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Eastern Illinois University

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WHAM POETRY

Poet shares how writing helped her through trauma and said it could help others too.

PAGE 5



ELIMINATED

The Eastern men's basketball team lost to Austin Peay 73-66 in the second round of the OVC Tournament on Thursday.

PAGE 8



THE DAILY EASTERN NEWS

Friday, March 2, 2018

"TELL THE TRUTH AND DON'T BE AFRAID"

VOL. 102 | NO. 114

CELEBRATING A CENTURY OF COVERAGE

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EIU prepares active shooter response

By Brooke Schwartz

Administration Reporter | @brookesch_wartz

There have been, on average, five school shootings a month since 2014, according to *The New York Times*, a fact which has not left America's schools and universities untouched.

Kent Martin, chief of the University Police Department, said responses to active shooter situations, and other crisis situations, are being updated and practiced often at Eastern.

"We are constantly reviewing and analyzing what we already have in place, as well as examining things we might need to put in place, whether it be written policies or industry standards or case law," Martin said.

He said the UPD is working with the Charleston Police and Fire Departments, as an active shooter situation would need a large response involving many different agencies.

If such a situation were to occur, Martin said a message would be sent out as soon as possible to students and faculty to alert them of the danger, while the Police Department would focus specifically on stopping the shooter as quickly as possible.

"The university will make notification as to what's going on, but students and staff and everybody needs to understand it takes a little bit of time for that message to get composed, and for me to become aware and to notify people up through my chain," Martin said. "Statistically, through active shooter events that have happened in the past, there's typically about four casualties per minute. So our focus is getting there as

"I feel like I would definitely be scared, but I would try and keep my calm and my cool, and I would know what to do."

-Abby Benson, a desk assistant in Andrews Hall, on how she feels after being trained for an active shooter situation.

soon as possible and neutralizing the shooter."

For people caught in that situation, Martin said the best course of action is to evacuate the scene as quickly as they can.

If that is not an option, people should barricade themselves and create obstacles between them and the shooter, both of which are skills taught in ALICE training courses.

ALICE stands for Alert, Lockdown, Inform, Counter and Evacuate. According to the official ALICE training website, it works to "increase your children's and employees' odds of survival during a violent intruder event."

People should not dismantle the barricade until an Alert EIU message goes out saying it is safe, Martin said.

Abby Benson, a sophomore elementary education major and a desk assistant in Andrews Hall, said all staff members in the residence hall received training on crisis situations. Although not as in-depth as an ALICE training course, Benson said it still made her feel prepared.

"We come here early, we go through training and they tell us what to do (in an active shooter situation)," Benson said. "I feel like I would definitely be scared, but I would try and keep my calm and my cool, (and) I would know what to do."

Martin said being aware of one's surroundings is always a good idea, no matter the situation. This comes more from practice than from any one training session, he said.

"My advice to anyone would be to think about what may happen in a situation like this before, and to be aware of your surroundings and to be aware of different entrances and exits, different ways that you may get out of your office or get out of your classroom. You don't have to dwell on it to the point that it cripples you with fear and you're afraid to do anything," Martin said. "If you can just be cognizant of some of these things ahead of time, then if you find yourself in this situation, you're going to be more prepared to react."

Lynette Drake, interim vice president for student affairs, said ALICE training is an important part of being prepared for such a situation, and the university is working on increasing the amount of people who have taken an ALICE training course.

Procedure, page 5

University won't penalize high school students for protesting

Staff Report | @DEN_News

Eastern joined universities across the country by announcing on social media that non-academic disciplinary action because of participation in a peaceful protest will not affect a student's admission decision.


On Twitter and Facebook, the university wrote that "EIU's mission supports its students in fulfilling their roles as responsible citizens and leaders."

Following the shooting at Marjory Stoneman Douglas High School in Parkland, Fla., various marches and protests have been planned in conjunction with the March For Our Lives on March 24. During the March For Our Lives, children and families will "take to the streets of Washington D.C. to demand that their lives and safety become a priority and that we end gun violence and mass shootings in our schools today," according to its website.

Some high schools have announced that they plan on taking disciplinary action against those who participate. According to *The Hill*, nearly 200 colleges have made promises to high schoolers that participating in a peaceful protest and getting punished for it will not jeopardize their admission status.

In Illinois, Illinois State University, the University of Illinois in Urbana-Champaign, Western Illinois University, Northern Illinois University have all made similar posts.

The News desk can be reached at 581-2812 or dennewsdesk@gmail.com.



Unofficial 2018

Students prep for weekend house crawl

After months of planning, an intoxicated weekend is underway as students prep their livers for an "Unofficial" pre-St. Patrick's Day house crawl.

Ryan Jenkins, one of the organizers of "Unofficial" and a senior marketing major, said this is his second and final year planning the student-made holiday.

He added that he plans to go out with a "bang."

According to the "Chucktown Unofficial 2018" Facebook page, "Unofficial" is a pre-St. Patrick's Day house crawl that consists of three separate house parties.

The party kicks off at 10 a.m. and ends at 10 p.m. and includes jugs of "Jungle Juice," kegs of beer, games and other activities.

Jenkins said once one house either runs out of beer or alcohol, then everyone moves to the next house.




Eastern and the city of Charleston are not affiliated with "Unofficial."

Calling the house crawl a "Chucktown tradition," Jenkins said attendees are going to see several changes this year.

He said the group behind "Unofficial," Chucktown Party, is expecting close to 2,500 attendees made up mostly of students and alumni. That is nearly doubled compared to last year, he said.

Unofficial, page 5

Know your rights

-  **The police cannot search your home without a warrant or your consent. Law enforcement can only enter your home without a warrant if you give them consent to or there is an emergency, like chasing someone who committed a felony.**
-  **Public intoxication is not illegal in Illinois if you are 21 years of age. However, if you are doing things while intoxicated such as driving or walking on the street or road, that IS illegal.**
-  **If you are carrying an open container of alcohol, it is illegal, whether or not you are 21.**

Information found on illinoislegalaid.org.

Photo illustration by Analicia Haynes | The Daily Eastern News

Local weather

FRIDAY SATURDAY



CLOUDY
High: 48°
Low: 26°



SUNNY
High: 50°
Low: 29°

THE DAILY EASTERN NEWS

"Tell the truth and don't be afraid."

