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Belonging, A photovoice project

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Community, Safety and Social Context

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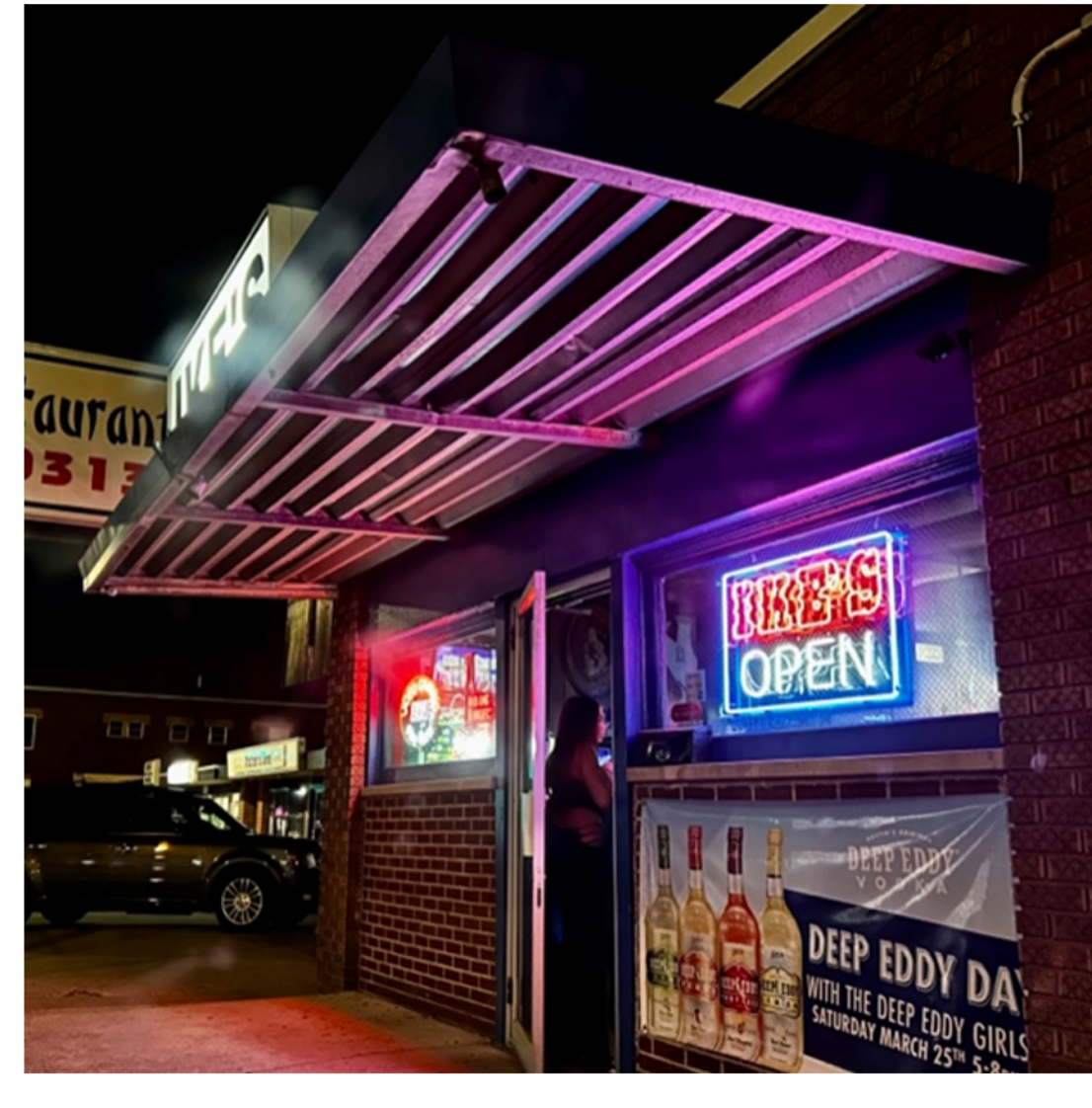
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Community, Safety and Social Context



My sorority is my biggest part of my social health determinant. The reason I joined a sisterhood was to have that social aspect in my life, especially due to the fact that when I came in as a freshman, I noticed how hard it was to make friends and find that friend group that I wanted to be a part of. My sorority helps me with my health in all aspects. Mentally, when I am having a hard time, I know I can lean on them for extra support. Knowing that I have a social outreach helps me in knowing that I am not alone. Therefore I never feel alone. I have also met friends that will last a lifetime.



