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THE DAILY EASTERN NEWS

JANUARY 9, 2012
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EASTERN ILLINOIS UNIVERSITY
CHARLESTON, ILL.

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WELCOME BACK, EASTERN!



Unfamiliar regulations can cause issues for students

Page 5

Back to the grind



SETH SCHROEDER | THE DAILY EASTERN NEWS

Gage Houser, a junior communication studies major, helps students rent their textbooks Sunday evening at the Louis M. Grado building. Textbook Rental Services will have extended hours from 8 a.m. to 8 p.m. through January 13.

STUDENT LIFE

Get healthy, exercise still top resolution

By Nike Ogunbodede
Associate News Editor

The multicolored fireworks have long since dissipated and the champagne bubbles have fizzled out, but one thing that lasted through a confetti-filled haze are the self-made promises.

Although making a resolution is a New Year's pastime a recent poll said fewer Americans are choosing to make resolutions.

According to a Marist Poll, 62 percent of the overall American population will not make resolutions for 2012, 59 percent of Americans younger than 45 years

old plan to do so. For Americans older than 45 years old, the resolution-making ratio drops to 28 percent.

A Marist Poll is conducted by the Marist Institute for Public Opinion—which polls on politics, the economy, sports, etc.

Bobbi Kingery, a career counselor for Career Services, said she thinks resolutions are important, but only when they are realistic.

Kingery said she thinks an unrealistic goal could be planning for an overall 4.0 GPA because it can seem like an overwhelming task.

RESOLUTIONS, page 5

Top Resolutions for 2012

- Lose Weight and Get Fit
- Quit Smoking
- Learn Something New
- Eat Healthier and Diet
- Get Out of Debt and Save Money
- Spend More Time with Family
- Travel to New Places
- Be Less Stressed
- Volunteer
- Drink Less

Source: Time Magazine

FINANCIAL AID

State behind on MAP Grant payments



Editor's Note:
This is the fifth installment of a series of budget articles.

By Rachel Rodgers
Administration Editor

Eastern has yet to receive any MAP Grant funds from the state for Fiscal Year 2012 appropriations totaling about \$11.1 million, and students may face a reduction with their award.

On Dec. 19, Gov. Pat Quinn signed the Public Act 97-0642 that provided an additional \$33.5 million to fund the MAP Grant in Illinois.

Jerry Donna, the director of the Office of Financial Aid, said these funds were already reserved for student financial assistance and will not require additional general revenue funds.

The \$33.5 million will not increase the MAP Grant amount awarded, but could potentially decrease it, Donna said.

MAP GRANT, page 5

Previous MAP Grant Awards at Eastern

Year	# of students	Total amount	Max. award
11-12 YTD	2,972	\$11,057,000	\$4,720
10-11	3,143	\$10,994,277	\$4,843
09-10	2,816	\$10,132,617	\$4,968
08-09	2,869	\$10,001,169	\$4,968

AROUND TOWN

City offers new mix of activities for students

Classes include new Harry Potter cooking course

By Kathryn Richter
City Editor

The Charleston Parks and Recreation Department is offering four new classes for residents of Charleston, starting this month.

Kimberly Wargo, the recreation supervisor for the Charleston Parks and Recreation Department, said the four new classes involve a skiing and snowboarding trip, a Harry Potter themed cooking class, an American Girl doll themed party and a Daisy Lane craft class.

Wargo said the skiing and snowboarding trip is open to children as young as seven, but children under 12 must be accompanied by an adult.

Wargo said the skiers and snowboarders will travel to Paoli Peaks, Indiana, the trip is open to college students.

The registration deadline for the trip will be Feb. 6 and the trip will take place on Saturday, Feb. 11. The cost for the trip is \$55 when the skiers and snowboarders bring their own equipment, or \$72 with equipment rental.

"I'm trying to get more excitement about it," Wargo said. "I'm mainly do-

ing this to get more teens involved."

Another new activity offered by the Charleston Parks and Recreation Department is "Harry Potter's Kitchen," where each week students will make a treat mentioned in the book and also take part in a Harry Potter-themed craft.

Wargo said that even though the Harry Potter books and movies are over, she still noticed a lot of interest in them, which inspired the new class.

Wargo also said local business in Mattoon, Daisy Lane, will sponsor a new craft class. Wargo said the Daisy Lane craft class is meant for high school and college students, as well as adults due to the advanced nature of the crafts.

The craft class will take place every Monday from Feb. 20 to March 26, from 5:30 p.m. to 7:30 p.m. in the basement of City Hall.

Another new class that will be offered is the American Girl Party. Wargo said she noticed a lot of girls in the area showed a lot of interest in their American Girl dolls, which inspired the new class.

Wargo said the American Girl Party is open to anyone between the ages of four and 10 and participants will get to have their own tea party, make a craft and watch an American Girl movie.

ACTIVITIES, page 5

EIU weather

TODAY

TUESDAY



Sunny
High: 29°
Low: 22°



Mostly Sunny
High: 39°
Low: 25°

For more weather visit castle.eiu.edu/weather.

THE DAILY EASTERN NEWS

"Tell the truth and don't be afraid."

