as London skies
- Varied
- Swindlers
- No more
- The Beatles' "And I Love ____"
- Stir
- "The Cossacks" novelist
- Like apparel donned in a Christmas carol
- Partner of jeweler Van Cleef
- Parody
- Not give up
- Foul caller
- Actress Vardalos
- Gridiron stat: Abbr.
- Heavy blows
- Cuts off
- Prickly plant
- Slide away
- Round a corner in Monopoly
- Brave one
- Apt attachment to the ends of 30-, 37-, 59- and 62-Across
- Oceans
- Be in accord
- ____ Hubbard
- Gambling venues, briefly
- Crusading journalist Nellie
- Do some tailoring

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MEN'S BASKETBALL | NOTEBOOK

Pratl breaks out during Morehead game

Freshman scored career-high 15 against Eagles

By Bob Bajek
Sports Editor

Despite a dismal 73-51 loss at Morehead State Saturday, the Panthers had a bright spot.

That bright spot was freshman forward Shaun Pratl, last year's *Chicago Sun Times* Male Athlete of the Year.

Pratl, Eastern's top recruit, put up 15 points and four assists against the Eagles, particularly the Eagles' junior forward Kenneth Faried, Morehead's star player.

"I got to go hard everyday in practice," Pratl said. "I'm starting to get better and not taking days off from practicing hard. Working with (senior center Ousmane Cisse) has helped me out a lot."

Coming out of Richards High School, he was heavily recruited from various top schools for football. He

"As a team, we've been pretty good defensively. Part of playing defense is rebounding and that starts with me. I haven't been doing a good job rebounding during the Morehead game."

Ousmane Cisse, senior center

was a tight end and had 52 receptions for 1,026 yards and 10 touchdowns in his senior year.

However, he chose the basketball court over the gridiron.

"I've been thinking about that as I was watching those college football games and bowl games," Pratl said. "I was thinking how cool it would be. It would be cool to be playing still."

"I picked basketball because I really love it and it's easier to get injured in football," Pratl said. "Me being 6' 8", if I got hit in my knee one time, my career could be over."

The freshman is averaging 6.3 points per game and 3.3 rebounds from the bench, and gradually learning the college game.

"I've learned that you cannot take a play off," Pratl said. "In high school, I could coast or play behind a guy in defense and stuff, but at college, everyone is a Division-I player. You can't jog down the court and not hustle, and do the little things."

Cisse experiences foul trouble Saturday's conference showdown

had Cisse defending Faried, who scouts have touted as an NBA prospect.

Faried was a hard defensive assignment, as Cisse committed a few quick fouls and sat on the bench for 14 of the first 20 minutes.

"It's not a concern for me," Cisse said of foul trouble. "That's the way I play. Sometimes, I don't know if it is me or if it's the referee, I just play through it. For me, being aggressive is a part of my game, so being in foul trouble is not a big deal for me because it takes away my aggressiveness."

Rebounds needed

The team's leading rebounder with 6.2 rpg, Cisse and the Panthers have struggled rebounding during their three-game road stretch. The Eagles won the battle of the boards 37-24 Saturday.

Eastern was also out-rebounded 42-38 against Murray State last Monday and tied Eastern Kentucky 26-26 Thursday.

"Obviously, it starts with me,"

Cisse said. "As a team, we've been pretty good defensively. Part of playing defense is rebounding and that starts with me. I haven't been doing a good job rebounding during the Morehead game."

He had one rebound during that contest.

Sickness spreads

After Saturday's game, four coaches and players got sick on the bus ride home.

"Riding back on the bus was quite an experience," head coach Mike Miller said. "People getting sick. We had to stop the bus and have the bus driver clean (the mess)."