This is a picture of a local bar in Charleston that many college kids frequent. Since I am an adult college student, I am no longer seeking venues of this nature. When I do happen to visit bars, I feel very out of place and uncomfortable.



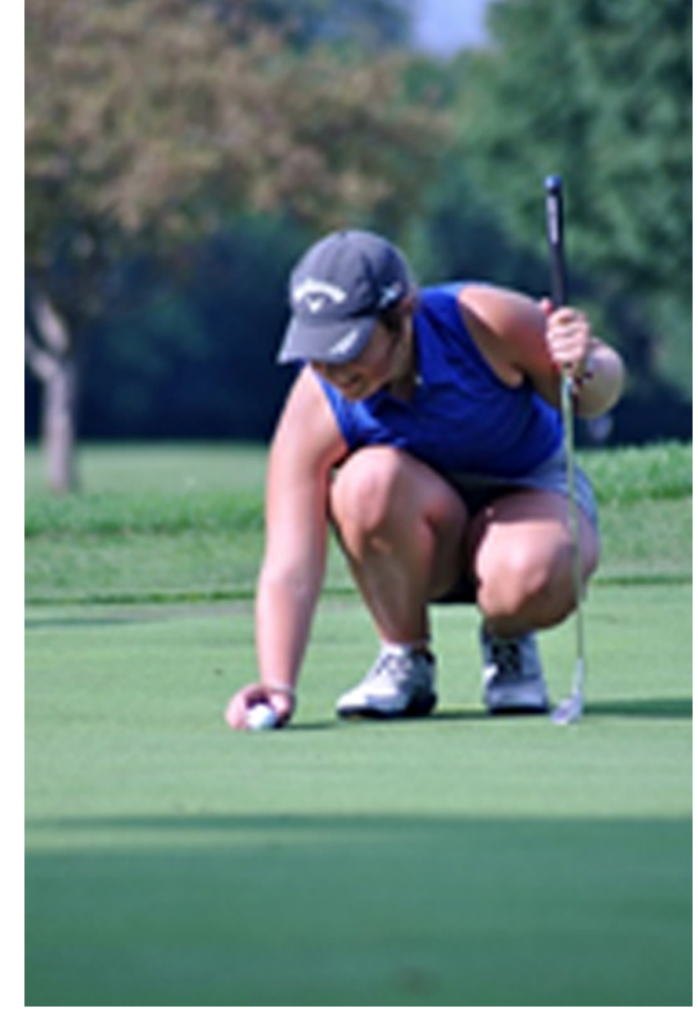
I love to converse and be around people. I feel that my friends help with my emotional health because I tend to get lonely.



Emergency call buttons available to EIU students in case they are in any danger need to call for help.



Charleston, IL Department of Human Services offers food assistance, temporary cash assistance, and Medicaid.



I have been playing golf my whole life and as frustrating as it gets, it is also an outlet that helps me get my stress out and clears my mind. My teammates also help me get my stress out when it comes to golf or even school-related stress.