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The Daily Eastern News is committed to accuracy in its coverage of the news. Any factual error the staff finds, or is made aware of by its readers, will be corrected as promptly as possible. Please report any factual error you find to Editor-in-Chief Cassie Buchman at 581-2812.

Employment

If you would like to work for The Daily Eastern News as a reporter, photographer, columnist, cartoonist, copy editor, designer or videographer, please visit at the newsroom at 1802 Buzzard Hall.

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Time to train



CASSIE BUCHMAN | THE DAILY EASTERN NEWS

ROTC member Nathan Duby, a senior sociology major, crouches in the bushes by the physical science building Thursday during a squad ambush demonstration by the ROTC. "It's similar to a squad attack, except people are on the move," Duby said. After the demonstration, freshmen and sophomores did a practice exhibition. After freshmen and sophomores were taught how to go through the basic steps, they went through a practice exhibition.

State and Nation

The Associated Press

Minimum age for tackle football under state vote

SPRINGFIELD, Ill. (AP) — Illinois children could not play tackle football until age 12 under a plan a House committee endorsed Thursday after hearing personal tales of head trauma and its link to the brain disease known as CTE.

The Mental Health Committee advanced the bill named for Dave Dueron, the former Chicago Bears defensive back who committed suicide in 2011 at age 50 but left his brain intact to be studied for signs of what turned out to be chronic traumatic encephalopathy.

CTE is a dementia-like degenerative disease characterized by memory loss, violent urges or moods, depression and other cognitive dysfunction. Chris Nowinski, a former Harvard football player and professional wrestler who now heads the Boston-based Concussion Legacy Foundation, noted it was first identified in boxers and, beyond the gridiron, affects athletes in other contact sports and is routinely seen in com-

bat veterans.

Often blamed on concussions, CTE appears more closely associated with repeated blows to the head that are "part of the routine play of tackle football," Nowinski said. The brain feels no pain and buffering nerve-lining is not fully developed until age 21, he and his colleague, Robert Stern of Boston University, told the committee.

The aim of Rep. Carol Sente's bill is to delay the trauma. The Vernon Hills Democrat explained her measure would "protect children's brains and protect the future of football."

Dueron, who started playing tackle football at about age 10 and spent 11 years in the NFL, shot himself in the chest to spare his brain for examination. CTE can only be diagnosed after death, said Stern, a professor of neurology. He also predicted that scientists within five years will be able to identify the illness before death.

The problem is, Stern said, children at risk now cannot wait for a definitive diagnostic test. He noted that laws keep alcohol and tobacco from children and lead paint was banned without precise knowledge of how much lead is toxic to children.

The legislation narrowly won passage to a House floor debate. "No" votes came from several lawmakers who complained that confusion over committee scheduling kept away several opponents who had indicated they wanted to testify.

Dr. Cynthia LaBella, sports medicine director at the Ann and Robert H. Lurie Children's Hospital in Chicago, submitted written testimony arguing there is no evidence that eliminating tackle football would prevent CTE. Lurie Hospital is taking no position on the legislation's merits but urges lawmakers to consider alternatives to prohibiting traditional youth football.

State and Nation

The Associated Press Briefs

Armed private security coming to Chicago

CHICAGO (AP) — Armed security guards are starting to patrol a popular shopping area in downtown Chicago.

The two uniformed guards will be dispatched to State Street south of the Chicago River for several hours during the day and again in the late afternoon and evening in a visible effort to prevent retail theft and other crimes.

An organization of local businesses and groups called the Chicago Loop Alliance hired a security company to patrol an area of Chicago where police are often busy racing from call to call and may not be able to respond as quickly as local businesses would like.

Chicago Police Superintendent Eddie Johnson says he is not concerned about the guards and explains that it is not unusual for places like malls and high rises to hire private security firms.

Ex-treasurer pleads guilty to federal theft

BENTON, Ill. (AP) — The former treasurer of a small southern Illinois city has pleaded guilty to federal charges he stole thousands in government funds.

The (Carbondale) Southern Illinoisan reports former Zeigler treasurer Ryan Thorpe entered the pleas Thursday. Zeigler city attorney Rebecca Whittington said in court that the missing money totaled more than \$320,000. A federal grand jury in October indicted Thorpe on wire fraud and embezzlement charges, accusing him of taking the money between March 2013 and August 2017.

An audit contended Thorpe falsified city accounting records to try to cover up the theft.

Zeigler Mayor Dennis Mitchell says Thorpe's guilty pleas provide some closure, but the impacts will be felt for a long time.

Thorpe is to be sentenced June 1. Zeigler is about 90 miles southeast of St. Louis.

TODAY ON CAMPUS

Student Rec Center | Open 5:30 AM - 8:00 PM

The Student Rec Center offers six basketball courts, 1/8 mile suspended jogging track, two free-weight areas, cardio machines, and a student lounge.

MLK Jr. Student Union | Open 7:00 AM - 10:00 PM

Check out Java B&B, Food Court, University Bookstore, EIU Bowling Lanes.

Booth Library | Open 8:00 AM - 5:00 PM

Check out books, rent movies, and utilize study spaces.

Film Screening: *Human Flow* | 1:00 PM and 6:00 PM | Buzzard Hall Auditorium

A matter of possibilities



JORDAN BOYER | THE DAILY EASTERN NEWS

Meaghan Jenkins (left), the talent acquisition specialist for Enterprise Holdings, and Bob Berdelle (right), the talent acquisition manager for Enterprise Holdings, talk with a student at the job fair Thursday afternoon in the Grand Ballroom.

EIU Dancers' 2018 show kicks off Friday in Doudna Fine Arts Center

By Andrew Paisley
Campus Reporter | @Andrew_Paisley1

Months of planning and preparation on everything from the dancing to the lighting on stage have culminated in the EIU Dancers' 2018 show, "Oh, The Places You'll Go."

"Oh, The Places You'll Go" is set for 7:30 p.m. Friday, and 2 p.m. and 7:30 p.m. Saturday in the Theater of the Doudna Fine Arts Center. Tickets are \$5 for students and \$10 for the general public.

Corina Middleton, director of EIU Dancers, said all of the songs used in the show mention a different place.