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If you have corrections or tips, please call:

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or fax us at:

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About

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CAMPUS



KIMBERLY FOSTER | THE DAILY EASTERN NEWS

Students in residence halls can read the Eastern student handbook to know what items and activities are and are not allowed in the dorms. Some may be obvious, but others, such as the common use of crepe paper streamers, are technically against the rules.

Little rules, big hazards

Unfamiliar regulations can cause issues for students

By Robyn Dexter
Campus Editor

When students move into the residence halls at the beginning of the school year—they are given a calendar handbook, which has several pages of rules and regulations pertaining to Eastern's campus.

Many of them, besides noise regulation and fire safety standards, are not discussed at initial floor meetings and go unacknowledged.

Mark Hudson, director of University Housing and Dining Services, said many of these little-known rules have come about due to incidents in the past when rules have not been in place.

"We are always concerned about people's safety and well-being," Hudson said.

Most on-campus students know that candles and incense are not allowed in the residence halls, but crepe paper, potpourri and other combustibles are also not allowed in the rooms.

Another unknown rule is the inability to have posters on room doors.

"(Having posters on your doors) is something the fire marshals are particularly intent about," Hudson said.

Hudson said doors mainly covered with combustibles can be a major safety hazard.

Amanda Krch, a freshman special education major, said her old roommate was constantly burning candles, which was one reason they did not get along.

Krch said she talked to her resident assistant about her roommate on more than one occasion.

"She was a fire hazard," Krch said. Another rule students may not realize is a problem is the "sharp object hazard."

Eastern's calendar handbook states: "Students are not to place objects such as razor blades, broken glass, and needles in regular trash bags or the trash chutes."

Hudson said if students have issues with needles they can contact University Housing and Dining Services.

"If people are diabetic or have other types of issues with needles, they can request a container from (University Housing and Dining Services) and we will provide it for them," Hudson said.

He also said it protects the workers that handle the garbage.

"Ball playing" in residence halls is also against the rules, and students can get in trouble for it all the time.

Bobby Galuski, a sophomore English major, said he has faced this problem in Carman Hall.

"A bunch of us were playing soccer, basically just kicking the ball around the floor, and we kept hitting the ceiling and doors," he said.

Galuski and his friends were given a warning by their resident assistant for playing ball in the residence hall.

"There's also a rule (in the handbook) that says you need to follow the directive of university staff, so if the staff says stop, stop," Hudson said.

Galuski said another time he was warned by RAs was during a Nerf gun fight with his friends.

"We hid everywhere: open rooms, the lounge, bathroom stalls, inside those giant blue garbage cans in the lounge, and one small guy crammed under the sink in the lounge," Galuski said.

He said they were caught by two RAs, but were not written up.

The next day, there was a "No Nerf guns" sign posted up.

Rules can be instated by RAs when they believe it is necessary, Hudson said.

Around this time of year, Charleston is likely to get snow and can result in snowball fights across campus.

According to the calendar hand-

book, snowball fights are not allowed within 100 feet of buildings.

"Sometimes tightly packed or icy snowballs can break windows or damage buildings," Hudson said.

A similar rule applies to water balloons and water guns.

"When water balloons hit on the floors near buildings, they can become very slippery and dangerous," Hudson said.

Pets besides fish in residence halls are not allowed, but situations arise frequently concerning other animals.

Kelsey Zak, a sophomore mathematics major, said she knew someone who was reprimanded for having pet rats in her residence hall.

"One of the girls on my floor was written up for having a hermit crab," Zak said.

Hudson said he encourages all students to read the handbook so they are informed of these little-known rules and to prevent any future safety hazards.

"We're just looking out for the greater good; we're not trying to be killjoys of every fun thing (students) do," he said.

Robyn Dexter can be reached at 581-2812 or redexter@eiu.edu.

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Spring 2012 Textbook Distribution Hours

Monday, January 9, 2012	8:00 a.m. – 6:00 p.m.
Tuesday, January 10, 2012	8:00 a.m. – 6:00 p.m.
Wednesday, January 11, 2012	8:00 a.m. – 6:00 p.m.
Thursday, January 12, 2012	8:00 a.m. – 6:00 p.m.
Friday, January 13, 2012	8:00 a.m. – 6:00 p.m.

To expedite the textbook distribution process, we encourage students to bring their Panther ID and a copy of their Textbook pick up information from PAWS. We recommend bringing a water proof book bag or another type of protective method for transporting your books.

If you drop a course, you may return all associated textbooks inside our facility during regular business hours or, for your convenience after business hours, please utilize our exterior book drop located under the awning at the Northeast corner of our facility.

Our office will be closed Monday, January 14th in honor of Martin Luther King Day. Regular business hours of 8:00 a.m. – 4:30 p.m. will resume Tuesday, January 17th. Please visit our web-site at www.eiu.edu/textbooks/ for current textbook information.

We encourage all students to use their EIU e-mail accounts.

Welcome back!

FINE ARTS

Lions of Winter begins with poetry reading

By **Samantha McDaniel**
Activities Editor

A series of literature readings will begin this week with a poetry reading, Wednesday.

Poet Cristin O'Keefe-Aptowicz will be reading some of her works as a part of the Lions of Winter series, a reading series featuring emerging writers at 4 p.m. Wednesday in the Lecture Hall of the Doudna Fine Arts Center.

Lania Knight, an associate professor of creative writing, said O'Keefe-Aptowicz will be the first reader in the series.