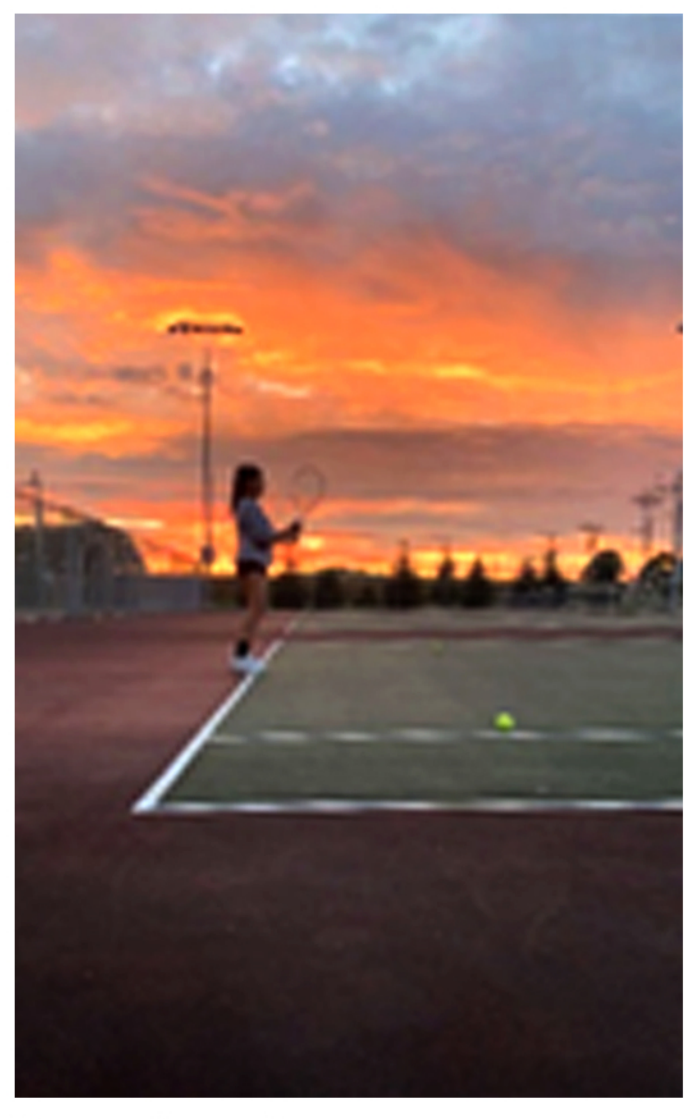
Champaign, IL



Mattoon, IL



When I am doing difficult homework can take a break and play with them or pet them. When I come back to my apartment, just seeing them makes me feel better.



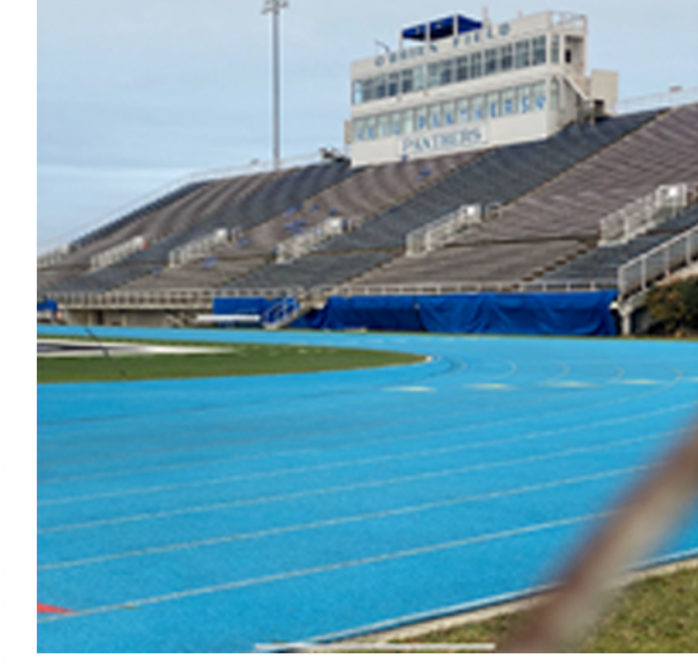
Tennis brought me so many amazing friendships and opportunities. My doubles partner is now my best friend.