"We have 19 dances that vary from jazz, tap, hip hop, lyrical, kizomba and African styles," Middleton said. "We have four choreographers who are on the team, and we had four guest choreographers come in and teach a dance."

There are a total of 12 dancers on the team this year.

The choreographers for this year's show are Shannon Harback, Cassie Berlin, Chelsey Stinnett, Middleton and Jill Brinati.

Middleton said she and the other choreographers have worked hard choosing songs, choreographing dances, teaching the dances to the team and getting costumes together.

Harback said there are also several pieces in the show that were created by guest choreographers, all of which have been members of EIU Dancers in the past.

The places mentioned with each song in the show include Barcelona, California, Chicago, Puerto Rico, Paradise City, Africa, New York, Pompeii and Malibu.

"Throughout the year, the choreographers and I also meet with the Doudna crew to figure out the best ways to use lighting to help bring about the emotions

that our dances intend to evoke," Middleton said. "To see all of our work coming together in Doudna is truly amazing."

Conor Baltz, assistant technical director for the Doudna Fine Arts Center, said the dancers have been working on this show since the beginning of the fall semester.

"It is really turning out to be a fun show," Baltz said. "The dancers have improved at each rehearsal, and it is a ton of fun to watch."

Baltz said the show involves a lot of lighting and theatrical effects.

"This is the first time I have designed lighting for a show, and I am really excited to see how it all turns out," Baltz said. "It should be one of the most visually exciting shows of the year, and I cannot wait to see the final product."

Andrew Paisley can be reached at 581-2812 or at abpaisley@eiu.edu.

CAA approves pre-physical therapy option

By Brooke Schwartz
Administration Reporter | @brookesch_wartz

Changes to majors and degree options for the kinesiology and sports studies, as well as health promotion departments, were approved at the Council for Academic Affairs meeting on Thursday.

Mark Kattenbraker, the chair of the kinesiology and sports studies department, presented one new course, two new options, one revised option and two revised majors.

The new course is called KSS 4274, Pre-Internship and Career Development in Kinesiology and Sports Studies. It was proposed to fill gaps Kattenbraker said were in the current internship process for kinesiology and sports sciences.

The two majors, exercise science and sports management, and the revised therapeutic recreation option, which complements the recreation administration major, were updated to reflect the addition of this new required course.

The two new degree options are related to the exercise science major and include the pre-physical therapy option and the pre-occupational therapy option.

Kattenbraker said the options, especially the addition of the pre-physical therapy option, use faculty and courses already present at Eastern and will be a good marketing tool for potential students.

"Within our exercise science program now, and you read the description there in the rational, we easily have about 70 students who have at least expressed (wanting) to go to (physical therapy) school," Kattenbraker said.

Currently, the kinesiology and sports studies adviser does the best she can to get students the prerequisites they generally need to get into such a program, he said.

"It kind of works, but we also kind of want something solid in place, (a pro-

gram) we can work with," Kattenbraker said.

Julie Dietz, chair and academic adviser of the health promotion department, presented a revised course similar to the newly-added pre-internship course for the kinesiology and sports studies department, as well as two option revisions.

Dietz's revised options took into account the increased amount of prior learning assessment credits allowed, with the health promotion program now accepting a semester total of 12 hours.

Prior learning assessments allow non-traditional students, whose work experience and professional development may exceed a course's requirements, to get credit for courses they believe they have already completed the learning goals of.

The process requires students wishing to get credit hours for their work not put on a transcript to argue their case with a résumé and portfolio, both of which are reviewed by the department chair and faculty before being accepted.

Dietz said prior learning assessments are a great way to accommodate non-traditional students and their past achievements.

Catalog changes were also made, one to accept associate's degrees from out-of-state universities, and one to create a GPA appeal process for intercollegiate activities.

Stacey Ruholl, chair of the CAA, and also a member of the University Naming Committee, said the committee has voted against the Faculty Senate proposal to change the names of both Lincoln and Douglas halls to Lincoln and Douglas Debate Hall East and West.

A draft for possible shifts for different on-campus committees is also being shared with faculty and staff and is in the process of a campus-wide review.

Brooke Schwartz can be reached at 581-2812 or at bsschwartz@eiu.edu.

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STAFF EDITORIAL

Personal growth needs criticism

If there is anything that we at *The Daily Eastern News* rely on more—speaking outside of our journalistic needs and standards—than coffee, it is constructive criticism.

For us, constructive criticism is almost impossible to avoid. We find it in every corner of every day: online in the comments section, during our meetings with our advisers and each other on stuff, in class from our professors, and face-to-face—or rather face-to-print—from you, our readers.

No matter which way constructive criticism happens to reach us, we take it for what it is: an experience to learn from rather than an insult to dwell on.

Whether you are working for a publication or are writing a paper for class, you are eligible for constructive criticism. Often times, constructive criticism intimidates and discourages people more than it provides people with advice and suggestions for next time.

No matter what field you find yourself in, you will be required to receive and even provide your own constructive criticism for your peers. Like all things, there is a right way and a wrong way to do it.

Pointing out only the faults in someone's work and communicating with little patience and guidance in a negative tone is not constructive criticism. It is insulting and unprofessional.

Suggesting ways to strengthen elements in someone's work while also highlighting the positives with an encouraging tone is constructive criticism. Appreciating the quality of someone's work while also envisioning how it can become stronger is constructive criticism. Willing to help the person improve their work is constructive criticism.

Constructive criticism is not something we should try to run away from or avoid. Without it, we cannot get better with a variety of skills, from writing to communicating.

The daily editorial is the majority opinion of the editorial board of *The Daily Eastern News*.

We're hiring

If you are interested in writing, editing, taking photos or videos, producing content on social media or designing, we have a place for you. All experience levels and majors can apply. Just come down to 1811 Buzzard Hall or email deneic@gmail.com or cjbuchman@eiu.edu for more information or with any questions you may have.

Those interested can inquire at opinions.DEN@gmail.com for all opinion questions, submissions and letters to the editor.

Please allow a week for us to publish letters to the editor.

Please include your name, year and major or job title and a phone number to verify letters.

Letters that are 250 words or less will be prioritized, but others will be considered at the editor's discretion.

It's an abstract sort of feeling



JALEN MASSIE | THE DAILY EASTERN NEWS

Find your calling and dreams

My whole life, I have dreamt of being a teacher. Even before my adolescent age, I have known that I want to change lives and become one.

