Eastern Illinois University The Keep

August 2014

8-29-2014

Daily Eastern News: August 29, 2014

Eastern Illinois University

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Eastern Illinois University, "Daily Eastern News: August 29, 2014" (2014). August. 6. $http://thekeep.eiu.edu/den_2014_aug/6$

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Weekend's first issue to find out where students go to eat, what artists will be playing this weekend and more.

Page 1B



Eastern's football team started its 2014 season with a 42-20 loss at Big Ten Conference member Minnesota.

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AILYEASTERNNEWS

Friday, Aug. 29, 2014

"TELL THE TRUTH AND DON'T BE AFRAID"

VOL. 99 | NO. 6



Gerhardt Shafer, a senior engineering major, slips down the slide Thursday during ROTC combat water training at the Charleston Rotary Community Aquatic Center.

Off the deep end Cadets make splash in training

By Roberto Hodge Multicultural Editor | @BertoHodge

Doing summersaults, backflips and intentionally falling into the pool blindfolded were all parts of a normal combat water survival test Thursday afternoon.

Eastern's ROTC students practice this survival test yearly as a way for them to build confidence dealing with aquatic sit-

Graduate student Josh Smith said the tests involve the cadets doing things like jumping in the water blindfolded with all of their gear on and diving in to learn how to swim while holding a rifle.

Smith said the gear itself weighs around 20 pounds when it is dry and can easily increase by 10 pounds when wet.

Smith said these lessons are all required in order to commission into 2nd Lt., which is their equivalent to graduating, but if students fail the swim test it means they either need to practice swimming more or take more swim classes.

"They just have to get more confident in the water," Smith said.

Smith said the most important aspect about the exercise is to allow the cadets a confidence boost in the water; he said they do anything they can, from encouraging words to even teasing.

Smith said they have a pole they hold out to those who feel like they cannot fully make it across; as the cadets reach for the pole, the others will pull it away forcing them to swim a little closer each time.

However, many people stand around the pool watching and trained lifeguards are on duty just in case.

"Anything to try and get them to overcome their fears," Smith said. "You can't just be confident on land."

Fear is something many people go through when they are in or out of water.

One girl is so afraid of the water that each time she has been in ROTC she has not quite overcome the fear yet.

Jessica Buckley, freshman finance major, said she could not swim and the entire ordeal was scary, but it would probably be more enjoyable if she knew how to swim.

Like her fellow cadets, Buckley was also pushed into the water blindfolded with her

"I felt like my life was gone before my eyes," Buckley said. "'Don't die' was my motto the whole time."

Buckley said she enjoys the entire aspect about ROTC—except swimming.

She said when she was in high school she did ROTC and wanted to continue the program here at Eastern.

Despite not liking the combat water test, Buckley said she felt entirely comfortable with the men who worked with her. She said they help a lot and make the program feel like a family.

Buckley advised any student thinking of enrolling in ROTC to learn how to swim

Jack Darling, a senior organizational and professional development major, is in his fourth year doing the survival exercises and he looks at it now from a different perspective compared to when he was a freshman.

Darling said, as seniors in the program, they are sometimes the first ones in the water and it is up to them to show the newcomers how everything works and to keep

ROTC, page 5

Students feel first day off is too soon

By Kevin Hall Staff Reporter | @DENnews

With over a century of celebration behind it, Labor Day is a holiday set aside to commemorate the United States' work force and labor unions.

But for many students it is just another three-day weekend.

Every year, Labor Day comes on the first Monday in September, and though it is supposed to celebrate U.S. workers, most students view it as a mini-vacation from the first week of school.

Getting back to school is something that could be difficult to adapt back to and some would even argue that having Labor Day off could disrupt the mindset of students trying to get back in the rotation of the academic year.

Martha Deerman, an associate professor of sociology and an educator for over 20 years, said that Labor Day being in the midst of the first weeks of school could possibly deter students and teachers from getting focused back on classes.

"I believe it is definitely a possibility that the day off for Labor Day could definitely cause confusion for both students and faculty in getting situated for school,"

A holiday created to honor the labor force has become a day for relaxation, leisure and even ignorance to what the day actually means.

DAY OFF, page 5

The News will not print for Monday

Staff Report

Monday is Labor Day and the university will be closed, including the print edition of The Daily Eastern News.

Bob Galuski, the editor-in-chief, said Eastern's campus newspaper does not publish when the university is closed, except for snow days.

However, while the print edition will not run Monday, Galuski said the online edition, dailyeasternnews.com, will still be updating the community on all news.

"It's important for us to continue putting out the news for the campus and community to read, even if we're not printing that day," Galuski said.

He also said social media outlets for The News, such as Facebook and Twitter will

The News will resume print publication on Tuesday when classes also pick back up.

FRIDAY, AUG. 29, 2014 THE DAILY EASTERN NEWS | **NEWS**

Local weather





High: 87 Low: 69°

Thunderstorm Thunderstorm High: 85° Low: 69

For more weather visit castle.eiu.edu/weather.

The Daily Eastern News

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on soy ink and recycled paper.

Attention postmaster: Send address changes to: The Daily Eastern News 1802 Buzzard Hall Eastern Illinois University

Charleston, IL 61920

Printed by Eastern Illinois University



KATIE SMITH | THE DAILY EASTERN NEWS

Dancer Kyle Hadenfedlt reaches for a light during Root's Vision as part of the Thodos Dance Chicago performance Saturday in the Black Box of the Doudna Fine Arts Center. This number told the story of John Root, who became ill with walking pnemonia. As he dies, he envisions the idea of "The

Doudna's new season brings back old acts

Samantha Middendorf

Entertainment Editor | @Samantha_EE

Mixed in with a slew of new artists on the Doudna Fine Arts' slate, the 2014-15 season will also give audiences a chance to see familiar faces return

This season, Doudna will feature a combination of both up and coming performers and fan-favorite performers of the past.

Dan Crews, director of patron services at Doudna, said the returning performers were chosen with the help of Doudna concertgoers during the 2013-

"People could vote for who their favorite performer was," Crews said. "Once we tallied those votes we were able to come up with a list of those we wanted to invite back.

These "Best-Of" returning artists include Pokey LaFarge, Gaelic Storm, Thodos Dance Chicago, contemporary-bluegrass band the Depue Brothers Band and Switchback.

Pokey LaFarge will be the first "Best Of" performer of the season when he brings in his friends on the Central Times Tour, Sept. 15.

"Pokey is bringing four other artists with him to share the stage, so that will be a lot of fun," Crews said.

LaFarge's guests include American roots musicians, Joel Savoy & Co., Dom Flemmons, Loot Rock Gange and The Tillers.