Charleston, IL



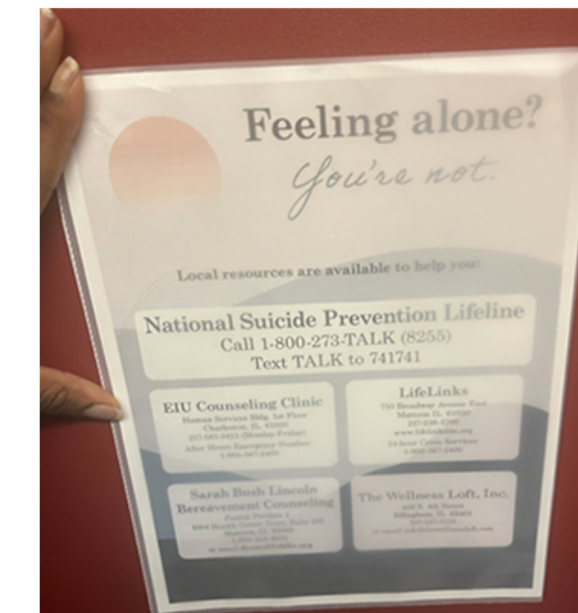
Fernwood, IL Speeding is very prominent in this area. On this block accidents have occurred. There was controversy among community members with the word choice on this sign that was placed on a main street.



Charleston, IL



I was born into a Catholic family and continue the practices into my everyday life. The Newman center is a beautiful place of worship, and it continues to help deepen my faith.



Charleston, IL

I had to think about how best to show my social domain. This ended up being one of the best ways to display it. While it may look basic, this is actually a fairly big advancement in how I'd maintained my social health. When I was on active duty, I barely kept up with my family, especially when I lived overseas. It wasn't anything personal like I didn't have anything against them, it was just easier to not engage. So once I left active duty back in 2020, I had to make a concerted effort to mend those relationships with my family members, and while I still have a ways to go



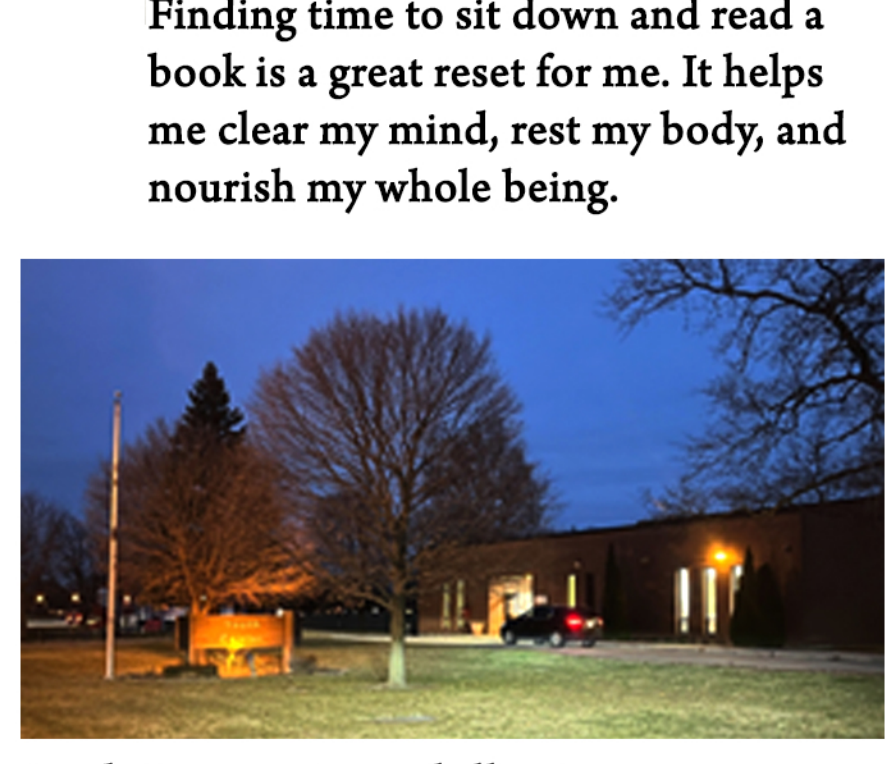
Mexico City My mother and I have a strong faith in our religion and going to Mexico City to see the original image of the Virgin Mary has been a promise my mom has made to me. It was an amazing trip that had spiritual significance to both of us.