The summer after I graduated high school, I started to have cold feet about going to college and about my career choice. I started to second guess everything I was doing and had done, almost to the point where I didn't go to college.

I'm here now, though, and I am the happiest I've been in my life (also the most stressed out, but the happiness seems to outweigh that most days). I am working toward my dreams, I am doing things that make me happy and I am surrounded by love from my dear friends and sisters here.

This semester in college, I am taking what is essentially an introduction to education course. Last Friday, I had my first day of classroom observations in a small high school located in Fairfield. On that particular morning, though, the cold feet set in again.

I was absolutely terrified. But excited. I was completely nervous, but I was happy to be there. Every inch of my body trembled on the inside,



Natalee Reynolds

The moment I walked into Miss Kiefer's classroom, though, I felt at home. Seeing the familiar face of my former—and favorite—high school teacher and her classroom was the most comforting feeling. I envisioned it being my classroom, and, in that moment, I knew that this was exactly where I was supposed to be.

By the end of the day, all of what was terrified in me turned into inspiration, pure exhilaration and complete blissfulness.

I know that becoming a teacher is my call-

ing in life—this is what I was born to do. And by becoming a teacher, I am going to help my students grow in every way possible. Each of my students are little seeds, and I am going to teach them to dig their roots deep into the earth and sprout into the most significant versions of themselves.

If there is someone out there reading this column, remember that you too are a seedling. You are strong enough to sprout tall, even through tiny cracks of sidewalks.

If following your dreams absolutely terrifies you and excites you at the same time, then you're following the right dream. Do not let your fear stop you. Do not let that little voice in your head scare you away from doing what you are made to do in this life.

You are incredible—every inch of you. Use all that you are to follow your dreams, and let nothing stop you.

Natalee Reynolds is a freshman English language arts major. She can be reached at 581-2812 or at nmreynolds@eiu.edu.

Take time out of your day to think

I will be the first person to admit that I cannot wait until spring break gets here. Some students have fun beach vacations, but I on the other hand will be going to my safe haven: the South.

This week I got Starbucks with a friend who I grew up with. Conlon just so happened to be one of the select few of us from Charleston High School who decided to be smart, using our resources and choosing to go to Eastern.

Conlon is a communication studies major, so he is very good at reading body language and being able to tell if you are unknowingly second-guessing yourself.

The two of us discussed over coffee how I will be flying into Dallas the first day of Spring Break so I can interview for a law internship I have lined up for the summer.

I told him I was questioning if this semester would ruin my chances of getting into law school because of how “unmotivated” I am, which is resulting in poor grades.

Conlon looked at me and laughed. “You can't achieve success without being happy,” he said. “Most people think once you become successful then you will be happy, but it's the other way around.”

Conlon proceeded to also explain a the-



Liz Stephens

ory of how we choose what to do with our lives based on how we want others to see us relating to success.

I think I looked at Conlon like a deer in headlights, because that was the answer to the issue I've had all semester. Not only have I let people try to sway me from the career path I've decided to pursue and let them give me crappy statistics, saying “You know most lawyers don't practice law,” but I also let the people around me decide what I wanted to do.

Most students will be spending their Spring Break with family, partying or going back home to work, but I've decided to use mine to think. I plan on boarding my American Airlines flight and sitting

there with a notebook and a pen and really mapping out a career plan and making clear and precise goals of how to get there.

I always call the South my safe haven because it's where I think the clearest and feel at home. I want to use my week off from school to really marinate in ideas of what I want to do career-wise, while not letting the influence of advisers tell me what they would or wouldn't do.

The biggest stress for me personally as a student is the ever-so-present and looming theory of what I want to do as a career. I've realized that jobs are easy, but careers aren't.

Many students will realize they are in the same boat as me, selling themselves short on something so simple as thinking they are dreaming too big when it comes to their careers.

I think it's important to not let this outside influence dictate how we pick our careers, schedules and even extracurricular activities based on how “successful” we think people will see us when doing them.

Liz Stephens is a junior journalism major. She can be reached at 581-2812 or at lizstephens@eiu.edu.

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» **Unofficial**
CONTINUED FROM PAGE 1

As a result of the boost in attendance, instead of participants throwing unused cups and bottles on the ground, Jenkins said he purchased several trash cans for three locations.

There will also be students acting as security at each house, but Jenkins said those individuals will not be “pointed out.”

Security members are looking out for people who are too rowdy, people who cannot stand or are losing control, people who are arguing and people who might start a fight.

Rules attendees need to follow include staying out of the street when moving from house to house, staying off of sidewalks when they are at one of the houses, staying out of neighboring yards and drinking responsibly.

If those rules are violated people will be asked to leave, Jenkins said.

Jenkins said everyone is welcome to participate, however those who do are responsible for themselves and anyone they come with, and are told to drink at their own risk.

“This is a marathon, not a race. If you come with somebody stay with them,” he said.

If people are left alone and need help, Jenkins said some organizers will be sober and able to drive them home. However, he said this should not be expected.

“Our group is a really good group of friends and we’re going to be looking out for those people who are by themselves,” he said. “We’re going to make sure everyone is OK because we want this to be a fun thing and we want everybody to have a good time and enjoy the biggest party weekend of the year.”

He said people who come are not required to drink and there is no need to feel intimidated.

“Everybody shows up, all the frats, sororities, all the independents, all the dif-

WHAT YOU NEED TO KNOW FOR UNOFFICIAL

Kent Martin, chief of the University Police Department said “Unofficial” does not give everyone the right to consume. Those attending still have to be 21 years old to drink alcohol, he said. He gave several pointers on what students should keep in mind when they are attending “Unofficial.”

- You may not possess open containers on streets or sidewalks.
- Students should always be cautious of their alcohol consumption. Be sure to eat something when drinking, alternate drinking alcohol and drinking water to maintain hydration, and never leave a drink unattended.
- You also should avoid accepting a drink offered to you by someone who you do not know, and do not accept a drink if you didn’t watch it being made or opened. Drink in moderation, and never drink and drive. Seek medical attention if someone has become incapacitated.

ferent groups you see on campus come together for this and it’s just nice to see everybody at once,” he said. “You just see every little clique coming together as one and it’s awesome.”