Switchback will also bring special guests Robinella and the Twangtown Paramours when they perform at Celebration, April 25.

They will be sharing the stage and playing together Celebration weekend," Crews said. "Each artist will be featured at Celebration and doing their own set



Small Town Napolean, a Louisville jazz band, will be performing at the Blackbox Theater on Sept. 6 to start off the 2014-15 season

Crews said acoustic band Gaelic Storm was a voting favorite. They will return to Doudna's concert hall Oct. 6.

"Although it's not the same show as last year, Thodos Dance Chicago will return to do a story called 'A Light in the Dark,' about the life of Helen Keller and Anne Sullivan."

Last year, Thodos Dance Chicago performance was based upon "The White City", a novel about the 1893 Chicago World's Fair.

Thodos Dance Chicago will perform their new act Oct. 10.

The Depue Brothers Band will perform a special Christmas-themed show Dec. 10 in the Dvorak Concert Hall.

Doudna will open its season Sept. 6 with a performance by Louisville jazz band Small Time Napoleon.

Small Time Napoleon is the first performance of the new and emerging art-

Classical ensemble, Sonic Escape, will take the stage of the recital hall Jan.

Doudna will also host several other acts besides those apart of the 'Best Of' and New and Emerging Artists series.

The Midwest Trombone Euphonium Conference will take place Oct. 31-

The finale of the conference will feature Alex Iles, Nov. 2 in the Black Box

Tango dance and music presentation, "Song of Eva Peron" will take place in The Theatre Feb. 1.

The Legendary Count Basie Orchesta will open the 56th Annual Eastern Jazz Festival Feb. 6 at the Dvorak Con-

Joseph Cashore will present his program "Simple Gifts" feature marionettes he has been designing and performing with for more than 30 years Mar. 3 at the Recital Hall.

Tickets for all Doudna events can be purchased at the Doudna Box Office.

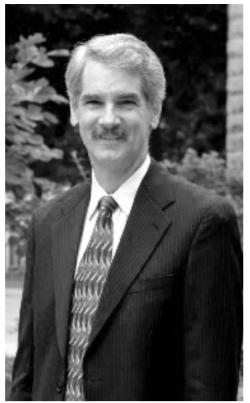
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FRIDAY, AUG. 29, 2014
THE DAILY EASTERN NEWS | CAMPUS



Bill Perry



Blair Lord



Dan Nadler



Chris Dearth

Administrators share hobbies, histories

Debby HernandezAdministration Editor | @DEN news

Although Bill Perry is entering his last year as president of Eastern, he will still have plenty of hobbies to keep him busy.

"My interests and hobbies are mathematics, history, languages, hiking and working out," Perry said.

He said he even enjoys weight-resistance training.

President Perry said his job consists of various obligations, including providing general leadership for the university, administering and directing, developing and maintaining positive public relations and raising private funds in support of university programs and scholarships.

"I chose EIU for its high quality of academic programs, real belief in excellence and its deep sense of purpose," Perry said.

Perry was inaugurated as president in 2007, and his final year will be 2015.

Prior to Eastaern, he worked at Texas A&M University as professor, dean and finally vice-provost for five years.

Perry said he attended Park College as an undergraduate where he studied math and history, and he obtained his master's and doctorate degrees at the University of Illinois.

Perry said his overall goal is to continue to build the excellence of Eastern's academic programs.

"I have learned that there is a strong bond between student and university," Perry said.

Perry said his advice for all Eastern students is to give their absolute best every day.

"It does not matter what you are involved in, you will get great satisfaction of that and be proud of yourself," he said.

President Perry is not the only administrator with interesting hobbies.

Blair Lord, provost and vice president of academic affairs, said he enjoys sailing, woodworking, antiquing and traveling, including visiting his daughters in Massachusetts and his hometown in California.

He said he came to Eastern in search for a position that allowed him to be in charge.

a position that allowed him to be in charge.
"It worked out, EIU chose me and I chose
EIU" Lord said.

Lord said he attended the University of California, Davis where he obtained his bachelor's and master's degrees in economics.

He recently celebrated his 13th anniversary as the provost of Eastern.

Being the provost means Lord is the chief academic officer, in charge of overseeing academic services and recognizing student organizations.

Lord said the academic affairs division is responsible for all formal educational activities that take place.

Prior to Eastern, he said he worked at the University of Rhode Island in the College of Business as a faculty member, then chair and finally provost for seven years.

He said the goal is to successfully visit the North Central Association, which provides regional accreditation.

"We want to aspire to be the best comprehensive university," Lord said.

Lord said he also wants to welcome students back to campus.

"We are delighted to have you back," Lord said. "Engage with student opportunities and challenge our faculty."

Dan Nadler, vice president of student affairs, has worked at Eastern for over nine

In his spare time he enjoys traveling, coaching baseball, performing community service, and supporting the Eastern Panthers.

"My goal is for every student to become involved in some community service work," Nadler said.

Nadler attended Southern Illinois University, and obtained a bachelor's degree in liberal studies, a master's degree in speech communication, and a doctorate in higher education.

"As the senior student affairs officer, I am responsible for leading and managing the division which includes 17 departments," Nadler said.

Nadler said he is also a professor in the department of counseling and student development, where he directs graduate student research.

He said he chose Eastern for its excellent education at an affordable price, and its faculty and staff that care deeply about students.

"It is my hope that every student experiences a high degree of satisfaction with EIU, graduating with the knowledge and skills necessary to make a significant difference," Nadler said

His message for students is to become actively involved in the classroom, in co-curricular activities, and in the community.

"Every student can make a difference and leave a legacy at EIU," Nadler said.

Like Perry, Chris Dearth, the new admissions director, also likes to stay in shape.

"I once attended a 5K in New Jersey called Zach's Run," Dearth said.

Zach's Run funding goes to research on a cure for a rare enzyme condition called MPS 2, also known as Hunter syndrome.

He said he likes to run, read historical biographies and spend time with his family.

Dearth graduated from Richard Stockton College, where he obtained his bachelor's degree in marketing, and later received his master's degree at Duquesne University.

Prior to Eastern, he was a director for seven years at the State University of New York at Fredonia

He said he chose Eastern because of the campus community.

"It's a large institution that feels like a small college," he said.

Dearth is currently in charge of recruitment of new students and reviewing applications and offers of admissions.

Dearth said he hopes to make the admissions process as transparent as possible for new students.

"The goal is to create more awareness of the benefits of attending EIU across the state, and surrounding states," Dearth said.

Dearth said he wants to be able to connect with students.