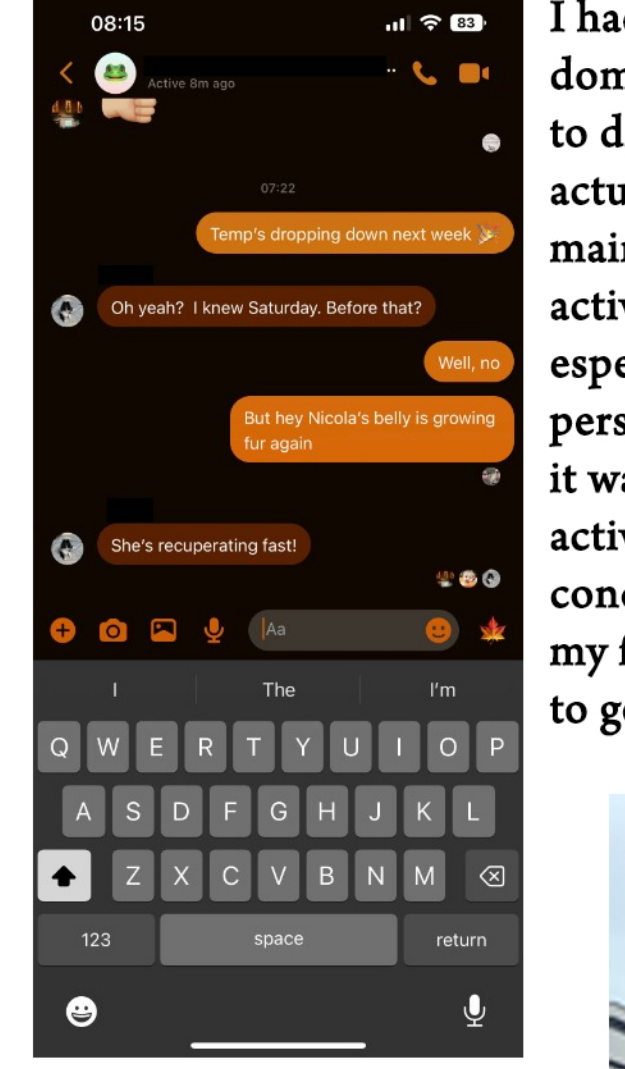
Paris, Illinois Christmas in Paris event



Chicago, Illinois Church that organizes various activities for those who are less fortunate or are going through a difficult time.



Youth Center, Rantoul Illinois A place for kids to go to after school to receive care until their parents are off of work. They also host rec activities inside like, basketball, dance and twirling