Jenkins said those who do want to drink must have either an Unofficial T-shirt, wristband or bring their own booze.

Wristbands are still available for \$10 and if someone does not have a T-shirt or wristband, Jenkins said they have to purchase a cup at each house for \$5 if they want to drink.

Analia Haynes can be reached at 581-2812 or achaynes@eiu.edu.

» **Procedure**
CONTINUED FROM PAGE 1

“One of the things that we’ve talked about is offering ALICE training more readily to our student population. We’ve been doing quite a bit of training for the staff at the university, so they would know what to do and how to direct students in a situation,” Drake said. “We realize we want to take that to students so they have the opportunity to participate as well.”

Katie Gray, an elementary and middle level education major, said a shoot-

ing at Eastern is not something she actively worries about.

“The (school shooting) in Mattoon really freaked me out since it was so close, and kind of puts it into perspective that it can happen to anyone,” Gray said. “I do think (though) that EIU has a really safe campus, so I don’t think it would be a problem necessarily here.”

Anyone looking for more information on what to do in this situation can contact Martin at kdmartin@eiu.edu.

Brooke Schwartz can be reached at 581-2812 or at bsschwartz@eiu.edu.



JORDAN BOYER | THE DAILY EASTERN NEWS

Poet Duriel Harris, reads a poem Thursday night in the Doudna Lecture Hall. Harris spoke as a part of Women’s History and Awareness Month.

Poet shares how past trauma can be expressed in poetry

Duriel Harris spoke as part of Women’s History and Awareness Month

By Tom O’Connor
Staff Reporter | @DEN_News

Duriel Harris, a renowned poet, spoke about how past traumas, whether they affect one personally or on a much grander scale, can be controlled through the use of poetry.

Harris spoke to mark the start Women’s History and Awareness Month Thursday night in the Doudna Fine Arts Center.

Her poems concerned a wide array of injustices, including slavery, sexual violence and the genocide in Rwanda.

One particular poem, titled “Girl 8,” had been inspired by a headline she saw in a publication. The story involved a girl who had been buried

alive, struggling for air until help arrived at the scene. Harris drew a parallel between this particular story and the various traumatic experiences that vex humanity.

“A lot of times when we are dealing with trauma, and we are people who have dealt with trauma, we find that we hold our breath,” Harris said. “You cannot unmake trauma, but you can dissolve it in a sea of resources. So that’s what we need, is resources.”

When asked as to why she ventured into the field of poetry, she referenced her troubled experiences from the past, which she said provided a better understanding of humanity in general.

Originally, Harris enrolled in college as an electrical engineering major, only to realize that it lacked the discernment of human encounters.

“It was really because some of my #MeToo happened my senior year in high school,” Harris explained. “Mechanical engineering was great, but it didn’t help me conceptually work with our humanity. I was writing because I didn’t know what else to do.”

Harris’ approach to poetry is derived from her innate sensibilities, allowing her to not only perceive her own experiences, but also those of others.

She notices the minute stimuli in the environment around her which, at any given moment, could uncover the next poetic insight.

“I have sensory processing sensitivity,” Harris said. “So my nervous system is wired in such a way that I feel things very deeply. I feel for our common humanity and the potential that we have, and I am also very, very hurt by the things that we do to one another.”

Upon graduating from Yale University, where she earned her bachelor’s degree in literature, Harris attained a master’s degree at New York University, before receiving her doctorate’s in English at the University of Illinois.

Harris, an associate English professor at Illinois State University, teaches creative writing, literature and poetry.

Tom O’Connor can be reached at 581-2812 or troconnor@eiu.edu.

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Beauty tips. How to pick the right nail polish

Knowing how to choose the right nail polish color requires a little research, but it's pretty easy to come up with the perfect shade. Make no mistake, though: choosing the right nail polish color is important, because you want it to complement your style, your skin tone and even the shape of your hands. If you got short fingers, for instance, you don't want a polish that makes them look stumpy; you want to elongate them. Here are some tips for picking the right shade:

Your Outfit

This one is tricky. Some experts say that your nail polish should never match your outfit while others say it is fine. When you are choosing a nail polish color based around your outfit, go with your instincts. Feel free to choose a complementary but not necessarily matching color, or, if you are in love with a particular shade that matches a top, a skirt, or a pair of shoes, go for it!

Current Trends

If you want to know how to choose the right nail polish color, pay attention to the current trends. What colors are most popular right now?

The Occasion

You also need to think about the day or the occasion when you are choosing the right nail polish color. If you are just hanging out, feel free to be colorful or try some fun designs. If you are going to work, attending a meeting or something like that, keep things more neutral.

Your Makeup

Opinions are mixed, so it's just a good idea to go with a complementary nail polish. However, you don't want to be too matchy-matchy, because that can look a little bland and tacky.

Abiola Alafe can be reached at 581-2812 or aalafe@eiu.edu.

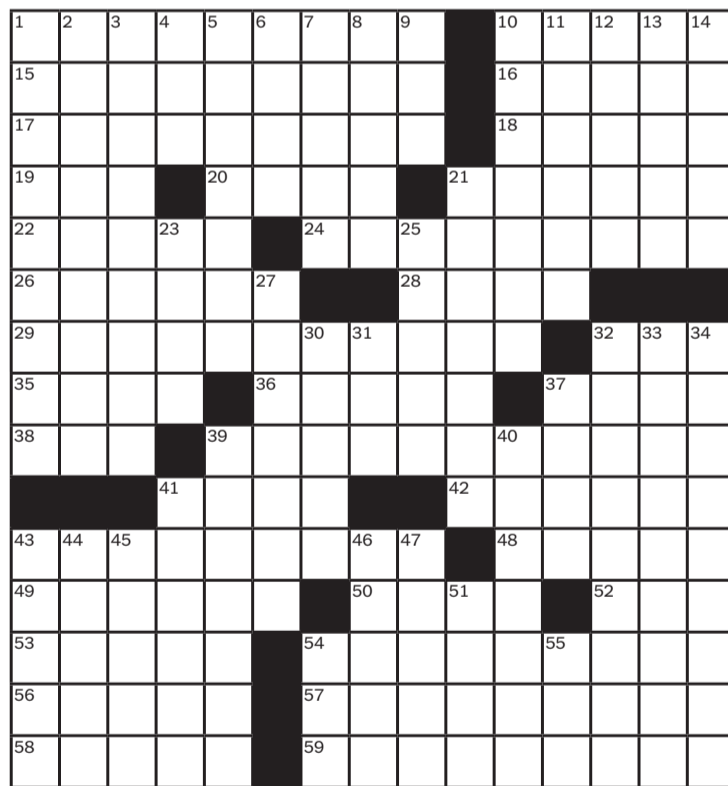
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The New York Times Crossword