O'Keefe-Aptowicz is the author of five poetry books, including "Dear Future Boyfriend," "Everything is Everything" and "Hot Teen Slut" which talks about life experiences. O'Keefe-Aptowicz is also the author of two nonfiction books.

Knight said O'Keefe-Aptowicz is a very interesting reader.

"Cristin is very energetic and exciting," Knight said. "I think she will be very appealing to students."

O'Keefe-Aptowicz will also be attending some classes to work with students in smaller groups on their own writings.

"It's very exciting for students to be in the same room and get to ask questions, do some exercises with people who are publishing now," Knight said.

Knight said the series focuses on writers early in their careers.

"The series helps expose students



PHOTO COURTESY OF APTOWICZ.COM

at Eastern to contemporary writers," Knight said. "These are people who are writing and publishing now, and it helps inspire students in their own writings and helps them understand what it takes to be a writer today."

Knight said this introduces students to a different kind of writing style.

"A lot of the literature that you read is from people who are dead or died a

long time ago," Knight said. "We want students to understand that writing is alive. The series helps to introduce students to modern writers, and helps to interest them in different types of literature."

Knight said she loved to listen to authors read their works when she was a student.

The series is also a way to include

Eastern students in the world of art and writing.

"Sometimes students at Eastern feel isolated because we are in the middle of nowhere," Knight said. "This is a way of connecting Eastern to the larger world of writing and showing students that we are still a part of this bigger world."

The reading will be followed by a reception to celebrate the start of the se-

ries. Knight said faculty, graduate students and undergraduate students, as well as another author from Indiana will be reading their pieces at the reception.

Samantha McDaniel can be reached at 581-2812 or slmcdaniel@eiu.edu.

UNIVERSITY BOARD

Bucket lists help students organize school year, goals

By **Samantha McDaniel**
Activities Editor

Students will have the opportunity to share their life goals on an Eastern bucket list.

The University Board will be having a bucket list event all week, including an Eastern bucket list and a speaker.

Mike Benner, the Executive Director of the Greater AIDs Project of East-Central Illinois, will be speaking about his bucket list and the benefits of bucket lists at 7 p.m. Thursday in the Grand Ballroom of the Martin Luther King Jr. University Union.

Angie Bradley, the lecture coordinator of the University Board, said the University Board will be displaying a cardboard bucket for students to add in an item from their bucket list.

The bucket will be displayed from 9 a.m. to 6 p.m. Monday through Friday in the Bridge Lounge of the Martin Luther King Jr. University Union.

Bradley said the bucket list will help students organize goals for the beginning of the semester.

"This will give the students a boost at the beginning of the semester," Bradley said. "It is a way for them to get orga-

nized before their classes."

Bradley said this bucket will help to build an Eastern bucket list for all students to write something on.

She said the list allows students to see what other students want to achieve and allows them to connect with other students.

"Seeing others' goals allow us to think about ways to help one another," Bradley said. "It's a reminder that you are not alone and we are all going through similar things."

A speaker will also talk about the importance of bucket lists on Thursday.

Benner will be speaking about his bucket list and how it has helped him since he was diagnosed with AIDS.

"We chose him to come because he is someone that has a bucket list and has things he wants to do in his life," Bradley said. "He will talk about his bucket list and what the important reasons are for having one, whether you have a terminal illness or not."

She said Benner makes bucket lists seem more important because of his life story.

She said bucket lists are good for helping students during the school year

such as helping them organize thoughts and goals, as well as planning for the semester.

Bradley said she likes writing her goals down herself.

Bradley said she hopes a lot of students come to hear the speaker, but also to write their goals on the bucket list.

"Like I say, if you don't have goals what does life mean?" Bradley said.

Samantha McDaniel can be reached at 581-2812 or slmcdaniel@eiu.edu.

STAFF EDITORIAL

Resolve to pace yourself, be pragmatic

For many, the coming of the new year is an opportunity to reflect on how to improve themselves going forward. That applies especially for us college students, who, after all, are at Eastern to learn and make ourselves better equipped to succeed in the real world.

While we believe it is important for Eastern students to make New Year's resolutions, it is all the more important to follow through with them.

All of us who have made resolutions in the past have had to break them at some point. We are sure some of you reading this may already be considering breaking resolutions that seemed so promising just a week ago.

One of the most common problems with New Year's resolutions is that we bite off more than we can chew by resolving to change ourselves too much.

In today's article "Get healthy, exercise still top resolution" of *The Daily Eastern News*, Bobbi Kingery, a career counselor for Career Services, said resolutions, which are merely goals, must be realistic and that it is critical for students to know how to set and achieve goals.

Viewing resolutions as a series of goals and not as simply, in Kingery's words, an "all or nothing" proposition is a winning strategy that we recommend you use.

There is no better time than right now, during syllabus week, to make a series of attainable goals to improve yourself as an Eastern student and human being.

For example, Kingery said it would be more realistic to commit to doing a course's assigned reading before each class than to resolve to accomplish something big like getting a 4.0 GPA.

If you would like to lose weight this semester, instead of setting a goal to lose a certain number of pounds, instead resolve to go to the Student Rec twice a week or eat a salad rather than pizza for lunch.

Remember that these goals you set should be revised throughout the course of the year. One of the problems with New Year's resolutions is they are only made once a year.