"If you see me on campus, I hope you find me approachable," Dearth said. "Get involved, enjoy your time and show school spirit."

Debby Hernandez can be reached at 581-2812 or dhernandez5@eiu.edu.

CAA to create new general education committee

Debby Hernandez

Administration Editor | @DEN_news

The Council on Academics Affairs debated the establishment of a new committee on general education and learning goals on Thursday.

Stephen Lucas, chair of the council, said the purpose of the committee will be to develop expectations of how the five revised learning goals will be incorporated into general education courses as well as come up with resources to do so.

"We want to make sure we can systematically get learning goals into general education," Lucas said.

The five revised university learning goals include critical thinking, writing and critical reading, speaking and listening, quantitative reasoning, and responsible citizenship.

The purpose of the goals is to help Eastern students learn strategies that help them reason and communicate clearly as responsible citizens, according to the Eastern website.

Lucas said establishing the learning goals is important for students in their first two years of college while they are taking their general education classes.

Lucas' proposal for the new committee included three subcommittees for the committee on general education and university learning goals.

These subcommittees will focus on establishing different things for the committee such as the expectations in general education courses proposals and policies that the CAA should recommend for these courses

"We have a very big, black hole in general education in terms of understanding what is going on in its instruction practice and outcomes," Lucas said.

Lucas said the goal is not to monitor everything

about these courses but to have something that works.

"We need to start thinking of general education

as a program that we accredit internally in some kind of process," he said.

Lucas also proposed to recruit members from different areas including three CAA members, a

different areas including three CAA members, a faculty development member and a member from the Committee for the Assessment of Student Learning.

Rebecca Throneburg, a communication disorders and sciences professor, said making

CAA members part of a learning group committee would be a good practice, but she questioned whether they would have enough time.

"Is that too big of an assumption, too many hours a week we are asking people to commit?" Throneburg asked.

Lucas stressed the importance of establishing the committee fully so the campus will take it seriously.

"I truly believe that unless something is not accessed in a quality way, it is very unlikely to actually have any change," he said.

CAA will meet at 2 p.m. on Sept. 4 at the Booth Library Room 4440.

Debby Hernandez can be reached at 581-2812 or dhernandez5@eiu.edu.

Come back tomorrow to get the scoop on what's happening at EIU and in Charleston!

Letter to the Editor: As your comfort zone expands, go further

I very much enjoyed the staff editorial titled "Life begins outside your comfort zone," and would like to add to it by saying "see the

Taking a Russian history class on campus expands students' knowledge and horizons. Travelling to Russia for that class, or as part of that class, expands those horizons

When you grow tired of Waffle House breakfasts in Tennessee, spend a few weeks in France, or Germany, or China, and experience breakfast (as well as lunch and dinner) in those cultures.

The more you explore campus, and Charleston, and Illinois, and the Midwest, the wider your comfort zone grows, and the more you have to make an effort to get outside of it. Fortunately, studying abroad is an option available to all Eastern students.

As the editorial stated "college is a time to grow, and not just intellectually. Challenging your current perceptions is great, and will take you far. But casting your worries aside and jumping full-on to a foreign and unknown experience will do much more."

When you jump into that foreign experience, in another country, you will learn about yourself, your place in the world, and how you function when faced with a challenge.

You will also prepare yourself for the future, when you once again will step out of your student comfort zone to start life as a fully-employed "real person" (of course students are real people—you know what I mean

A recent article on teachthought.com lists 8 critical skills for a modern education. These skills—leadership, digital literacy, communication, emotional intelligence, entrepreneurship, global citizenship, problem-solving, and team-working—can all be gained and strengthened by leaving your comfort zone, however large or small that zone may be.

Ask any student on campus who has returned from a study abroad program, and I am certain they can point to development in most, if not all, of those skill areas, expanding yet another aspect of their comfort zones.

I applaud the editorial board for encouraging the student body to challenge themselves and their perceptions, and hope that everyone at Eastern will continually push the boundaries of that zone and the boundaries of their knowledge and experience.

Besides, once you know how to salsa dance, you really need to go somewhere where the natives will appreciate your talent.

-Kurt Olausen Director, Office of Study Abroad

rite a letter to the editor

You have something to say. Knowing this, The Daily Eastern News provides a place for you to say it every day.

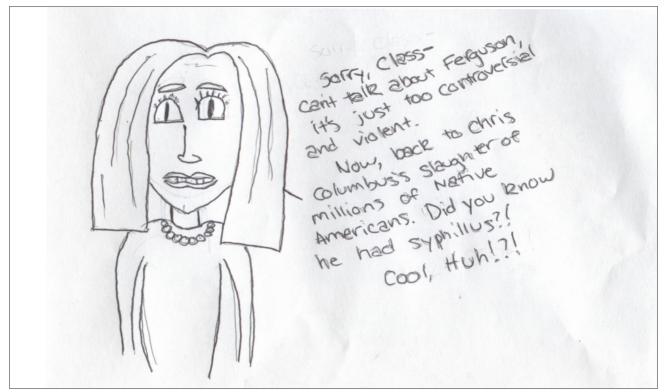
- Letters to the editor can be submitted at any
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- potentially harmful. Letters to the editor can be
- brought in with identification to The DEN or sent to DENopinions@gmail.com.



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Editorial Board

Drawn from the easel



ROBERT DOWNEN | THE DAILY EASTERN NEWS

STAFF EDITORIAL

Not talking about Ferguson won't make it stop

If we don't talk about Ferguson, maybe it'll all go away.

Or at least, that's what one school district in Edwardsville seems to think. As of Tuesday, Ed Hightower, Superintendent of Edwardsville District 7 has issued a district-wide ban on any classroom discussion of Michael Brown, citing complaints for parents that teachers were expressing personal opinions during the talks.

This situation in Ferguson-Florissant has become a situation whereby there are so many facts that are unknown," Hightower told KNOX-TV.

And in some regards, Hightower is right—there are a lot of things we don't know about what happened in Ferguson, namely what could have possibly transpired between Michael Brown and Officer Darren Wilson that would justify shooting an unarmed

But here's what we do know: what's happening in Ferguson is much bigger than, well, Ferguson, in that what's happening in Ferguson could have happened anywhere. Systemic racism and discrimination, the disproportionality of deadly force when dealing with black men, the militarization of local police departments these are all issues that transcend local, state and even national

And so, to try and ban their discussion in a supposed place of education is, at best, an act of cowardice—a way for District 7 to skirt a sincere social issue entirely, to gloss over an important mo-

ment so as not to offend. At worst, it's an intentional and immediate suppression of free speech, passed under the guise of "waiting until we have all the facts," and an extension of a public education agenda too rigid and milktoast to tackle any real-life issues.