Edited by Will Shortz

No. 0126

- ACROSS**
- 1 Source of embarrassment for some public officials
 - 10 Skedaddled
 - 15 How buzzkills end things
 - 16 Golfer's collection
 - 17 Numismatist's collection
 - 18 Mexican sandwich
 - 19 ___ sample
 - 20 One-named singer with the 2007 #1 hit "Don't Matter"
 - 21 Building block makeup
 - 22 Essential
 - 24 First U.S. team to win the N.H.L. Stanley Cup (1928)
 - 26 Diner order that gets filled?
 - 28 Life instinct, in psychology
 - 29 Reverses course
 - 32 Ceiling
 - 35 "___ said ..."
 - 36 Write a think piece, say
 - 37 Drifter
 - 38 ___ Mosby, main role on "How I Met Your Mother"
 - 39 Some polygamous figures
 - 41 Niche form of architecture?
 - 42 Many workers in Japan's Lake Hamana
 - 43 Sharp-looking footwear?
 - 48 "The Yankee Years" memoirist
 - 49 Home of the first known pizza parlor
 - 50 Certainty
 - 52 Some undergrad degs.
 - 53 Not just in one's head, say
 - 54 Kamehameha Day observers
 - 56 Little buddy
 - 57 From that point on
 - 58 Simplifies
 - 59 Cozy curl-up spots
- DOWN**
- 1 Verbal outpouring, in slang
 - 2 Dead
 - 3 Sobriquet for filmdom's Daniel LaRusso, with "The"
 - 4 Common suffix for 7-Downs
 - 5 Areas
 - 6 Ursine sci-fi creature
 - 7 Atom with an electronic imbalance
 - 8 G in jazz
 - 9 Students with 300 and 400 classes: Abbr.
 - 10 Audit, as a class
 - 11 Sticking points
 - 12 One-named singer with the 2013 #1 hit "Royals"
 - 13 Bury
 - 14 Bulgaria's Simeon I and Simeon II
 - 23 They have hops
 - 25 Get back together
 - 27 Ones who know the way?
 - 30 Underdog victory
 - 31 "Blue" or "bearded" bird
 - 32 Act without originality
 - 33 Deviation
 - 34 Has hold of
 - 37 Stud poker variation, informally
 - 39 Skimpy swimwear
 - 40 Sloppy planting job?
 - 41 Refer (to)
 - 43 Backstabber
 - 44 ___ al Ghul (Batman foe)
 - 45 Devices that introduced the click wheel
 - 46 Norwegian king until 1000
 - 47 One spreading seed
 - 51 Something that people wish you would take when you leave
 - 54 Noted mansion man, for short
 - 55 Jr.'s son



PUZZLE BY CALEB MADISON

- 21 Actress Tia of "Wayne's World"
- 23 They have hops
- 25 Get back together
- 27 Ones who know the way?
- 30 Underdog victory
- 31 "Blue" or "bearded" bird
- 32 Act without originality
- 33 Deviation
- 34 Has hold of
- 37 Stud poker variation, informally
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ANSWER TO PREVIOUS PUZZLE

O	R	E	S	I	T	B	Y	T	E	C					
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S	C	U	B	A	T	A	N	K	O	L	I	N	E		
N	O	D	E	A	N	T	S	A	D	L	O	T			
A	L	E	R	T	C	O	N	C	R	E	T	E	S		
P	A	S	T	I	M	E	O	R	S	W	I	G			
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L	E	S	M	E	N	S	A	E	S	T					

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Eastern fan along for the ride at tournament

By Justin Brown
Contributor | @DEN_Sports

EVANSVILLE, INDIANA — The Eastern men's basketball team may not have had the season that fans would expect to be enough to propel it into the NCAA Tournament, but senior fan Devin Pierzchalski knows winning the Ohio Valley Conference Tournament would mean an automatic bid to March Madness and a once-in-a-lifetime chance.

"Just seeing them having the chance to potentially upset one of the bigger schools would be a dream come true of mine," Pierzchalski said. "I don't think I would ever need anything else in my life if that happened."

So, when the business management major heard about the fan bus going to the tournament, he made sure he was one of the first to sign up. In fact, Pierzchalski went above and beyond to make sure a fan presence was noticeable in the bigger arena.

He forked out \$147 of his own money to purchase blue headband wigs for fans to wear to help show their support. Pierzchalski said he also likes to lead chants and just do whatever he can during the game to help the team know they are supported by fans.

"Maybe this gives an opportunity to the players to say that 'maybe they (fans) do care,'" he said. "Maybe that might give them a little bit more motivation. I really don't know. I hope it gives them motivation. I can't really channel my inner Muusa (Dama) right now."



JUSTIN BROWN | THE DAILY EASTERN NEWS
Eastern senior and basketball fan Devin Pierzchalski reacts to a play during the second half of Eastern's opening round game of the OVC tournament. Pierzchalski purchased all of the blue headband wigs for fans traveling on the fan bus Wednesday.

When it comes to having a favorite member of coach Jay Spoonhour's squad, Pierzchalski said he is stuck between picking Dama and freshman guard Mack Smith.

"Smith's role has really impacted my viewpoints on who my favorite player is," he said. "I love

Dama's energy, when he throws down a vicious dunk, who doesn't love that? It just gives everyone energy, gets everyone amped up. Mack Smith off the screen has amazing shots, he's not afraid to shoot a contested shot when someone has their hand up. I like his fearlessness."

When Dama fouled out early in the second half of Wednesday's opening round game against Tennessee State, Pierzchalski felt like he was watching Eastern's chances of winning fade away like something off of SportsCenter.

"Somebody was watching up above. I'm just really happy that we had another opportunity to go at it tonight," he said. "The fact we didn't have Muusa out on the court for basically the whole entire second half shows how much resilience we have, Muusa is really a big part of our team."