Charleston, IL



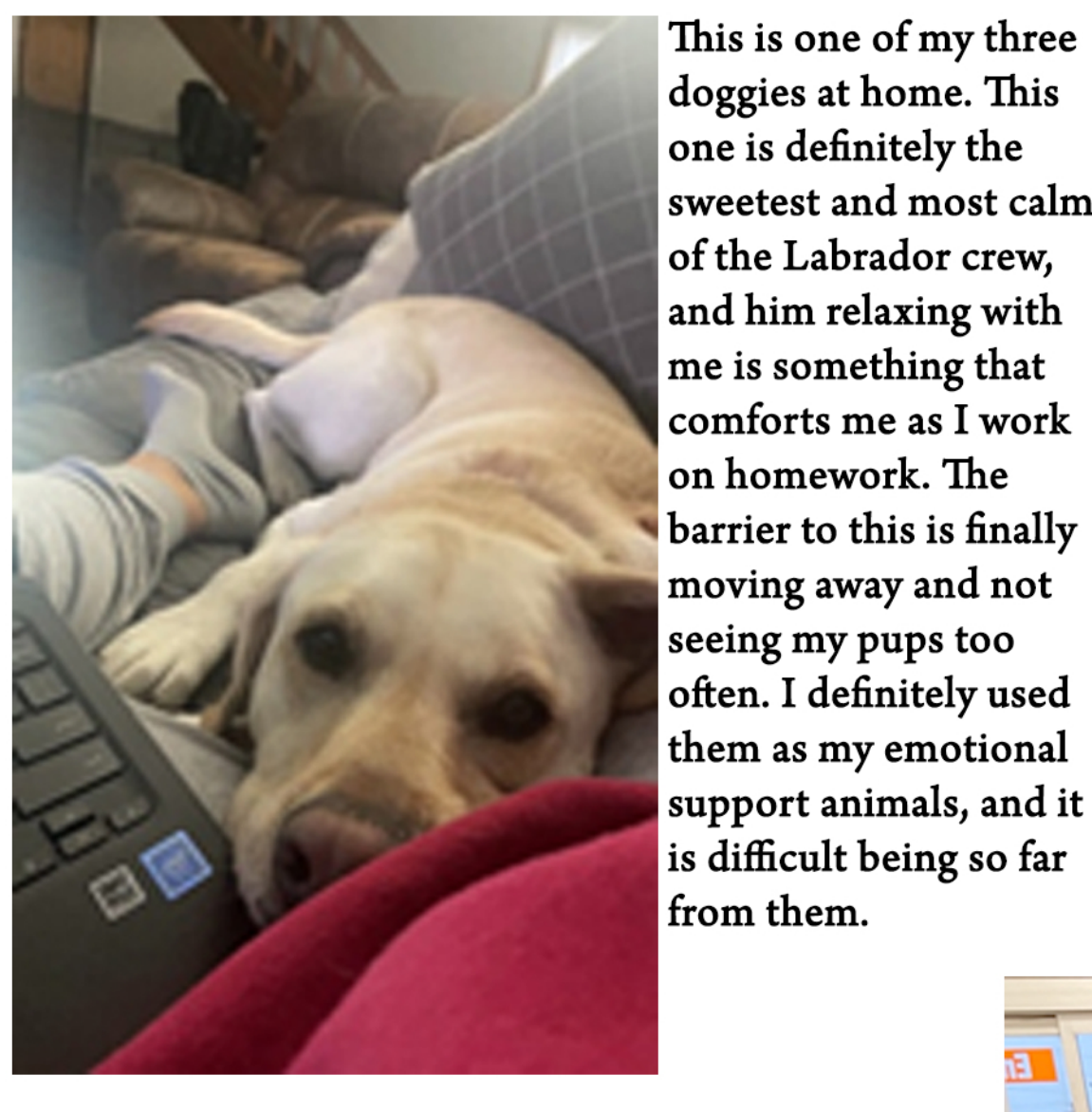
Paxton, IL Market Street is full of small shops



Recently I have started hammocking and reading at Lake Charleston. It is a great way for me to relax and not stress about school. Life sometimes feels a little crazy as a college student so going to the lake helps me slow down and enjoy what is going on around me.