Of course, this ban has already been met with considerable opposition both from teachers within the district and national media outlets. It's also pretty unimaginable that, because of its national attention, this ban will have any sort of shelf life.

Regardless, the ban still speaks volumes to the incapability of many people (educators included) to deviate from the norm, to toss aside the structured lesson plan, so as to make room for what might

Teachers should maintain an objectivity when discussing Ferguson, sure. And teachers should also keep in mind the age and impressionability of many students. But to claim teachers as incapable of doing those things is not only a slap in the face, but an extreme disservice to the students they are so responsible for shaping.

Simply put, the issues being explored in Ferguson are not going anywhere, discussed or not.

So get ready, District 7—this is going to be a long semester.

The daily editorial is the majority opinion of the editorial board of The Daily Eastern News.

Your silence does not help, so speak up

Last night, there was a march and studentrun discussion about what happened in Ferguson, Mo. In 7th Street Underground, which was great—the discussion was peaceful and relatively calm half of the time.

There were even a few white people present at the discussion and I felt that maybe there was going to be a serious discussion about the events; however, the discussion I was dying to hear never happened.

Not a single white person spoke up about the incident and that, more than anything, bothered

The issue that happened in Ferguson with Mike Brown's death isn't just a "black issue," it's a human issue—as a matter of fact, let's get political and say that it was an American issue. I'm tired of everyone throwing around that this is a black only issue—It is, but it isn't.

While I will say that it is mostly black people being gunned down for such felonious acts walking while black, shopping while black, even breathing while black), this affects everyone.

I believe the whites that chose to stay silent and not say anything aren't helping the situation; what is it that's keeping those lips of yours sealed? Is it that you feel Brown deserved to die? If so, let's talk about that? Or is it you think the issue has nothing to do with you and if that's the case,



Roberto Hodge

I believe you should see a doctor for the disease that is ignorance.

I could scream the words white guilt and privileged for the reasons of the silence, but that would only inflame the situation; what's really sad is that there are people black and white alike who are indifferent to the entire situation.

Since when did we as Americans become cold and distant to the murder of a teenager by a pub-

Is it the fact that he was a young black male with brown eyes and snapback deterring you from speaking out?

Let's reverse the roles here, say Darren Wilson, the man who shot Brown, was a black officer and the boy shot was in fact not a boy, say he was a young blonde female with blue eyes—I'm sure that will garner you to feel some type of way.

I'd say the most educated guess as to why not many whites spoke up at the discussion was they couldn't personalize the situation—because he was black and not white possibly made you not say a single word.

Maybe you felt that it wasn't your place, but that's not true— if more white people spoke up about the injustice against their black counterparts this whole tiresome race divide could possibly lessen.

Everyone is always saying that it's blacks who make it all about race, but that's not always the case: sometimes, it is white people who refuse to speak out about black and white issues. By separating yourself from the situation, you not only appear apathetic towards the plight of many black issues, but you're leaving a vacuum in which these type of issues flourish.

Don't be afraid to say something, even if you feel it's not your place, because I can guarantee you, when young white children are killed or murdered at the hands of someone else, blacks too, have something to say and their compassion to the situation may surprise you— after all, we're not all as militant as the media would have you

Roberto Hodge is a senior journalism major. He can be reached at 581-7912 or denopinions@

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THE DAILY EASTERN NEWS | CAMPUS 5 FRIDAY, AUG. 29, 2014



ROBERTO HODGE | THE DAILY EASTERN NEWS

Jack Darling, a senior organizational and professional development major, splashes into the water taking a break from training.

>> ROTC CONTINUED FROM PAGE 1

"You won't be much of a leader if you tell them to go get in the pool and stand there (watching)," Darling said.

Panic is the biggest issue many of the new students face in the program. Darling said when he did the jumping exercise with gear on he would get into the water, drop everything and surface immediately.

Now that he has done the test numerous times, he allows himself a few seconds of focusing before surfacing so he does not panic.

"It's like a millisecond pause where everything slows down and you realize what you need to do," Darling

Darling advised newcomers to stay calm and listen to their fellow cadets.

Capt. Dan Alix said it is rewarding to see his cadets progress through the program from start to finish. He also said the hardest part of teaching the new students is getting past their first semester because the decisions they make can affect them down the road.

As for the veterans, Alix said the hardest part is teaching them how to progress from a follower into a leader and get them to understand why they make the necessary decisions.

"Failure is OK as long as you're winning from it," Alix said.

> Roberto Hodge can be reached at 581-2812 or rlhodge@eiu.edu.

>> DAY OFF CONTINUED FROM PAGE 1

Although it is a possibility that the Labor Day vacation causes a rift between school and downtime, some feel as though properly preparing one's self for school will not let a one-day vacation alter the concentration of students.

Moniesha Curry, a senior psychology major, said that although she is very appreciative of having the day off it is not something that she deems absolutely neces-

"We have too many days out of school as it is," she said. "I think

we should spend all the time in school that we can because we should value educating ourselves."

The Labor Day gap left in some people's school schedule is ultimately a reflection of a person's individual work ethic.

Although some students may be distracted by the Labor Day vacation, it is not as if that one holiday throws off the entire academ-

Starting school before Labor Day gives students and faculty the opportunity to accomplish more

work, despite the day off.

Briana Wesley, a freshman biological sciences major, said getting started with school before Labor Day puts many students at an advantage.

"The earlier you tackle what you need to do, the easier things will be for you later," she said.

> Kevin Hall can be reached at 581-2812 or kphall@eiu.edu

Students affect local businesses

Downtown shopowners reflect on trends

Blake Warman

City Editor | @BlakeWarman

With the return of Eastern students, the city of Charleston goes through a system of changes.

One of these substantial changes is the increase in town popu-

With this increase, local businesses gain more customers than over the summer.

Many businesses feel this increase in customers and overall business instantly.

Local florist shops such as Noble Flower Shop and Lawyer and Ritchie: Florist and Gifts feel this drastic change economically.

Kayla Baker, a florist for Noble Flower Shop, said business in the summer is generally slow.

This business standstill eventually changes for both flower

Each business has provided Eastern students with flower arrangements resulting in a substantial sales increase.

Businesses such as Jackson Avenue Coffee, South Side Café and Fetchers receive an increase in customers over a course of time.

Dano Reible, owner of the JAC, said he receives about a 30 percent increase in customers.

This increase, however, usually comes at a slow pace, sometimes over the course of one to two months.

Reible said the reason for this is because many students, especially freshmen, do not know of businesses that are downtown.

Other businesses, however, do

not receive the same activity because of location.