Make goals each semester, month or even week if it will encourage you to behave in a better way. Besides, the more short-term goals you set, the more achievements you'll have to celebrate throughout the year.

Some of you are beginning your last semester at Eastern and might not feel an urge to improve yourselves as students; after all, graduation is only a few short months away. Be careful; if your only resolution in your last semester is to kick back and relax, it may not be your last semester after all. Resolve to finish this school year with a bang and pace yourself enough to avoid a bust.

The DAILY EASTERN NEWS

"Tell the truth and don't be afraid."

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The daily editorial is the majority opinion of the editorial board of The Daily Eastern News.

COLUMN

Rick Santorum GOP's favorite new hatermonger

As much as I try, I just can't take the early state caucuses that seriously, even precious Iowa. An extraordinarily poor representation of the wider political sentiments in the country, this caucus eats up loads of campaign cash and the most we get is a few weird concession speeches. However, that doesn't mean it wasn't important politically. Thanks to those corn-shucking evangelical Iowans, a steaming load of fresh Santorum just shot to the top of the GOP primary.

A brief overview, for those of us who formerly would not have expected this sweater-vested, homophobic monstrosity to politically exist beyond his last failed Senate campaign, in which he was defeated by one of the largest margins in U.S. history (good show, Pennsylvania): Rick Santorum's unrelenting, old-world conservatism makes George W. look comparatively normal; surprising, except for the gross resurgence of hate-filled nostalgia that seems to be choking out any hopes for an improved democracy, much less a campaign season I can stomach.

Remember Reagan's "welfare queen"? By whetting historically deep-seated racial stereotypes, Republicans fashioned a razor-sharp attack on entitlement programs.

They're at it again. In case attacking just poor people was too trendy, Newt Gingrich and Santorum are still trying to appeal to conservative racists, a voting base disappointingly large enough to warrant their appeal, and particularly acidic in the forthcoming election. Both have made comments implying that only Afri-



Mia Tapella

can-Americans use food stamps, or at least prefer them to paychecks.

Of course, these nasty comments barely made junior varsity on Team White Supremacy when compared with Ron Paul's highly offensive, autographed newsletters, which further suggest that the black community is complacently rooted in the welfare system. As Charles M. Blow for *The New York Times* points out, most recipients of food stamps are white. Still more are children, and many recipients of food stamps are within homes that do earn paychecks. All of these candidates have tried (unconvincingly) to deny their remarks.

However, nothing gets press like hating homosexuals, and Santorum is a leader in this field. Likely a manifestation of his closeted self-loathing (that's opinion, nay—hypothesis), Santorum never shies from an opportunity to do a little gay-bashing. Even in the boozing faces of liberal New Hampshire students, days before primary voting. This is what I find so disturbing about Rick: he doesn't hate on the gay community because it's politically lucrative, which

it unfortunately is, he is genuinely a hatermonger. Say what you will in defense of your antediluvian family values, conservatives. Is this the kind of person you want running our country? One who spends a full 10 minutes of a televised speech denigrating a group of individuals who seek nothing but to have the same rights within the federal government as their fellow citizens? It really isn't about what your Bible says about homosexuality, it's about human rights, and whether or not you're cool with having them removed.

In addition to disparaging both the black and gay communities, Santorum is anti-contraception and blames "radical feminists" (you know, those girls who want jobs and educations instead of a thousand babies) for destroying precious American families. But if you're so bigoted that all sounds great to you, he's also taken millions from corporations and lobby groups he pandered to while in the Senate. Don't let the "aw-shucks" fool you.

In all seriousness, I would like nothing more than to see Rick "doesn't need political hand-holders" Santorum wining the Republican bid. Nothing sings second term like the guy who appeals only to the upper-class, college-educated, married Christian heterosexual white dude with rural sentiments and zero discernable conscience.

Mia Tapella is a senior political science major. She can be reached at 581-7942 or DENopinions@gmail.com.

FROM THE EASEL

Iowa Caucus Roundup

After taking Michele Bachmann to Homecoming, Iowa rejected her invitation to the Sadie Hawkins Dance

Sales for Ron Paul Brand tinfoil hats rose more than 200 percent

Six fewer people voted for Mitt Romney than did four years ago

Rick Perry said he would reassess his campaign after placing 5th, then pledged to reassess the definition of reassess

Iowa voters found Rick Santorum's Goldilocks zone, learning just enough about him to think he's a decent human being

I knew you would come around eventually

DAVE BALSON | THE DAILY EASTERN NEWS

COLUMN

Be someone who fosters growth, change in others

All the hype about New Year's resolutions centers around finding a good objective for ourselves and taking the steps to accomplish it, but I think an important aspect of resolutions has gone unnoticed: How do we help our friends, family, classmates and coworkers to achieve their goals? What if we are obstacles and do not even realize it?

My resolution this year is to quit drinking, save for a few holidays and celebrations. I knew I would need to stay away from bars and parties for a while, but I didn't expect to have to explain to everyone (more than once) why I chose to do so, and to have to be so tough in saying no to the people who are supposed to be supporting me. One of my family members told me that she was proud of me for choosing this new lifestyle, then proceeded to offer to buy me a beer!

I'm sure that she did not mean any harm, but it makes it so much harder to stick to my plan when my support system enables me.