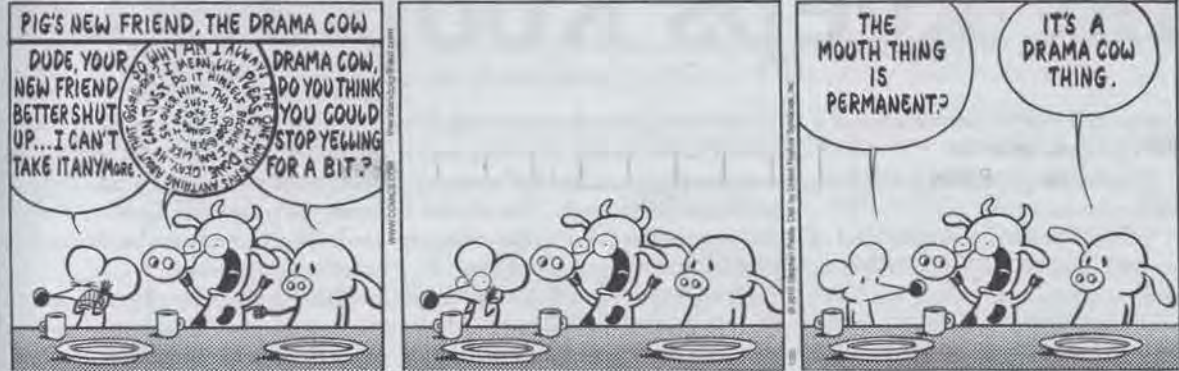
Miller thinks it is possibly food poisoning from the hotels.

"Is it a coincidence that four people got sick within thirty minutes of each other? I don't know if that is a coincidence," Miller said. "Hopefully, we are on the backside of it now and everyone is getting healthy."

Bob Bajek can be reached at 581-7944 or rtbajek@einu.edu.

COMICS

PEARLS BEFORE SWINE BY STEPHAN PASTIS



GET FUZZY BY DARBY CONLEY



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Chacour Koop, freshman swimmer



Freshman backstroke swimmer Chacour Koop practices in Ray Padovan pool Tuesday afternoon. Koop started swimming as a 6-year-old after being inspired by his brothers who showed a lot of enthusiasm about the sport.

Strong work ethic keeps Koop afloat

By Dion Martorano
Staff Reporter

There are those people who are born into a sport and then there are those who fall into a sport.

The latter was the case for Eastern's men's swimming team freshman Chacour Koop.

Koop said he was first interested in swimming after watching his brothers in his backyard pool when he was 6 years old. While he tried other sports, he found that swimming was the only sport he truly loved.

"I never took swim lessons," Koop said. "We had a pool in the backyard and I watched my three older brothers, and I picked it up from them. I wanted to be on the swim team and joined when I was about 6 years old

and have been doing it ever since."

One thing people never have to worry about is a lack of effort from Koop; he is referred to as a hard worker by many of his coaches and teammates.

"We [Kansas University] have only three practices a week, but Koop would come in five days a week and put a lot of extra work in," Dan Johnson, president of the University of Kansas swim club, said. "He is a very hard worker."

Koop walked on to the swim club at Kansas in 2009 before transferring to Eastern. After hearing of Koop's transfer, Eastern's swimming coach Matt Bos said he was ecstatic with the swimmer he got.

"He is really mature as far as the approach he takes in training," Bos said. "He understands what we are trying to do. Most of all he comes in

and gives a 100 percent. He keeps it all in perspective."

Koop said his work ethic comes from one source: his family.

"[A hard worker], that's the kind of person I hope to be," he said. "It goes back to my parents. I have three older brothers who were all hard workers. My family has taught me hard work."

All three of his brothers have been on a swim team in college and Koop's brother Andre is currently on Purdue's swim team.

A native of Newton, Kan., Koop originally went to the University of Kansas. The only problem was that Kansas did not have an official team, just a club. For Koop it was not an issue, it was actually what he needed.