Fetchers and South Side Café are affected by the lack of knowledge of the downtown area.

Mike Corray, owner of the pet store Fetchers, said he also receives an increase of business, but generally his business is with regulars or locals.

Trisha Craig, employee of the South Side Café, said like the JAC and many businesses on the square, they do not see a sudden increase of customers.

While some places see an increase in customers, others do

Businesses such as Midgard Comics and Wb's Pub and Grub do not receive any increase in sales, whether it is summer or fall semester.

Sarah McCreedy, an employee of Wb's, said the pub does not see an increase in fall because more locals attend than students.

"We don't see many students at Wb's, but we do see some professors attend the bar, most likely for the reason that there's a lack of student attendance at Wb's," McCreedy said.

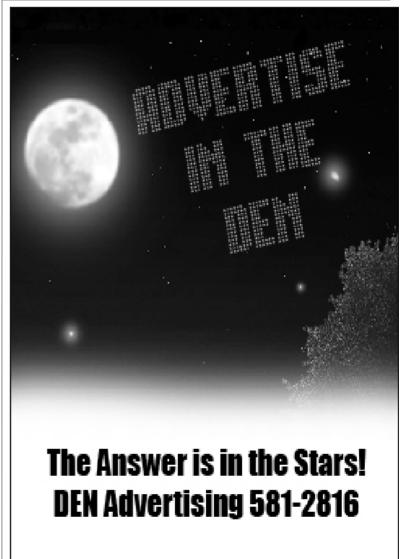
McCreedy said business at Wb's usually appeals only to locals and regulars.

Local comic book storeowner, Sandy Waters, said her business is generally the same continuously throughout the year.

Waters said business generally appeals to regulars and sometimes walk-ins.

Corray said many businesses are on the Square, and he strongly encourages students to check out the area and many of the local businesses in town.

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KATIE SMITH | THE DAILY EASTERN NEWS

Red-shirt sophomore flanker Emalie Thornton is tackled by several players from last year's season opener against Quinnipiac on Aug. 31, 2013. The Panthers open their season at 1 p.m. Friday against the Wicsonsin All-Stars in Madison, Wisc.

Rugby travels to Wisconsin All-Stars

By Bob Reynolds

Staff Reporter | @BobReynoldsDEN

The Eastern rugby team will open its season against the Wisconsin All-Stars at 1 p.m. in Madison, Wis.

The Wisconsin All-Stars are a team comprised of group of college rugby players that are from different branches of the University of Wisconsin including its main campus in Madison. Players are also from Stevens Point, Milwaukee, Platteville, Oshkosh and Eau Claire.

Last season the Panthers lost to the All-Stars 66-7 at Lakeside Field. The All-Stars got out to a 24-0 lead in the first half and kept pouring on the points with 32 in the second half.

The Panthers lone try came from a penalty on an All-Star player for a potentially dangerous tackle near the goal line on Hannah Veith. Veith was credited with the try. Carissa Burge added the two-point conversion.

The loss margin of 59 points was the Panthers worst of the season.

Grace Hodve of the All-Stars accounted for 39 points for Wisconsin. The All-Stars were also 7-of-8 on two-point conversions in the win of the Panthers.

The Panthers did edge the All-Stars 12-to-6 in line-outs won, but both teams earned 12 wins at the

The Panthers did have an

advantage in penalties taken with an 18-to-25 mar-

This season the Panthers look to avenge that loss as they begin on the road for the first time in two years with a new crop of players.

After losing two of its top two players, head coach Frank Graziano added eight new players including six freshman.

The Panthers will be young this season, just like last year, but they will have more experience. The leading scorer from a year ago, Miranda Hankins, will be one of the top players from last season returning to Graziano's lineup.

Hankins lead the Panthers in trys with eight last season and points with 40.

Also returning for the Panthers this season is Burge, who is a senior scrum-half. Burge was the second-leading point-scorer on the team with 39. She also had five tries on the season and converted 47 percent (7-of-15) of penalty kicks.

This will be the first of two consecutive road matches for the Panthers, who head to West Lafayette, Ind., next weekend to take on Purdue. The Panthers return home on Sept. 27 to host Tennessee at Lakeside Field.

> Bob Reynolds can be reached at 581-2812 or rjreynolds@eiu.edu

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GAME CLUB - Fridays 6pm-midnight at Charleston County Market's Mezzanine. Modern board games, card games, classic strategy games, and roll-playing games. www.meetup.com/Charleston-Game-Club

8/29

() Help wanted

Want to learn more about your community while improving your marketing skills with on-the-job training? The Daily Eastern News is currently seeking an Advertising Assistant for the 2014-15 school year. Must be an EIU student with a passion for helping people and the ability to help our client base grow. 10-15 hours/ week. Marketing or PR majors with a flexible schedule and a valid driver's license preferred. Inter- 5 BR house on 1st St. near ested parties should contact Rachel at 581-2816 and stop by 1802 Buzzard Hall for an application.

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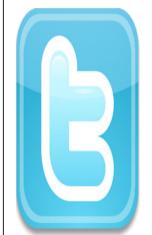
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DEN_Sports



THE DAILY EASTERN NEWS | SPORTS FRIDAY, AUG. 29, 2014

Eastern begins 2014 with new coach

By Mark Shanahan Staff Reporter | @DEN_Sports

First-year head coach Mark Hansen looks to turn around the Eastern men's soccer team this year after finishing 1-14-2 last season.

He is replacing longtime head coach Adam Howarth, who Hansen once played for. Hansen worked with the team last season as the goalkeeper's coach and was in charge of the travel for the Panthers and setting up scouting reports.

His assistant coach this year is Jake Plant who played for the Panthers last season and is now a graduate student at Eastern.

Hansen said he has his own individual coaching style, but has brought in experiences from his previous

stops. "You're always going to pull things from people you've worked with, people that you've played with, but I think everyone has their own unique style," he said. "I definitely think that my coaching style is unique to myself.'

The Panthers are relying on their 18 returning players this year, including senior captain Jake Brillhart.

Hansen has been impressed with two returning players that are healthy now after some injuries so far in camp. Chris Boswell and Spencer Filosa are both coming off serious inju-

The team did lose some players to graduation but Hansen said the team has improved overall.

"As a whole I think we are a better team," he said.

There are nine freshmen this year and Hansen said that they all have the ability to impact a game and make the team more athletic.