I'm glad that I've had this experience, because it has helped me to better myself. My boyfriend's resolution this year is to budget his money better. One of his biggest challenges is ending impulse buys, like late-night pizza deliv-



Nikki Davidson

ery, so I have been clipping coupons and making grocery lists that provide him with options other than calling for pizza when he gets a craving late at night.

In the past, I may have been part of his problem. If we were running errands, I usually wanted to stop and eat at a restaurant or fast food joint instead of cooking when we got home. I could have made sure that we kept lunch meat and bread, or other quick fixes, for times when we were already very hungry by the time we arrived at home.

Progress, not perfection, is the key to success with big changes in life. Simply being able to recognize a way that you have been a hindrance to someone's goal is progress. The next step is to forgive yourself and aim to do better next time.

Sometimes the people in our lives are willing to communicate what we can do to make things easier for them. Ask them how you can help.

Last year I chose weight loss as a resolution, and did a great job of counting calories, maintaining hydration and working out, but my boyfriend would come home late at night and offer me whatever high-calorie, delicious food he was eating. My will started out strong, but after a few nights I began to accept his offer, and the weight loss took a detour. After asking him to stop, things were much better and I dropped 25 pounds in four months.

If you don't know how you can help the people in your life with their new plans, just be there for them. With great change comes great stress, and they will need someone to vent to. Remind them that it will not happen overnight, but it is worth the effort. Tell them you are proud of them. Compliment them. Be the friend you would like to have because, after all, we are all in this together.

Nikki Davidson is a psychology major. She can be reached at 581-7942 or DENopinions@gmail.com.

Letters to the editor can be submitted at any time on any topic to the Opinions Editor to be published in *The Daily Eastern News*.

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Letters may also be submitted electronically from the author's EIU e-mail address to DENopinions@gmail.com.

FACULTY DEVELOPMENT

Course offered for faculty members

By Rachel Rodgers
 Administration Editor

Professors will take on the role of students during a 12-week faculty course geared toward helping early-career faculty members with writing and submitting articles for publication.

Faculty Development and the School of Continuing Education collaborated to form the course, which will occur on Tuesdays from 3:30 to 4:30 p.m. in the Blair Hall Seminar Room 2116.

Gene Deerman, an assistant professor of sociology, will teach the faculty course titled "Supporting Scholarly Writing."

Deerman said one reason she was motivated to teach the course was when she discovered a national study that stated 85 percent of published faculty research is submitted by 15 percent of university professors.

"Another important reason is that

faculty at Eastern have heavy teaching loads and it can be difficult to balance all of their demands and then be productive in publishing their research, especially for early-career faculty," Deerman said. "It is very important for faculty, especially at that early stage, to know they have outlets of support."

Faculty members must register for a place in the course, and those interested can contact the Faculty Development Office at 581-7051.

William Hine, dean of the School of Continuing Education, said they made a joint effort with Faculty Development to secure a location and to finance the course.

"We thought this would be a great initiative to support obtaining writing skills and other research practices for faculty to develop proposals and articles that could be published," Hine said. "This will also generate an opportunity for newer faculty to interact with one another and share their

goals."

Deerman said each faculty participant will receive a workbook titled "Writing Your Journal Article in Twelve Weeks: A Guide to Academic Publishing Success" by Wendy Belcher, a literature professor at Princeton University.

"I think a big gain of this course will be to demystify research publication to faculty members, and it is my hope that faculty will have revised research papers and will be ready to publish them," Deerman said. "I have used the workbook twice and it helped me to produce two journal articles."

Hine said the course is at no cost to faculty and Faculty Development and the School of Continuing Education subsidized the expenses.

Rachel Rodgers can be reached at 581-2812 or rjrogers@eiu.edu.

MAP GRANT, from page 1

"According to the (Illinois Student Assistance Commission) examples of possible reductions, the most a student would stand to lose this year is \$236," Donna said. "The Office of Financial Aid is always ready to talk with students who need a little extra help with their school expenses."

According to the Illinois Student Assistance Commission, "even though additional spending authority was approved to help alleviate some of the shortfall, second- and third-term reductions to 2011-2012 MAP awards are still likely to be necessary."

The maximum award per student for the 2011-2012 academic year

is \$4,720 based on having 2,972 MAP Grant recipients.

This is a decrease of \$123 from the maximum 2010-2011 academic year award of \$4,843 based on having 3,143 recipients.

The \$4,843 amount is a \$125 decrease from the maximum 2009-2010 academic year award of \$4,968.

Donna said the amount of the MAP Grant is a beneficial resource to students, considering the maximum amount could cover about 25 percent of a student's direct Eastern costs of about \$19,075 per year.

Donna said a large percentage of students at Eastern receive the state MAP Grant, which helps to pro-

vide access and make higher education more affordable for many Eastern students.

"I always try to look on the bright side, while helping students plan for whatever realities happen to come," Donna said. "My optimism tells me that the MAP Grant will be fully funded at the maximum of \$4,720 for this year. However, if we learn otherwise, our plan is to notify students quickly through an email blast and the Office of Financial Aid website."

Rachel Rodgers can be reached at 581-2812 or rjrogers@eiu.edu.