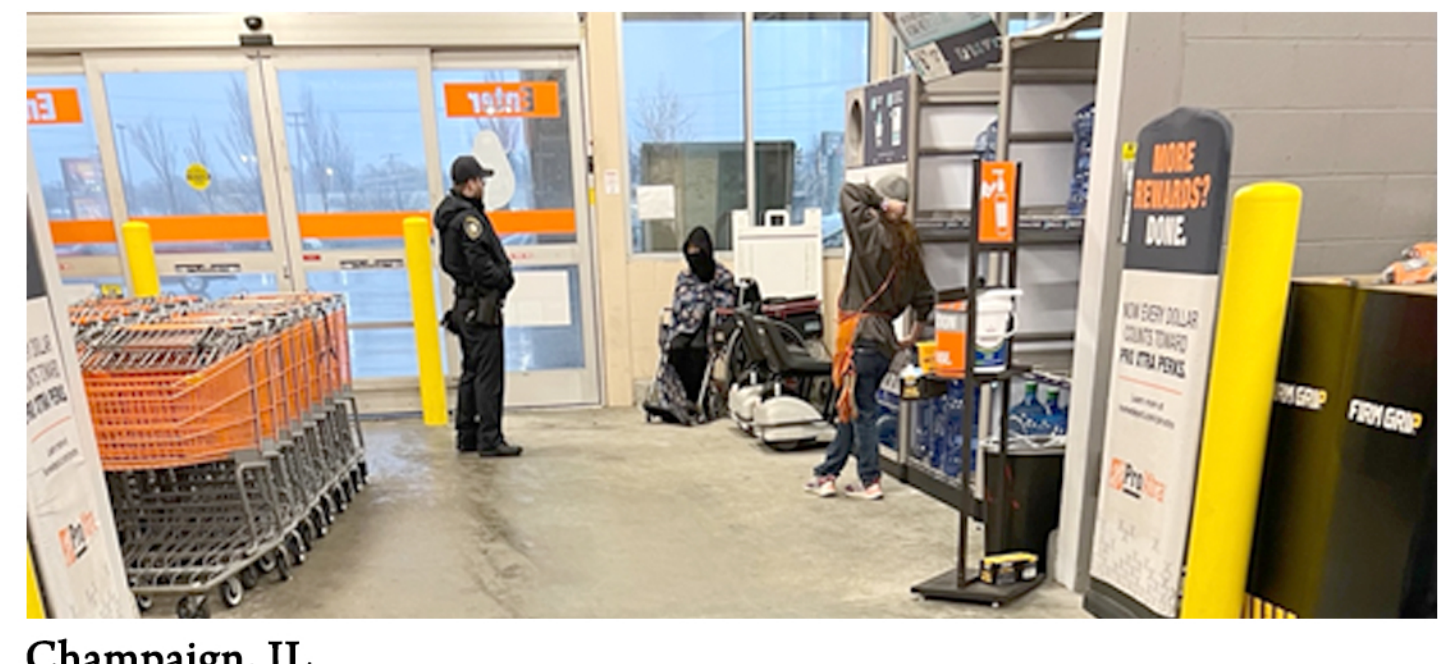
My friends are a big part of my life and I know I can turn to them for help or advice if I ever need it.



This is one of my three doggies at home. This one is definitely the sweetest and most calm of the Labrador crew, and him relaxing with me is something that comforts me as I work on homework. The barrier to this is finally moving away and not seeing my pups too often. I definitely used them as my emotional support animals, and it is difficult being so far from them.



Baseball has been in my life since I was a young boy and it encompasses mental, physical, and somewhat vocational. The game itself is very mental and it can be a positive or negative thing depending on if you are performing well. It incorporates physical because I must stay in shape specific to my sport and it may not be a real job but the time commitment and responsibilities for the sport can be just as similar to a job.



Champaign, IL

This photo shows a young man that walked in asking for a ride to a shelter or home. The young man appeared homeless, and the Champaign cop offered to take him to a shelter to stay out of the rain.



Running is a way that I can destress my life, where I do not have to think about what I all I have to do for school or for my sport. It is just me, the road, and the wind at that time.



Champaign, IL - West Side Park Homeless people sleep in the park in the warmer months at night and there have been multiple instances of violence and even a few murders happen in this park at night.



When I am having a bad day I can just look over at his cute face and feel better almost instantly. He also helps me get my mind off stressful things by going on walks or playing in the yard.



Charleston, IL The purpose of this bulletin board is for students and faculty to become engaged with the community on campus.