"When people come see us this



FILE PHOTO | THE DAILY EASTERN NEWS

Senior midfielder Will Butler chases down a ball in a game at Lakeside Field last season. The Eastern men's soccer team opens its regular season schedule against St. Francis (III.) and Lipscomb Friday and Sunday at Lakeside Field.

year as opposed to last year, we're a much more physical, much more athletic team than in years past," Hansen

Freshmen have only been Eastern's campus for three weeks and are just beginning classes for the first time. Hansen said he is holding them to a higher academic standard right now and not putting too many expectations for them out on the field.

All six games of the conference schedule are key to the season because the winner of the conference tournament gets a bid to the NCAA's. For those six games Hansen's goal is to finish in the top four of the conference to give the Panthers a chance to be in the conference tournament.

"From there it's the roll of the

dice," he said.

Hansen wants to have a clear mind heading into the season as he takes charge of his first college program.

"More than anything I just try to be relaxed on game day," he said. "Everything in the week before is the more stressful aspect, but the game for us is the enjoyment." Hansen said that the training and practice is where

the Panthers put all the time and effort so by the time the game comes, "it's easy for us."

Eastern begins its season with a 2 p.m. start time Saturday at Lakeside Field against St. Francis (Ill.)

> Mark Shanahan can be reached at 581-2812 or mmshanahan@eiu.edu.

Panthers open season at Ball State Challenge

By Blake Nash

Staff Reporter | @DEN_Sports

Eastern's volleyball team will compete in its first match of the 2014 season Friday, taking on three teams at the Ball State Active Ankle Challenge.

On Friday, the Panthers will play Big Sky Conference member Northern Colorado.

Last season the Bears finished 14-17 overall, including an even 10-10 record in conference play.

The Bears are led by the senior duo of Andrea Spaustat and Brianna

Those two combined for 639 kills and 215 total blocks last season.

"We've been watching film of Northern Colorado since we rarely match up with them," Eastern coach Kate Price said. "Despite their record last season, I've also lived under the belief that you never take a team for granted, so they should be a good test

The Panthers next match will take place at 10 a.m. on Saturday, when they take on the host Ball State.

The Cardinals had 2013 seasonof 24-8 overall, with a 12-4 record in the Mid-American Conference.

Their preseason coaches' poll ranks them in first in the MAC west division.

Red-shirt juniors Hayley Benson and Alex Fuelling, who were selected to the all-MAC team for the second straight year, lead Ball State.

Benson, last year, ranked second on the team and fourth in the conference, with a .344 attack percentage.

Fuelling led the team with a 3.56 kills-per-set average from the outside hitter position in conference play.

Eastern's outside hitter, Chelsea Lee, was voted to the all-OVC team, ranking second on the team with 356 kills, including a .318 per-set average for the

She also posted a .265 hitting average and 111 digs.

The final opponent for the Panthers this weekend will be Western Illinois. That match begins at 4:30 p.m. also on Saturday.

The Lethernecks finished 11-17 last season, with a 5-7 record in Summit League action. Seniors pace their lineup in Ann Miller, Sam Fournier, Molly Murphy and Mallory Gibson.

That quartet has combined for significant playing time in the last four years, with a combined total of 1,102 sets.

Price said the main focus heading into this tournament would be ball

Setter Marah Bradbury would play a huge part of that ball control.

"Marah's an awesome setter and her being named to the all-OVC team speaks to her knowledge of the game and what she can do," Price said.

However, Price also said she wanted that focus, more in respect to passing.

"Dakota Springer, Stephanie Wallace, and Kelsey Brooke, are our three passers, and they'll be seeing a lot of action in our first contact control game plan," she said.

> Blake Nash can be reached at 581-2812 or banash@eiu.edu.



FILE PHOTO | THE DAILY EASTERN NEWS

Junior outside hitter Chelsea Lee attempts to spike the ball in a match at Lantz Arena last season. The Eastern volleyball team opens its season at the Ball State Active Ankle Challenge Friday and Saturday.

» BOTCHED

CONTINUED FROM PAGE 8

The miscues continued, as South Florida transfer Stephen Bravo-Brown fumbled later in the third quarter. Bravo-Brown hauled in a pass from Whitlow and ran inside Minnesota's 10-yard line, but was taken to the ground hard enough that forced him to fumble.

The Gophers' recovered at the fiveyard line with 7:22 left in the quarter.

Minnesota took a 21-0 lead into the fourth quarter and turned it into a 42-7 rout before two late Eastern touchdowns in garbage time.

Whitlow did not play after his thridquarter interception. Red-shirt senior Andrew Manley played all of the fourth quarter for Eastern.

Dameron said both quarterbacks would continue to receive playing time as the season continues.

'We know that both of them are going to play going forward period," he said. "They're both good football players and my opinion on them has not changed after tonight."

Whitlow playing the first three series in the first quarter. Manley appeared in two series in the first half, starting 3-of-8 for 27 yards.

Manley threw two touchdown passes, one apiece to running back Jimmy Lera and a Hail Mary to end the game to Adam Drake.

Whitlow rushed for 77 yards on 19 attempts, both team highs. Whitlow was 14-of-23 for 110 yards passing.

Manley scored Eastern's first touchdown on a two-yard run. He completed 18-of-34 passes for 200 yards.

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Botched

Golden Gophers 'Kill' Panthers in opener

By Aldo Soto

Sports Editor | @AldoSoto21

The Eastern football team botched a snap, fumbled once, was intercepted and had a punt blocked and returned for a touchdown, as Minnesota defeated the Panthers 42-20 Thursday night in TCF Bank Stadi-

um in Minneapolis, Minn., to start the season.

The three Eastern turnovers and blocked punt not only cost the Panthers scoring opportunities, they also gave the Golden Gophers good field position that led to touchdowns.

Eastern head coach Kim Dameron decided to start junior quarterback Jalen Whitlow.

The Kentucky transfer could not handle a Nick Borre shotgun snap late in the first quarter.

Whitlow collapsed to the ground, trying to get on top of the ball, but Minnesota's defense swarmed the Eastern quarterback with the Gophers coming away with the recovery.

Starting their drive inside the Eastern fiveyard line, red-shirt sophomore quarterback Mitch Leidner ran in for a two-yard touchdown on third and goal with 1:53 left in the first quarter to give the Gophers a 7-0 lead.

Minnesota head coach Jerry Kill saw his team come up with yet another big play to start the second half.

In the third quarter, trailing 14-0, Eastern was backed up near its end zone on fourth down, when Minnesota's Eric Murray blocked the Panthers' punt. Logan Hutton snatched the ball from the air and walked in for a touchdown.

"It was crucial," Dameron said of the blocked punt. "We're in a 14-point game and our defense had been playing pretty good and we go and do that. It's just something that good teams can't do."

Eastern went down 21-0 with that special teams mistake less than two minutes into the third quarter.