ACTIVITIES, from page 1

The first session will take place from noon to 2:30 p.m. on Saturday, Feb. 4 in the City Hall basement. The cost for the American Girl Party is \$10.

In addition to the four new classes offered, the department will also be offering classes for dog obedience and socialization, tumbling for various ages, Taekwondo, theater, poms, and first aid training for children.

The Charleston Parks and Recreation Department also offers after school and spring break programs for those who need supervision when school is not in session.

"It provides a fun and safe place for them to stay while their parents are still at work," Wargo said.

Wargo said during the spring break program, participants will be able to

visit a different non-for-profit each day and volunteer an hour or so of their time.

Wargo said the spring break program introduces participants to volunteer work.

Kathryn Richter can be reached at 581-2812 or kjrichter@eiu.edu.

RESOLUTION, from page 4

"New Year's resolutions are simply goals, and I do think it is critical for everyone, including students, to know how to set and achieve goals," she said.

Dominique Mabrey, a sophomore political science major, said she is not a believer in making New Year's resolutions.

"I'm not the type of person to plan stuff. I just go with what happens," Mabrey said. "Nothing ever goes as you've planned."

Kingery said she thinks a New Year's resolution is a good way for college students to review what went well and what did not go well during the fall semester and set a plan to do better in the spring.

"A more achievable resolution might be, I'm going to complete the assigned reading before each class session and review my notes after each class session," Kingery said in an email.

These would be steps that could support the 4.0, but would develop a positive habit that will allow the student to continue meeting their GPA goals, she said.

"We hold ourselves accountable by really being invested in our goals, and realistic as we work to achieve them," Kingery said. "It's not all or nothing."

Kingery said a positive attitude is something that determines whether or not a goal or resolution is achieved.

"We will slip up, but we have to shake it off and keep working toward that goal," Kingery said.

Mabrey said she does want to apply herself more to her studies.

Kwana Newell, a sophomore communication studies major, said she wants to focus on her health for 2012.

"(I want to) make healthier decisions like drinking water every day and getting up to exercise when I have the free time," Newell said.

Newell said she does have a history of not fulfilling her resolutions.

"I never really took it to be important, but I think this resolution is great," she said.

Sally van der Graaff, a worker at Booth Library, said she wants to eat better and exercise more.

Michael Livingston, a junior music major, said he also wants to lose

weight this year—a resolution he has had for a few years.

Livingston also said he does not consider losing weight a resolution, but a goal.

"I've always been big and I'd like to not be big," Livingston said.

Livingston said he plans on eating right and eating small portions, but does not foresee exercising to lose the weight.

"Because I am a music major I don't have a lot of free time outside of class," Livingston said.

Lauren Humphrey, a freshman chemistry major, said she wants to procrastinate less.

"It was difficult last semester because I would put off stuff and not do things on time like I should have," Humphrey said.

Humphrey said she hopes her grades improve this upcoming semester.

Arnold Estanda, a graduate student, said he also plans on losing weight.

Estanda said he thinks overall health is a big resolution for people because resolutions occur after holidays.

"It's after the holidays and you get all your bad eating in, then in the new year we all get to start fresh," Estanda said.

Unlike Livingston, Estanda said he does plan on frequenting the Student Recreation Center more.

Zac Nelson, a sophomore pre-engineering major, said he wants his resolution this year to affect those around him as well.

Nelson said he wants to focus on being "less of a jerk."

"I want to do at least 100 good deeds by the end of the year," Nelson said.

Nelson said he currently has 97 good deeds left to do after he donated his iPod, shoveled driveways and walked dogs—all without a profitable benefit.

"Everyone on a small level is self-centered, but the world would suck if no one helped each other," Nelson said.

Nike Ogunbodede can be reached at 581-2812 or ovogunbodede@eiu.edu.

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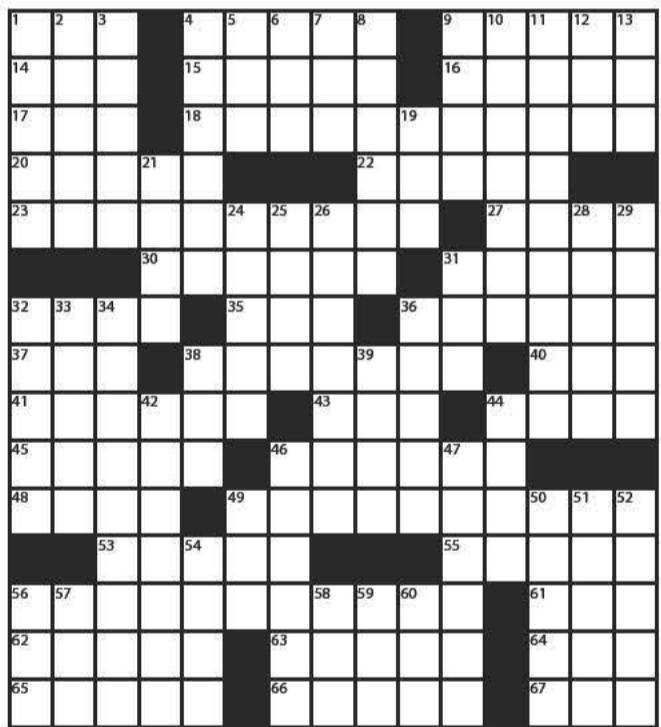
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The New York Times