"It was a really good fit for me at Kansas, it was laid back," he said. "As

I swam throughout the year, I realized I missed it [swimming] a lot more than I ever thought I would. I had a new appreciation for the sport. That is when I made the step to swim at the collegiate level and have more competition."

Koop wanted to take a little break from swimming and that is why Kansas was a good fit for him. According to Koop, Johnson helped revitalize his swim career.

"I can credit Dan's energy with getting me back into swimming," he said. "He did a good job with the KU team and that helped me find swimming again."

After he decided he wanted to compete on the Division-I level, he sent out questions to 10-15 different coaches and got a serious response from about three to five of those —

one of those coaches was Bos.


"Matt Bos was a coach I connected well with and I saw he was doing well with the program," Koop said. "The team had improved a lot under him and that was exciting to me."

When he is not giving 100 percent on lowering his times in the pool, he is likely to be seen hitting the books.

"He works hard at everything he does," Johnson said. "He used to pull all-nighters studying."

"I feel fortunate to have talent but I feel like I need to work hard, I wouldn't have it any other way," he said. "It just makes you feel better after putting in a good hard days work."

Dion Martorano can be reached at 581-7944 or dmartorano@eu.edu.



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WOMEN'S BASKETBALL | NOTEBOOK

Nixon earns fourth OVC freshman honor

Historic numbers
at ECU lead to
weekly award

By Alex McNamee
Assistant Sports Editor

Freshman guard Ta'Kenya Nixon was named the Ohio Valley Conference's Freshman of the Week for her performance during Eastern's weekend road trip against Eastern Kentucky and Morehead State.

Nixon's biggest performance came Thursday against Eastern Kentucky, where she scored 16 points and grabbed 17 rebounds.

Nixon's 17 boards is a career-high for her, and is a season-high on the team; in fact, 17 rebounds is tied for the highest total number of rebounds in head coach Brady Saltee's six-year coaching stint at Eastern.

The only other player during Saltee's tenure to accomplish such a feat is 2009 graduate Rachel Galligan, who nabbed 17 boards in two games during the 2006-2007 season — Galligan's sophomore year.

Senior guard Dominique Sims said Nixon's ability to grab rebounds is crazy.

She said while everybody on the team is surrounding the basket for the rebound, Nixon seems to always end up with the ball.

Nixon played 38 of the 40 possible minutes in Thursday's game at Eastern Kentucky, leading to a total of 72 minutes out of 80 in two games this past weekend.

In Saturday's game against Morehead State, Nixon scored eight points and had six rebounds while she was responsible for setting up the final game-winning possession.

With 10 seconds remaining, Nixon



Head coach Brady Saltee directs the women's basketball team during practice Tuesday afternoon in Lantz Arena. The Panthers host Murray State Thursday in Lantz Arena and are trying to extend their five-game winning streak.

AMIR PRELLBERG | THE DAILY EASTERN NEWS

"We had one time-out, but I had the ball in Ta'Kenya's hands and we'd been in that situation before, and she had done exactly what I wanted her to do, so I trusted her that she was going to ram that thing right to the rim — and she did."

Brady Saltee, head women's basketball coach

on retrieved the ball off a Morehead State missed shot and headed down the court to try and win the game for the Panthers.

"We had one time-out, but I had the ball in Ta'Kenya's hands and we'd been in that situation before, and she

had done exactly what I wanted her to do, so I trusted her that she was going to ram that thing right to the rim — and she did," Saltee said.

Nixon missed the shot, but sophomore forward Chantelle Pressley came up with the rebound.

Pressley was fouled, went to the free throw line and hit the two game-winning free throws.

Pressley's teammates had confidence in her

With 2 seconds left in Saturday's game against Morehead State, Pressley stepped up to the free throw line to attempt two free throws that would win the game for the Panthers.

Anyone looking at Pressley's stats as she went to attempt the free throws would see that she is a 57.8 percent shooter from the line.

However, her teammates were not looking at the stats.

Instead, they were looking into the eyes of a confident sophomore.