"Every time we turned around it was a penalty, or a bad throw, or we snapped the ball at the wrong time," Dameron said.

BOTCHED, page 7







PHOTOS BY JASON HOWELL | THE DAILY EASTERN NEWS

Top: Eastern quarterback Jalen Whitlow fumbles a snap in the first quarter against Minnesota. The Gophers recovered the ball at the Panthers' five-yard line, leading to the first touchdown. **Left:** Eastern defensive back Antoine Johnson prepares to tackle a Minnesota player along the sideline. **Right:** Eastern wide receiver Stephen Bravo-Brown runs with the ball along the sideline. He fumbled soon after, Minnesota recovered.

Panthers welcome Conference-USA opponents

By Dominic Renzetti

Assistant Sports Editor | @domrenzetti

The Eastern women's soccer team, currently sitting at 0-2 after the first weekend of non-conference play, has two big challenges coming to Charleston this weekend in Marshall and Louisiana Tech.

Marshall and Louisiana Tech, both of Conference-USA, will each be facing Eastern for the first time, but Panthers' head coach Jason Cherry is familiar with both opponents.

Cherry coached at East Carolina in 2011 as an assistant when the Pirates advanced to the Conference-USA tournament semi-finals. The win in the regular season that clinched the tournament spot for East Carolina? Marshall, with a 2-1 win on senior night.

Cherry knows Marshall is going to be a challenge for Eastern at 1 p.m. Friday at Lakeside Field, but the Thundering Herd have already had their own challenges this season.

Marshall opened the season with an exhibition against No. 5 Virginia Tech, losing 4-0 at home.

Things did not get much easier last weekend, going on the road against No. 3 Virginia where they lost 3-0. Marshall then played to a 3-3 draw against Virginia Commonwealth on Sunday.

"They're big, physical, direct, very athletic," Cherry said. "So they're going to stretch us and challenge us, which I think is a good game for us."

Senior forward Kristine Culicerto, who scored two of Marshall's three goals against VCU, leads Marshall. Red-shirt junior Lizzie Kish has started the last 22 matches in goal for the Thundering Herd, including the first two this season against Virginia and VCU. Kish has made eight saves so far this season.

For Eastern, Cherry said junior Emily Hinton would get the start in goal this weekend. Hinton made 10 saves in Eastern's first two losses against Northern Kentucky and Indiana State.

"The plan is right now Emily Hinton will be in goal and we'll take it game by game," he said. "Right now she's our No. 1 and we're still evaluating this week and we're evaluating every day."

For Louisiana Tech, who comes to Lakeside Field

at 1 p.m. Sunday, Cherry knows head coach Kevin Sherry from his connections to Western Illinois. Sherry coached at Western in 2005 and 2006, before Cherry arrived as an assistant coach in 2008.

Sherry led Western to its fist ever winning season and has the highest winning percentage of any Western coach in program history. He's now entering his eighth season at Louisiana Tech.

Louisiana Tech opened its season with a 2-2 draw against Central Arkansas, but went on to win its last two matches over Troy and Louisiana College. Louisiana Tech won 4-2 over Troy, and then rolled to an 8-0 win over Louisiana College.

Louisiana Tech has three players with two goals each so far this season in junior Brittany Beddow, sophomore Kailee Harvey and red-shirt senior Taylor Dennis.

Sherry has started a total of three different goal-keepers in each of the team's first three matches. Sophomore Kylee Seto saw the most minutes with 115, appearing in two of the team's first three matches. Louisiana Tech's other two goalkeepers are red-shirt freshman Faith Washington and freshman

Anna Lensing.

Knowing the challenge at hand, Eastern senior Madison Carter said she knows what to expect and is excited for the weekend's matches.

"We've heard they're both pretty good," she said. "We've never had them before, it's a new match between both of us. It's a long trip down for both of them, but we're pretty excited for both of them."

After two matches and a full week of practice and classes, Carter said she likes the way things are falling into place for the Panthers.

"Everything's coming together really nicely," she said. "We're just hoping to pull out two wins this weekend."

Both games have 1 p.m. start times, with Marshall on Friday and Louisiana Tech on Sunday at Lakeside Field. Also at Lakeside Field this weekend, Louisiana Tech takes on Lewis at 4 p.m. Friday.

Dominic Renzetti can be reached at 581-2812 or dcrenzetti@eiu.edu.

Aug. 29, 2014

The Daily Eastern News' weekly arts and entertainment section



Avoiding the 'Freshman 15', Page 3

THUNDERUNDERUS,

PAGE 4



Students pick their favorite places to eat



"I just like their food. It's a good place to get a drink with friends."

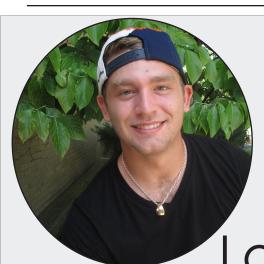
-Devan Hughes, senior accounting major

Dirty's

"I think their wings are good; you can hang out with friends and have fun."

-Simone Gates, freshman undecided major





"It's cheap, and it fills you up."
-Brant Valach, senior kinesiology and sports studies major

Los Potrillos

"It's actual Mexican food, and I love Mexican food." *-Justin Hodges, sophomore kinesiology and sports studies major*



El Rancherito



"I'm from Chicago, and it's always good."

-Mitch Gasbarro, junior finance major

Bamca

AVOIDING 'FRESHMAN 15'

Nutritionist, professors offer health advice

By Megan IveyVerge Editor | @DEN_Verge

For incoming freshmen, the first semester will bring a multitude of challenges. One of these challenges may be quickly gaining weight, a phrase commonly coined as the "Freshman 15."

Jeffrey Willardson, a kinesiology and sports studies professor, said the "Freshman 15" is a catchphrase that has been around for a while.

"I remember hearing it way back to when I was doing my undergraduate, so nearly 20 years ago," Willardson said.

Sylvia Crowder, the nutrition education coordinator for the Health Education Resource Center, said some students gain more than 15 pounds.

"National studies show an average of five to 10 pounds in weight gain for first-year students, but some can gain as much as 20 to 30 pounds."

The transition from high school to college may cause a student's change in weight.

Both Willardson and Crowder said the freedom college life offers can set some students back in terms of nutrition and health.

"Some students don't manage their freedom as well as

they should," Willardson said. "They're used to a structured home environment and can't prepare their own food."

Crowder said social situations such as pizza parties or other large gatherings centered on food can also be a

Alternatively, Jake Emmett, a kinesiology and sports studies professor, said exercise can be an easy way to expand socially and benefit a student's health.