Edited by Will Shortz

No. 1205

- ACROSS**
- Triangular sail
 - Mrs. Eisenhower
 - Shopping centers
 - Shipping magnate Onassis
 - Change, as the Constitution
 - Get a move on
 - Candy that comes in a dispenser
 - "Ramblin' Rose" singer, 1962
 - "___ of robins in her hair"
 - Founder of the Persian Empire
 - Earnings after expenses
 - Song word repeated after "Que"
 - Features of Venice
 - Counter, as an argument
 - Designer Schiaparelli
 - Night school subj.
 - Ultimate thing
 - Beatles hairodo
 - Knuckleheads
 - Shepherd's locale
 - Kind of gown or shower
 - Response to a doctor's request, perhaps
 - Barristers' degs.
 - Sea eagles
 - Galoot
 - Unable to hear
 - "Fuhgeddaboutit!"
 - Material for a doctor's glove
 - Pago Pago whereabouts
 - Christmastime productions
 - Commercials
 - Philosopher who wrote the "Republic"
 - Girl's name meaning "loved"
 - Maiden name preceder
 - Move in a greenhouse, say
 - Midnight visits to the refrigerator
 - "You've got mail" co.
- DOWN**
- Land of the Rising Sun
 - "Goodnight, ___" (#1 hit of 1950)
 - "Carmen" composer
 - "Om," e.g.
 - Doctors' org.
 - Encountered
 - Squid's defense
 - Despots' decrees
 - Roman Cath. title
 - Charged with a crime
 - It's up for grabs on a court
 - Online "ha-ha"
 - Sault ___ Marie
 - Albany is its capital: Abbr.
 - Pet adoption agcy.
 - TV newsman Roger



PUZZLE BY KENNETH J. BERNIKER

- Quick
- Sarcastic "Go ahead, keep talking"
- Governed
- Rand McNally product
- E.R. personnel
- Surround firmly
- Peter of "Casablanca"
- Mock rock band in a 1984 film
- One of filmdom's Coen brothers
- "Illmatic" rapper
- "Othello" villain
- In reality
- Mother of Castor and Pollux
- Part of a freight train
- Get-out-of-class slips
- Teachers' union, in brief
- Big kitchen appliance maker
- Cowboys' jamboree
- Artist's stand
- Gait between walk and canter
- "All Things Considered" aier
- Suffix with glob
- Sportage maker
- U.K. record label
- Crimson

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FOOTBALL

Leman earns academic honor

Staff Report

Former Eastern linebacker Cory Leman was named to the 14th Annual Football Championship Subdivision Athletics Directors Association Academic All-Star Team for his performance on the field and in the classroom this past season. The team, comprised of 58 winners, announced by the Football Championship Subdivision Athletics Directors Association (FCS ADA) had a total of 92 nominees.

To be eligible for the honor, the player must have at least a 3.2 GPA on a 4.0 scale, while also being a starter or key player on his team. The player must also be in at least his second year of athletics, while

also having completed at least one academic year. He also must have participated in 50 percent of his team's games.

"The FCS ADA is honored to recognize the accomplishments of our football student-athletes each year with the Academic All-Star team," Marilyn McNeil, president of the FCS ADA said. "These young men compete successfully both on the field and in the classroom and truly epitomize the definition of a student-athlete."

Leman, who earned second team All-Ohio Valley Conference honors, finished his career with 325 tackles. Leman and the Panthers finished the 2011 season with a record of 2-9.

BASEBALL

Former Eastern pitcher joins Frontier League

Staff Report

Former Eastern pitcher Brent McNeil has signed with the Traverse City Beach Bums. McNeil will join former Eastern teammate Matt Miller on the Beach Bums pitching staff this season.

McNeil appeared in 45 games during his two-year career at Eastern. McNeil posted a career era of 3.89 and compiled a record of 5-6 while at Eastern.

As a junior McNeil posted an ERA of 5.64 while appearing in 24 games, starting six, striking out 31 and compiling a win-loss record of 2-4.

McNeil led the Ohio Valley Conference and ranked fifth nationally in pickoffs with nine during his junior season. McNeil also posted a winning record in OVC action as he tallied a record of 2-1 against conference opponents.

During his senior campaign, McNeil's numbers improved across the board, as he notched a record of 3-2 while posting an Ohio Val-

ley Conference leading 2.18 ERA in 53.7 innings of work. McNeil held his opposition to a .242 batting average while striking out 35 during his senior season.

McNeil had a career day against instate rival Illinois as he struck out seven in four innings of hitless work at Peterson Park in Mattoon. McNeil held his opposition scoreless in 15 of his 21 appearances during his senior season.

"McNeil has been on our radar since last summer, and I'm happy to bring him into camp," said Jason Wuerfel, Director of Baseball Operations, in a press release. "He has the type of skill set that does well in the Frontier League - he's a terrific athlete, commands his fastball, and can throw both his off-speed pitches for strikes. I expect him to be a nice addition to our bullpen next season."

The Traverse City Beach Bums are members of the Frontier League and will open their season on Friday, May 25 against the Windy City ThunderBolts.