Pressley said she told herself, "I'm about to make these free throws and win this game," as she was preparing for the two shots.

Adding to her confidence, her teammates had faith in her.

Senior forward Maggie Kloak said she did not care what the stats said because she knew Pressley was a great player.

"Chantelle played a great game and clearly we needed those free throws, and she just put us over the edge," Kloak said. "That was a great end to the game, and I think I speak for the whole team that we knew she was going to put those in no matter what her percentage was or anything like that."

Pressley sank the free throws and Eastern won the game 62-60. The Panthers' next game is at 5:30 p.m. Thursday against Murray State in Lantz Arena.

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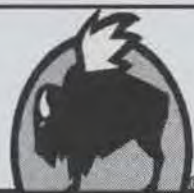
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VIEWS



Collin Whitchurch

'Super' exposure for school

Super Sunday is still more than two weeks away, but National Football League fans at Eastern can be sure of one thing: Our beloved school will be well represented.

When the New Orleans Saints and Minnesota Vikings face off Sunday with a spot in the Super Bowl on the line, it will be a battle between two teams that rolled through their Divisional Round opponents.

But another thing it will be a battle between is something rather unique to any university, let alone our small, humble campus. The Saints and Vikings are coached by Sean Payton and Brad Childress, respectively, both of whom just so happen to be alums of Eastern.

Likewise, John Teerlinck, the defensive line coach for the Indianapolis Colts, received his Master's Degree from Eastern after graduating from Western Illinois. The Colts, like the Saints and Vikings, play Sunday with a chance to go to the Super Bowl.

Yes sir, it appears Eastern has hit the jackpot when it comes to national exposure in the football world. CBS's Jim Nantz even mentioned during Sunday's game between the New York Jets and San Diego Chargers that Eastern Illinois would be represented in the Super Bowl regardless of who comes out on top when the Saints and Vikings tangle (Sunday, 5:40 p.m., Fox).

So how can Eastern benefit from this type of exposure?

If nothing else, it's something the university can become known for on a social level. If we become a school that, when mentioned in conversation makes people say "Hey, that's the school with all those successful coaches in the NFL," that's something.

Likewise, it gets Eastern exposure in NFL circles. If an Eastern alum is looking to break through in the coaching world, regardless of the level, prospective employers will know their background is at a place with a history of coaching success.

From an athletic level it helps as well. While Tony Romo's success helps the football program from a recruiting basis, the coaches can as well. It can't hurt for a recruit to hear about Eastern and say "Hey, that's the school with all those successful coaches in the NFL."

Now I'm not saying it's going to have a lot of immediate benefits, and it might not make a huge difference in recruiting, but one thing is for sure:

Exposure in a positive way is never a bad thing, and when Payton and Childress take the field with their dominant teams Sunday, current students and alums alike can be proud to know the two coaches have shed their alma mater in a positive light.

It might not be much, but it's something.

Collin Whitchurch can be reached at 581-7944 or cfwhitchurch@eu.edu.

MEN'S BASKETBALL

Martin quits men's team

Senior guard frustrated with injuries

By Bob Bajek
Sports Editor

Senior guard Romain Martin, Eastern's leading scorer for the past three years, quit the men's basketball team Tuesday afternoon.

His departure was announced in a press release and confirmed by head coach Mike Miller.

Martin, who was coming back from a knee scope on Nov. 18, left the team because he was frustrated with not being in complete health and able to play at his full ability, he said in a press release. He wants to get healthy and finish his degree.

This announcement comes as a surprise to Martin's teammates,

"This all came as a surprise to all of us. He never really said anything to me about his injuries hurting him. He felt he was fine."

Tyler Laser, junior guard

who did not see his departure coming.

"I asked him 'Did it hurt when you play out there?' and he said he didn't," junior guard Tyler Laser said. "He wasn't moving like the old Romain. He was struggling out there. He wasn't playing as fast as he normally does. And he said he felt fine."