Eastern was able to hang on to pull off the upset over No. 6 seed Tennessee State 73-71 despite losing Dama to foul trouble. Some missed free throws down the stretch added to Pierzchalski's increased heart rate and did not make him feel comfortable about his dream of advancing to March Madness.

Pierzchalski talked to athletic director Tom Michael and was able to arrange tickets for fans who would come back to Evansville for the second-round game.

"I just hope my support helps them do a little bit better. Just impact the game to our advantage," he said.

Eastern lost to Austin Peay 73-66 on Thursday night.

Despite the outcome and graduating in May, he hopes to be able to come back to Eastern in the future and support the Panthers as an alum, similar to the alums he sat next to during the two nights in Evansville.

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Softball team playing well on both sides of ball

By JJ Bullock
Assistant Sports Editor | @DEN_Sports

Last week Eastern softball coach Kim Schuette said the more nightmares her team gives other teams, the better she feels, and if there has ever been a time when the Panthers are doing that, it's now amid a ten-game winning streak.

Opposing teams have a lot to be losing sleep over right now when it comes to Eastern; the Panthers are coming off back-to-back undefeated weekends and are playing well on both sides of the ball as they prepare for the Black and Red Classic tournament in Louisville.

Sophomore Haley Mitchell has been anchoring the middle of the Panthers lineup that leads the OVC in runs score, slugging a team-high .867 on the season with five home runs and a .442 OBP.

It is hard right now to find a spot in the lineup for the Panthers that has not been producing this season. Hitting alongside Mitchell in the middle of the order, outfielder Mia Davis is slug-

ging .858 with three homeruns on the season.

Junior outfielder Kayla Bear has an OPS of .940 and junior Mady Poulter has an OPS of 1.020.

Eastern has been very good on offense this season, the stats speak for themselves to that notion, but the offense has not been carrying the load by itself; the pitching duo of seniors Jessica Wireman and Michelle Rogers have matching the offense's production game-for-game.

Rogers has a 2.07 ERA in 40.2 innings pitched this season and has walked just eight batters.

Wireman has struck out 58 batters in 44 innings pitched and has an ERA of 2.23.

Schuette, however, has been mixing other pitchers into the rotation; freshman Valerie Thompson pitched three-innings of a perfect game last weekend along with Rogers and has a 3.36 ERA in 8.1 innings pitched.

Senior Tori Johnson has given up four runs in 2.1 innings pitched this season and sophomore McKenna Coffman struggled as well giving up

five runs in three innings pitched. Both pitchers have had just a small sample size, however, this season.

"The stronger (Thompson) and (Johnson) are, the better that makes Jess and Michelle. They are both very capable of helping the blue team," Schuette said. "Right now, we're working on getting McKenna healthy again."

"The more bullets we have on the mound, in the lineup and ready armed in the dugout; the more opportunity this program has to be successful," she added.

The Panthers pitching staff will like the teams Eastern is slated to play this weekend in Louisville. Three of the four teams they play have struggled tremendously on offense.

The first game for Eastern is Saturday against Alabama-Birmingham (6-12). Not much has gone well for the Blazers on offense this year; they have just a .378 slugging percentage as a team and are hitting just .265.

Producing even less than the Blazers is Maryland, who the Panthers play second on Saturday.

The Terrapins are reaching base at an abysmal .308 clip and slugging just .321 as a team.

Their anemic offense has the team sitting at just 3-11 on the season.

On Sunday the Panthers will play IUPUI, who has to this point in the season put up a wildly low .295 team OBP and have just one homerun this season.

The one exception to the poor offenses Eastern will play this weekend is the University of Louisville (11-4).

The Cardinals have a .390 team OBP and have scored 92 runs in 15 games this season.

No matter who Eastern is playing, however, Schuette just wants her team focusing on themselves and playing with confidence.

"It's our coaching staff's job to worry about the opponent," she said. "It's (the player's) job to play to win and respond with adjustments when needed. Separating those concepts is key."

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Eastern baseball team ready for Georgia State

By Adam Shay
Baseball Reporter | @DEN_Sports

The Eastern baseball team will try and build on its five-game win streak when they travel to Atlanta to play Georgia State in a three-game series this weekend.

Georgia State is 4-3 on the year; its last game against the University of Georgia was cancelled Wednesday. Their last game was last Saturday, which they lost 5-3 against Jacksonville.

As a team, the Panthers' offense and pitching has been working for them, causing them to have more success compared to last year. During their five-game win streak, they have outscored their opponents 29-18, averaging nearly six runs per game.

On the Panther's roster, they have 27 upperclassmen, giving the team veteran leadership. With a

heavy veteran roster, the evolution of the team has come a long way from years prior.

"We're just more mature and we are older," head coach Jason Anderson said. "We started this process three years ago when we had a bunch of freshmen and sophomores. Now that we are older, we are more experienced, stronger and have a much more manageable schedule."

Over the past three years, the Panther freshmen have seen growth. Every year, the team has started on a losing streak longer than six games, leading to seasons with more than 30 losses.

However, this season is the year those players and Anderson have been waiting for. After a three-year rebuild, the Panthers have come together as a unit and are amidst the best start to a season in years.

"They (upperclassmen) have been here awhile and understand the process that we went through, so this

is their year when they have the strength and the experience," Anderson said.

"Everyone is more experienced and they are more cohesive and support each other a little more."

A common reference in baseball is, "hitting is contagious," something that comes with consistent winning and good at-bats. As the Panthers continue to win, the team's mentality continues to build, and trust forms amongst the players.

"I think the biggest thing this year is everyone's confidence," senior right fielder Frankie Perrone said. "We are not going out there to take one game a series, or just compete. If we don't win two out of the three, or sweep, it's not a successful season."

Freshman infielder and designated hitter Ryan Glass has been the go-to player for Georgia States' offense with a team leading .348 average, .565 slugging percentage, eight hits and five RBI's.

As for Georgia States' pitching, sophomore Hunter Gaddis has been near perfect this season. In 12.1 innings pitched, Gaddis has a 2-0 record with a 0.73 ERA, totaling eight strikeouts and only one earned run allowed this season.

