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FOR IMMEDIATE RELEASE:

EIU OFFERS COURSES IN EFFINGHAM

CHARLESTON -- Eastern Illinois University is offering several courses in the Effingham area as part of its two undergraduate completion degree programs.

These two programs are the Bachelor of Science in Career Occupations and the Board of Governors Bachelor of Arts. Both programs allow individuals to complete an undergraduate degree through building on two years of community college credit with upper division courses and credit for work-related experience.

"New Paradigms in Leadership and Management" (COS 4850-125), offered from 7 to 9:30 p.m. on Mondays beginning Jan. 13 at Effingham High School, is a component of the Bachelor of Science in Career Occupations degree program. It will explore changing understandings of organizational behavior and how to lead work organizations.

Another course appropriate for career occupations students is "Maximizing the Workplace for Success" (PSY 4998-122), which examines how to apply

behavior management principles to work-related settings. This course will be taught on Friday evening, Feb. 14, and Saturday, Feb. 15, at the Kluthe Center.

"The Sociology of Work and Occupations" (SOC 4000-116), on Tuesday evenings beginning Jan. 14 at Effingham High School, offers an opportunity to survey how work and occupations are structured in our society and the implications for one's own career.

"Why is Communication Such a Problem?" (SPC 3998-120), offered on Friday evening, April 11, and Saturday, April 12, at the Kluthe Center, helps individuals better understand the communication process and its implications for work and home.

Courses that help fulfill upper division electives for either the Career Occupations program or the Board of Governors Bachelor of Arts program include "Spaceship Earth" (EIU 4003C-116), which analyzes six critical climate- and environment-related issues facing the world today. The course meets Friday evenings and Saturdays on Feb. 28 and March 1 and March 7-8 at the Kluthe Center.

"The Holocaust" (HIS 4998-120), on Friday evening and Saturday, April 11-12 at the Kluthe Center, provides an overview of the destruction of European Jews prior to and during World War II. This course is especially designed for teachers who must address the Holocaust in their curricula.

"Stress Management: A Wellness Approach" (PED 3998-120) will meet on

Friday evening, March 14, and Saturday, March 15.

For more information on how to register for these courses, call Eastern's Office of Off-Campus and Contract Credit Programs at 1-800-446-8918.

For information about the Board of Governors Bachelor of Arts degree program, contact Kaye Woodward at (217) 581-5618. For information about the Bachelor of Science in Career Occupations degree program, call (217) 581-3912.