"Some students who were athletes in high school no longer participate in sports in college, and become less active," Emmett said. "Participating in groups keeps everyone more accountable and it's a way to meet people."

Crowder said general studies recommend 30 minutes of moderate intensity such as walking at least five days a week as well as 20 minutes of strenuous intensity such as running at least two days a week

While making time to exercise may seem difficult for busy student's schedules, Crowder said the Student Recreation Center is a resource she uses often.

"Being a student myself, I take advantage of the free fitness classes offered at the Rec



JARAD JARMON | THE DAILY EASTERN NEWS

Ernesto Lopez, a junior applied Engineering and technology major, spends time at the Student Recreation Center Thursday. The Rec is free to students with the use of their Panthercard.

Center," she said.

Willard said students can tailor their exercise experience at the Rec.

"There are busy times, and then there are times when it's almost empty," he said. "If you have a hard time exercising, plan a schedule that allows you more privacy."

Emmett said there is no excuse to not finding a place to

exercise at Eastern.

"There's the Rec Center, intramurals, the two-mile Panther Trail and a golf course," Emmett said. "Charleston is a great area to jog and bike, too. Get off campus."

Willard said the best concept a college student can learn is balance.

This includes writing down a daily plan of when to exer-

cise, what was eaten that day and goals students want to accomplish.

"Wellness is a multidimensional concept," Willard said. "Take the time to achieve a balance and form consistency."

Megan Ivey can be reached at 581-2812 or at mkivey@eiu.edu.









4B VERGE

Thunderunderus to bring humor to Roc's

By Megan IveyVerge Editor @DEN_Verge

Lovers of pizza, beer and having a good time, Thunderunderus captures the essence of what returning home from college is like.

The four-member electric boogie band includes Durango St. James, rhythm guitar and lead vocals; Kip Lightning, guitar and backup vocals; Reverend J-Rock, drummer; and Miguel del Rio Verde, bass.

Thunderunderus is one of four bands performing at 9 p.m. Friday at The Top of the Roc.

Carlos Dangers Inbox, a folk grunge group; The Ex-Bombers, a pop punk duo; and The Tim Blys, a punk pop trio make the lineup for the event Friday.

While the three other bands are from the area, Thunderunderus is leaving its origins of Chicago and heading to Charleston.



SUBMITTED PHOTO

Thunderunderus, a four-man band from Chicago, will perform 10 pm Friday at the Top of the Roc. The Top of the Roc hosts Free Music Fridays, where music performances play with no cover charge.



SUBMITTED PHOTO

Thunderunderus will perfrom music from their latest album "Sex Tape Vol. 1." They say R&B heavily influences their sound.

"We've played down there once before and had a great time," Lightning said. "And the mayor promised us the key to the city the next time we came, so we're looking forward to that. But mostly we just want

to have a great time and kick off the EIU school year in fashion, you know?"

Thunderunderus, pronounced "thunder under us," has a tongue-and-cheek approach to more than their style of music. None of the band members could recall how the name originated.

"Honestly, no one knows anymore," Lightning said.

That did not stop St. James from coming up with an anecdote

"It was a puzzle on Wheel of Fortune," he said. "It was missing a lot of letters, but it spelled 'Thunderunderus' when I saw it on T.V."

The outgoing, dry humor that each band member possesses makes the group stand out.

Lighting said the band's sound could be compared to the "cool uncle rock."

"You got that cool uncle who has never really been married but has always has a lot of really hot girlfriends because he listens to badass rock 'n' roll," he said.

St. James said a different yet still lighthearted definition.

"I would say a great way to describe our sound is 'Oh, it's too loud," he said.

The seven-year group mates said they create most of their music through hanging out.

"We just get together and do our thing, which mostly means drinking a lot of beer and sometimes eating pizza," Lightning said. "We then write our music on the pizza box."

With albums titled "Bad Assets," "Weapon of Mass Seduction" and "Sex Tape Vol. 1," the band takes pride in its lyrical puns.

"It's a lot like those 'American Pie' movies," del Rio Verde said. "We found a secret book in our high school library with the most filthy lyrics we

could find, and we put those to songs."

The pizza references continued as Reverend described the atmosphere he hopes to have at his shows.

"You know when I'm playing I want people to tell me 'Wow, this is great but all I can do is smell pizza," he said. "Pizza is in the air. And that's partying."

Lightning said that really the carefree humor they have is a result of having a good time.

"Really, it's a one for all and all for one," he said.

"Yes," St. James said. "We're essentially a four-headed beast."

Megan Ivey can be reached at 581-2812 or at mkivey@eiu.edu.

Local artists donate for JAC'S Night of Hope gallery

By Megan Ivey
Verge Editor @DEN Verge

Customers at Jackson Avenue Coffee can expect a change of scenery on the shop's walls when owner Dano Reible prepares to transition to the Night of Hope Art Gallery Sunday.

The collection is made up of completely donated artwork to benefit HOPE of East Central Illinois, which is a domestic violence shelter in Charleston.

Local artists can donate pieces at the open drop-off Sunday to be included in the gallery.

So far, Reible has only seen two pieces to be donated for the event.

"I'm excited to see what is brought," he said.

The artwork will be put up for silent auction during the month of September.

Reible said that interested buyers can place a silent bid or purchase an art piece on the spot to guarantee ownership.

In addition, the JAC will host Night of Hope Sept. 26, which will include food, raffles and music.

"It's one of the biggest fundraisers for HOPE," Reible said. "There will be four different musicians, and 20 percent of all sales go towards the cause."

Each month Reible show-

cases a local artist's work in the IAC.

Artists submit online applications with links to their artwork. Reible then selects pieces that he finds the most interesting.

Reible has few guidelines for the potential artists. He said the art must hang on the wall and contain no pornography.

The most occurring problem Reible finds is that the artist must have enough artwork to cover the walls.

"People will submit beautiful works, but have only a couple of pieces," he said. "I want the walls to be covered with the art."

Reible said throughout the years, there has been a wide range of art on the shop's walls.

One month may include bright, colorful paintings like the Vault Art Collective, while the next month's artwork can be completed entirely in pen ink, such as the Butch Beadles, the current artist exhibit.

Reible also sees a variety in ages, stating that he has shown 12-year-old artists and 14-year-old photographers.

Reible said the successes of the exhibits vary, but often customers will be commenting on the work through the end of the month.

"I had a customer come in

the other day and comment about our current artist, Butch Beadles' pieces," Reible said. "I said, 'You better buy it quick, his work leaves Saturday."

As a fellow artist and musician, Reible considers music and art of the ultimate importance.

"I offer no charge, or demand any commission," he said. "I am just proud to present the opportunity to local artists."

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