"This all came as a surprise to all of us. He never really said anything to me about his injuries hurting him. He felt he was fine."

Senior guard T.J. Marion said

Martin was fun to play with on the court. Marion was a transfer student from Southeastern Illinois College and said one of the main reasons he transferred to Eastern was to play with Martin.

"I knew him when we were coming up through high school," Marion said. "We played in an NCAA First Team (Program) together, so I met him before I got here. I am the closest with him out of anybody."

Before the season, Marion injured his wrist and knows how tough overcoming an injury is.

"The injuries really got to him because he wasn't used to not playing at 100 percent," Marion said.

Miller said Martin was given the best care available while he was rehabbing.

"Our medical staff was pretty thorough as they went through this, we looked at every possible option," Miller said. "Going into the first game at Toledo, it was still an option he could still play because he was practicing in and out at that time."

The decision to come back and have surgery instead of red-shirting was Martin's to make, Miller said.

For eight games, Miller took Martin's injury day by day because each injury heals differently, depending on the player.

Playing without Martin will not affect the team, Miller said, as he pointed out his team did well without its leading scorer.

MARTIN, page 9

ATHLETICS | COACHING VACANCY

Cross country coach belts for Texas

Akers unable to fill two open spots

By Collin Whitchurch
Managing Editor

Geoff Masanet, Eastern's cross country head coach, has left the program after five years, citing a desire to join his fiancé in Austin, Texas.

Masanet — whose last day with the program was Jan. 6 — leaves the Eastern track and field program with two openings as jumps coach JaRod Tobler left last week as he prepares to make the United States Olympic Track and Field team.

"I got engaged this past summer and my fiancé moved to Austin, Texas, to pursue her Ph.D at the University of Texas," Masanet said via e-mail Tuesday.

"She will be at UT for another three and a half years. We felt we could manage the long-distance for the short term but in the long term, it wasn't going to be feasible for me to remain in Illinois."

While Masanet was in charge of the cross country teams, which compete in the fall, he was also responsible for the distance runners during the track and field season.

With Masanet and Tobler leaving, Tom Akers, director of track and field, is left with two openings on his coaching staff he will be unable to fill.

"The hiring freeze is in place, so it looks like we're going to have to make it through the rest of this season without replacing either one," Akers said.

While the team has a shortage



ERIC HILTNER | THE DAILY EASTERN NEWS FILE PHOTO

Geoff Masanet talks to the cross country team in fall 2008 next to Campus Pond. Masanet is leaving Eastern in order to be closer to his fiancé in Texas.

on its coaching staff, Akers said he has been fortunate to have two former members of the team step in to help out.

Brenton Emanuel, a former sprinter, and Brad Butler, a former long distance runner, have both been working within the athletic department this year and have stepped in to help Akers.

"We have these two guys help step in and provide a little leadership," Akers said. "They're my eyes and ears during practice. We're lucky to have these quality individuals to help us out."

Emanuel and Butler are both graduate assistants in the athletic

department. Emanuel, who has been working in the compliance office, will focus on helping the sprinters, while Butler will help with the distance runners. Akers will help coach the jumps area because of Tobler's absence.

Meanwhile, Masanet said he accepted a position at Texas State-San Marcos as an academic adviser. And while he said there is never a good time to make a switch like this, the move was not professionally motivated.

"Ultimately the move was not about the job, though, it was about being with my fiancé," he said.

"I don't think you are meant to

spend your life thousands of miles apart unless there is no other alternative.

"My runners were very understanding and I appreciated the way they took the news. I honestly can't say enough about their support of my decision. I love EIU and will forever be a proud alum and former coach. I think the program will not only continue to flourish, but will take another step forward with the new coach."

Sports Editor Bob Bajek contributed to this report.

Collin Whitchurch can be reached at 581-7944 or cfwhitchurch@eu.edu.

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