Despite the Panthers not competing against Georgia State last year, nothing changes in practice for the team. Regardless of the college, the Panthers' mindset is imprinted and has been working this season.

"We're playing good baseball right now, try to have good at-bats and throw strikes," Perrone said. "We stay within our skill set, just keep winning, and have that killer instinct."

The two teams play Friday at 5 p.m. at the GSU Sports Complex.

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Panthers' season ends in 73-66 loss

By Sean Hastings
Sports Editor | @DEN_Sports

All good things come to an end, and for the Eastern men's basketball team, it was a stellar first half that came to an end, 20 minutes before its season came to an end, at the hands of Austin Peay Thursday in the second round of the OVC Tournament.

The Governors used a 47-point second half to bust their way past the Panthers 73-66 to end Eastern's OVC Tournament run in the second round.

Austin Peay coach Matt Figger said the Panthers took it to them in the first half and called it a tale of two halves. That goes for both schools.

Eastern needed a strong start to hang with Austin Peay, and it got that right away scoring 40 points in the first half taking a 14-point lead into halftime.

The first half was vintage Eastern men's basketball. Senior Montell Goodwin and freshman Mack Smith got the ball and they scored. Senior Ray Crossland also added 10 points in the half.

Crossland quickly dealt with foul trouble in the second half and had to spend a lot of his time on the bench in the second half of the game.

But in the second half, Austin Peay locked down on Goodwin and Smith who combined for 24 points in the first half and forced them to just 11 in the second.

"They were denying and trapping more on ball screens," Goodwin said. "They made it a little more difficult. Full court, they picked up all the way and made it tough on me."

And that is one of the best, if not the best, way to beat the Panthers. Get Goodwin and Smith out of a groove and keep the ball out of their hands. "Austin Peay kept the ball out of Silk's (Goodwin) hands, which is a smart move," coach Jay Spoonhour said.

"Montell hasn't come out of a game since late November, basically. What he has had to go through, he has really been



JUSTIN BROWN | THE DAILY EASTERN NEWS

Eastern seniors Montell Goodwin, bottom right, and teammate Ray Crossland (5) exit the floor for the last time after a 73-66 loss to Austin Peay. The two seniors combined for 25 points, 7 rebounds and 3 steals in the second round loss.

something. (Austin Peay) is a physical tough team that makes you work for everything."

It became a broken record all season, and maybe at times it was beaten too hard on, but Goodwin was playing 40 minutes because Eastern did not have a true point guard. He did it all for the Panthers.

Just as the key for Eastern was to start the game strong, one stretch of weak play would make a difference against a team

like Austin Peay, which was just as key. Especially when one player, Zach Glotta, scores 21 points just in the second half.

Eastern's leading scorer Thursday was Smith. He scored 20 points, but was never able to play like the Smith everyone saw in the first half.

But, if it is any conciliation, it shows what Eastern has returning to next year's team. Spoonhour spoke with high praise and Goodwin nodded in agreement that

Smith did a lot for Eastern this year.

"The stuff he has done has really been impressive," Spoonhour said. "He started getting really guarded (about halfway) through the league season, where people were like 'we really have to guard this guy.' (Thursday) he was really efficient offensively."

Austin Peay forced Smith into turnovers he usually does not make, turning it over four times, which tied a season high.

"They're a good defensive team and they have strong athletic, tough guys that like to guard," Spoonhour said. "I think that made the difference."

Austin Peay plays Belmont Friday night in the semi-finals.

Check daiyeasternnews.com for another story to follow this one Friday morning.

Sean Hastings can be reached at 581-2812 or smhastings@eiu.edu.

OPINION | MEN'S BASKETBALL

Halftime adjustments end Panthers season

By Maher Kawash
Basketball Reporter | @DEN_Sports

Halftime adjustments were the reason the Eastern men's basketball team escaped the first round of the Ohio Valley Conference tournament with a win, but it is also the reason the Panthers are going home after round two.

Eastern had one of its best halves all season in the first, but what Austin Peay did at halftime resulted in the Panthers blowing a 16-point lead that they held.

The living proof of that halftime adjustment? Austin Peay guard Zach Glotta.

Glotta went into the break with zero points on 0-for-2 shooting.

"In the first half, I got a couple of good looks that just didn't go in," Glotta said. "At halftime coach challenged us, so I came out and just played my best."

He did just that as the second half offered a completely different story, as Eastern had no answer for Glotta's 6-of-6 shooting and 21 points.

"Not only did he do a superb job offensively, but defensively, he was lights out," Austin Peay head coach Matt Figger said.

Whether it was an Eastern defender smothered in his face or him wiggling away from the Panther defense, Glotta scored at will in the second half and became one crucial factor in the Governors' 73-66 victory.

"If we don't have Zach on the floor,



JUSTIN BROWN | THE DAILY EASTERN NEWS

Muusa Dama and Mack Smith defend the pass from Austin Peay's Chris Porter-Bunton in the final minutes of Thursday's 73-66 loss. The late attempt at a rally was not enough to help the Panthers battle back to overcome a second half deficit that reached as high as 12 points.

then we're not as good offensively," Figger said. "He has found his niche and role of this team, and he is one of the leaders of this team."

In fact, three-point shooting was a huge difference maker in the second half for both sides.

The Panthers went from nailing every

shot beyond the arch in the first, to having all spacing and gaps suddenly close up in the second, which just led to tough shots.

On the other hand, Eastern was getting lost in screens and players such as Glotta were on the other end for an open 3-pointer as Austin Peay finished 8-of-12 from there in the second.

Coming into this game, the Panthers knew rebounding and post play was going to be an immensely important factor.

Well, let us go back to those halftime adjustments, because it was another tale of two halves in this aspect too, with Austin Peay grabbing what seemed like every offensive board to finish with 10 second chance points.

Eastern knew it had to deal with the two-headed monster of Terry Taylor and Averyl Ugba in the post, but Taylor still found his way for a game-high 17 rebounds while Ugba snagged six of his own.

Overall, the Panthers got outrebounded 41-34, and that was just one category they had to have if they were going to pull off this upset.

Against Tennessee State, the Panthers struggled with the opposing bigs because of foul trouble; this time around, they were just outworked.

Not many teams were able to compete with that frontcourt duo of Austin Peay, which explains why a complete-game is needed to knock them off, especially in March.

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