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WOMEN'S BASKETBALL



DANNY DAMIANI | THE DAILY EASTERN NEWS

Junior forward Mariah King attempts to evade defenders to make a basket during a Dec. 5 women's basketball game against rival Western Illinois in Lantz Arena. The Panthers will travel to face Southern Illinois-Edwardsville today at 7 p.m.

Team continues conference path

By Alex McNamee
Staff Reporter

Eastern women's basketball team started the conference season against Murray State, beating them 76-51 on Jan. 2.

The victory was a part of the Panthers' 3-2 winter break with wins over Murray State, Xavier and Northern Illinois. The Panthers lost to Valparaiso and Illinois-Chicago to begin the break.

The Panthers highlight victory of the break was on the road against Xavier, a team from the Atlantic 10 conference. Last season, Xavier was one of the top 10 teams in the nation with a 29-3 record. This year, Xavier is 3-11 to start the season.

The Panthers traveled to play Xavier in Cincinnati, Ohio, Wednesday and beat them 60-54, as four of five Panther starters scored in double digits.

Junior guard Ta'Kenya Nixon led the team in points with 17 points, but junior forward Mariah King had a double-double with points and rebounds. The double-double was King's second consecutive.

She will be going for her third straight in today's game against Southern Illinois-Edwardsville.

The Panthers began the break against Valparaiso, but lost. Freshman forward Sabina Oroszova was the only Panther in double figures, scoring 14 points.

Red-shirt freshman guard Katlyn Payne scored five points in the game. The game was Payne's first of her Eastern career. After transferring from Florida-Gulf Coast last winter, Payne became eligible to play for the Pan-

thers after finals were over.

Payne would score three points in the next game against Illinois-Chicago. The next time she would score would be against Murray State when she scored five points.

The Panthers second loss on break was against Illinois-Chicago as the Flames' star player, Jasmine Bailey scored 27 points. The next top scorer in the game came on the Flames' side. Shamiea Green scored 18 points off the bench.

In the next game, against Northern Illinois, the Panthers took care of business with three players in double figures. Nixon and King both scored 18 points, while junior forward Sydney Mitchell scored 16. Both Nixon and Mitchell made 10 free throws in the game.

The game was a one-point lead for the Panthers at half time, but the Panthers came out and outscored the Huskies by nine points in the second half.

The Panthers started their conference season in a win against Murray State as King had her first of two consecutive double doubles. King had 18 points and 10 rebounds in the game.

With the most recent win against Xavier, the Panthers are 10-4 this season and 6-0 at home.

Their next home game will be Jan. 16 against Tennessee-Martin. That game will be the first of three straight at home.

Today the Panthers play Southern Illinois-Edwardsville in Edwardsville. Tip off is set for 7 p.m.

Alex McNamee can be reached at 581-7944 or admcnamee@eiu.edu.

MEN'S BASKETBALL

Panthers go 2-3 over break

Big second half leads to second straight win

By Rob Mortell
Staff Reporter

Eastern men's basketball team finished the winter break with a record of 2-3, bringing its overall record to 8-6 overall and 1-1 in the Ohio Valley Conference.

Saturday, the Panthers traveled to Houston Baptist for a non-conference match-up. They had little trouble with the independent Division-I team, as they won 74-62.

Five Panthers scored in double figures. Leading the team was senior forward Xavier Sanders, who scored 14 points on 5-of-7 shooting. Sanders also pulled down a team-high of nine rebounds.

Senior guard Jeremy Granger and freshman guard Joey Miller scored 12 points each, while senior guard L.C. Doss scored 11 and freshman forward Josh Piper scored 10.

Eastern started off slow trailing

26-30 at halftime; however, a huge second half would lead it to its second straight win.

The Panthers dominated with a 48-32 performance in the second half and cooled down the hot shooting Houston Baptist with solid defense.

After shooting 56 percent from the field in the first half, the Panthers defense buckled down and held Houston Baptist to 32 percent shooting in the second half, including 1-for-8 from the three-point line.

Houston Baptist was led by Joe Latas who scored 13 points.

Eastern controlled the game with impressive rebounding, holding a sizable 40-to-30 advantage on the glass.

Although the Panthers shot just 40 percent for the game, their defense stepped up forcing 18 turnovers. Sanders was extremely active, stealing the ball five times.

The win improves Eastern's non-conference record to 7-5 and Houston Baptist falls to 5-10 overall.

Eastern was able to grab its first OVC win this season with a 73-59

win over newly inducted Southern Illinois-Edwardsville.

Prior to the win over SIU-E, the Panthers were on a four game losing streak that started at Western Illinois. The stretch of games included some tough competition.

On Dec. 18, Eastern took on a Big 10 opponent in Northwestern, but came away empty handed losing 72-87. The Panthers then traveled to Maine for a second game against the University of Maine; however, they fell just short losing 60-64.

The Panthers then hosted their first OVC game of the season against No. 18 Murray State. The Racers proved to be too much for Eastern to handle that night as it lost 40-73. Murray State remains one of the last undefeated teams in all of Division-I basketball with a record of 16-0.

The Panthers return to action Thursday for a home game against the Tennessee-Martin.

Rob Mortell can be reached at 581-7944 or rdmortell@eiu.edu.



KAROLINA STRACK | THE DAILY EASTERN NEWS

Senior forward Xavier Sanders attempts to block an opponent's shot during a Dec. 7 men's basketball game against Oakland City University in Lantz Arena.